

Faculty in the Psychology Department

Activities of the Andrean Psychology Team 2021-22

The Andrean Psychology Team celebrated the 'International Left Hander's Day' on the 12th August 2021, to debunk myths about handedness and create awareness about lateralization of brain functions. On the 7th September, 2021 a panel discussion was organised on the topic 'Redefining relationships in the 21st Century'. This discussion helped the students engage in high cognitive and affective level discussions wherein the multidimensionality of the topic was explored. The panel consisted of ten students from varied backgrounds and 63 students participated in this discussion.

On the 10th September, 2021 the team celebrated 'International Suicide Prevention Day' in order to create awareness about suicide and mental health. The objective of the seminar was to encourage students to seek help during mental health crisis. The team also celebrated 'International Alzheimer's Day' on the 21st September, 2021 to create awareness about Alzheimer's, and its causes, detection, treatment and rehabilitation.

In order to educate our students about classical psychology experiments and lay its foundations, the students were shown screenings of Milgram's destructive obedience research conducted in 1965. This social psychology experiment helped lay foundations for a deeper understanding into research and scientific progress. This also helped cultivate interest amongst students to take up interest in the annual 'Aviskar Research Competition' conducted by Mumbai University and Intra-Collegiate Annual Research Competition.

Two student groups participated in the Aviskar competition. Ms. Disha Kulkarni conducted a qualitative research study on eating disorders amongst adolescents. She conducted a thematic analysis on the subjective reality of individuals who had posted on various internet forums and social media sites such as Reddit and Tumblr. The second team consisted of Ms. Marilyn Braganza and Ms. Yocheved-Marie Leo who conducted a quantitative analysis on the varied grieving styles of people during the pandemic induced lockdown.

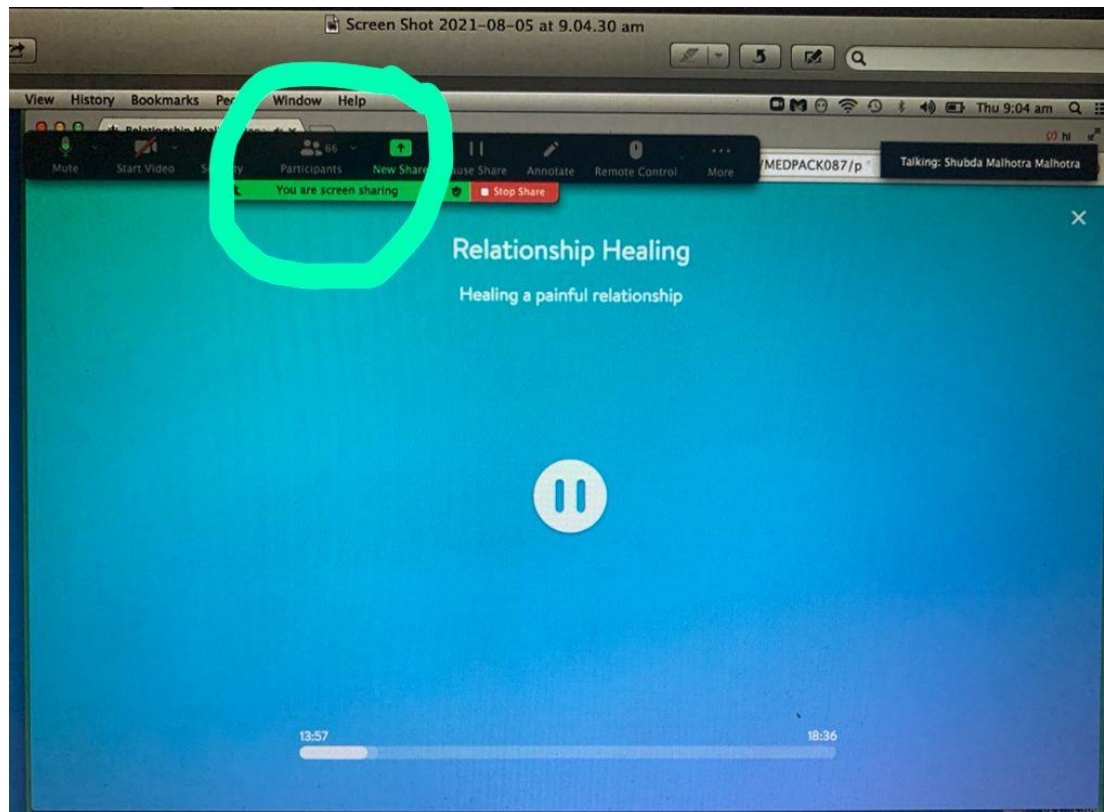
In the intra-collegiate competition, our psychology team won the first prize and their research paper was selected to be published in the college research journal which had an e-ISSN. The team consisted of Ms. Marilyn Braganza, Ms. Yocheved-Marie Leo and Ms. Valentina Pinto, they conducted a quantitative analysis on the mental health of working women during the pandemic. They explored the role conflict that working mothers experienced between work and household demands, and how that adversely impacted their mental health.

