



## The Art of Aesthetics

A word that has been lingering on everyone's lips these days, is "Aesthetic". Some phrases we hear every other day are "This is so aesthetically pleasing", and "Doing it for the aesthetic". Many individuals might still be perplexed as to what does "Aesthetic" mean. Another question that arises is "What Is The Purpose Of Aesthetics?"

Simply put, aesthetics push us to be happy. On an emotional deck they evoke sentiments of contentment and calm. They bind us to our capacity to meditate on and admire the world around us which in turn offers us emotions of delight and longing.

Our aesthetic sense usually commences with something little like marveling the shade of a flower or enjoying a scrumptious feast. However, just because these fortes can be sensed as uncomplicated and superficial, they shouldn't be handled lightly.

Some of the most common Aesthetic types are as follows:

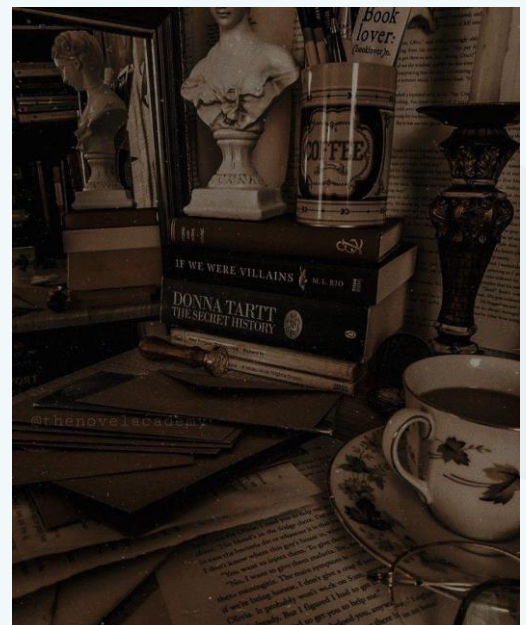
### 1. Cottagecore

Cottagecore is an aesthetic that praises simple living, specifically in the countryside. It promotes a lifestyle embedded in classic talents—like baking bread, gardening, and hemming your own garments.



### 2. Dark Academia

Dark Academia glorifies the idea of wisdom with a more gothic, more temperamental twisting. It puts focus on classical Greek works of skill, and writings by esteemed authors like Jane Austen. It contains a lot to do with enjoying being academic and representing oneself through reading and writing.



### 3. Light Academia

Light Academia is a division that depends on scholar, artistic and academy results to promote society and direct options on everything from lifestyle, fashion and bedroom layout to books, movies, art and music. Light Academia's themes are normally upbeat, concentrating on positiveness, perceptiveness, happiness, gratefulness, camaraderie, inspiration, and joyful endings.



### 4. Minimalism

Minimalism refers to a lack of clutter or unnecessary detail. It has had a widespread influence, ranging from the arts to lifestyle. Most individuals practice a Minimal Aesthetic.



### 5. Y2K

The Y2K aesthetic is a type that was dominant in widespread civilization from the late 1990s to early 2000s. It includes futuristic structure, artificial songs in tune, unique hardware configuration, encapsulating fashion with fur and plastic, and cyber-inspired films and video games.

- Glynis Fernandes  
TYBAMMC

## Student Submission

If you look back far enough, you can see...

# 7 MILES!!!

If you look back far enough, you can see my regrets that I hold,

The grudges and ego that destroyed and made me coward from bold.

Taking steps together, feet together, with tears, I walked a mile,

Noticing the temporary vibe, the temporary world with a smile.

I didn't wanted to stop, and keep going and dreaming forever,

Admiring the aroma of the stranger world that once existed never.

I, the one witnessing once the wind through the doors and windows,

Chose to watch and catch the air and shade through the shadows.

Wondering what was really mine, was never really mine,

Until I realised, my feet hurt as I walked another mile.

Why was I desperate in exploring the world in lesser time?

Why I wanted to discover all by myself and indulge in a crime?

Maybe I wanted to experience all and didn't wanted to go,

A place where these miles won't be counted and worthy, you know!

So many dreams, so many places and so many things left to do,

My bucket list yet not accomplished as I weep inside and feel untrue.

I then walked the third and the fourth mile without a single pause,

Maybe it was a punishment for me, not knowing the real cause.

But this was the reality that someday I anyway had to leave,

This world, the people, my belongings and everything, I now believe.

So why not the day that the doctors who gave up, have already declared?

Maybe I should accept and rest in peace in advance though I'm scared.

Why I wanted to do things that I never did or tried before?

How would I fulfill; knowing it's impossible as I endure.

I realised when these thoughts started bouncing up in my head,


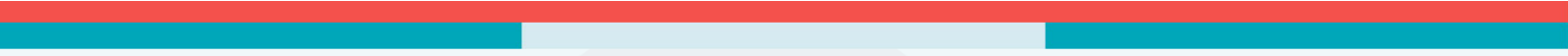
As I covered the fifth and sixth mile that I shouldn't have instead.

