

NATIONAL SERVICE SCHEME - NSS

MOTTO: 'NOT ME BUT YOU'

2021-2022 was a challenging year for the whole world & also for the NSS Unit of St. Andrew's College. Like every year we began with a congratulatory meeting, albeit online, with the 60 volunteers (19 Males & 41 Females, out of enrolled 100 volunteers) who had completed NSS in the previous year i.e. 2020-2021 by putting in 120 hours of dedicated social work. Out of these 60 volunteers, 30 volunteers (9 Males and 21 Females) had successfully completed two years of 240 hours of NSS activities and would be eligible for a certificate from the Ministry of Youth Affairs & Sports, Government of India. These enthusiastic volunteers have fulfilled the cardinal principle of the programme that it is organized by the students themselves, to enhance their leadership qualities, democratic attitude, sense of civic responsibility and skills of team work & sharing responsibilities. Both the students and the Professors-In-Charge through their combined participation in social service got a sense of involvement in the tasks of community development. The activities undertaken during the current year are as follows:-

COMMUNITY/AREA BASED ACTIVITIES:

FEEDING ANIMALS DURING COVID-19 LOCKDOWN: The volunteers collaborated with the NGO Khushiyaan Foundation in their Roti Ghar Animals Project by taking care of four legged animals near their respective residences by feeding them with food and water and if required providing minor medical care. This activity was performed over a period of more than two months. The lockdown was hard on everyone especially stray animals due to non-availability of food as the city had come to a total halt with very few stepping out of their homes for fear of getting infected with the virus.

SOCIETY AND SURROUNDING BENEFICIAL ACTIVITIES: Due to the lockdown restrictions on travel, the volunteers carried out beneficial activities in their respective societies and surrounding areas by helping out with medical support, purchasing things required by senior citizens or families under home quarantine, maintaining cleanliness and covid protocols, etc.

FOOD, CLOTHES AND STATIONERY DISTRIBUTION ACTIVITIES: Cooked and to be cooked food items were distributed by the volunteers in collaboration with 'Meal for Soul' and 'Roti Bank'. Stationery supplies for school children were distributed along with 'Khushiyaan Foundation' in their 'Khushiyon Ki Potli' Project. Clothes were distributed by joining hands with 'Rotaract Club of Parleshwar GenZ' in their 'Godhadi Project'.

BEACH CLEANING, AWARENESS & SURVEY: The volunteers assisted the NGO Khushiyaan Foundation in their Beach Warriors Project to clean up various beaches in Mumbai over the weekends. They also conducted a beach cleaning survey and awareness drive. They volunteers also assisted two other organisations 'Beach Please India' and 'Carter Beach Clean Up' in cleaning up beaches. The beaches cleaned were located at Dadar, Mahim and Bandra.

BLOOD DONATION: The volunteers assisted the Mumbai hospitals to conduct blood donation camps at Andheri railway stations over various dates. The hospitals that were assisted were Nair hospital, Sion hospital and Jagjivan Ram hospital. They also assisted Tata Memorial Hospital in conducting a blood donation camp in association with Mumbai Ultra & Swantantryaveer Savarkar Rashtriya Smarak.

RECOGNITION: In recognition for the remarkable contribution of our volunteers in the above mentioned various Blood Donation Camps organized on railway station during pandemic, a

memento of appreciation was awarded to the NSS Unit of our College by Dr. Suhas Pednekar, the Honourable Vice Chancellor, University of Mumbai on 13 April 2022 at the Fort Campus at a felicitation ceremony.

UNIVERSITY & COLLEGE LEVEL ACTIVITIES:

The following NSS activities were undertaken at the University Level and College Level:

SR . N O.	DATE OF THE ACTIVITY	ACTIVITY NAME	ORGANIZATION	LEVEL
1	Saturday, 5th June 2021	SY Orientation	St. Andrews College	College
2	Saturday, 12th June 2021	It's Time To Cup (A Session On Menstrual Cups And Menstrual Hygiene)	Titli Foundation	College
3	Sunday, 13th June 2021	A Session On Self Compassion	One wholesome world	College
4	Tuesday, 15th June 2021	7 - Day Online Common Yoga Protocol Workshop	University Of Mumbai, HSNC University and Kaivalyadhama	University
5	Saturday, 26th June 2021	Zero Waste Lifestyle : Step Towards Sustainable World Webinar	NSS Unit of - Atharva College	College
6	Wednesday, 30th June 2021	Mistakes : Lessons In Disguise Webinar	NSS Unit of - Atharva College	College
7	Friday, 2nd July 2021	International Webinar: Leaving No One Behind - Water And Inequalities	The UNESCO Chair At Rio De Janeiro	College
8	Saturday, 3rd July 2021	Mumbai Unfiltered: How You Doin'? (Webinar On Mental And Physical Well Being)	AISEC Mumbai	College
9	Saturday, 17th July 2021	Lead Towards Superintendence: Leadership And Team Building Webinar	PCGT & NSS Unit of Atharva College	University
10	Monday, 19th July 2021	The Life Skills Content Creator Program	The Movement	College
11	Monday, 26th July 2021	A Webinar On The Kargil War: A Story Of Valour And Victory	St. Andrews College, Bandra	College
12	Friday, 30th July 2021	Constitution Literacy Webinar	PCGT & NSS Unit, St. Andrews College	University
13	Saturday, 7th August 2021	Rush Hour	NSS Unit Of SVKM's Usha Pravin Gandhi College	College
14	Sunday, 15th August 2021	Let Us Sing The National Anthem	Ministry Of Culture, Government Of India	University
15	Thursday, 12th August 2021	New India@75 Campaign Inauguration Program - Awareness Campaign On HIV, TB & Voluntary Blood Donation	Ministry Of Health And Family Welfare, Government Of India	University
16	Thursday, 12th August 2021	Menstrual Hygiene Management	Rajiv Gandhi National Institute Of Youth Development & National Service Scheme, University Of Mumbai	University
17	Thursday, 19th August 2021	Social Issues Photography Activity	NSS Unit Of St. Andrew's College	College

18	Tuesday, 31st August 2021	3 Days Covid Care Protocol Program	The Art Of Living	University
19	Friday, 10th September 2021	World Suicide Prevention Day Poster Making Activity	NSS Unit Of St. Andrew's College	College
20	Wednesday, 8th September 2021	Preventive Detention Laws In Pre-Independence And Post-Independence Era	NSS Unit Of The Government Law College & Public Concern For Governance Trust (PCGT)	University
21	Monday, 23rd August 2021	Life Skills Content Creation	The Movement	College
22	Thursday, 9th September 2021	Train The Trainer	The Movement	College
23	Monday, 6th September 2021	Mental Health Series - 2 Photo-shoot	The Movement	College
24	Monday, 27th September 2021	Pendency Of Cases In The Indian Judicial System Webinar	PCGT In Association With NSS Unit Of Government Law College	University
25	Tuesday, 28th September 2021	Value Driven Education Webinar	B. K. Birla College In Collaboration with PCGT	University
26	Wednesday, 29th September 2021	3 Days Online Training Program On: Capacity Building And Resilience For Culture, Heritage Disaster Risk Reduction	National Institute Of Disaster Management (Ministry Of Home Affairs, GOI) In Collaboration With NSS Unit Of Bunts Sangha's S.M.Shetty College, NSS Cell And University Of Mumbai	University
27	Saturday, 2nd October 2021	International Day Of Non Violence Activities	NSS Unit Of St. Andrew's College	College
28	Saturday, 2nd October 2021	Wildlife Week 2021	NSS Unit of NM College	College
29	Monday, 4th October 2021	Let's Combat Breast Cancer Webinar	NSS Unit of Atharva College	College
30	Thursday, 7th October 2021	Cyber Crime And Ethics Webinar	PCGT In Collaboration With MUN of Vaze College and NSS Unit Of St. Andrew's College	University
31	Wednesday, 13th October 2021	Organ Donation Webinar	NSS Unit of Atharva College	College
32	Tuesday, 19th October 2021	Judicial Intervention In The Issue Of Manual Scavenging Webinar	N.S.S. Unit Of H.R. College, N.S.S. Unit Of K.P.B Hinduja College & PCGT	University
33	Friday, 29th October 2021	Electoral Reforms And Vigilant Voter Webinar	NSS Cell & PCGT	University
34	Saturday, 30th October 2021	Independent India@75: Self Reliance With Integrity	NSS Unit of Sadhana Education Society's L. S. Raheja College Of Arts And Commerce	College
35	Wednesday, 10th November 2021	Afghanistan: The Strategic Fallout Of The Taliban Takeover Webinar	PCGT	University
36	Monday, 15th November 2021	Waste Segregation Poster Making Activity	NSS Unit Of St. Andrew's College	College
37	Friday, 19th November 2021	First Aid For Animals Webinar	NSS Unit of Atharva College	College