The Andrean Psychology team organised a debate on the topic 'A digital life post covid is healthy' on the 1st February, 2022. Two student teams of 5 members each participated in it. It helped students to reason well thought out arguments through analysis of information and in-depth research. Soon afterwards on 5th February, a guest lecture on the topic 'The pandemic connect-crossroads of spirituality and mental health' was conducted by renowned psychotherapist Dr. Dinu Shibu Mathew in association with UNESCO and CPP Chair. This session helped present an authentic and vivid picture of the pandemic and its impact on mental health by a professional, thereby imbuing in students a path of life-long learning.

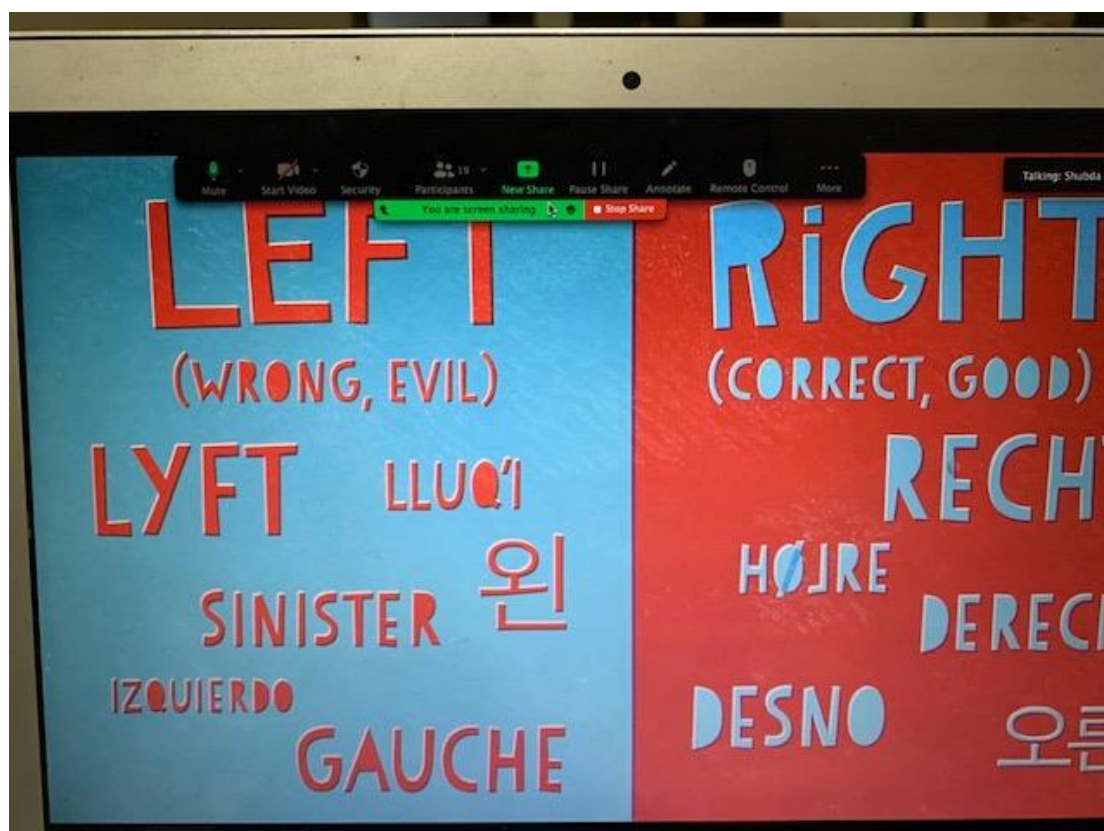
The Andrean Psychology Team organised the inter-collegiate contest 'Cinemia: A Research Challenge'. It helped develop their analytical skills related to accurate/inaccurate depictions of psychological disorders, treatment and the impact on the viewers about mental health and therapy. Cinemia was such a success, that all the research papers presented were to be published in an ISBN book by the name 'The Cinemia – The Monograph'. This will further bolster the credentials of student's CVs and help them in their future endeavours.

