



ANDRANNUAL
2020-21

ST. ANDREW'S COLLEGE



N.A.A.C. RE-ACCREDITED – GRADE 'A'
BEST COLLEGE AWARD (2015-16) UNIVERSITY OF MUMBAI

ANDRANNUAL 2020-21

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ST. ANDREW'S COLLEGE OF ARTS, SCIENCE AND COMMERCE
BANDRA (WEST), MUMBAI 400 050

PRINTED AT

JRose Enterprises

27, Surve Service Premises, Sonawala X Road No. 1,
Goregaon (E), Mumbai - 400 063.
Tel.: 2685 8970 Mob.: 98207 00516

Contents

Editorial	3
From the Principal's Desk	5
Scholarships & Prize Distribution List Senior College	7
Scholarships & Prize Distribution List Junior College	13
Senior College	
Staff News	16
Department Reports	32
Co-curricular Activities	51
Junior College	
Staff News	95
Department Reports	100
Co-curricular Activities	105
Voices in Prose	113
Voices in Verse	128
Hindi-Marathi Section	139

Editorial

In March 2020 when lockdown was first introduced, most of us thought it was temporary. Who could have imagined that we were just beginning to enter an almost dystopian phase of life that has still to end? As June 2020 rolled around, we were forced to reorient ourselves to a completely different kind of academic year. In the course of the following months, we faced many challenges, that of loss and pain, illness, anxiety and financial pressures. But as you leaf through this edition of the Andrannual, you will begin to see the sheer determination and spirit that the St. Andrew's family has shown to make this academic year as fulfilling as possible.

How could we as a college balance the negativity and insecurity around us? We believed that our role was to continue to support our students' academic life and the college quickly moved to online lectures. The curriculum was bolstered by workshops, webinars, skill courses and guest lectures that would help their employability. We organized online cultural competitions, games, poetry readings and research presentations for our mega-talented

students. Numerous value education, life skills and counselling sessions were held to bolster mental health.

What has this year taught us? Certainly we learnt through experience that the camaraderie of being together in class, the fellowship of ideas, laughter and tears shared among the staff, staff and students and students themselves cannot be replicated 'remotely'. Yet we found some solace in our daily interaction and in our knowledge that we were still making a difference in each other's lives. We found that even in the most challenging situations and the greatest personal tragedies, we were able to rise above and give off our best. That achievement will boost our confidence as we go forward into another uncertain year. We also know that as we approach our next accreditation cycle by NAAC, we can hold our head high, because in the year of Covid 19 darkness, we continued to 'Enlighten the Darkness' to the best of our ability.

Janine Coelho
Department of History

From the Desk of the Principal

Things fall apart; the centre cannot hold;
Mere anarchy is loosed upon the world,
The blood-dimmed tide is loosed, and everywhere
The ceremony of innocence is drowned;

The Second Coming-W.B. Yeats

It is undeniable that poets are visionaries. Yeats believed that one epoch or gyre was coming to an end after two thousand years, the new epoch would be very different, moving inexorably towards chaos, aggression and mayhem. Our world has certainly fallen apart with Covid deaths at 3,899,172, world-wide, as reported by World Health Organisation on 25 June 2021. A tiny virus has brought our civilization to its knees.

The academic world was faced with a new task - to keep the education going and teach our students, in the best possible way. We rose to this challenge, our Staff Advancement Committee organized programmes, to orient staff members to a new way of teaching. Our staff was eager and quick to learn and students responded well to online teaching.



Four major conferences figure prominently in our academic calendar.

On 11 and 12 September 2020 the English Department organised an International Conference on “The Possible and Impossible Worlds of Science Fiction”. Our Keynote speaker was Prof. Isiah Lavender III, a Sterling Goodman Professor of English at the University of Georgia, USA, who spoke on, “Black and Blue: Racism and Policing in Science Fictional America”. Our Special Feature this year was the Indian Sign Language Interpreter, Tincy Makson Benjamin, whom we invited, to enable students who have loss of hearing, to be part of the conference. Fourteen scholars from across the country presented papers for the conference.

On 20 March 2021, the UNESCO and Cardinal Paul Poupard Foundation Chair for Inter-Religious and Inter-Cultural Dialogue organised the twelfth International Symposium, “Evolving Communities for Greater Solidarity.” Our Chief Guest was His Eminence, Cardinal Oswald Gracias. For the first time, thanks to our Chair Holder Adv. Musumeci, we were able to get speakers from different continents to address us. They were from the Republic of Congo, Paris, Brazil, Russia and our very own country.

On 27 March 2021, the Economics Department organised an International Conference, “On the Frontiers of Economics”. The Keynote speaker was Prof. Ajit Karnik from Middlesex

University, Dubai. The other speakers were from the Meghnad Desai Academy of Economics and the Dhirubai Ambani - Institute of Information and Communication Technology.

On 30 March 2021, the Bachelor of Banking and Insurance Department organised a National Conference on, “Artificial Intelligence, Robotics and Technology in the Banking Sector.”

While the ‘lockdown’ crippled many enterprises, we found ways to ‘open up’ different avenues for our students to develop their Intelligence, Emotional and Spiritual Quotients. As you turn the pages of the magazine you will commend the efforts of our staff members, who despite the odds, were committed to engaging our students in a variety of activities that would shape them into wonderful human beings, with a combination of qualities of head, heart and hand.

We ask God to shower His abundant blessings on our Management, Staff and Students who have worked together to make all this possible.

Dr. Marie Fernandes

List of Scholarships and Prizes for Senior College

Sr. No.	Donor	Scholarship Awarded For	Name Of The Recipient
1	Msgr. Nereus Rodrigues Sacerdotal Golden Jubilee (1999) Scholarship	Value Education (2020-21)	1. Khamkar Ria (TYBA) 2. D'Mello Ian Floyed (TYBBI)
2	Nelson Mandela Scholarship	Best Value Education Co-ordinator (2020-21)	Patel Melissa (TYBCom)
3	Msgr. Nereus Rodrigues Scholarship	To students of the Social Outreach Programme (2019-20)	1. Coutinho Michelle (SYBBI) 2. Patil Sushmita Mukesh
4	Mrs. Marie Rodrigues Scholarship	A student of the Social Outreach Programme good in either Mathematics, Accounts or Science (2019-20)	Mascarenhas Sheldon (SYBCom)
5	Mr. Ivan Rodrigues Scholarship	A student of the Social Outreach Programme good in Hockey or any other sport (2019-20)	Mccarron Melrica (SYBCom)
6	Faith-on-Campus Award	Best Faith-on-Campus Volunteer (2020-21)	Jacob Ryall
7	Rev. Dr. Percival Fernandez Scholarship	FYBA Highest Aggregate marks	Thukral Samridhi
8	Palmira & John Fernandes Scholarship	Highest marks in English Literature (FYBA)	Noronha Abigail
9	Late Sultan Nathani Scholarship	Highest marks in Psychology (FYBA)	Thukral Samridhi
10	Rui Smith Scholarship	Highest marks in Hindi (FYBA)	Fernandes Carol
11	Edward Saldanha Scholarship	1st Class student of FYBA	D'Souza Andrea
12	Late Res Pinto Memorial Scholarship	Highest marks in Economics (FYBA)	Jain Rishika Mohanty Nancy
13	Late Johnnie Alves Scholarship	To an FYBA student with good grades	Antony Mansi
14	Azim Tapia Scholarship	Highest marks in FYBCom	Basudev Pal Tumpa

ANDRANNUAL 2020-2021

15	Germaine Remedios Scholarship	Highest marks in Mathematics & Statistics (FYBCom)	Mishra Gaurav
16	Roque Francis D Souza Scholarship	To a student of the F.Y.B.Com class	Basudev Pal Tumpa
17	Late Johnnie Alves Scholarship	To an FYBCom student with good grades	Mishra Gaurav
18	Palmira and John Fernandes Scholarship	Highest marks in English Literature (SYBA)	Rajput Diya
19	Louis & Annie Gonsalves Scholarship	A Catholic student of SYBA	Fernandes Christalle
20	Agnello Menezes Scholarship	A student of SYBA	Rajput Diya
21	Sheila Chaves Scholarship	A student of SYBA	Nayak Snignendhu
22	The Late Res Pinto Scholarship	SYBCom Highest Aggregate marks	Noronha Louis Noel George
23	Louis & Annie Gonsalves Scholarship	A Catholic student of SYBCom	Noronha Louis Noel George
24	Kenneth Remedios Scholarship	Highest marks in Advertising (SYBCom)	1. Carneiro Samantha Diago 2. Rodricks Maggie
25	Clifford Athaide Memorial Scholarship	TYBA Highest Aggregate marks at University Examination	Sheth Ashmi
26	Bishnupriya Chakravarti	For securing 1st Class in Sociology Scholarship Major (6 papers) at the TYBA Examination.	Joseph Mariya
27	The Cardinal Simon Pimenta Scholarship	TYBA Highest Aggregate marks at University Examination	Sheth Ashmi
28	Mabel Tavares Memorial Scholarship	Highest marks in Mathematics & Statistics with 1st Class at the T.Y.B.A.	NA
29	Late Edwin D'Souza Scholarship & Mr. Willie & Ms. Mary D'Souza Scholarship	Highest marks in History (TYBA)	D'Souza Cliona
30	Lawrence & Maria D'Abreo Scholarship	For a Catholic student for consistent all round Academic excellence in FY, SY and TYBA	Sequeira Clayton Jonas

ANDRANNUAL 2020-2021

31	Palmira and John Fernandes Scholarship	Highest marks in English Literature (TYBA)	D'Mello Simentha
32	Rabindranath & Aparna Sen Scholarship	Highest marks in English at the TYBA Examination.	D'Mello Simentha
33	Prof. Prafulla Pereira Scholarship & Emilia Gomendes Memorial Scholarship	Highest marks in Psychology (TYBA)	Sheth Ashmi
34	The Late Queenie Lobo Scholarship	Highest marks in Economics (TYBA)	Mittal Neha
35	Mercyraj Memorial Scholarship	A Catholic student with History as double major in the VI Semester	D'Souza Cliona
36	Mercyraj Memorial Scholarship	The most promising Student all-rounder with History as double major in the V Semester	D'Souza Cliona
37	Rev. Dr. Percival Fernandez Scholarship	TYBCom Highest Aggregate marks at University Examination	Almeida Lancy
38	Lawrence & Maria D'Abreo Scholarship	For a Catholic student for consistent all round Academic excellence in FY, SY and TYBCom.	D'Souza Joyce
39	T.R. Arunachalam Scholarship & Ms. Veeda Menezes Scholarship	Highest marks in Financial Accounting & Auditing (TYBCom)	D'Mello Gwen Arakkal Riza
40	Clement Dos Remedios Scholarship	Highest marks in M.H.R.M. (TYBCom)	Beg Afreen Javed Jahanara
41	The Late Savio Ignatius Pereira Scholarship	A Catholic student, securing a minimum 70% marks in the BMS University Examination	Clifford Lobo
42	The Late Res Pinto Memorial Scholarship	F.Y.B.M.S. (Semester I & II)	D'Souza Valora
43	The Late Res Pinto Memorial Scholarship	S.Y.B.M.S. (Semester III & IV)	Victoria Mikita Ancy Anthony
44	The Late Res Pinto Memorial Scholarship	T.Y.B.M.S. (Semester V & VI)	Mascarenhas Ressa Melissa
45	The Late Res Pinto Memorial Scholarship	F.Y.B.M.M. (Semester I & II)	Aleena Joseph
46	The Late Res Pinto Memorial Scholarship	S.Y.B.M.M. (Semester III & IV)	1. Gomes Lisha 2. Dsilva Ivanova

ANDRANNUAL 2020-2021

47	The Late Res Pinto Memorial Scholarship	T.Y.B.M.M. (Semester V & VI)	Rathod Harshita
48	The Late Res Pinto Memorial Scholarship	F.Y.B.Sc-IT. (Semester I & II)	Gore Siddhi
49	The Late Res Pinto Memorial Scholarship	S.Y.B.Sc-IT. (Semester III & IV)	1. Barkur Darshan 2. D'Souza Glendon
50	The Late Res Pinto Memorial Scholarship	T.Y.B.Sc-IT. (Semester V & VI)	Devkota Yash
51	The Late Res Pinto Memorial Scholarship	F.Y.B.Com.(A&F) (Semester I & II)	Shaikh Faariya
52	The Late Res Pinto Memorial Scholarship	S.Y.B.Com.(A&F) (Semester III & IV)	Poshe Rinnah
53	The Late Res Pinto Memorial Scholarship	T.Y.B.Com.(A&F) (Semester V & VI)	Furtado Simran
54	The Late Res Pinto Memorial Scholarship	F.Y.B.Sc-HS	Furtado Franklin
55	The Late Res Pinto Memorial Scholarship	S.Y.B.Sc-HS	Bhatt Kajol
56	The Late Res Pinto Memorial Scholarship	T.Y.B.Sc-HS	Pinto Samantha Serena
57	The Late Res Pinto Memorial Scholarship	F.Y.B.Com.(B&I) (Semester I & II)	Ferrao Nicole
58	The Late Res Pinto Memorial Scholarship	S.Y.B.Com.(B&I) (Semester III & IV)	Balid Sonali
59	The Late Res Pinto Memorial Scholarship	T.Y.B.Com.(B&I) (Semester V & VI)	Taral Sairaj
60	The Late Res Pinto Memorial Scholarship	M.Com. (Business Management)	Tigga Jacinta Chainani Saniya
61	Late Vinod Mehra Scholarship	Outstanding performance in Inter-collegiate Dramatic Competition	NA
62	Grenville & Vinita Solomon Academic Scholarship	Outstanding student studying Commerce/Management in St. Andrew's Degree College (Third Year)	1. D'Sa Charleston Joseph (TYBAF) 2. Nazareth Alreena (TYBCom) 3. Valles Priyanka Mari (TYBMS)

