

## **Value Education (Degree College) 2017-18**

The main aim of the value education session is to inculcate good values among the students. The first session was conducted on 22 June 2017 by Mr. Ernest Fernandes on "Citizenship". It was a detailed discussion on democracy, respect, equality, freedom, liberty and tolerance. This topic gave the students an insight to improve their attitudes and make wiser decisions. The second session, also by Ernest Fernandes on 22 July 2017 was on "Respect for others". Topics like honesty, integrity, fairness, patience and truth were addressed. This helped the students to be ethical and emphasized being kind towards others.

The third session was conducted on 20 September 2017 by Fr. Keith D'souza on "Making Ethical Choices in Daily Life". This was an interactive session for the students as it passed the message that ethical decisions in life never go out of style. The fourth session was conducted on 22 January 2018 by Fr. John Cyriac on "Character building". This session guided the students to understand the importance of being generous, courageous and co-operative in their personal as well as professional life. Lastly a session on "Conflict Management" was conducted on 22 March 2018 by Ms. Marita Nazareth. This session helped our students in knowing various ways and techniques to resolve conflicts in the workplace and society.

Overall, the value education sessions this year were wholesome and an enlightening experience. Lessons learnt here are going to be treasured by students all through their lives.

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