Profs-in-charge: Ms. Shubda Malhotra, Ms. Sharmila Dhote and Mr. Samson Carvalho

Picture Gallery



Session on healing relationships on 5th August 2021



International Left Handers Day was celebrated on 12th August 2021

Inaugration of 30 hours bridge course in Psychology on 12th August 2021

You are viewing 1048 Jasmine's screen View Options

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ANDREAN PSYCHOLOGY TEAM (APT)
Welcomes all to the Inaugural ceremony of Psychology Bridge Course on-
12TH AUGUST 2021 AT 11AM.

ORGANISER-
Prof. Shubda Malhotra
(Head of department of Psychology)

Participants: 64 Chat Share Screen Record Reactions Apps

Unmute Start Video

2192 Ritchelle Brahmane

2141 Disha (she/her)

madhu rai

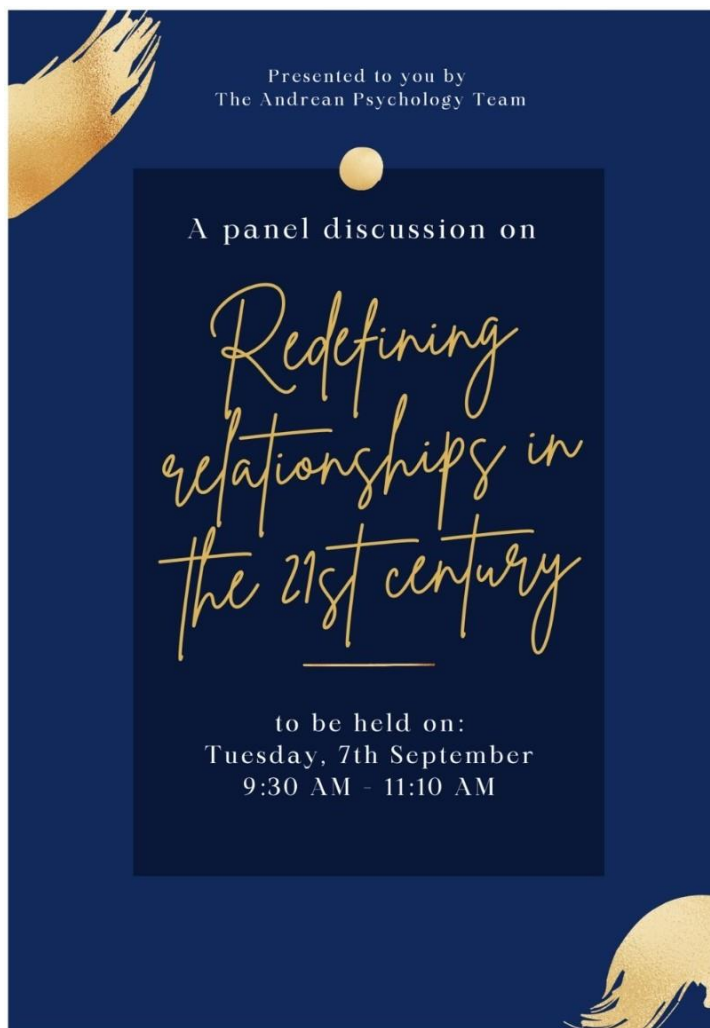
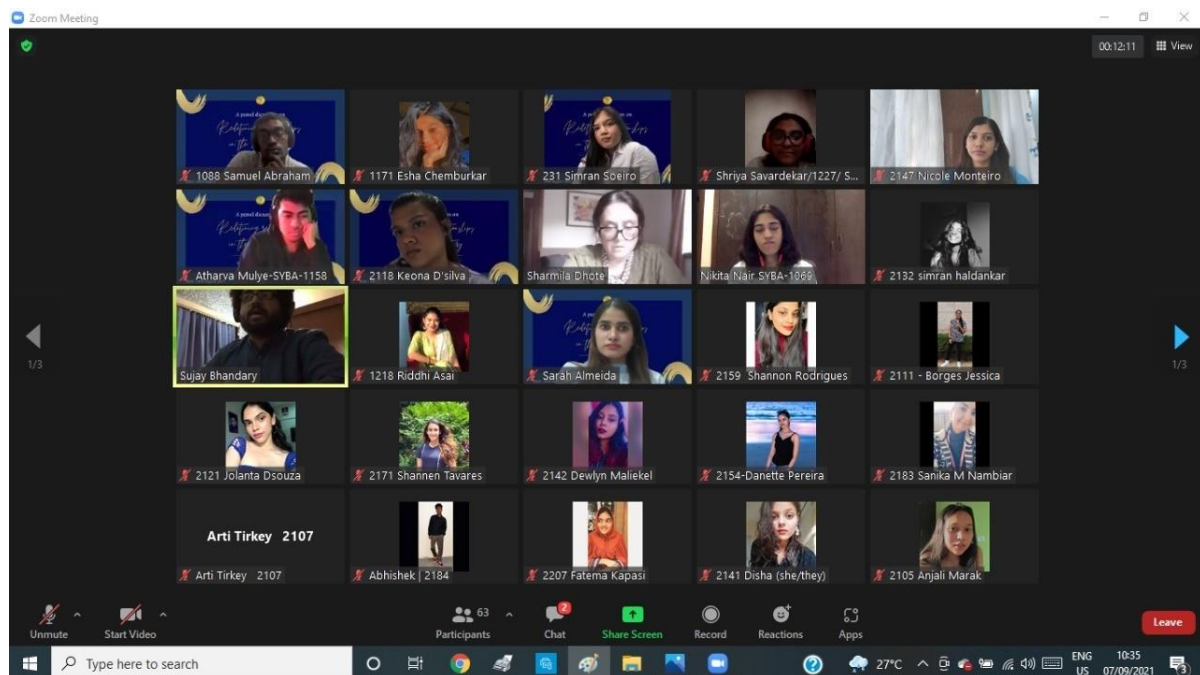
Shubda Malhotra