ANDRANNUAL 2020-2021

63	Grenville & Vinita Solomon Academic Scholarship	Outstanding Student studying Commerce/(Third Year) in St. Andrew's Degree College (Second Year)	1. Noronha Josiah (SYBAF) 2. Cardozo Nicole (SYBAF) 3. Dcunha Davin (SYBAF) 4. DeSouza Rhiannon (SYBAF)
64	Prof. Maewest Dias Endowment Scholarship	Outstanding Student of the Jr. College pursuing Degree in St. Andrew's College (First Year)	1. D'Cunha Regan (FYBCom) 2. Ireland Shirley (FYBA)
65	Prof. Maewest Dias Endowment Scholarship	Outstanding Student of the Jr. College pursuing Degree in St. Andrew's College (Second Year)	1. D'Souza Chresann (SYBA) 2. Oliveira Kevin (SYBA)
66	Marie Correa Scholarship	All round performance (male) (2020-21)	Cardoz Noel (TYBMS)
67	Marie Correa Scholarship	All round performance (female) (2020-21)	Rajput Diya (TYBA)
68	Ida Raj Scholarship	To the Best Student All Rounder	Kumar Sakshi (TYBMS)
69	St. Paul's Institute of Communication Education Scholarship	All round performance (male) BMM (2020-21)	Fernandes Peter Alvino
70	St. Paul's Institute of Communication Education Scholarship	All round performance (female) BMM (2020-21)	D'souza Vivica Valerian
71	Leandro D'Sylva Winston & Wendy D'Sylva Scholarship	A Catholic student	Pereira Karen (TYBMS)
72	Swavalamban Helfta Vikas Mandal Awards in memory of Mrs. Elfreda D'Almeida	Outstanding qualities in leadership and social awareness (NSS) (2020-21)	More Arya Rajendra Anuja
73	Principal A.D. Mascarenhas Award	Excellence in Academic & Sports (combined) in First Year (2019-20)	Pinto Leanne
74	Clifford Athaide Memorial Scholarship	Best Sportswoman of the Year (2020-21)	NA
75	Clifford Athaide Memorial Scholarship	Best Sportsman of the Year (2020-21)	NA

76	Olio Prize	Best Performer (2020-21)	NA
77	Library	Best User Award (2020-21)	1. Lalan Hritik Laxman (SYBA) 2. D'Souza Moselle (TYBBI)
78	Music Award	Outstanding participation in Music Activities	NA
79	Dance Award	Outstanding participation in Dance Activities	NA

List of Scholarships and Prizes for Junior College

Sr. No.	Donor	Scholarship Awarded for	Name of the Recipient
1.	The Johnnie Alves Scholarship	A Class XII Student with consistent academic excellence and leadership qualities in Class XI & XII Arts	Jolly Jaskaran Singh
2.	The Johnnie Alves Scholarship	A Class XII Student with consistent academic excellence and leadership qualities in Class XI & XII Science	Riya Rajesh Shirodkar
3.	The Johnnie Alves Scholarship	A Class XII Student with consistent academic excellence and leadership qualities in Class XI & XII Commerce	Noorshabha Munshi
4.	The Gerry Saldanha Memorial Scholarship	For securing the highest marks at the H.S.C. Exam 2020 in the Arts stream and continuing in St. Andrew's College	D'Souza Angelina
5.	The Anthony Marcelino Salgado D'Souza Memorial Scholarship	For securing the highest marks at the H.S.C. Exam 2020 in the Commerce stream	D'Cunha Regan Salu
6.	The Robert Mascarenhas Scholarship	For securing the highest marks at the H.S.C. Exam 2020 in the Science stream	D'Silva Sasha Wilburt
7.	The Late Edwin D'Souza Scholarship	For obtaining the highest marks in Physics at the H.S.C. Exam 2020	D'Silva Sasha Wilburt
8.	The Late Edwin D'Souza Scholarship	For obtaining the highest marks in Chemistry at the H.S.C. Exam 2020.	D'Silva Sasha Wilburt
9.	The Late Edwin D'Souza Scholarship	For obtaining the highest marks in Mathematics at the H.S.C. Exam 2020.	Banjan Pooja Jaya
10.	The Prof. Tania Donald Scholarship	For the student securing the highest marks in Sociology at the HSC Exam 2020	Obhan Aayat Rahil
11.	The Prof. Sharmilla Menon Scholarship	For the student securing the highest marks in Psychology at the HSC Exam 2020	D'Souza Angelina Christy

ANDRANNUAL 2020-2021

12.	The Prof. Sharmilla Menon Scholarship	For the student securing the highest marks in Psychology at the HSC Exam 2020	D'Souza Judah Nathan
13.	The Prof. Sharmilla Menon Scholarship	For the student securing the highest marks in Psychology at the HSC Exam 2020	Obhan Rahemeen Rahil
14.	The Prof. Sharmilla Menon Scholarship	For the student securing the highest marks in Psychology at the HSC Exam 2020	Sequeira Asher John
15.	The Prof. Eleatha Pinto Scholarship	For the student securing the highest marks in History at the HSC Exam 2020	Obhan Rahemeen Rahil
16.	The Prof. Eleatha Pinto Scholarship	For the student securing the highest marks in History at the HSC Exam 2020	Rebello Cornelia Arel
17.	The Prof. Eleatha Pinto Scholarship	For the student securing the highest marks in History at the HSC Exam 2020	Sequeira Asher John
18.	The Late Mrs. Rita Vaz Scholarship	To the deserving Catholic student of F.Y.J.C. Arts, 2019-2020	Chris Fernandes
19.	The Late Mrs. Rita Vaz Scholarship	To the deserving Catholic student of F.Y.J.C. Science, 2019-2020	Steve Fernandes
20.	The Late Mrs. Rita Vaz Scholarship	To the deserving Catholic student of F.Y.J.C. Commerce, 2019-2020	D'Souza Veronica
21.	The Principal A. D. Mascarenhas Award	For excellence in Academics and Sports (combined) in F.Y.J.C. 2019-2020	Anoushka Marie De Menezes
22.	College Academic Award (Arts)	For securing the highest aggregate marks at the F.Y.J.C. exam 2020 in Arts Stream	Saiyyad Rebba Suleman
23.	College Academic Award (Science)	For securing the highest aggregate marks at the F.Y.J.C. exam 2020 in Science Stream	Aranha Macwin Maxy
24.	College Academic Award (Commerce)	For securing the highest aggregate marks at the F.Y.J.C. exam 2020 in Commerce Stream	D'Souza Veronica

ANDRANNUAL 2020-2021

25.	Mrs. Neena Shet Scholarship in the name of Mr. Hunar Sunil Shah	For the deserving student who has passed FYJC from Science or Commerce 2019-2020	Kevin Fernandes
26.	Joseph & Tina D'souza Scholarship	Best all rounder, a deserving Catholic student good at academics, sports & has participated in extra-curricular activities	Kris Allwyn Albuquerque
27.	Principal's Special Prize	Most Outstanding Sports Woman of the year	Valerie Castelino
28.	Principal's Special Prize	Most Outstanding Sports Man of the year	Sujal Ghanekar
29.	Best student of the Year 2019-2020	Best Girl	Danica A. Pereira
30.	Best student of the Year 2019-2020	Best Boy	Reiner Rakesh Jadhav

Staff News

Department of English

Dr. Marie Fernandes

- **Ph. D Guidance.** Successfully guided Deepna Rao with her Ph. D thesis. "Pearls in the Indian Ocean: Representations of Goa, Goans and Goan Identity in 21 st Century Indian Writing". The University of Mumbai has declared her eligible for the said degree on 27 June 2020.
- **Resource Person.** 3rd International Faculty Development Programme organised by KAASH Foundation's Centre for Academic and Professional Development (CAPD) in collaboration with English Language Teacher's association of India (ELT@1). Theme: Emerging Approaches and Trends in English Language and Literature. Paper Presented: 'Teaching English Through Multiple Intelligences', 24 to 29 August 2020.

Dr. Susan Lobo

- Judged the Intercollegiate Elocution Competition at Nagindas Khandwala College, Malad, on 7 September 2020.
- Attended a talk organised by Tata Literature Live on 'Computational Poetry Technology, Collaboration and the Future of Poetry' by Israeli poet and digital artist Eran Hadas on 1 October 2020.
- Attended the Global Tipping Point Summit - Education 2020 organised by the Centre for Connection, Education

and Management Initiative (November-December 2020).

- Appointed Syllabus Committee member for the Diploma in Corporate English (CBCS) offered by University of Mumbai in December 2020.
- Published a chapter titled "Falling Off and Into Maps: Exploring Spatial Dynamics in Roopa Pai's Taranauts Series" in an anthology, *The Spatial Dynamics of Juvenile Series*, Cambridge Scholars Publishing, 202, pp. 171-188.
- Conducted lectures for the MA IDOL course on Indian Drama and Indian Poetry in English in February and March 2021.

Dr. Preeti Oza.

- Attended an online FDP on 'Research Methodology for Management Teachers' organised by IIBS- International Institute of Business Studies- Bengaluru ,14-20 June 2020
- Participated in a two-day web conference on 'Literary studies in the Coronavirus terrain: Reading Peril, Environment and Normalcy' organised by C.H.M. College- Mumbai, Raniranjana Zunzunwala College - Mumbai and V.G. Vaze College-Mumbai on 26-27 June 2020.
- Delivered lecture as a resource person on 'How to identify Slow Learners and Advanced Learners in HEIs' at an international FDP on 'Creativity, Innovation and Institution Building' organised by Government College of

Education- University of Jammu on 1 July 2020.

- Published a paper titled 'Inclusivity in Education: Case Study of Industry-Academia Efforts in Skill Based Education' in Journal of Xi'an Shiyou University, Natural Science Edition, 2020, ISSN : 1673-064X, VOLUME 16 ISSUE 7 in July 2020
- Attended an international FDP on 'Creativity, Innovation and Institution Building' organised by Government College of Education- University of Jammu ,1-7 July 2020.
- Published a paper titled ' Improving Learning Decisions in Higher Education through Nudging' in Journal of Xi'an Shiyou University, Natural Science Edition, 2020, ISSN : 1673-064X, VOLUME 16 ISSUE 7 in July 2020.
- Published an edited book 'Multi dimensionality of the Concept & Function of Digital' Publisher: Apple Books, ISBN: 978-9387515932 in August 2020.
- Published a research paper 'Folk Literature and the Rise of Vernaculars in India-Inferences and Analysis' in DOGO Rangsang Research Journal - 2347-7180- Vol 10- issue 8- August 2020.
- Published a research paper 'Religion, Culture and Process of Marginalization' in Political Behavior: Race, Ethnicity & Identity Politics- Ejournal - Vol. 14, No. 80: Aug 10, 2020
- Published a book chapter 'Digital Humanities-An Introduction' In book: Multidimensionality of the Concept & Function of Digital, ISBN:

978-9387515932 Publisher: Apple Books, August 2020.

- Delivered a lecture on 'Academic Integrity as a resource person' in the Faculty Induction Program organised by the HRDC Gujarat University on 3 August 2020.
- Attended a world conference on 'Education in the 21 st century- a Blended Perspective' organised by Dr. Dada Vaidya College of Education- Goa on 14 August 2020.
- Delivered a lecture as a resource person in a one day webinar on 'Role of English Language and Literature after NEP 2020' organised by ELTAI- Shimla Chapter on 17 August 2020.
- Created e-content in 4 quadrants on 'Academic Integrity' for a Faculty Induction program organised by the HRDC Gujarat University from 27 July to 25 August 2020.
- Delivered a lecture as a resource person on 'Aesthetics and Culture' at the international online FDP on 'Congregation of Aesthetics and Culture' organised by the Mahatma Gandhi Institute- Mauritius and the Ministry of Education - Government of Mauritius on 31 August 2020.
- Appointed as an external industry expert in the IQAC of Nalanda Nritya Kala Mahavidyalaya- Mumbai for 2020-21.
- Delivered a lecture as a resource person on 'Introduction to Research in Social Sciences at a national level E-workshop on 'Blended Learning Approach: Prospects and Challenges' organised by RNT University- Bhopal on 5 September 2020.

- Delivered a lecture on 'Management Communication' as a resource person in the Refresher Course in Commerce and Management organised by the HRDC Gujarat University on 14 September 2020.
- Created e-content in 4 quadrants on 'Management Communication' for a Refresher Course organised by the HRDC Gujarat University from 7-20 September 2020.
- Delivered a lecture on 'People Skills in Management' as a resource person in the Refresher Course in Commerce and Management organised by the HRDC Gujarat University on 14 September 2020.
- Created e-content in 4 quadrants on 'People Skills in Management' for a Refresher Course organised by the HRDC Gujarat University from 7-20 September 2020.
- Delivered a lecture as a resource person on 'Introduction to Research in Social Sciences' at an online FDP on 'Exploring Infinities - Theories and Practices of Social Science Research' organised by L.D. Arts College- Ahmedabad, 15-22 September 2020.
- Presented a paper on 'Imposed demographic shift- Crisis of Indian Migrants during Covid Pandemic' at an international conference on; 'Interreligious and Intercultural Studies' organised by the University of Hindu-Bali- Indonesia , ICRS and LIPI on 2 October 2020.
- Registered an Intellectual Property Right - IPR on 'Health and Fitness Audit for Higher Education Institutions' in October 2020.
- Delivered a guest lecture on 'Translation in the 21 st century: issues and Perspectives' at a national webinar organised by the University of Kashmir on 1-13 October 2020.
- Published a paper titled 'History of Protest Literature in India: Trails from the Bhakti Literature' in the International Journal of Interreligious and Intercultural Studies (IJIIS), ISSN: 2654-2706, Volume 3, Number 2, October 2020.
- Published an edited book 'Encyclopaedia of Covid '- ISBN 13 978 938, published by Apple Books in November 2020
- Published a paper titled 'Films as a Tool for war Propaganda: Synopsis from the World War One' in Kala- The Journal of Indian Art History, ISSN 0975-7945, Vol 26, Issue 2 in November 2020.
- Published a book chapter 'Indian Migrants Movements during COVID Pandemic and its Socio-Emotional Impacts' in Encyclopaedia of Covid - ISBN 13 978 938, published by Apple Books in November 2020.
- Delivered a lecture as an invited expert on 'Literature Review in research Methodology' at WRIC of ICAI- Ahmedabad Branch on 7 November 2020.
- Participated in a one-week international FDP on 'Hybrid Teaching Modalities: Educational Strategies during COVID and Beyond' organised by the GLS University Ahmedabad, 1 to 6 November 2020
- Published an edited book 'Emotions- a Multidisciplinary Inquiry', ISBN: 9781954467002, Publisher: Aura Books International, December 2020.