It's hard to face the reality but the hope is already dead,

I can't stop screaming and crying, I'm completely red.

I hate to admit but I feel miserable and terrible for my precious life,

How I wish, I could exchange my fate as I can't really strife.



The world wasn't ending, but my time was  
up and I came to an end,

Wish I had valued my life and made the  
most of it by being it's friend.

I think I was God's favourite since he was  
inviting me so soon,

I was too immature and unfit for this cruel  
world, for me it's boon.

Then I suddenly took a turn, was ready and  
stopped after strolling mile seven,

And promised myself to admire the wonders  
of the world from the sky high and heaven!

- Aisha Kurlawala

SYBA A



## MOVIE REVIEW

# Brahmastra: Part one-Shiva

The most talked about movie of the year is finally here! From the very beginning, this movie has garnered a lot of attention, be it good or bad, right from its ensemble cast to the news that surrounded them. It has constantly managed to be in the news. The film that is directed by Ayan Mukerji includes the cast of the likes of Ranbir Kapoor (Shiva), Alia Bhatt (Isha), Junoon (Mouni Roy), and Amitabh Bachchan (Guru Arvind). Since the reviews of this one are so mixed, I'll let you decide on this one on your own.

The movie revolves around Shiva, who's an orphaned DJ who slowly discovers that the world around him is not really what it seems. He slowly discovers that there is an ancient group of gurus who know about this energy, Brahmashakti, and are the protectors and keepers of something known as the Brahmastra. They too, as the protectors have a weapon of their own with great power known as the Astras.

Shiva discovers these unknown, unprecedented secrets of the world through his dreams, which are a mystery to him. He then meets Isha, a rich London-based girl who's visiting India for the time being at a Dussehra pandal and is completely enamored by her presence. It is not long before Isha too gets involved in the situation that revolves around the Brahmmand and the Brahmastra. Both Shiva and Isha then go to Varanasi, to save an artist from Shiva's dreams who has a part of the Brahmastra from Junoon, a woman with her allies who is determined to get all the parts of the Brahmastra. She has even killed a member of the ancient group in order to retrieve the first part of the Brahmastra.

After reaching Varanasi, Shiva discovers more about the brahmastra and the ancient group. He also discovers that he has an



unknown connection to fire, a connection that entails the fire not burning him. Not only that but he also discovers that the Brahmastra, the most superior of all astras has 3 parts and it cannot be put together or fall into Junoon's hands. He then later finds out that the third piece is with the guruji, who resides with the rest of the group in an Ashram in the Himalayas.

Both Isha and Shiva then go there to protect the Brahmastra and solve the mystery behind Shiva's link to all this. It is then where new truths and old secrets are discovered. Shiva understands that his connection to the brahmmand may not just be a fluke and he may have a deeper connection with the superior of all astras than he could imagine.

Ayan Mukerji's fantasy drama film has for sure garnered the eyes of many, for its larger-than-life details. But is it worth it? It is well noted by some that these larger-than-life details, may even be unnecessary and have just been done to raise the grandeur of the film. There are aspects of the film that has been pointed out that make this relevant, like the need for the mega star's ensemble. The impressive box office collections also come with the fact that many have not liked the film and have remarked that the film did not reach its proclaimed feat. Alia Bhatt's character Isha, despite gaining attention, has been thoroughly questioned for its relevance. The story, despite being fascinating has had some relevance-asking mistakes which make it not reach its hype.

On the other hand, the fantasy drama despite its shortcomings continues to garner appreciation. The screenplay and the VFX quality of the film that has been the most talked about have achieved very high praise. The cinematography and the amount of effort and skills displayed by the creative side are highly visible and are simply commendable. Not only that but the hard work and effort of the whole team are visible. The actors in the film, even guest stars, background artists, and the main ensemble have played their parts impeccably and have performed the role given to them to the tee which further makes the film such a visual treat for the audience to watch.

Brahmastra being the first part of the three-part series has a plot line with a lot of potentials and even with all its shortcomings, it quite evidently stands out in the film as well. It would surely be a challenge for the makers to uphold their level of grandeur for the next parts as well but it surely would be a treat for the audience to watch. And therefore, with all of its shortcomings, it is still inevitable for us to deny that Brahmatsra did do an incredible job with not only its storyline and cast preference but also its marketing strategy of keeping the film the talk of the town, be it good or bad. After all all any publicity is good publicity, isn't it? With that, I'll leave you to decide whether or not this movie is worth your while, but if you'd ask me, I feel it might just be your stress reliever for the next 2 hours. With that, I'll leave you with your decision!