Sara Johnson

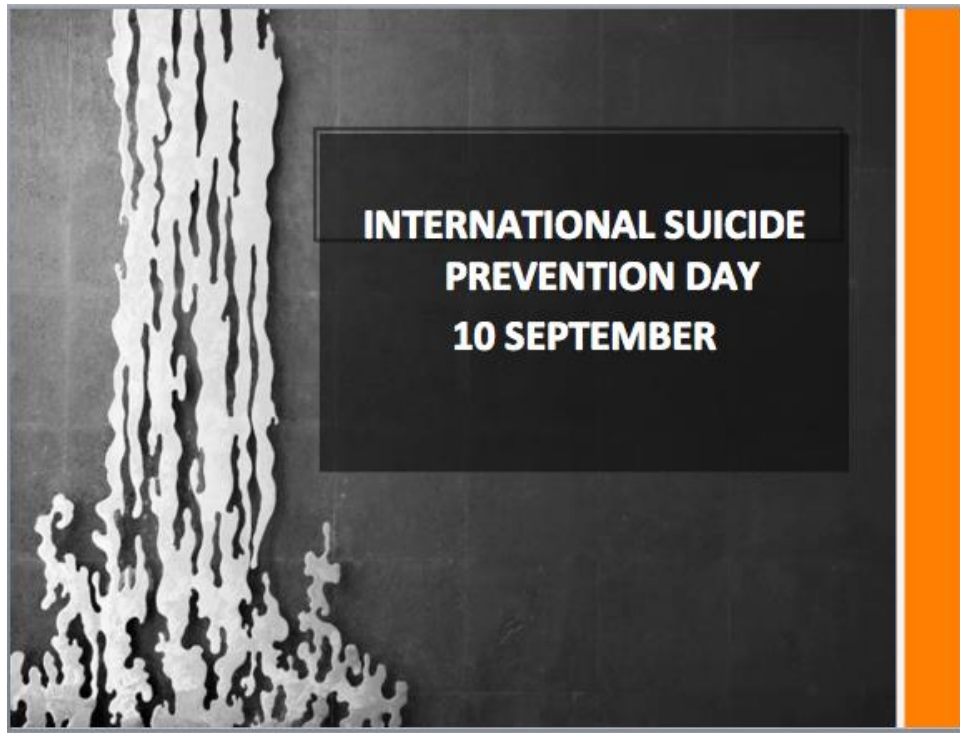
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Panel Discussion: Redefining relationships in the 21st Century on 7th September 2021