- Published a research paper 'Cultural Plurality and Communication challenges in the Classroom' in journal Sambodhi- ISSN 2249-6661 Vol 43 no 4.
- Appointed as a member- syllabus framing committee by the BOS in English- University of Mumbai for MA in Cultural studies on 3 December 2020.
- Delivered a guest lecture on 'Emotions and Literature' at a two-day international conference on 'Emotions- a Multidisciplinary Inquiry' organised by Nalanda Nrityakala College- Mumbai on 4-5 December 2020.
- Delivered a guest lecture on 'Aesthetics and Happiness' at an international FDP on 'Happy U in 2021 - Wellness and Wisdom in post-pandemic World' organised by Lakulish Yoga University on 7 January 2021 Attended an international conference on 'Digital Literature: Challenges and Possibilities' organised by the Elphinstone College - Dr. Homi Bhabha State University- Mumbai on 20 January 2021.
- Participated in a webinar on 'Institutions of Self Government and their elections' organised by the State Election Commission - Gujarat on 30 January 2021.
- Created e-content in 4 quadrants on 'Review of Literature in Research' for GAP Academy on 26 January 2021.
- Published a paper titled 'Redefining Sustainable Development' in the journal Psychology and Education, ISSN: 00333077, Vol 58, Issue(2), February 2021.
- Published a paper titled 'Curriculum and Evaluation in Outcome-Based Education' in the journal Psychology and Education , ISSN: 00333077, Vol 58, Issue(2), February 2021.
- Delivered a guest lecture on ' Corollary of science and Literature' at an international conference on 'Physical Sciences' organised by the department of Humanities - SVNIT - Surat on 5-6 February Conducted a workshop as a resource person on 'NAAC Accreditation in New Paradigm' at the Rabindranath Tagore University - Bhopal on 11-12 February 2021.
- Appointed as a paper setter by the HSNC University - Mumbai on 13 February 2021.
- Appointed a member- syllabus framing committee by the BOS in English- Dr.Homi Bhabha State University- Mumbai for TYBA (Creative Writing) on 4 February 2021.
- Appointed as the convener - syllabus framing committee by the BOS in English- Dr, Homi Bhabha State University - Mumbai for TYBA (Literature and films)) on 4 February 2021.
- Published an edited book 'Film, Fantasies and Cinema: Through an Indian Lens', ISBN: B08Y7VK5JB, Publisher Authorspress- New Delhi.
- Published an edited book 'Re-Imagine Folk- Life and Literature, ISBN: B08Y7VZN76, Publisher Authorspress- New Delhi.
- Published a paper 'Symbiotic Communication Plan for NGOs: Praxis and Challenges' in Palarch Journal of Archaeology of Egypt - ISSN 1567-214X Vol 18- Issue 3 -March 2021.

ANDRANNUAL 2020-2021

- Delivered two sessions on 'Literature and Aesthetics' and 'Literature and Popular Culture' as a resource person in the Refresher Course in Language, Literature and Cultural Studies' organised by the HRDC Rani Durgavati University- Jabalpur on 8 and 10 March 2020
- Delivered a guest lecture on 'Our Common Future Rooted in Past - Indigenous Cultures and Praxis of sustainable Development' at the ICPR sponsored national seminar on 'Indian Knowledge system as an Alternative to Sustainable Development' organised by the Department of Philosophy, Gujarat university 15-17 March.
- Appointed as a subject expert in the Board of Studies - Department of Communication- K. E. S. Shroff College - Mumbai on 20 March 2021.
- Appointed as a convenor for the Syllabus committee (MA in Cultural studies) of the BOS in English - Elphinstone College- Dr. Homi Bhabha State University - Mumbai, 26 April 2021.
- Appointed as a convenor for the Syllabus committee (MA - Film and Literature) of the BOS in English - Elphinstone College- Dr. Homi Bhabha State University- Mumbai, 26 April 2021.
- Appointed as a member of the Syllabus committee (MA - Women and Literature) of the BOS in English - Elphinstone College- Dr. Homi Bhabha State University - Mumbai, 26 April 2021.
- Participated in a national webinar on 'Constitution, Election and Youth' organised by State Election Commission Gujarat and L. C. Mehta Ares College, Ahmedabad on 3 April 2021.
- Participated in a national webinar on 'Relevance of Dr. Babasaheb Ambedkar's Thoughts in 21st Century' organised by Jitendra Chauhan College of Law- Mumbai on 18 April 2021.
- Delivered a guest lecture on 'Academic Integrity at a national level workshop on 'academic innovation, Integrity and Performance for HEIs' organised by Samarpan Arts College- Gandhinagar on 24 April 2021.
- Appointed as a visiting faculty by IDOL - University of Mumbai for MA in English Literature 1 May 2021.
- Delivered a lecture as a resource person on 'NAAC vs GAAC' in a one-week online FDP on 'NAAC Assessment and Procedure' organised by R.P.Parekh Arts and Commerce College- Khambhat on 6 May 2021.
- Attended a one week online FDP on 'NAAC Assessment and Procedure' organised by R. P. Parekh Arts and Commerce College - Khambhat on 1-7 May 2021.
- Delivered a guest lecture on Relevance and Significance of Dr. B. R. Ambedkar : Today and Tomorrow at the Tetso College Webinar series organised by Tetso College - Dimapur - Nagaland on 13 May 2021.
- Delivered a lecture as a resource person on 'Importance and Methods of Literature Review in Research and how to identify the gap in Research' in a One week online Course cum Workshop on 'Research Pro-The Comprehensive Research Techniques' organised by the C. V. Raman University- Chattisgarh on 24 May 2021.

- Invited as a resource person to deliver a lecture on 'Interconnectedness of Education and Humanities' at the international conference on Education, Humanities, health and agriculture organised by Universitas Katolik-Indonesia- Santu Paulus Ruteng on 15 May 2021.
- Delivered a lecture as a resource person on 'Importance and Methods of Literature Review in Research and how to identify the gap in Research' in a One week online Course cum Workshop on 'Research Pro-The Comprehensive Research Techniques' organised by the C. V. Raman University - Chhattisgarh on 24 May 2021.
- Attended a national webinar on 'Periods -No Hiding No Harm - International Menstrual Hygiene Day' organised by Rabindranath Tagore University - Madhya Pradesh, Elphinstone College - Mumbai, RYMEC - Karnataka and Nalanda Nrityakala Mahavidyalaya- Mumbai on 28 May 2021.
- Attended a one-week FDP on 'English and Interdisciplinary Paradigms in research' organised by Govt. V. Y. T. PG Autonomous College, Durg, (Chhattisgarh) And Smt. C. H. M. College, Ulhasnagar Mumbai, 25-31 May 2021.
- Attended an international Environment Day Conclave organised by RNT University- Bhopal on 5 June 2021.
- Conducted a workshop as a resource person on NAAC SSR preparation at Nalanda Nritya Kala Mahavidyalaya from 30 May to 4 June 2021.
- Completed a one-week short-term course on 'E-Content Development' from

HRDC- Gujarat University - 31 May to 6 June 2021.

Ms. Shruti Warriar

- Attended the 32nd Sheppard Memorial Lecture organised by St Berchmans College, Kerala on "Humanities in the Time of Pandemic" by Anne F. Rothenberg Professor at Harvard University, Prof Homi K Bhabha on 12 January 2021.
- Attended an online three-day FDP on "How to write Case Study & Teaching Note for Scopus Indexed Journals" organised by Dr. V. N. Bedekar Institute of Management Studies, Thane from 27 May 2021 to 29 May 2021.
- Attended an online seven-day Faculty Development Program (FDP) on "English and Interdisciplinary Paradigms in Research" by Govt. V. Y. T. PG Autonomous College, Chhattisgarh and HSNC board's Smt. C. H. M. College, from 25 May to 31 May 2021.
- Attended a national webinar on "English for Employability: An Undeniable Reality" by the Department of English and Trendsetter Club of KPR College of Arts, Science and Research on 21 June 2021.

Department of Economics

Dr. Kashmira Mody

- Attended a Special Online Lecture by Dr. Narendra Jadhav on "Industrial Revolution 4.0: Global Public Policy Issues in Economy and National Security," organised by the Mumbai School of Economics and Public Policy on the occasion of the 100th Foundation Day of the Department. 1 August 2020.

- Attended a one-day National Level Faculty Development Programme on “Gamification of On-Line Teaching,” conducted by Ragesh Raju, St. Joseph College of Engineering, Mangalore; organised by Bunt’s Sangha’s S. M. Shetty College of Science, Commerce and Management Studies, Powai, Mumbai. 31 August, 2020.
- Attended a webinar on “Income Inequality: The Perils of Taking a Global View in an Era of Globalisation,” by Prof. Ranjan Ray, Monash University, Melbourne, Australia. Organised by the Xavier School of Economics, Bhubaneshwar. 4 November 2020.
- Published an article, “An Essay on Economic and Cultural Contexts - A Matter of Perspective,” in the Andrean Research Journal, Volume VII, pp. 66-74, e-ISSN 2582- 5143, November 2020.
- Attended the Global Tipping Point Summit - Education 2020 - A Centre for Connection, Education and Management Initiative - November-December 2020.
- Participated in the First Meeting of the AIACHE Think Tank Meeting - A New Initiative of AIACHE - New Delhi. 08 December 2020.
- Attended the On-Line Inaugural Panel Discussion of the Development Debate Series on “Strategies for Equitable Development in Pandemic Impacted India,” by Prof. D. M. Nachane and Prof. A. Karnik, Chaired by Prof. Pulin Nayak. 12 December 2020.
- Attended the 7th Suresh Tendulkar Memorial Lecture delivered by Prof. Kaushik Basu, Cornell University, New York, on “The Indian Drama: Thirty Years

of Economic Reforms and What Lies Ahead?” organised by Symbiosis School of Economics, Pune. 25 February 2021.

Participated in a 7-Day Virtual Faculty Development Programme on “Econometrics for Time Series Analysis,” organised by the Department of Economics, Kristu Jayanti College (Autonomous), Bengaluru. 3-10 March 2021.

Ms. Vinita Fernandes

- Attended a virtual event on ‘Expanding the U. S. - India Partnership: Promoting Gender Diversity at work’, hosted by the U. S. Consulate in Mumbai on 28 January 2020.
- Completed an online seven-day state level workshop on Research Methodology organized by Karmaveer Bhaurao Patil Degree College of Arts, Commerce and Science, Thane, 1 April 2021 to 8 April 2021.

Department of Sociology

Dr. Shirly Abraham

- Organized a one-day virtual workshop in collaboration with the Board of Studies in Sociology University of Mumbai, for S.Y.B.A Paper II & III (Sem III and Sem IV) to facilitate the teaching of the revised syllabus for the University teachers on 25 May 2021.

Dr. Vatika Sibal

- Organized a one-day virtual workshop in collaboration with the Board of Studies in Sociology University of Mumbai, for S.Y.B.A Paper II & III (Sem III and Sem IV) to facilitate the teaching of the revised

syllabus for the University teachers on 25 May 2021.

- Published a paper 'COVID closes all doors: Senior Citizens' in International Journal of Humanities and Social Science Invention Volume: 10, Issue:6, E-ISSN: 2319-7722. June 2021.

Department of Commerce

Dr. Charmaine Braganza

- Participated in a two-days national level webinar 'Media in the Time of Covid- 19' organized by department of BAMMC of KLE Society's Science and Commerce College held on 20 and 21 June 2020.
- Attended a webinar on 'New Age Tools for Teaching Online' organized by Academisthan from 28 June 2020- 30 June 2020.
- Participated in a webinar on 'Commercialization of Intellectual Property Rights with special reference to Geographical Indications' jointly organized by Chandrabhan Sharma College of Arts, Science and Commerce and Knowledge Inclusion held on 30 June 2020.
- Participated in a national level online webinar on 'Impact of Covid-19 on Indian Economy' organized by department of Commerce and Economics of KLE Society's Science and Commerce College held on 2 July 2020.
- Attended a webinar on 'Online Teaching Techniques' organized by Department of Management Studies of R. D & S. H National college and S. W. A Science College under the aegis of Internal

Quality Assurance Cell (IQAC) held on 6 July 2020.

- Participated in a webinar 'Choosing Best Option Between Old and New Income Tax Slabs by Individuals' organized by Sheth NKTT College of Commerce and Sheth JTT College of Arts in association with Indian Accounting Association- Thane Branch held on 9 July 2020.
- Attended a one-day national webinar on 'Self Reliant India Mission and It's Strategy' jointly organized by Department of Commerce, Nevjabai Hitkarini College and Nutan Adarsh College held on 10 July 2020.
- Attended a webinar on 'Design, Development and Implementation of Project Methodologies' organized by All India Shri Shivaji Memorial Society's College of Engineering, Pune in association with The Institute of Engineers, Kolkata held on 11 July 2020
- Participated in one day national level Faculty Development Programme on 'Restructuring the Educational Scenario through Innovation in Teaching Learning' organized by IQAC of K. B. College of Arts, Science and Commerce for Women in association with Master Soft ERP Solutions Pvt Ltd. on 11 July 2020.
- Participated in the 'Spit Free India Movement to prevent the spread of COVID-19' organized by National Service Science and Sambandh Health Foundation held on 13 July 2020.
- Attended a webinar on 'Copyright Concerns and Challenges for Online Education' jointly organized by Institute of Chemical Technology and VES College

of Arts, Science and Commerce held on 15 July 2020.

- Attended a national webinar on 'Digital Transformation: eClassrooms & Learning Management System' organized by Bodwad Sanchalit Arts, Commerce and Science College in partnership with DigitalEdu held on 17 July 2020.
- Attended an international webinar on 'Internet Web on Challenges Before Research during Covid-19' organized by Committee for Promotion of Research Activities (COPRA) of St. Thomas College held on 17 July 2020.
- Attended three days Faculty Development Programme on 'New Paradigms in e-learning tools and Techniques for Teaching Learning' organized by Singhad Institute of Management and Computer Application held from 17 July to 19 July 2020.
- Participated in five days online National Faculty Development Programme cum Seminar on 'Educational Innovative Teaching Skills' organized by Dewan Institute of Management Studies (College of Education) held from 25 July to 29 July 2020.
- Participated in Endeavour 2020 on "Mentoring Students in Today's Times" organized by Nagindas Khandwala College of Commerce, Arts & Management Studies and Shantaben Nagindas Khandwala College of Science on 21 August, 2020.
- Participated and co-ordinated in the Global Tipping Point Summit: Education 2020 an initiative by CCEM Initiative held on 16 December 2020.