- Shruti Nangia  
SYBA-B



# FEATURED PHOTOGRAPH



- Ryan D'Costa, TYBAMMC



# The Bandra Fair

Smell the smoke of piping hot food in the air, the sounds of joyous occasion across the pathways around Mount Carmel church as people flock for the fair.

After two years of silence the alleys of Bandra erupt in a sea of people. Coming by the dozen feels like the pandemic was a mere yesteryear tale.

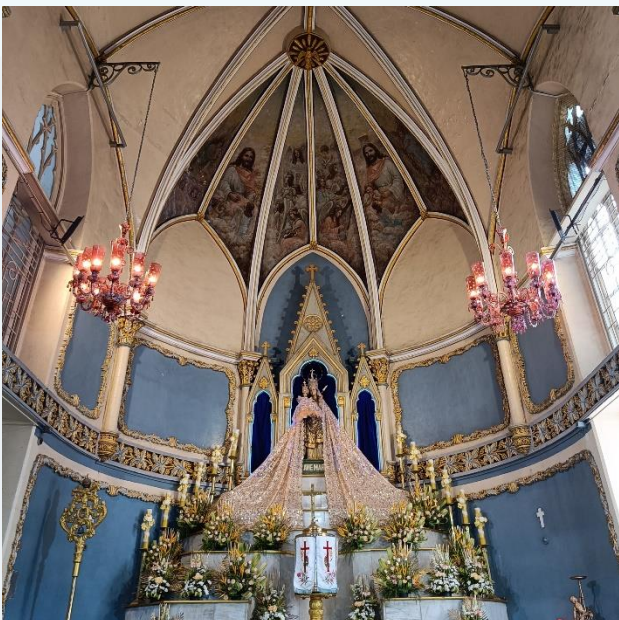
The festive folk arrive in herds from the nearest stations to farthest fares.

From giant ferris wheels to small dizzying rides and toy trains let that inner child loose and take in the fun of this age old Bandra Fair.

There are generations who will have their unique tale to tell, as every home descends upon the venue, faces brimming with joy and great expectations. The city of lights is awakened in anticipation.

The winding lines of varied stalls can keep the mindful eyes engrossed for hours. The fragmented colours are your guide through the maze-like trail. When you look up, you feel lost in some forsaken wondrous place.

The balloons burst as their darts meet their mark, the kids run around wearing little tiger masks.



Vendors yell as the day draws near, urging to sell another one of their little cart souvenirs. For their livelihoods rest on the day's sale.

One can look up to the skies as the purple fades to black. An unseasonal rain that dampens the spirits. But the flame is too strong for the weather to put out.

As the tracks of songs switch from silver to gold title tracks. The lines groove to the beats with their happy feet.

Gloomy rains visit in the late evening, coating everything in a layer of dew like mist and fill muddy puddles of beaten paths.

There's a chill in the air as people run for shelter, but there's a joy of feeling nature's cold wrath. The water trickles down our brows and coats, as the excitement of our turn keeps us focused, unwavering on the ride in front.

Stuck aboard the steel wheel of time, the little child in our heart fills us with warmth. Blood rushes to your head as one is catapulted to the clouds. Closing your eyes you feel like a bird taking off the ground on its first flight.

As we stare out at the world all lit up, like a miniature snow globe on a wooden mantle lair.

For this will be our memory to relish for years and years.

As the wheel disappears into the trees behind me. I await another year.

Walking home into the dark, its light brightening mine like many other hearts.

-Amaan Ojha, TYBBI



# Dark Chocolate

## Mousse

### **INGREDIENTS:**

- 1/4 cup water
- 3 tbsp. granulated sugar
- 200 gm dark chocolate
- 1 cup heavy cream
- 1 tsp. vanilla essence
- Chocolate Chips or Sprinkles for garnishing

### **METHOD:**

Step 1: Chop the dark chocolate coarsely. Place chocolate in a large bowl.

Step 2: In a medium saucepan, boil water and sugar over medium heat. Once the sugar has melted, pour the hot syrup over the chocolate. Let it stand for 30 seconds, then mix until the chocolate has melted and the batter is smooth. Suppose the chocolate hasn't fully melted, microwave the mixture for 15-20 seconds. Cool down the chocolate mixture for 2-3 mins.

Step 3: In a mixer bowl, take heavy cream and add vanilla essence, and beat it until soft peaks form. Gently fold half of the whipped cream into the chocolate mixture until combined, then the remaining whipped cream until combined and smooth. Divide into serving cups.

Step 4: Chill the mousse until it is set. It will become quite firm after prolonged refrigeration, so take it out of the fridge 15-20 minutes before serving.



Step 5: When serving, garnish it with some chocolate chips or sprinkles (Choice is yours). Serve it cool.

Tip: Store the mousse in the fridge in a tight-lid box and store for up to 2-3 days.

Voila, it's ready to eat!!