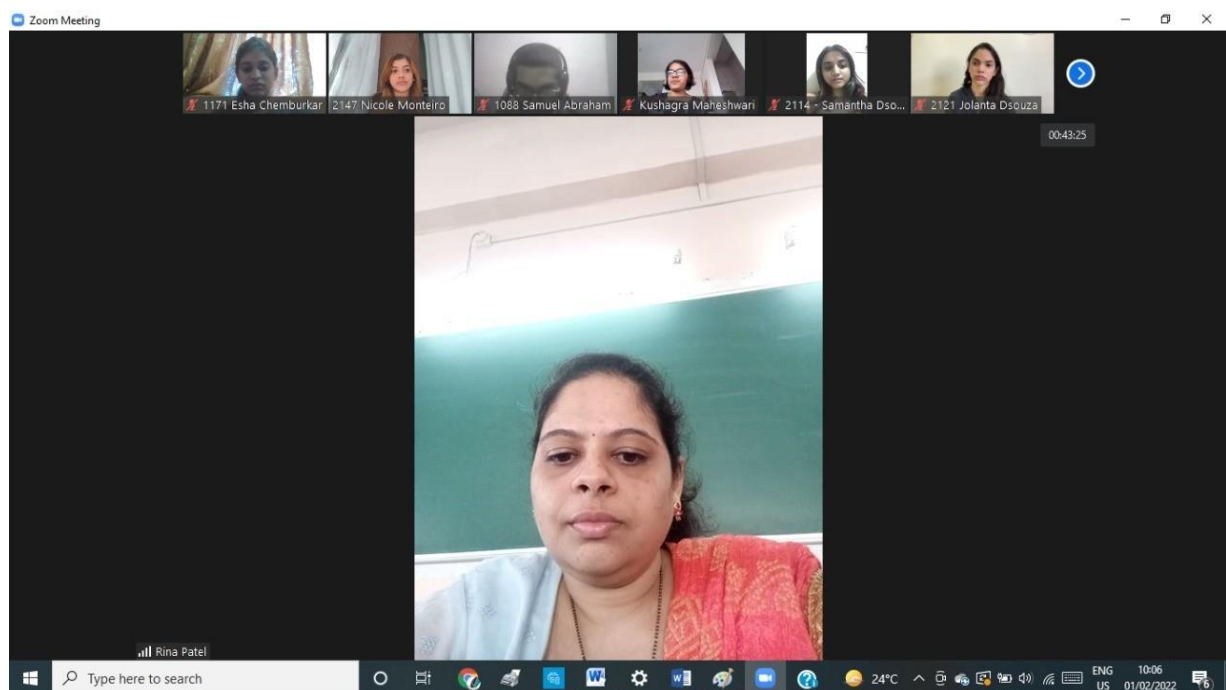
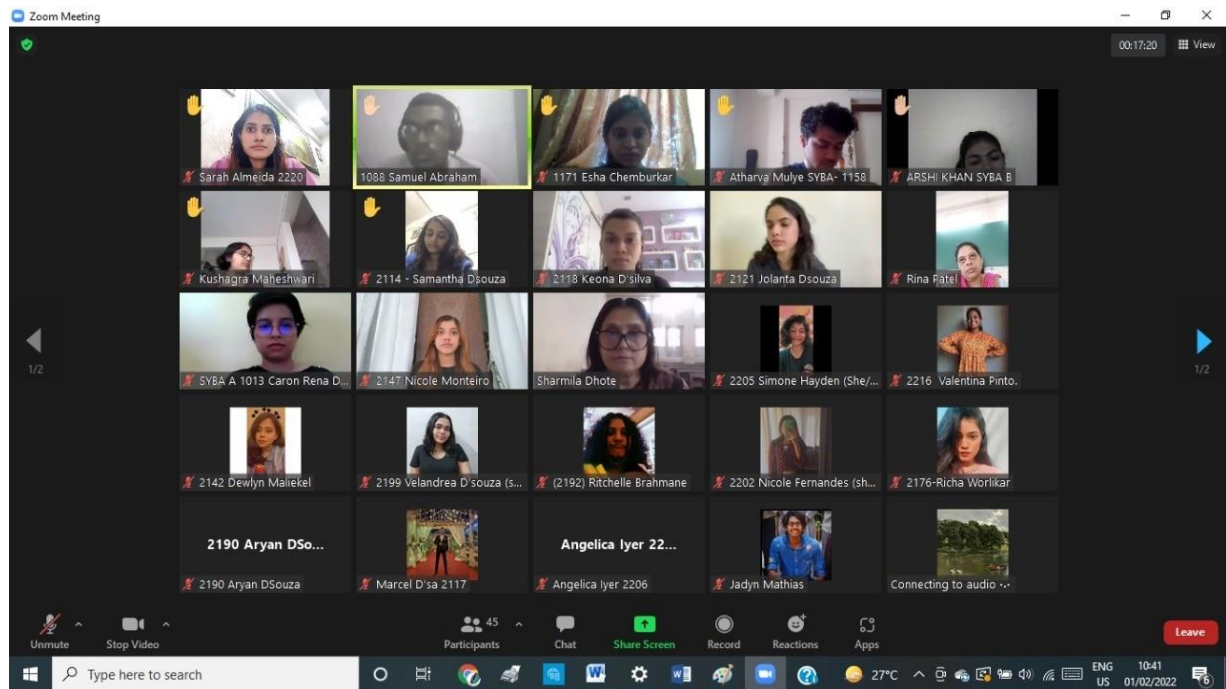
International Suicide Prevention Day on 10th September