Dr. Harmeet Kaur Bhasin

- Participated in a one-day webinar on "Mastery Matters Building Bridges to the New Normal to Acclimatize the People to the New Normal" organized by Shurparaka Educational and Medical Trusts - A. E. Kalsekar College of Commerce and Management on 12 July 2020.
- Participated in the national webinar on "Roadmap for Young Entrepreneurs" organized by Institutions Innovation council -IQAC and E-Cell of M. L. Dahanukar College of Commerce on 14 July 2020.
- Participated in national webinar on "Artificial Intelligence with Learning Concepts" organised by A. K. Kalsekar College of Commerce and Management on 15 July 2020.
- Participated in a Faculty Development Programme on "On Funding Horizons for Research Projects and Conferences" organized by Smt. K. G. Mittal College of Arts and Commerce on 25 July 2020.
- Participated in a seven-day Faculty Development Program on "Befriend Technology with the New Educators Code-Transformation from Physical to Digital" organized by Bharat College of Arts & Commerce - IQAC in collaboration with the Department of Computer Science from 27 July 2020 to 2 August 2020.
- Participated in the NDLI User Awareness Webinar organized by MHRD-National Digital Library of India in collaboration with Bharat College of Arts and Commerce on 9 November 2020.

- Participated in one-day national webinar on ‘Teaching -Learning Process: Learning the Unlearned’ organized by Clara’s College of Commerce - All Departments with IQAC in association with ‘University of Mumbai’ on 24 April 2021.
- Participated in a two-day webinar on “Principals and IQAC Coordinators Meet” organized by Master Soft ERP Solutions Pvt. Ltd Nagpur on 28 and 29 May 2021.
- Participated in the Global Tipping Point summit 2020-21.
- Nominated on behalf of St. Andrew’s College for implementation of MHRD’s National Innovation and Start-up Policy for students and Faculty (MOE-NISP)MHRD’s Innovation Cell.

Ninoshka D’Silva Sequeira

- Attended a webinar on “New-age tools for Teaching Online” organised by Academisthan on 28 June 2020 to 30 June 2020.
- Attended a global webinar on “Social Distancing and New Marketing Agenda” organised by Clarion University of Pennsylvania and Gulf Marketing Association on 2 July 2020.
- Participated in an online international symposium on “Impact of Covid-19 on Higher Education on South Asia” organised by Bombay University and College Teacher’s Union (BUCTU) Mumbai on 3 January 2021.
- Attended a webinar on “Overview of Securities Market and Latest Development” organised by the BSE Investors Protection Fund on 9 January 2021.

Department of Accountancy

Kevin M. Miranda

- Participated in a national level webinar on “Mumbai Rainwater & Corona” organised by the IQAC and Student Development Cell of Royal College of Arts, Science & Commerce, Mira Road on June 27, 2020.
- Participated in a webinar “Supercharge your Life” organised by NSS of MMK College of Commerce & Economics, Bandra (West) in association with Board of Industry - Academia Partnerships on July 3, 2020.
- Participated in a national webinar on “Contribution of Shaheed Bhagat Singh to India’s Freedom Movement and his Contemporary Significance” organised by Guru Naka Khalsa College of Arts, Science and Commerce (Autonomous), Matunga on March 23 2021

Dr. Jyoti Bhatia

- Attended a one-week Capacity Building Program on ‘Basics of Research Methodology’ organised by Western Regional Centre, ICSSR in association with the Department of Commerce, University of Mumbai from June 8 to June 13, 2020.
- Participated in a one- day Orientation workshop on ‘The Functions of Internal Complaints Committee (ICC) in Higher Educational Institutions’ organised by B. K. Shroff College of Arts Commerce on April 12, 2021.

- Participated in a two- day workshop on ‘Principals and IQAC Coordinators meet’ organised by Master Soft ERP solutions Pvt. Ltd., Nagpur on May 28 and 29, 2021.

Rachel R. George

- Participated in a one-day session on ‘Law and Rights of Women’ organized by NSS Unit of Sophia College, Mumbai, held online on 08 August 2020.
- Participated in the one-day national level webinar on ‘Role of NSS in NAAC Accreditation of the College’ organized by Arts, Commerce & Science College, Palghar, held online on 17 August 2020.
- Participated in the two-weeks RUSA sponsored ‘Refresher Course in Commerce and Management’ organized by UGC - HRDC of University of Mumbai and managed by H. R. College of Commerce & Economics, Mumbai, held online from 3 - 16 February 2021.

Department of Mathematics

Prashant Tari

- Attended a session on Soft Skills: The Essentials of Survival in Corporate Jungle on June 09, 2020 organised by IILM Academy of Higher Learning, Lucknow in the Live Webinar Series.
- Attended a two-day online workshop on “Scientific Research Tools for Enriching Skills in Science and Technology (SRTESST 2020)” organised by the Department of Mathematics of Jaypee Institute of Information Technology, Noida on 6-7 November 2020.

- Completed a two-week Refresher Course in Mathematics organised by Department of Mathematics, Ramanujan College from 16-30 March 2021 and obtained Grade A+.

- Completed a two-week national interdisciplinary Refresher Course on “Research Methodology and Data Analysis (Sharpening Skills through MS Excel, SPSS, MATLAB and R)” from 24 March - 7 April, 2021 and obtained Grade A+.

- Participated in a two-day online national level workshop on ‘Quantitative Data Analysis by Statistical Software ‘jamovi’ on 21st and 22nd May 2021 organized by the Departments of Mathematics & Statistics of N. S. S. College of Commerce & Economics, Mumbai and Sheth NKTT College, Thane, Maharashtra.

Dr. Priya Shahi

- Attended a “National Conference on Recent Applications of Applied Sciences & Humanities” organised by Government College Satnali, Mahendergarh (Haryana), India in collaboration with the Society of Scientific Research and Education on 07 June 2020.
- Attended an International e-Conference “Fixed Point Theory and its Applications to Real World Problems” organised by Department of Mathematics, Government Post Graduate College Maldevta, Raipur (Dehradun), Uttarakhand, India on 27 June 2020.
- Completed a One-week Training Programme on e-Learning organised by SNDT Women’s University in Collaboration with PVDT College of

Education for Women, Mumbai from 28 June 2020 to 04 July 2020.

- Attended an International Webinar “Mathematics and its Application” organised by Department of Mathematics, Nabadwip Vidyasagar College on 30 June 2020.
- Attended a two-day Online Workshop on “Scientific Research Tools for Enriching Skills in Science and Technology (SRITESST 2020)” organised by the Department of Mathematics of Jaypee Institute of Information Technology, Noida on 6-7 November 2020.
- Attended First Term Training Programme in Extension Work Activities (Community Work) related to Skill Development and Entrepreneurship, Industry Orientation, Status of Women in Society, Career Project, Population Education, Information Technology etc. for Extension Teachers & Student Managers in Online Mode organised by K. J Somaiya College of Science and Commerce on 09 November 2020.
- Attended a workshop “15th Inter-collegiate/Institute/Department Avishkar Research Convention 2020-21” organised by Department of Student’s Development, University of Mumbai (virtual platform) on March 24 2021.
- Completed a “Two-Week Refresher Course in Mathematics” organised by Department of Mathematics, Ramanujan College from 16-30 March 2021 and obtained Grade A+.

Department of Environmental Studies

Vineetha Nair

- Participated in a one day national webinar under the title ‘Organic Living’ on 08 August, 2020 organised by the Department of Geography, Durga Mahavidyalaya, Raipur.
- Participated in a one day national level webinar on ‘Environment and Urbanisation’ organised by Department of geography and EVS, Arts, Commerce and Science College, Onde, Vikramgad, Palghar on 18th August 2020.
- Participated in a two-day national workshop on ‘Ecological Footprints’ organised by Department of Geography, Botany and Environmental Studies of Arts, Commerce and Science College, Onde, Palghar and Department of PG studies in Geography, Dr. B R Ambedkar Government College, Rajasthan on 19th and 20th August 2020.
- Participated in a one day national webinar on ‘Importance of water management in agriculture’ organised by the Department of Economics and IQAC, Anandrao Dhonde Alias Babaji Arts, Commerce and Science College, Kada, Beed, Maharashtra on 21 August 2020.
- Participated in a one-day online workshop on ‘Social Entrepreneurship Swachhata & Rural Engagement’ for Higher Educational Institutions in association with Mahatma Gandhi National Council of Rural education on 23rd September 2020.

- Completed a one-week national online Faculty Development Program on 'Capacity Building In Drafting Proposals For Funded Research' jointly organised by Guru Angad Dev Teaching Learning Centre, University of Delhi under the Pandit Madan Mohan Malviya National Mission on Teachers And Teaching of MHRD and St. Teresa College (autonomous) Ernakulam, Kerala from 5th October to 11 October, 2020 "and secured grade A+"
- Attended a national webinar on 'Food in the Changing Climate' organised by the Department of Geography, Rosary College of Commerce and Arts, Navelim, Goa on 16th October 2020 in commemoration of World Food Day.
- Completed a two-day national workshop on 'Geo-Spatial Technology in Environmental Science and Management' organised by The Integrated Institute For Advanced Research and Information (IIARI) and Deccan Environmental Research Organisation (DERO), Karnataka from 19th to 20th December 2020.
- Successfully completed a 4-week Induction/Orientation Programme for Faculty In Universities /Colleges /Institutes of Higher Education' conducted by The Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry Of Human Resource Development, Pandit Madan Mohan Malviya National Mission On Teachers and Teaching, through online mode from 10 November to 9 December, 2020 and obtained grade A+.

- Participated in a two- day workshop on 'Principals & IQAC Coordinators meet' organised by Master Soft ERP solutions Pvt. Ltd., Nagpur on May 28 and 29, 2021.

BBI DEPARTMENT

Dr. Shirley Pillai

- Participated in a one-week online Faculty Development Programme on "Structural Equational Modeling" organized by School of Business Studies, Sharda University in association with Indian Institute of Management Ahmedabad (IIM-A) from 28 November 2020 to 2 December 2020.
- Published a Research Paper titled "An overview of managing change among employee's resistance, while executing business transformation in digital economy with reference to Logistics Industry" in Shodh Sarita, a UGC Approved Care Listed Journal, Volume 8, Issue 29, January to March 2021.
- Participated in an "International HR Conclave" organized by the Department of Public Policy and Governance, B.K School of Professional and Management Studies, Gujarat University, India on 15 May 2021.

BAF DEPARTMENT

Ritesh Sheth

- "Presented a paper" titled "Investor awareness about mutual funds with respect to sector funds and contra funds" at a multidisciplinary staff seminar organized by Research Committee of St. Andrew's College of Arts, Science and Commerce on 27 & 28 May, 2020.

- Participated in a webinar on “Demystifying Blockchains & Cryptocurrencies” organized by Jai Hind College in association with IAA Thane Branch on 16 June, 2020.
- Participated in a webinar on “Financial Statements & Economy Amidst COVID 19 Pandemic” organized by Jai Hind College in association with IAA Thane Branch on 20 June, 2020.
- Participated in a webinar on “Future of Financial Planning as Profession in India” organized by Financial Planning Academy on 30 June, 2020.
- Completed the “Financial Modelling Course” of Leap Up Edutech on 4 July, 2020.
- Participated in a one-day national level FDP on “Restructuring the Educational Scenario Through Innovation in Teaching Learning” organized by K. B. College of Arts and Commerce on 11 July, 2020.
- Participated in a national level webinar on “Investor Awareness Program” organized by SIES College of Commerce and Economics on 14 July, 2020.
- Participated in a one-week online international workshop on Research Methodology organised by the Department of Commerce, Aasam University, Silchar from 13 to 18 July, 2020
- Participated in a five-day webinar on “Influential Communication Techniques Training” organized by St. Francis Institute of Management and Research in July, 2020 (1, 6, 8, 13 & 15 July).
- Participated in a UGC Sponsored Online Refresher Course in Commerce and Accountancy organized by UGC-HRDC University of Mumbai conducted from 30 September, 2020 to 13 October, 2020.
- Appointed as Co-panelist for online CA & PI selection process for MBA admissions at K. J. Somaiya Institute of Management on 8 March, 2021.
- Presented a paper titled “Investor’s Patter of Investment during Covid 19 Lockdown in Mumbai City” at a two-day International Commerce & Management Virtual Conference organized by Department of Commerce, University of Mumbai on 12 & 13 March, 2021.
- Presented paper titled “Financial Literacy among newly employed Youths and their Pattern of Investment” at a one-day international virtual seminar organized by Rajiv Gandhi College of Arts, Commerce and Science on 25 March, 2021.
- Participated in a two-day national webinar on “Online Resources and Academic Integrity” organized by IQAC and Research Cell of Cosmopolitan’s Valia College on 28t & 29 May, 2021.

B.M.S DEPARTMENT

Dr. Sharon Gonsalves Durham

- Completed a 4-week Orientation Programme from 11 January, 2021 to February 2021 from Ramujan College, University of Delhi with A+.
- Participated in a national level webinar on “Reflect, Reboot, Recreate and Be Relevant for Tomorrow” organised by Thakur College of Science and Commerce on 6 June, 2020.

- Participated in a national level webinar on “Utilising Digital Resources for E-Content development & Designing” organised by Smt. K. G. Mittal College of Arts & Commerce on 22 May 2020.
- Published a thesis on “A Study of Organisational Commitment and Quality of Work Life among Air-hostesses in Public and Private Sector Airline Companies” ISBN No- 978-81-946643-4-5, Volume 1, Edition 1, Lambert Publications in Raja Ramohun Roy National Agency for ISBN, Department of Higher Education, Ministry of Human Resource Development, Government of India.

Ms. Asha Noella Mohan

- Published a ‘Book Review on ROAR by Cecelia Ahern’ in the Andean Research Journal Peer Reviewed Multidisciplinary Research Journal, Volume VII November 2020. ISSN: 2278-9294 EISSN: 2582-5143.
- Participated in a ten-day Online Crash Course Programme for ‘UGC NET SET JRF (Paper One)’ as Faculty Enhancement Programme conducted by St. Andrew’s College of Arts, Science and Commerce in collaboration with Ascendance Academy, held from 6 -15 June 2020.
- Attended a Webinar on ‘Survival of the Fittest- Educational Leadership in Critical Times’ organised by IBS & ICFAI Business School, Mumbai on 15 August 2020.

Ruth Sequeira

- Participated in a seven-day International Online FDP on ‘Research Methods and Analytical Techniques’ organized by A. E. Kalsekar College, Nallasopara in association with the Parul University, Gujarat, held from 17 June to 23 June 2020.