38	Monday, 29th November 2021	Voter Id Registration Camp	PCGT	University
39	Saturday, 4th December 2021	A Webinar On Reflections On Science, Religion And The Clash Of Civilizations	PCGT, Vaze Model United Nations, H.R College Of Commerce And Economics & NSS Unit Of St. Andrew's College Of Arts, Science And Commerce	University
40	Saturday, 8th January 2022	Social Media And Disinformation Webinar	NSS Unit Of K.P.B. Hinduja College Of Commerce	University
41	Saturday, 8th January 2022	Road Safety Week Poster Making Activity	NSS Unit Of St. Andrew's College	College
42	Monday, 17th January 2022	Power Of Mind Webinar	NSS Unit of Atharva College	College
43	Friday, 21st January 2022	Recycling And Management Of Plastic Waste Webinar	NSS Unit of Atharva College	College
44	Tuesday, 1st February 2022	Soft Skills Programme	NSS Unit & Department Of English Of Nagindas Khandwala College & The NSS Cell University Of Mumbai	University
45	Monday, 7th February 2022	My Act For Freedom Activity	The Movement	College
46	Friday, 11th February 2022	Anti-Human Trafficking Webinar	NSS Unit Of Valia C.L College Of Commerce	College
47	Saturday, 12th February 2022	CPR First Aid Training	NSS unit of Atharva College & Holy Family Hospital	College
48	Thursday, 17th February 2022	Substance Abuse: Its Prevention And Control	Public Concern For Governance Trust & NSS Cell, University Of Mumbai	University
49	Tuesday, 22nd February 2022	Stem Cell Registration Awareness Webinar	NSS Unit Of Lala Lajpatrai College & NSS Cell, University Of Mumbai	University
50	Tuesday, 8th March 2022	Awareness On Nirbhaya Squad, Anti-Terrorist Cell (ATC) - Narcotics And Cyber Cell Activity	CWDC, NSS, DLLE of St. Andrew's College & Bandra Police	College
51	Saturday, 12th March 2022	Awareness On Drugs And Alcohol Addiction	NSS Unit of SAC & The Making Difference	College

VARIOUS CAMPS DURING THE YEAR:

RESIDENTIAL LEADERSHIP TRAINING CAMP: The LT camp which is conducted every year by the NSS Cell of the University of Mumbai for 5 days for the first year volunteers wherein one volunteer is selected from each college, could not be held this year due to the prevailing Covid-19 pandemic and lockdown restrictions.

RESIDENTIAL RURAL SPECIAL CAMP: The much awaited yearly camp of 7 days held at a rural village by the NSS Unit of the College also could not be held this year due to the prevailing Covid-19 pandemic and lockdown restrictions.

Our volunteers displayed great enthusiasm and a sense of involvement to extend their services for the community development. They worked hard and actively participated in each and every activity and fulfilled the NSS motto 'NOT ME, BUT YOU'. This year 52 volunteers (10 Males, 42 Females, out of the 100 enrolled volunteers of 22 Males and 78 Females,) successfully completed the NSS activities by putting in 120 hours of dedicated social work and out of these 52 volunteers, 19 volunteers (7 Males and 12 Females) have successfully completed two years of 240 hours of NSS activities.

Students-in-charge: The true pillars of NSS are the student leaders who have toiled much beyond their call of duty to make the NSS Unit of St. Andrew's College excel in all the activities undertaken. For the year 2021-22 the 6 leaders were: Riya Shukla, Main Leader (S.Y.B.A.), Omkar Parab, Assistant Leader (T.Y.B.M.S.), and 4 other Leaders – Samridhi Shekhar (S.Y.B.Com.), Gulabchand Mishra (S.Y.B.Com.), Vineet Parmar (S.Y.B.M.S.), Abuzaid P.C. (S.Y.B.A.)

Samridhi Shekhar (S.Y.B.Com), NSS leader was also the NSS representative on the Students' Council. Riya Shukla (S.Y.B.A.) the main NSS leader has been selected as the best NSS leader for the year 2021-22.

Professors-in-charge: CA Rachel George - Programme Officer, Dr. Preeti Oza, Neeraj Shukla and Jordin Carvalho.