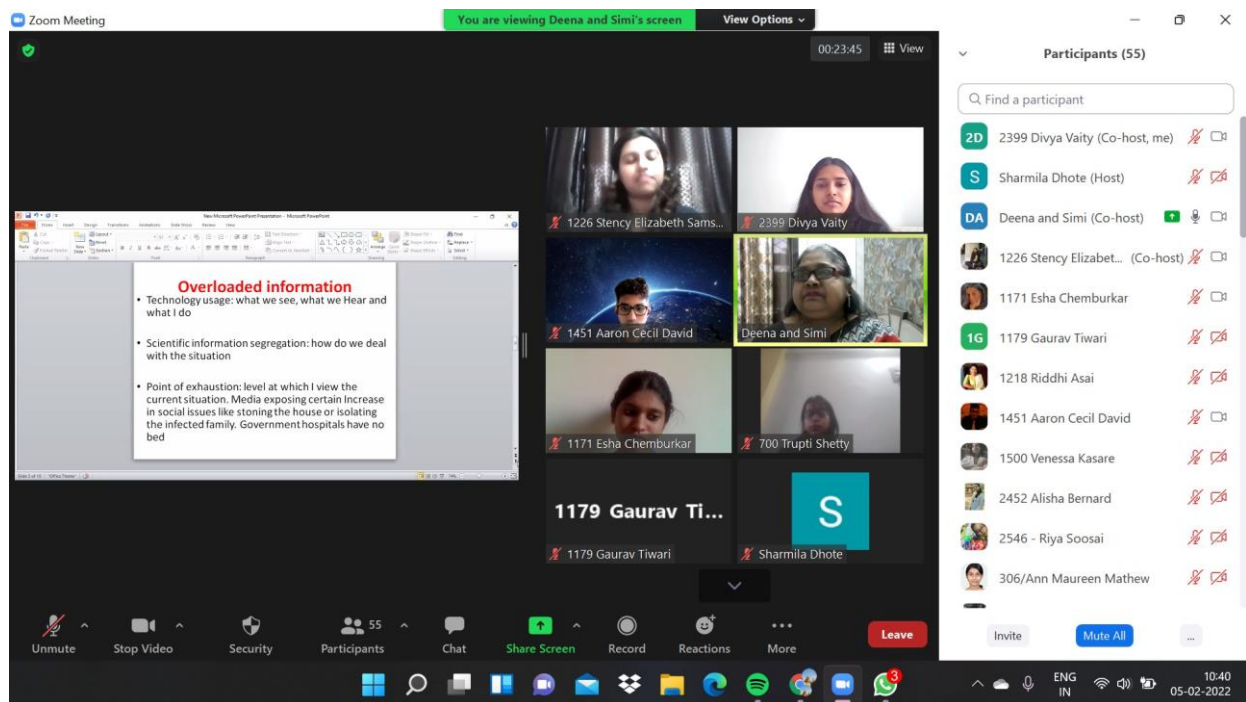
International Alzheimer's Day on 21st September



Debate on 'A digital Life Post-Covid is Healthy on 1st February 2022



The Pandemic Connect – Crossroads of Spirituality and Mental Health on 5th February 2022