Candida Allan Gomes

- Participated in a six days online webinar title “DISHA 2020” organized by Self-Finance department and placement cell of St. Gonsalo Garcia College in association with IMS Learning Resources Pvt. Ltd from 30 June to 5 July 2020.

M.COM. DEPARTMENT

Savina Shenoy

- Judged the event “Start Up” for Parallax 2021, and Entrepreneurship event organised by Raheja College on 20 February, 2021.
- Was a speaker on Women’s Day on 9 March, 2021 on behalf of Department of Life Long Learning and Extension services. The topic of the speech was “Inspiring Women to be Potential Entrepreneurs.”

Dr. Sujata Rajpurkar, Librarian

- Attended an online short term faculty development program on creation, preservation and dissemination of e-content organised by Sr. Vincent College of commerce and HRDC Savitribai Phule Pune University from 6 to 19 June 2020.

- Successfully completed E- Shodh Sindhu Web of Science certification series organised by Clarivate, E-shodh Sindhu and Inflibnet on 15 June 2020.
- Participated in one day national webinar and panel discussion on the topic 'Understanding API & CAS process for Working Academic Library Professionals' organised by Dr. B. M. N. College of Home Science in association with B. M. K. Knowledge Resource Centre, S. N. D. T. Women's University Mumbai on 27 June 2020.
- Participated in a four-day national webinar on the topic 'Rethinking, Recreating the Academic Library: Lessons from the Pandemic' organised by Institute of Chemical Technology and VES College of Arts, Commerce and Science from 22 to 25 July 2020.
- Participated in a one-day national webinar on the topic 'Benchmarking Quality and Accrediting Institutions of Teacher Education: the Revised NAAC Framework' organised by St. Teresa Institute of Education on 28 and 29 August 2020.
- Participated in a one-day national webinar on the topic 'Constitution of India and Gender Equality' organised by Women Development Cell, K.B. Hinduja College of Commerce on 4 February 2021.
- Presented a paper titled 'Review of Global Information Literacy Standards and Frameworks-Implications for the Reimagined India' in a two-day international virtual conference on 'Library and Information Services: Past, Present and Future', jointly organized by Library Departments of Brainware University & Brainware Group of Institutions-Sabita Devi Education Trust, Kolkata on 9 and 10 February, 2021.
- Invited to be a member of the peer-review committee for the conference proceedings on the theme 'Benchmarking Quality and Accrediting Institutions of Teacher Education: the Revised NAAC Framework' published by the St. Teresa Institute of Education in September 2020.
- Conducted a session on 'Online Literature Search' for a Short term course on Research Methodology, organised by Sociology department of St. Andrew's College of Arts Science and Commerce on 23 February 2021
- Invited as a subject expert for Career Advancement Committee on the panel of the selection committee by Smt. Kapila Khandwala College of Education on 6 March 2021.
- Published an article titled "Open Education Resources - Libraries Response to COVID - 19" in Shodh Sanchar Bulletin, an international bilingual peer-reviewed refereed research journal, March 2021, vol 11 (41), pp 121 -125, ISSN 2229 -3620.
- Published an article titled 'Students perception towards online resources midst of pandemic in view of Kurt Lewin's Model: special reference to N-list and NDL' in an international peer-reviewed & refereed Scholarly Research Journal for Interdisciplinary Studies, May-June 2021, vol 8 (66), ISSN 2278-8808.

Department Reports

Department of English

The department organised an international conference on “The Possible and Impossible Worlds of Science Fiction” (11-12 September 2020). Our keynote speaker was Isiah Lavender III, Sterling Goodman Professor of English at the University of Georgia, where he researches and teaches courses in African American literature and science fiction. In addition to his books *Race in American Science Fiction* (Indiana UP, 2011), *Black and Brown Planets: The Politics of Race in Science Fiction* (UP of Mississippi, 2014), *Dis-Orienting Planets: Racial Representations of Asia in Science Fiction* (UP of Mississippi, 2017), and *Afrofuturism Rising: The Literary Prehistory of a Movement* (Ohio State UP, 2019), his publications on science fiction include essays and reviews in journals such as *Extrapolation*, *Journal of the Fantastic in the Arts*, and *Science Fiction Studies*, and collections such as the *Cambridge History of Science Fiction* and the *Routledge Companion to Science Fiction*. He is also one of six editors for *Extrapolation*, the oldest science fiction journal. We also had as a resource person Ms. Mimi Mondal, a speculative fiction writer and editor. Her novelette *His Footsteps, Through Darkness and Light*, was nominated for a Nebula Award in 2020, and her anthology *Luminescent Threads: Connections to Octavia E. Butler*, co-edited with Alexandra Pierce, received the Locus Award and was nominated for the Hugo and British Science Fiction Awards in 2018. She also writes the column

“Extraordinary Alien” in *Hindustan Times*. We had almost 20 paper presentations that provided valuable insights on science fiction across cultures and across time. We were especially proud to have a presentation by Diya Rajput, our TY student who presented a paper titled “*If I lose my life, I win this game.*”: Negotiations of Identity, Intimacy and Interaction in Padmanabhan’s *Harvest*.” Since this was an online conference that was also streamed live on You Tube, the department had made arrangements for two ISL interpreters for the keynote address and the invited speaker’s talk to enable deaf people to benefit equally from the conference.

Dr. Susan Lobo and a group of interested students attended a talk on “Computational Poetry” by Israeli computational poet, author, and digital artist Eran Hadas. The online session organised by Avid Learning on 1 October 2020 demonstrated how poets could use computers to kick-start the creative process, stimulate the creative imagination, inspire new ideas, generate new combinations of words and phrases, and devise innovative ways of bringing text and image together, to reinvent art in the digital age. Hadas himself is a firm believer in the idea that “part of us stepping forward with technology is being aware of the implications of trying to maintain our humanity and moral values.” His talk created an awareness of an entirely new genre of poetry that had come into existence riding on the back of digital technology.

The ten-hour skill development course conducted by the faculty of the department, titled “Looking At and Through Language: A Soft Skills Course by the Department of English” was held from 9 - 18 February 2021. Participants were introduced to a variety of language and literature-based topics. Etymology of English words and phrases, punctuation, making effective speeches, nonverbal communication, history of the English Language, and using drama to learn English - all of these subjects introduced students to areas of study that were not a part of the prescribed curriculum, thereby adding value to the existing syllabus.

The department organized two sessions as a part of our efforts to provide the necessary career guidance to our students. The first session, titled “Introduction to CELTA Examination” was conducted by Ms. Eleanor Pinto (British Council Certified IELTS Trainer; Speech and Drama Trainer; and Freelance Writer) on 11 February 2020. Ms. Pinto provided a detailed summary of the process of acquiring the CELTA degree, an internationally accepted qualification for language teachers. Our second session titled “Careers in ELT” was conducted by Dr. Anusha Ramanathan on 18 February 2020. Associated with TISS, Mumbai for long, Dr. Ramanathan gave our students the benefit of her vast experience working in areas such as curriculum consultancy (Centre of Excellence in Teacher Education), research assistant, course coordinator, content writer, editor, teacher trainer and corporate trainer. Her session on “Introduction to Career Opportunities outside the Sphere of Teaching” provided an overview of the variety of careers open to English Literature graduates. On 20 February 2020, alumnus Mr. Nicol

Fernandes, with extensive experience in teaching in international schools offering IB and IGCSE boards, informed the participants about what teaching in such schools entails. The objective of this session was to make students aware that teaching English at the school level offered more options than seeking employment in SSC, CBSE and ICSE schools alone.

The increasing importance of enhancing existing one's skills set and knowledge by avidly pursuing online courses on portals such as MOOC, Coursera and Swayam fuelled the need to encourage our students to exploit the courses offered. Students who had already completed such courses were invited to share their experiences of studying their respective choice of courses. On 8th February 2021, our students Diya Rajput (TYBA), Chresann D'souza (SYBA) and Shreya Mathur (SYBA) conducted a series of presentations across all the three years classes of the BA department for students who had chosen to major in English Literature, in the hope that their fellow classmates would be inspired enough to register for some courses in the coming days.

The department of English held a five-day 'Film Week' from 22 - 26 March 2021. In these sessions conducted over the five days, Dr. Preeti Oza and Ms. Shruti Warriar helped to raise awareness on the theme of eco-consciousness among the students. 'Eco-consciousness' is about making responsible use of the world's natural resources and ensuring that our actions do not negatively impact the planet for the future. Merriam-Webster's dictionary defines being eco-conscious as “marked by or showing concern for the environment.” On 22 March we

watched a documentary called "*The 11th Hour*". Then, on 23 March we watched a documentary called "*Tapped*" (2009). After this documentary, there was a talk given by Ms. Lalita Tangirala on Waste Management. In this talk, she spoke about the importance of segregating waste. She works for an NGO which is working for the benefit of the rag pickers for better pay and a better working environment as well as about increasing the employability of the rag pickers in corporations in the area of waste management. Then, on 24 March we watched a documentary called "*Documentary: Meat the Truth*". The first documentary which was shown on 26 March was "*The Boy Who Saw More*." Then, the second documentary which was shown on 26 March was "*The Weeping Apple Tree*" (Vijay Jodha). All the participants were made more eco-conscious with the documentaries shown and discussions held throughout the whole event.

On 15 March 2021, the department organised a webinar on the topic of the correlation between 'Economy and Caste'. The talk was conducted by Mr Vishal Thakare, a visiting faculty at Centre for Labour Studies, School of Management and Labour Relations at TISS. He spoke to the students on the Indian social system and the intricacies of economy being based on graded hierarchical principles which organises the production process in India thereby resulting in caste-based division of labour. The talk also looked at how the concentration of wealth was amongst a certain section of the society who determine the mobility of resources in the larger cultural sphere. The talk ended with a lot of insightful questions from the participants and a healthy

discussion on the subject of economy and caste in India.

Profs-in-charge: Dr. Marie Fernandes (Principal, HOD), Dr. Susan Lobo, Dr. Preeti Oza, and Ms. Shruti Warriar.

Department of Psychology (APT - Andean Psychology Team)

Soon after the outbreak of the pandemic, the APT in sync with the UGC notice F.No.1-1/2020 regarding "Mental health and well-being of students" had prepared a power point presentation containing tips and important links on mental health care during COVID-19.

This power point presentation was displayed on the college website and was shared with all class teachers so that they could share the required information with the students.

This year the department inaugurated its activities by conducting the much-awaited Bridge Course in Psychology on 5 Oct. 2020. This 30-hour course was organized keeping in mind the Third year double major psychology students planning to do a Masters in Psychology.

This course equipped the participants with knowledge related to research methodology and course content covered in Third year single major Psychology, thereby attempting to bridge the gap between double major and single major psychology students.

Shortly after the commencement of the Bridge Course, World Mental Health day (10 October 2020) was celebrated by floating an "Instagram Mental Health Campaign" competition, which went on for two months. The grand finale was on 10 December 2020. Ms. Naomi Ganza, a Youtuber, brand

consultant and a Nutritionist, judged the event. As a part of the competition, participants created an Instagram page, which dealt with different mental health problems and made periodic updates about the same. By this they attempted to create awareness about symptoms and coping mechanisms related to various mental illnesses and sought to promote wellness thereby. Participants covered a wide range of contemporary topics in their posts like eating disorders, body image, body positivity, self-love, addiction depression, and anxiety.

To promote learning and provide clarity about the different fields of psychology, a guest lecture by Dr. C. Munshi a practicing Clinical psychologist was arranged related to “Clinical and Counselling Psychology; Therapy and Practice” on 25 January 2021. This was followed by an interactive session between the second year and third year psychology students. This activity was designed to help the second year Psychology students make an informed choice regarding the subjects when they seek admission to the third year.

Industrial and organisational psychology is an important job-oriented subfield of Psychology.

A guest lecture on “Human Resources and Recruitment” was organized on 30 January 2021, to enlighten students about the role of HR consultants in an organisation.

“TurnCoat”, a debate challenge was organised on January 12, 2021. This event challenged the participants to “think outside the box” in a bipolar way, thereby providing an opportunity to improvise and debate on a unique and interesting topic,

‘Are Intelligent People Antisocial?’. Prof. Rashna Patel, Head of Dept. of Psychology, Wilson College moderated the session with her expertise.

The rising epidemic of eating disorders poses a serious health problem especially to the student population. The Panel Discussion on “Eating Disorders” conducted on January 14, 2021 was hence aimed at breaking down the barriers of the definition of desired ‘thinness’ as well as to spread awareness about the impending harm to one’s mental health and physique. The moderator for this event, Dr. Chandrashekhar Gawali, Head of Dept. of Human Development at SNDT Women’s University concluded the event by sharing his views on the same.

Mood disorders by nature cause immense disruption to life activities and carry a high risk of suicide. Unfortunately, the pandemic has triggered this disorder especially among adolescents and youth. To give an in-depth clinical view on this topic, the APT organised a guest lecture on “Mood Disorders” specifically for TYBA students, on February 1, 2021 by Dr. Ankita Mishra, Member of Royal College of Psychiatrists, UK.

Films allow us to see the world as another person sees it. Keeping this premise in mind, the APT inaugurated its first Inter-Collegiate event “Cinemia” - an Intercollegiate Research Challenge, a team event based on a Research Paper and Presentation on any one of the Psychology-based movies: ‘Shutter Island’, ‘Joker’, ‘Talaash’ and ‘Karthik Calling Karthik’.

On February 18, 2021, 10 teams from different colleges competed at this event. Prof. Amrin Moger, Head of Dept, BAMMC, Guru Nanak College and Mumbai University

and Prof. Harshanal Kuveskar, Head of Dept, Psychology, Guru Nanak College judged the event and declared Wilson College and Royal College as the First place and Second place winners respectively.

One of the activities of the department which students eagerly wait for every year is the test administration. This year we carried out test administration and understanding scoring mechanism of “Emotional Quotient test and Big five personality factor test.

This being the year of the pandemic, it brought along new challenges, which required different skill sets to cope up with. In order to equip students with the new demands, the department conducted a live streaming of meditative sessions related to handling anxiety and healing relationships on 1 April 2021. Students were very appreciative about it.

One of the toughest decisions to make in life is what career to choose. In order to assist students to make this decision, students attended a webinar organized by RD National College on “Aspiring Careers in Psychology” which gave them greater clarity in the matter.