- Niyushaa Petigara  
SYBA A

# The Unveiling of Toxic Organizational Culture

And its Visible Progression - from the Great Resignation to Quite Quitting

I think that we've all heard about Organisational culture and Toxicity. For the past few years, it has been receiving immense attention from the media. **Forbes**, **CNN**, **BBC**, and **CNBC**, just to name a few, are among the many media outlets that have covered extensively on this topic. We've heard of the **Great Resignation** and how workers quit the labor force in record numbers. Recently, media outlets have covered a newly termed phrase, "**Quite Quitting**".

Now in this article, I'll be discussing, What exactly is a Toxic Organisational Culture? How has it impacted businesses worldwide? How it has evolved the way people perceive work? And a lot more!

Let's start with the basic question, **What is a Toxic Organisational Culture?** Well, it's many things but if I had to explain it in just one sentence, I'd say, "Even though you are physically energized and ready for the day, as soon as you step into the office, you feel completely drained mentally".



According to an article put out by **MIT Sloan Management Review**, during the Great Resignation, a company's toxic culture was the main reason people left their jobs.

Their research found that people were **10.4** times more likely to quit their job because of a toxic culture when compared to compensation. In non-quantitative terms, people preferred to get paid less and work in a healthy work environment, rather than get paid a little more but work in a toxic environment.

Apart from a high turnover rate, a toxic culture can be damaging in numerous other ways too. One obvious result is lower productivity for an organization.

The pandemic enabled people to take a step back and re-evaluate their lives. In an article published by **Harvard Business Review**, authors Joseph Fuller and William Kerr state that "The Great Resignation Didn't Start with the Pandemic". Their analysis of data shows that there has been a trend of increasing turnover rates for the past 10 years. The pandemic was a mere catalyst that exacerbated the process.



Fuller and Kerr stated that there are 5 factors for the Great Resignation, which were exacerbated by the pandemic. They termed it the **Five Rs** - Retirement, Relocation, Reconsideration, Reshuffling, and Reluctance. Let's see what each of these means.

### 1. Retirement:

The older part of the workforce decided to go into early retirement as they wished to be with loved ones during such uncertain times.

### 2. Relocation:

People relocated to a cheaper part of their country. Some even moved back into their parent's place. This being said, the percentage of such movements remained low, meaning that most of the people moved locally. For example, people moved from the expensive parts of the city to relatively cheaper parts.

### 3. Reconsideration:

Many workers reconsidered the significance of work in their lives. This shift in perspective along with burnout from demanding jobs drove people to quit their jobs

### 4. Reshuffling:

Many people who resign, don't necessarily leave the labor market. There's evidence that people have been "reshuffling" - moving from one job to another or from one industry to another. The reshuffle generally occurs from a lower-paying job to a higher-paying one.

### 5. Reluctance:

Employees were reluctant to return to the office for many reasons. These range from the fear of contracting the virus to the greater flexibility that remote work offers.

Obviously not every person is in a financial state where they can quit their job and go on with their lives. In order to keep up with the Hustle Culture that Millennials popularised, many people began to "**Quite Quit**", GenZ especially.

Now when you read or hear the term Quite Quit, what exactly runs through your mind? When I read the term Quite Quitting for the first time, I thought it was employees quitting their jobs quietly to avoid being shamed during their notice period. This logic seems fair, doesn't it?

Well if you thought the same then I'm sorry to burst your bubble. Quite Quitting has a totally different meaning than what may come at first to one's mind. In fact, there's no quitting involved in "Quite Quitting".

The term "**Quite Quitting**" means doing the job for which you're paid. It means not taking on additional responsibilities that are outside your contract. It also means not responding to work-related calls or emails beyond working hours.



To many people reading this right now, this may sound like "just doing my job". It may mean having a work-life balance. And yes, that's exactly what it is - having a work-life balance.

Unfortunately, many employers have problems understanding that people work to live and not live to work. Work is just one part of their multifaceted lives.

The term "Quite Quitting" is horribly phrased and misleading. Many people claim that "Quitting" implies quitting the Hustle Culture popularised by Millennials and many influential figures. I do see the significance in that, but when paired together, "Quite Quitting" is definitely misleading.



Let's be real and call it what it is - **Work-life balance**. I believe that the only reason it's being called "Quite Quitting" is to guilt employees for not going above and beyond.



Now there's nothing wrong with going above and beyond, but that's a personal choice. Employers shouldn't expect every employee to do what they're not paid for. 'Employee of the month', 'High Performer', etc. are awards that organizations make employees believe to have value. It doesn't, just ask yourself - Will this pay my bills? There's no difference in pay between the "Employee of the month" and the average worker.

Now, if going above and beyond is being compensated for in monetary terms, then it makes sense to go the extra mile. But again, it's a choice and shouldn't be expected of every employee.

- Cliff Coutinho  
SYBA

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