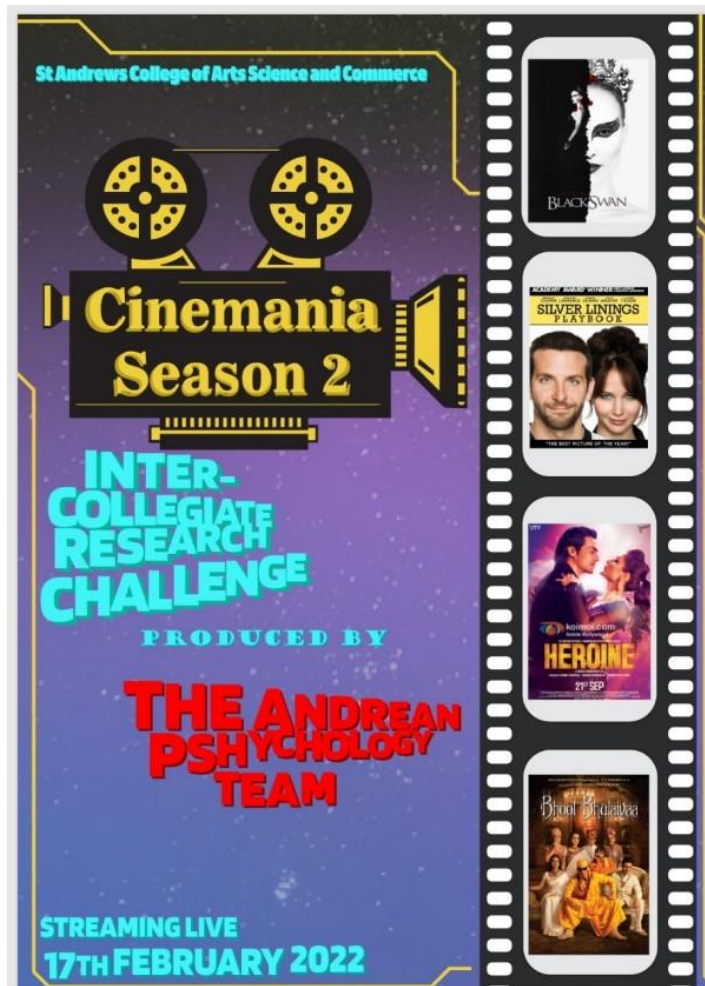
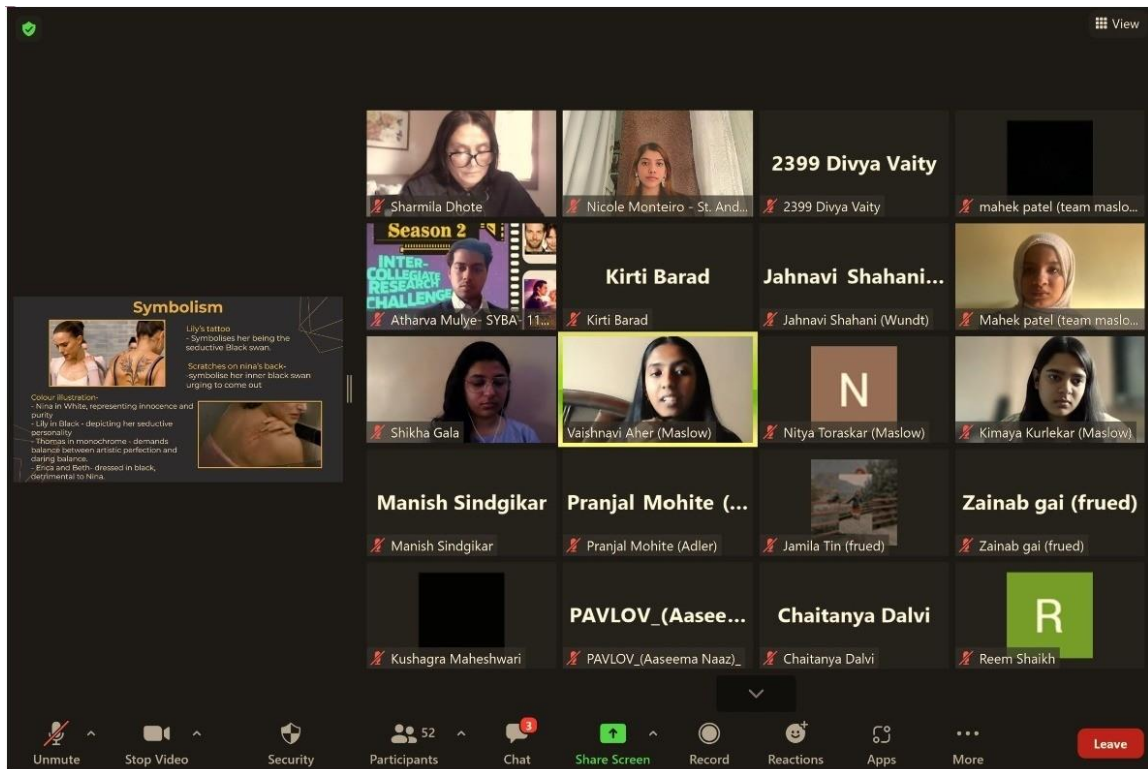