The association screened some educational films like “The Secret” which helped students develop insights into the power of positivity, and ‘Outsourced” enlightened them about the impact of cultural diversity.

Profs-in-charge: Ms. Shubda Malhotra, Ms. Sharmila Dhote and Mr. Samson Carvalho

Department of Sociology

Taking into consideration the ongoing pandemic, the Department of Sociology, emphasized conducting online workshops

and webinars that highlighted the plight of vulnerable groups in the society who faced hardships during the lockdown.

A one-day national webinar was organised on 9 June 2020 on ‘Tough times don’t last, tough people do’. Dr. Anuradha Sovani, Psychologist and Psychotherapist Professor and Head, Department of Psychology, SNDT Women’s University, Mumbai was invited as the resource person. The webinar highlighted the importance of stress and emotion management in order to constructively and positively overcome the challenges to survive the pandemic.

The department organised a one-day workshop for students and faculty on ‘Art Therapy: Through the Social Lens’ on 14 December 2020. Ms. Ashmi Seth, an alumnus of St Andrew’s College was invited as the resource person. The workshop laid emphasis on the intricacies of Art Therapy and the different professions linked with it. The workshop included activities to help students understand the importance of art in life and ways in which to use it to maintain a positive approach in life.

The department organised a two-day national webinar in collaboration with the College Women Development Cell under the series ‘Crossroad Identity’ titled ‘Demystifying Identity Praxis’ on 28 & 29 January 2021. The webinar highlighted issues such as Toxic Masculinity, Gender Beyond the Binary, and Youth at Crossroads. Ms. Raynah Braganza was invited as the resource person. She stressed the problem of identity crisis during the pandemic. The webinar also included a panel discussion by Ms. Urmi Jadhav, a transgender activist who spoke about the lives of transgender through the

lens of the mainstream society. Ms. Daniel Mendonca, core founder of IHRI (Intersex Human Rights India), shared her experience on the hegemonic principle on sexuality created by toxic masculinity and Dr. Wilona Annunciation, a practicing psychiatrist and counsellor, addressed the issue of identity crisis among the youth. The webinar proved to be an eye-opener for the participants as it dealt with the social evils of gender inequality and identity crisis through the experiences shared by those who face it in their day-to-day lives.

A six-day skill development course on 'Research Methodology' was organised for SYBA students from 22-27 February 2021. The objective of the course-work was to facilitate among the students a scientific temper and an objective approach in research. The resource persons included faculty from the department, Dr. Sujata Rajpurkar, Librarian, Ms. Ashmi Seth (Alumna) and Mr. Susheel Vargehese who shared their expertise on the importance of research. The course-work included hands-on experience on topics such as introduction to research, literature review, research design and sampling tools, writing a research proposal and writing the final report. On completing the entire coursework, students were provided with certificates. The coursework helped the students get an insight into the field of research and the importance of ethics in conducting research.

A syllabus revision workshop for SYBA Paper II and III (Sem III and Sem IV) was organised by the department for the University of Mumbai for undergraduate teachers, under the aegis of the Board of Studies,

Department of Sociology. Dr. Balaji Kendre, Chairperson BOS and Head Department of Sociology, chaired the session.

Profs-in-charge: Dr. Shirly Abraham, Dr. Vatika Sibal and Mr. Hadley Quadros

Department of History

The most enjoyable activities of our department include our field visits and heritage walks. But as lock-down and online teaching became the norm this academic year, we devised other ways of bringing history alive in our virtual classroom. This year more than ever, the Department organized numerous documentary screenings using the Talking History selection on Delhi's Medieval History, the Live India History's Story of the Bahamans and an old favourite, the Bharat Ek Khoj series. The blended learning mode also allowed us to intersperse the lectures with shorter clips from award-winning movies like Richard Attenborough's Gandhi, museum virtual tours, and videos on crafts such as Lac Bangles, Lost Wax Bronze Sculpture etc.

Our Career Guest Lecture series continued with ex-students Selista Malikkal and Sophiya Carvalho discussing Museum Studies and Careers in Social Work respectively. Dr. Fleur D'Souza, former History HOD of St. Xavier's College Mumbai, conducted a guest lecture on Careers in History while Candida Remedios, Archivist of Cipla Archives, discussed careers in Archival Science.

In January 2021, the BAMMC and History Department jointly organized an International Seminar entitled History Through the Screen. Actor, teacher and film maker Jeff Goldberg, of the Jeff Goldberg

studio, and film maker Prateek Prajosh discussed the History of 20th Century Cinema, research and storytelling techniques required for historical films. Film maker Nishant Nayak led the opening discussion of the seminar centering around the resurgence of historical films, documentaries and period films. The Annual Socio-History Student Seminar was held on 10 March, 2021, with 9 student presenters. For the first time, we were joined by Junior College students. We extend our thanks to all our student presenters and Junior College teachers for their support and participation.

We were able to end our academic year on a high note thanks to Alisha Sadikot Gupta of the In Heritage Project, who conducted two wonderful Virtual Heritage Walks in Bombay City.

While the first virtual walk concentrated on South Bombay, the second focused on the changes in the urban landscape that occurred due to the great Plague of 1897-98. Thanks to Google Maps and a fabulous collection of images, Alisha's well curated virtual walk allowed us to "view" the city. And finally, once exams were completed, a select group of students participated in a Summer Skill Course on Building A Family Tree.

Prof-in-charge: Ms. Janine Coelho

Departments of Economics and Business Economics

Activities were constrained by the pandemic and were confined to those that could be conducted online. A discussion with the T.Y.B.Com. classes was motivated by Ms Vinita Fernandes on APMC markets regarding

price determination and the life cycle of the goods produced on October 2, 2020.

Another topical theme coordinated by her was the Farm Bills with a critical analysis of the pros and cons on November 10, 2020. On November 21, 2020, the T.Y.B.A. students participated in a webinar conducted on careers after specialising in Economics organised by Dr Amelia Correa. Two former students of the Department initiated the discussion. Fathema Patel described options in higher education in Economics, and Nihal Fernandes explained choices in Management Education.

Ms Vinita Fernandes orchestrated the following two events for the T.Y.B.A. classes. First, on January 23, 2021, an analysis of India's major trade partners and BOP payments was attempted. Second, the students addressed a burning issue with presentations and a discussion on why Goans are protesting against coal projects and want to "Save Mollem" on January 27, 2021. The T.Y.B.Com. students made individual presentations on Brexit between February 15 and 18, 2021, under the guidance of Ms Fernandes.

In order to help the students adapt to the new methods of online examination several quiz sessions were conducted on KAHOOT App. Under the direction of Ms Hannah Philip Ambrose, the T.Y.B.A. students studied the Union Budget and made videos explaining their understanding. The videos were merged and presented as a short clip to the entire class on February 5, 2021. The Department of Economics undertook a skill training course for the T.Y.B.A. students from January 21 to March 18

2021. A total of 25 students undertook the course. The course was conducted by Ms Hannah Ambrose.

The Eco Quiz offered to F.Y.B.A. and F.Y.B.Com. students was absorbed into the lectures as Kahoot Quizzes. The year marked the start of the second decade of conferences/symposia hosted by the Departments of Economics and Business Economics. Dr. Kashmira Mody organised the first international e-symposium on March 27, 2021. The theme was “On the Frontiers of Economics-2021”. The sessions covered topics ranging from the current state of the Indian economy to behavioural insights on public policy, an introduction to Big Data and Machine Learning, and the issue of Farm Laws.

Profs-in-charge: Dr. Amelia Correa, Dr. Graciela Tavares, Dr. Kashmira Mody, Ms. Vinita Fernandes and Ms. Hannah Philip Ambrose

Department of Commerce

In October 2020, the Department of Commerce organised its very first session titled, ‘Create the Perfect Resume and Nail the Interview’. The resource person was our alumnus Ms. Brinelle Lobo, Asst. Vice President, Citi Bank. There were over 297 T.Y.B.Com. participants. Ms. Lobo began the webinar with a question leading to her presentation. Ms. Lobo provided tips and techniques for better interviews, including improvement in body posture, confidence and communication skills. The session also focused on what needs to be included in an effective resume, engaging in relevant small talk and a few exercises that lead to an effective interview.

In January 2021, the Department of Commerce in collaboration with BSE

organised a webinar, ‘Investors & Awareness Program’, by Mr. Amogh Gothoskar. 41 students across the F.Y., S.Y. & T.Y.B.Com attended the session which focussed on different types of Mutual Funds. The ‘pay winning’ and ‘salary spending’ exercise provided an effective budgetary framework. Mr. Gothoskar even highlighted the need to start investing early and invoked sensitivity amongst participants on the value of money.

This year’s Skill Development Program was titled, ‘Business Secrets to Accelerate Your Success’, and focussed on the T.Y.B.Com students. CA Rajesh Seshadri; Global CFO of DHL Global & co- founder & creator of Nirmiti Nidra was the resource person. The first session on MAFA Syndrome, in January 2021, saw Mr. Rajesh introducing the Eisenhower Matrix. This helped students to prioritise their workload, into urgent tasks, re- scheduling, delegating or eliminating them. In the second session on ‘The Power of Focus & The Pain of Procrastination,’ SMART goals were discussed along with procrastination and habits. Goal setting, habits and distractions and the causes of procrastination were highlighted. Session 3 on ‘The Enchantment of Energy’ began with the idea that “Energy follows intention and flows with an attention”. The students were told how important and necessary it is to be physically fit and were also given various suggestions about how one can improve the same with incline sprints and supplementary diet. Later, Mr. Seshadri spoke about the difference between the mind and the brain, that the conscious mind is 10% includes willpower and long-term memory, whereas the subconscious mind is 90% and includes beliefs, emotions and habits.

In February 2021, the fourth session on Nirmiti Nidra and Stress Management proved to be an extremely exciting session. Mr. Rajesh explained the theory of Mind, learning a skill which includes Unconscious Incompetence, Conscious Incompetence, Conscious Competence and Unconscious Competence. Mr. Seshadri informed the students about neural pathways, the Autonomic Nervous System, Meditation & Myths. Then came the important part of the session: a practical example of how to manage stress. Students were first given instructions on the prerequisite Nirmiti Nidra before the session started. The fifth session on Personal Finance included the Personal Finance Concept, 7 Golden Rules for successful Personal Finance Management, Finance Plan Components & the Thumb Rule to begin with Personal Finance. Students were guided about savings and the difference between savings and investment. In March 2021, the sixth session was on 'The 7 Habits of Highly Effective People,' inspired by the book "The 7 Habits of Highly Effective People" by Stephen R. Covey which speaks about the seven habits- Be Proactive, Begin with the End in Mind, Put First Things First, Think Win-Win, Seek to First Understand then be Understood, Synergise and Sharpen the Saw. Mr. Seshadri explained the application of the 7 habits in real life situations and even emphasised the need to make a list of activities that would help renew oneself.

The seventh session on 'The 7 Spiritual Laws of Success,' included the seven Non-Religious Spiritual Laws which were namely- Law of Pure Potentiality, Law of Giving, Law of "Karma" or Cause and Effect, Law of Least Effort, Law of Intention and Desire, Law of Detachment

and Law of "Dharma" or Purpose in Life. The students were told about the powerful principles that would help to attain self-mastery. In April 2021, the eighth session on 'Enhanced Personal Productivity' explained the importance of productivity. Mr. Seshadri explained the concept of Total Leadership as a process that every person at every level must practice. The Total Leadership concept encompassed 4 sub- concepts- Personal productivity, personal leadership, motivational leadership and strategic leadership. Mr. Seshadri spoke about the importance of having a life plan and reviewing one's goals. He emphasised the need to write one's personal goals and explained the power of visualisation.

In May 2021, the penultimate session was on "Personal Management Skills" focussing on 12 management skills which included communicating clearly, managing time, making decisions, delegating successfully, motivating people, managing teams, managing meetings, presenting successfully, negotiating successfully, interviewing people, managing change and minimising stress. He went on to explain the importance and application of each skill, both in personal and professional life. He went on to elaborate the 4A Stress Minimisation which includes- Avoid, Alter, Accept and Adopt and even demonstrated stress minimising tools.

The tenth and final session was on "Introduction to Neuro Linguistic Programming". Mr. Seshadri briefed the students about the concept of NLP. He demonstrated the visible eye accessing cues in NLP that helps one person to understand the behaviour of another person. He went on

to elaborate on the Visual-Auditory and Kinaesthetic Representational Systems which connect one to one's subconscious mind and help to overcome any type of problem. Further, he spoke about the VAK Sub-modalities in NLP wherein he showed how people can visualise, hear and feel situations.

Profs-in-charge: Dr. Charmaine Braganza (HOD & Vice-Principal), Dr. Harmeet Kaur Bhasin, Ms. Ninoshka D'Silva, and Ms. Fiona D'Souza.

Students-in-charge: Christina D'Souza (SYBA) and Ritchelle Brahmane (SYBA)

Department of Accountancy

A session on 'Skill Enhancement with Career Awareness after Graduation' was conducted on January 28, 2021 for B.Com. students by Dr. Nirmala Joshi, Research Guide, MET Institute. The session included details about the examination pattern and prospects after completing Post Graduate courses in the field of Accountancy, Finance and Banking outside India, courses available, and job opportunities. 122 B.Com students attended the session.

A virtual workshop on Budget Presentation 2021-22 was organized by Prof. Kevin M. Miranda, HOD, Department of Accountancy on 11 February, 2021 on the Zoom Application. It was aimed at simplifying the budget and presenting it in a way that allowed the budget to be easily understood by everyone. Five students took the initiative to make presentations about the budget at the workshop. Our Chief Guest was Vice Principal Dr. Charmaine Braganza. She was accompanied by another member of the Accountancy Department, Dr. Jyoti

Bhatia. The workshop started with a welcome address delivered by Mr. Sheldon Mascarenhas who also helped coordinate the whole event.

The first presenter was Sr. Maggie Rodricks from T.Y.B.Com A, Her topic was "Budget 2021-2022 what gets cheaper and what gets costlier in the midst of the pandemic & health and well-being". She highlighted the major points useful for any common man in the budget. The increase and decrease of prices affects everyone but knowing the reasons for sudden increases and decreases in the prices creates a sense of understandability. The common people can decide for themselves if the hike or decrease in the prices are valid or not. The second presenter Ms. Malaika Braggs from S.Y.B.Com C presented on the topic of "Education". She gave us an insight about the changes made in the field of education and the consequences of the decisions taken in the new budget regarding the field of education. The third presenter Ms. Chrisann Faria from T.Y.B.Com A presented on the topic "Physical and Financial Capital and Infrastructure". The budget for the current financial year emphasizes a lot on infrastructure development. Thus, via this presentation we got to know a lot about where and how the government is investing for infrastructure development. We also learnt about Asset Monetization and the DFI i.e, Development Financial Institution. The fourth presenter Ms. Ruth Fernandes from T.Y.B.Com A made her presentation on "Indirect Taxes". She helped us understand the recent changes in GST. She also explained the measures used to simplify GST. She gave us a detailed analysis of the impact of Indirect Taxes on the people after Budget 2021.

Our fifth and last presenter Mr. Sheldon Mascarenhas from T.Y.B.Com A made a presentation on “Direct Taxes and The Companies Act”. He did a brief comparison between the percentage of taxes levied on certain sectors by taking the previous financial years and the current financial year into consideration. He also explained about various tax exemptions and deductions proposed in this financial year. As most students have the Companies Act as a part of their syllabus, this presentation helped everyone to gain more knowledge about it.

After all the presenters finished with their presentations, all the professors present for the workshop proposed their views about the budget. They also reviewed all the presenters and highlighted their plus points and also gave them constructive criticism. There were 55 participants from T.Y.B.Com. and S.Y.B.Com. together with three professors who attended this event. The event ended with Mr. Sheldon Mascarenhas giving a vote of thanks. With the help of all the participants, professors and the presenters “The Accountancy Workshop” was a great success.

A training programme of 30 hours on Goods & Service Tax (GST) was organized from 4 February 2021 to 5 March 2021. The course trained students in registration and return filing of GST. 40 students undertook the training. The students were given certificates at the end of the programme. The training was conducted by Edutech Centre by faculties CA Rupal Haria; CA Dipti Mody.

The Andean Accountancy Bulletin Board invited articles from newspapers and magazines related to Accountancy/ Finance

and Taxation along with comments by students. 74 B.Com students participated between 24 and 30 November 2020.

Profs-in-charge: Mr. Kevin M. Miranda, Dr. Jyoti Bhatia and Ms. Rachel George

Department of Mathematics and Statistics

The Mathematics and Statistics Association of St. Andrew’s College organised two events and a skill development course in the year 2020-2021.

A Mathematics online quiz was conducted on 26 November 2020. 63 students took part actively using Edfly LMS. Participants submitted their responses on their cell phones.

Their scores were calculated by the online system and displayed immediately. Winners were selected on the basis of their scores and the submission time. Certificates were awarded to all the participants.

The department conducted a guest lecture on password cracking and prevention on 13 February 2021 by Mr. Rizwan Sheikh, a prominent Information Security Researcher and Cyber Crime Consultant with more than 10 years of experience in the field of Ethical Hacking. 89 students attended this session at which Mr Rizwan Shaikh introduced password cracking and demonstrated how a password could take a month or just two seconds to crack. He also provided vital tips and precautionary measures to protect passwords.

The department organised a Skill Development Course titled “Statistical Testing using R” for T. Y.B.Com students. The sessions were conducted by in-house faculty members from 4 March to 30 April 2021. The

course focussed on introducing R Software and basic terminology used in statistical testing.

Profs-in-charge: Mr. Prashant Tari and Dr. Priya Shahi

Department of B.Com (Banking and Insurance)

On 29 August 2020, a Library Orientation was conducted for the T.Y.B.B.I students by Dr. Sujata Rajpurkar. On 3 September 2020, a Library Orientation was conducted for S.Y.B.B.I students by Dr. Sujata Rajpurkar. On 29 October 2020, a guest lecture on “Testing of Hypothesis” was conducted for the T.Y.B.B.I students by Dr. Sahifa Moosa.

On 5 November 2020, a guest lecture on “Advanced Statistical Techniques” was conducted for the T.Y.B.B.I students by Dr. Sahifa Moosa. On 28 November 2020, a Library Orientation was conducted for the F.Y.B.B.I students by Dr. Sujata Rajpurkar. On 29 January 2021, a guest lecture on “Use of E-books, E-resources” was conducted for the T.Y.B.B.I students by Dr. Sujata Rajpurkar.

From 1-5 March 2021, a Skill Development Programme on “Critical Thinking & Problem-Solving Skills” was conducted for the T.Y.B.B.I students by Dr. Sukhmeet Kalsi. Various topics were covered during the programme including “Developing Analytical Abilities as a base of problem-solving skills” (1 March), “Enhancing Innovative & Creative Thinking” (2 March), “A Lateral mindset to make sense of a situation and come up with an Intelligent Solution” (3 March), “Adaptability & Flexibility to understand the need to be easy and mitigating the effects of the problems

arised” (4 March), “Level Headedness-Learning the art of people management in problem solving” (5 March).

On 30 March 2021, a one-day national web conference titled “Artificial Intelligence, Robotics and Technology in the Banking Sector” was conducted with 433 registrations, across the globe with more than 94 colleges in the list. Banking has taken a paradigm shift in this technological revolution. Artificial Intelligence and Robotics has gained more prominence worldwide for its sophisticated technology and the results it is delivering in terms of both cost and time. The topics covered in the conference were, “Disruptive Designing with reference to technology in the Banking Sector” by Mr. Avinash Jhangiani, “Use of AI & Robotics-Changing the Banking Sector” by Mr. Zaheer Sayed, and “Strategic Use of Technology in the Banking Sector” by Mr. Manoj Thakur.

Profs-in-charge: Dr. Shirly Pillai (Co-ordinator) and Ms. Patricia Lemos

Department of B.Sc. Hospitality

The year kick started with an online orientation on 28 July 2020 by Course-Coordinator Prof. Savita Giri, for the F.Y.B.Sc. (HS)-Batch 2020-2023 students and their parents. This orientation introduced students and parents to the hospitality department and the course, and also provided them with a platform to clarify any doubts they had regarding the choice they had made by registering for the course. Guest expertise is an integral part of the department’s efforts to expose our students to the skills required to succeed in the various courses offered in the curriculum, and to real-world life experiences from the

position of someone who has been there. With this objective in mind, the department organised an online series of workshops, and guest lectures to enable our students to help them acquire wider knowledge.

On 13 October 2020, we had a session on “The Art of Connecting with Others” by the speaker Mr Apollo Raj Kumar who stressed that one should be always happy in each and every situation.

On 20 October 2020, we had a session on “The Art of Engaging Communication” by Mrs. Sonia Menezes. The session enlightened our students on how to interact with others without any hesitation as it is important in the hospitality industry.

On 3 November, 2020 we had a session on “Foundation of Relationships” by Mrs. Lynette Menezes. She emphasised the importance of good relationships and also shared her insights into how to maintain good relationships with people.

On 10 November 2020 we had a session on “Healthy Financial Habits” by Ms. Camelia Siangshai. She explained the importance of saving money, and instructed our students on how to save money and how to avoid financial crises in the future by saving money.

On 11 January, 2021 we had a session for our FY students along with the DLLE department on “Personality Development” by the speaker Mr Sail Naik. On 19 January, 2021 we had a session for our FY students along with the DLLE Department on Basic Bakery Skills by Chef Akshata Shenoy where they learned basic baking skills.

We look forward to welcoming yet another batch to the hospitality industry and pray that we as an institution have inculcated the

right sense of work ethics and self-confidence in our students so that they may not only have a chance of survival but also be able to grow in their careers and make a life for themselves.

Co-ordinator: Ms. Savita Giri

Department of B.Sc.-I.T.

Students from T.Y.B.Sc-I.T. conducted an online treasure hunt event called “DETECTABLE” which opened on 29 August 2020 for all students in general. The site was created and the online session was organized by Mr.Glendon DSouza, Ms. Susanna Saldanha, Mr. Bosco Kuttikat, Mr. Kunal Patil, Mr. Boyden Pires and Mr. Wencelaus Rebello. The event got a very good response from students of all the streams.

In order to motivate students and to bring awareness about current trends in technology, the department conducted a guest talk by its alumni. On 12 January 2021, a guest lecture was organized on “Developing Technological skills beyond the curriculum” by Mr. Nathan D’Penha, a software developer and doctorate scholar at Endhoven University of Technology , Netherlands. This talk was arranged for S.Y.B.Sc-I.T. and T.Y.B.Sc-I.T. students.

The department organized two different programmes as a part of our skill development initiative. On 2, 4 and 9 February 2021, the department conducted short skill development sessions on “Cordova Programming” by Mr. Rakesh Koender. On 6 March 2021, another skill development session was conducted for S.Y.B.Sc.-I.T. and T.Y.B.Sc.-I.T. students on “Introduction to Cutting-Edge Technology in Animation and Gaming” by Ms. Cassandra

Rodregues, Game designer at Warner Bros, San Francisco.

Profs-in-charge: Ms. A. N. S Sarvani (Coordinator), Mr. Neeraj Shukla, and Ms. Rachel Shinde

Department of Multimedia and Mass Communication (B.A.M.M.C.)

The department conducted various sessions for students to supplement both course learning and to prepare them for job opportunities in the field of media.

A guest lecture on Magazine Journalism (24 October 2020) was conducted by Ms Pallavi Pundir. The resource person, Ms. Pallavi Pundir, is a Senior Staff Writer for the international media house Vice World News, South Asia. She brought her valuable experience to the students, encouraging them to build a career in journalism. The session focussed on the skills required for Magazine Journalism and its career opportunities.

The Department of History and the Department of BAMMC together conducted a webinar 'History through the Screen' (13 January 2021). The speakers for the webinar were Mr Jeffrey Goldberg, Writer, Actor and Filmmaker, who spoke on 'The World through Cinema - A Brief History of Cinema and the 20th Century' and Mr. Prateek Prajosh, Director and Creative Producer, who spoke on 'Documentary Films - The Importance of Research and How to be Pitch Ready'. The talk was followed by a Q & A session.

A workshop on "Corporate Communications" (30 January 2021) was conducted by Ms.

Hitha B Gujjar, Internal Communications Lead, PhonePe. She introduced the industry of Corporate Communication, conducted activities where groups of students had to come up with strategies for different Crisis Communication situations for corporate bodies. She also introduced the skills required for the job. The workshop was followed by an interactive session where students enquired about the job opportunities and ways to build their portfolio to get into the industry.

A guest lecture on "Reporting on Financial Scams" (30 January 2021) was conducted by Mr. Adith Charlie who is the LinkedIn News India, Managing Editor and has previously worked as the Deputy Editor at CNBC. He spoke about the basics of Business Journalism and brought his own practical field experiences and examples. The lecture was followed by an interactive session with the students.

The faculty and media professionals from St Paul's Institute of Communication Education (SPICE) conducted a webinar on 'Digital Trends and Careers in Media - 2021 and Beyond' (22 and 23 February 2021) for the students of the college to introduce them to digital trends and career opportunities in media.

The department offered a Skill Development Course - "Introduction to Scenography". Scenography is the art of creating visual stories on stage and a visual language that communicates beyond the text. The students were given a basic theoretical background and a practical use of working tools relevant to the field of scenography. The 10-hour course was conducted from 1-5 March 2021 by Dr Omkar Bhatkar.

Apart from these activities some of our students excelled in other spheres that are worthy of mention. The students of the department were the First Runner-up at Cutting Chai'21, a fest held by the BMM Department of RD and SH National College. The students won the Ad event, Parody marketing, Improv Event; and secured the second place for Radio, Stop Motion, Teleprompter, Fashion show and Main film events. Brandon Pinto won the first place in photography competition held by SIES college. Celesté Fernandes won the first place in short film competition Reel Deel Cinekraft held by IBS Mumbai.

Co-ordinator: Ms Belinda Jones

Bachelor of Management Studies Department (B.M.S)

The secret of change is to focus all of your energy, not on fighting the old, but on building the new.”- Socrates

The activities conducted by the department this year included guest speakers from the industry, academicians, webinars, curricular as well as co-curricular activities. On 10 October 2020, a webinar on ‘Cardiac Arrest Resuscitation’ was conducted in association with iCARE. It was a non-profit initiative by Holy Family Hospital. The speakers, Ms. Sumaiya Raghavan (Operations Head) and Mr. Anand Shrivastav (Project Director) explained the difference between a heart attack and sudden cardiac arrest and provided guidance on the steps to be taken to help the victim.

The department in collaboration with BIAP organised a virtual session ‘Financial

Wellness’ on 8 October 2020. The speaker Prof. Atul Sathe (Assistant Professor at HR College) has authored 16 textbooks and is a rank holder at ICWA. He provided clarity on concepts such as savings, stock markets, investments and capital formation which would help students take better financial decisions.

Mr. Daniel Menzes an ex-Andrean, currently working for Zomato (Senior City Leader, Mumbai) gave a talk on ‘Client Relationship Management’ on 15 October 2020.

Through an interactive session, he gave suggestions for client servicing, retention of clients, building up acquisitions with pitching style and establishing a connection with the clients. Every Nation Leadership Institute hosted a webinar on ‘The Art of Self-Leadership’ on 29 October 2020 for TYBMS students. Mr. Kevin Menezes (Director), a motivational speaker, highlighted ways to build a good rapport with a team and adapt the right attitude in becoming a positive leader.

On 5 November 2020, Prof. Priyanka Moses (Assistant Professor and counselling psychologist at Vidya Vikasini College) delivered a lecture on ‘The Filthy Mind -Why should my mind matter? - The Management of Being Okay’. Awareness about the importance of mental hygiene and how to attain it through training the mind, relaxation, and living in the present with the help of various methods and strategies was discussed.

The Foreign University Cell along with the BMS department conducted a virtual session on ‘Overseas Education’ on 7 January 2021 in order to help students understand the opportunities available

for higher studies abroad, various scholarship programmes, fee structure, facility of part time job and the entire procedure for enrolment. A skill-building programme on 'Facing the Future in Times of a Pandemic' by Mr. N.S Rajan (Ex-Director HRD Air India and Ex- Dean at Atharva Institute of Management Studies) was conducted on 9 January 2021. The speaker created awareness about the ongoing pandemic and the future career opportunities through skill-building.

On 18 February 2021, a virtual session 'Online Resources for Research - Special reference to N-list and NDL' was conducted for TYBMS students by Librarian Dr. Sujata Rajpurkar. The session focused on creating awareness about the features of N-list and the National Digital Library. The session provided information about the resources that can be acquired for free and which would benefit students in their research project.