UNESCO CHAIR OF INTER-RELIGIOUS AND INTER-CULTURAL DIALOGUE
WITH ANDREAN PSYCHOLOGY TEAM
PRESENTS

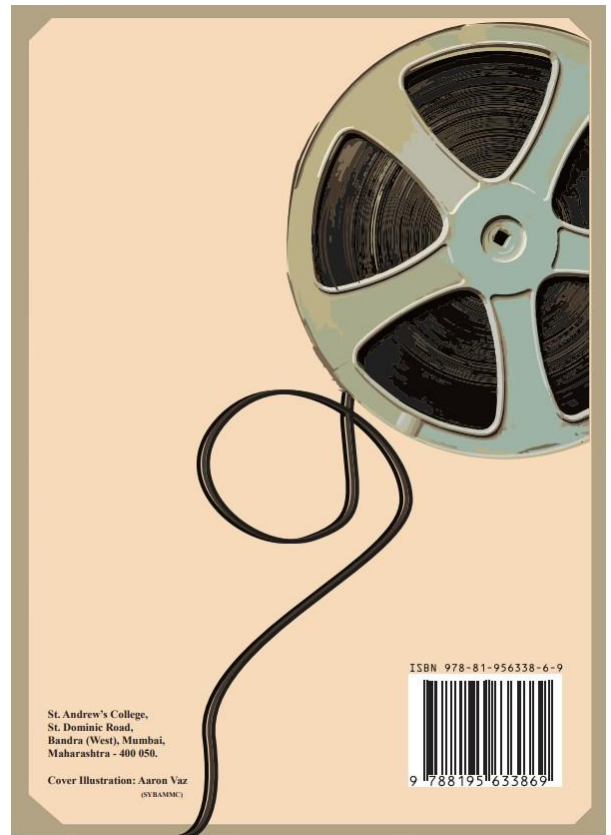
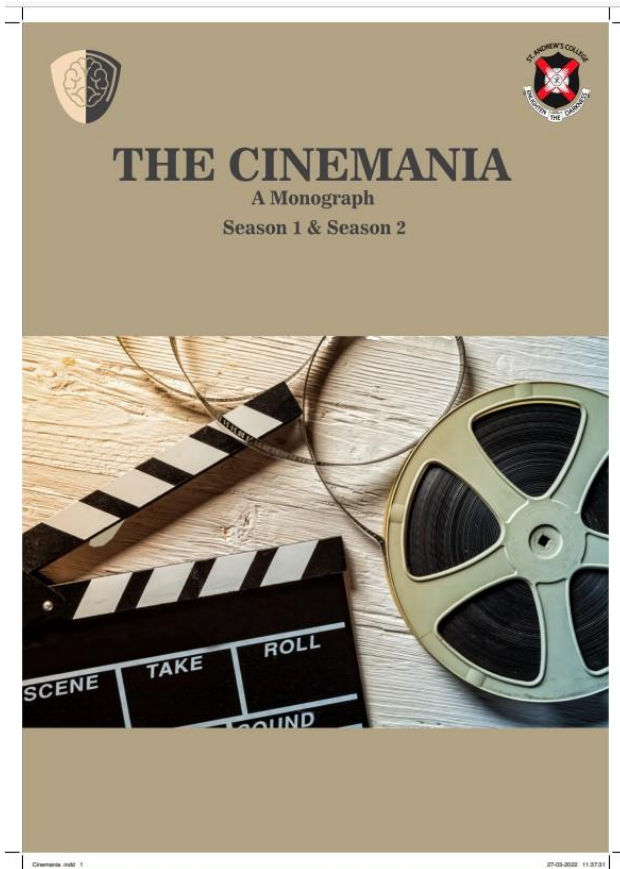


**THE PANDEMIC CONNECT-
CROSSROADS OF SPIRITUALITY
AND MENTAL HEALTH**
WITH
DR. DINU SHIBU MATHEW
**PSYCHOTHERAPIST, COUNSELLOR, SOCIAL WORKER,
PHD IN COUNSELING (LONDON), LIFE COACH
TRAINER**
5TH FEBRUARY, 2022
FOR MORE DETAILS PLEASE CONTACT:
DIVYA VAITY: 9930796888
AARON DAVID: 9930615926

Cinemanian Season 2 on 17th February 2022



The Cinemania – A Monograph



3	978-81-956338-6-9	The Cinemania: A Monograph	Dr. Marie Fernandes Prof. Sharmila Dhote	2022	15/03/2022	INDIA	Single-component retail product/ Book		English	Dr. Sujata Rajpurkar	Allotted	Edit (till -6/30/2022) Delete Book Cancel ISBN Allotted	Upload	Update Additional Details	Allotted By RRRNA
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Screening of Actual Archive Classic Psychological Experiment – Milgram’s Destructive Obedience Research in 1965



Certificates of students who participated in Avishkar 2021-22