St. Paul's Institute of Communication Education conducted an exclusive webinar for students of SYBMS and TYBMS on 12 April 2021. The speakers, Prof. Margaret D'Costa, Prof. Carol Andrade, and Prof. Sean Andrade divided the session into three aspects of media and spoke about PR, digitalization of media, and the underlying inclusion of storytelling. Information about the growing sector and diverse career opportunities in media were also elucidated upon. As a part of skill-development program, the following virtual sessions were conducted by the Faculty of the department for TYBMS students:

- On 18 March 2021, 'Data Analysis and Interpretation Skill' was conducted by

Mr. Jordin Carvalho. The session focused on different methods of collecting secondary data, techniques of determining the significance of the data with conclusions and understanding the measures of central tendency.

- On 20 March 2021, 'The Basics of Stock Market' was conducted by Ms. Candida Gomes. The session focused on how to start investing in the stock market and awareness of the importance of saving in investment at an early age.
- On 20 March 2021, 'Are you job ready?' was conducted by Mr. Mark Menezes. The session focused on how to structure a resume, interview techniques and awareness about the skill required for a job.
- On 23 March 2021, 'Emotional Intelligence - Impact on Leadership and Productivity Learning' was conducted by Ms. Ruth Sequeira. The session focused on understanding one's emotional state and how to maintain EI for the purpose of efficient decision making.
- On 24 March 2021, 'Public Speaking' was conducted by Dr. Sharon Gonsalves Durham. The session focused on career advancement, image building, personality development, making new social connections and expansion of professional network.
- On 25 March 2021, 'Resume Building' was conducted by Ms. Asha Noella Mohan. The session focused on how to draft an impactful resume, curriculum vitae, bio-data and cover

letter as per the recent market to help it stand out and be noticed by the recruiters.

Profs-in-charge: Mrs. Melanie D'Souza (Ex-Co-ordinator), Dr. Sharon Gonsalves Durham (Co-ordinator), Ms. Asha Noella Mohan, Ms. Ruth Sequeira, Ms. Candida Gomes, and Mr. Jordin Carvalho.

BAF (Bachelor of Accounts and Finance) Department

The department organised a free national Online Webinar on "Value Investing - Key to Create Long Term Wealth" in association with Leap Up Edutech on 13 May, 2020 in which more than 1000 Teaching faculty from more than 15 cities participated.

The Department also organised a free national level Online Webinar on "Trading v/s Investing" in association with Leap Up Edutech on 16 May, 2020 in which more than 3000 students from more than 20 cities participated.

An Orientation Programme was organised for FYBAF Students on 10 October, 2020 to discuss rules, regulations and code of conduct of college and examinations.

A Capacity Building Workshop on "Research Methodology" by Prof. Arunkumar Dubey was conducted for TYBAF students on 30 January, 2021.

A workshop on "How to Prepare Black Book" by Dr. Lalita Mutreja was conducted for TYBAF students on 9 February, 2021.

In May 2020, 57 SYBAF and 59 FYBAF students of the 2019-20 batch completed any one free course of their choice from Oxford Home Study Centre as a lockdown

activity. In the same month, 58 SYBAF and 55 FYBAF students of the 2020-21 batch completed "TCS iON Career Edge - Young Professional", a free 15 days course as a vacation activity.

Profs-in-charge: Mr. Abhishek Sood (Co-Ordinator) and Mr. Ritesh Sheth

M. Com Department

A session was conducted by Mr. Rakesh Vanarse on start-ups on 17 October 2020 on zoom platform. The speaker explained what a start-up is, ways to start a new firm, and ways the Indian government helps youngsters to start their own business. He gave information on various websites which the Indian government has started for young entrepreneurs, especially for those who need support in the form of expertise mentors and funds. He also explained the steps, types of funding and start-up investment levels. The session provided knowledge about basic concepts such as seed fund and angel funding, and helped students realize that one needs to enjoy one's start-up idea. Mr. Vanarse also spoke about why most start-ups fail and how should one go about making sure that they have a successful enterprise, citing examples of companies such as Flip kart, Ola, Oyo and Paytm.

Ms. Khushbu Mehra conducted a session on the topic "Practical Analysis on HR Concepts" on 27 October 2020. The session was about how the HR manager manages various activities and how the Covid-19 pandemic has changed business plans and affected organizations and also the importance of HR during this time. She also explained that the future work place will be a combination of physical as well as virtual

place for all types of employees. This session was helpful to know how the perspective of work from home has changed. It also provided knowledge about the difference between theoretical HR and practical HR and about the sub functions. She spoke about issues such as negotiation of salary during interviews, job rotation in big firms, bell curve for performance appraisals, trade unions, qualifications for getting into HR, Performance Management, compensation and other benefits, various allowances, recruitment, and how the HR manager has to maintain a win-win situation for both employees and management. She also gave some tips on how to perform in Group Discussions and Personal Interview.

The department conducted an online workshop on the topic “Magical Powers of Subconscious Mind” on 7 November 2020. The speaker of this session was Mr. Anand Kumar. The session made participants aware about the powers of the subconscious mind. The key takeaways were to practice gratitude, to meditate and to follow inspired actions suggested by our subconscious mind.

A Skill-Development Week was organised by the Department from 20 April to 28 April 2021. The first session was organised on 20 April on the topic: “Deliver better presentations via Canva and Crello” and was conducted by Ms. Rebecca Pereira. The speaker explained every detail from making the presentation to downloading it. She also guided students about various features of Canva and Crello.

The second session was organised on 22 April on “Emotional Intelligence: Impact on Leadership and Productivity” and was conducted by Ms. Ruth Sequeira. The speaker spoke about the five elements that

make up emotional intelligence namely self-awareness, motivation, empathy, social skills and self-regulation.

Our third session was held on 23 April on the topic “Advance Excel” and was conducted by Ms. Sabiya Lalljee. This session was about how different formulas can be applied in complicated excel sheets. The last session was organized on the topic “Guidance for NET/SET Exams” on 24 April 2021 and conducted by Ms. Ashwini Shejwal. Last but not the least, another session was organized by M.Com. department on 27 April and 28 April on the topic “Statistical Tools for Research” conducted by Mr. Kuldeep Sharma.

Prof-in-charge: Ms. Savina Shenoy

Library Report

E-resources orientation and usage strategy

The academic year 2020-21 was a highly challenging year. Due to the lockdown the focus was on the usage of e-resources and the major challenge was to convincing students to make maximum usage of e-resources. The year began with online sessions of introduction to e-resources to all third-year students of the degree college and the self-financed courses. During the sessions students were introduced to the N-list program, the National Digital Library of India, the Directory of open-access books and journals, to E-Pgpathashala for course content, Shodhganga, and other free websites like Project Gutenberg, PDF drive, Internet archive, and SWAYAM, a portal for online free courses. Further, for first-year students, the library orientation was conducted along with an introduction to online resources. Students were motivated to register for the N-list

program and NDLI. As a result, this year we received a good number of student registrations for N-list program.

Session on Copyright

An online session on 'Overview of Copyright' was organized for first-year degree students on 5 November 2020. Dr. Sharmila Ghuge, Assistant Prof. of Jitendra Law College was invited as a resource person. 402 students actively participated in the session. The session started with the introduction of the resource person by Ashley Rego, a student from FYBA. Dr. Ghuge spoke about copyright from the student's perspective. She touched upon the Bern convention and amendments of copyright law in India and the USA. She explained how it is important for today's youth to know about copyright law, the use of copyright, and the importance of copyright. She also gave various examples of infringements of copyright law in India as well as abroad. At the end, she spoke about issues related to plagiarism and how to avoid plagiarism in academics.

Online Literature Search session for third year students

In order to minimize efforts to find relevant literature in the realm of online resources, a special session was designed for third-year students. The topic of the session was 'Research and E-resources' with a special focus on resources available in N-list and the National Digital Library of India. The aim of the session was to teach students how to search for relevant material online for their research projects. Along with this, the session also explained how to search for book chapters and journal articles on a

particular topic and how to get a ready-made citation for the selected material.

National Conference

A national online conference on 'Publication Ethics and Research Visibility' on 19 March 2021 in conjunction with the Research Committee.

Book Bank Service

Despite the pandemic, the library managed to provide the book bank service to economically backward students from the degree college of the commerce stream. 46 students benefited from this service.

Library membership with the American library and N-list database continued this year. The Moodle server was updated with the latest question papers of all the courses and the syllabi. The Digital Library was updated with the latest collection. Relevant articles and abstracts were added to increase prompt retrieval of documents. The facility of the table of content service for faculty members was continued. RFID work, however, is still in progress.

The Library Best User Award was given to two students on the basis of their usage of the N-list program.

New Books added to the collection

355 books were added to the library collection this year. Online approval was taken from the teachers for the book selection. The main feature of the collection development this year was the addition of special research volumes to the collection, taking the total collection of the library to more than 46000. Lastly, 23 subject journals and 6 magazines were subscribed to by the library during the year.

Dr. Sujata Rajpurkar
Librarian

Co-curricular Activities

Unesco & The Cardinal Paul Poupard Foundation Chair for Inter-religious and Inter-Cultural Dialogue

As customary, the academic year began with an orientation to familiarize the new students with the activities of the UNESCO and the Cardinal Paul Poupard Chair. A power point presentation regarding the same was showcased during the third week of October, by Vaishnavi Chinchankar (T.Y.B.A.) and Shraddha Kadam (S.Y.B.Com) of the Student Committee, across the F.Y.B.A / B.Com classes, thereby acquainting them with opportunities to explore throughout the year.

In the early months of the Pandemic, it appeared that science couldn't halt the march of the virus, but humanity took the forefront, with various religious communities coming together to support society. Thus, on 4 November, 2020, an *Essay Writing* Competition was held on the topic "*Religion and the Pandemic*". This gave the students a chance voice their opinions and also gain a broader understanding of the pandemic's impact on religion and its dogmas. The winners were Aariana Pinto (1st place), Sheryl Andrade from F.Y.B.M.S (2nd place) followed by Jossal Fernandes from T.Y.B.M.S, Angelina D'souza from F.Y.B.M.M.C and Kimberly Braganza from T.Y.B.A (3rd place).

India as a pluralistic society, has stood strong as a single unit in these challenging pandemic times. With this in mind,

INQUIZTIVE, the *Annual Quiz* Competition was held on 19 November, 2020 to test the knowledge and expertise of our students about the "*Indian Rituals and Religions*". The event was hosted by Orlena Ferrao (F.Y.B.COM). It challenged 10 teams to compete through rigorous rounds of questioning and brainstorming upon the various ancient cultural and religious traditions. 3 teams were declared winners - Team Winner (Rachel D'silva S.Y.B.COM, Wazel Dalmat-S.Y.B.COM, Reena Daniel-S.Y.B.COM), Team (Melisa Vaz-F.Y.B.COM, Celestie Misquitta-F.Y.B.COM, Avril Vajarkar-F.Y.B.COM) and lastly, Team (Pearl Fernandes-T.Y.B.A, Srushti Kanade-T.Y.B.A, Kulsum Mithiborwala-T.Y.B.A).

India is a melting pot of different cultures encompassing various languages, traditions, music, art etc. Since the dawn of time, our society has been deeply influenced by the need to uphold our cultural values which run deep in the roots of all Indians. It is this shared cultural system that has continued to keep its people close-knit and in harmony despite the rocky road that the pandemic has brought us to. Along these same lines, a *Panel Discussion* was set up on November 23, 2020 to explore culture with the key question "*Are we Prisoners of Culture?*" The event served as a platform where every panelist shared views on the unique connection shared with one's culture and how it shaped various aspects of life so far. It was hosted by Vaishnavi Chinchankar (T.Y.B.A) and the winners for the same were Yash Kate (F.Y.B.Com) and Rajat John (S.Y.B.A).

As we live through a pandemic, it is vital to acknowledge caste based privilege and the socio-economic exclusion that results from age old tradition. In an attempt to understand the impact of this age old system, a *presentation* was delivered by the students of F.Y.B.Com (Alicia Macwan, Ginata Creado, Aishwarya Bangera, Melita D'Cunha, Sasha Baretto, Annette George and Riya D'Silva) on November 26, 2020, entitled "*Casteism*" as the archaic order. It highlighted how the rigid social construct has resulted in the dismantling of various social and religious groups and relations over the years and urged the audience to acknowledge the problems rising from casteism while working towards finding and implementing solutions for the same.

To raise awareness on the paramount theme of "*Violence against Women: Legal rights and remedies*", the Chair invited Adv. Kajal Solanki, an established lawyer and an alumni of St Andrew's College to deliver a *guest lecture* on November 28, 2020. Our esteemed speaker gave the topic a broader perspective focusing on its legal outlook. The speaker particularly drew attention towards the remedies and legal aid offered to women while creating general awareness about the rights of women. The lecture reflected upon classical case studies that prompted revolutionary amendments in the judicial system.

Our following event impressed upon secularism being one of the founding ideas on which India thrives. A *Short Story Competition* on the topic - "*The Role Of Culture In People Of Mixed Origin*" was conducted on 1 March 2021, which allowed the candidates to bring their creativity to the forefront, weave unique narratives and

skillfully intertwining the plot with their own views. The event was conducted by Atharva Mulye (F.Y.B.A) and focused on encouraging the students to ponder upon such lesser explored aspects and functions of culture that are often overlooked. Ms. Wanroiska Pala (T.Y.B.COM) was declared the winner.

Some films capture the beauty and essence of culture, captivating a large audience and reinforcing the cultural traits of our society. From an inexperienced lens, "*Swades*" and "*The Darjeeling Limited*" are two such films. In order to shed light upon the uniqueness of these two films that highlighted the importance of familial relationships, the Chair held a Movie Analysis on the 1 March, 2021. Specifically, these films come from two entirely different genres, one being a comedy and the other being a drama, which rely on "reading between the lines" as those subtle nuances speak louder than the spoken dialogue. It was an opportunity to understand the vitality and the importance of keeping in touch with one's roots. The event was hosted by Atharva Mulye (F.Y.B.A). A *Poetry Competition* - "*Rhyme on Time*" was held on 2 March, 2021 to portray the influence of religion which resonates deep within the roots of Indian Culture. The topic, "*Culture can't shine without Religion*" provided an excellent segue into expressing notions and opinions about how religion has been a major factor in the development of culture in our nation. This event was hosted by Atharva Mulye (F.Y.B.A). The winners were Annanya Jain (F.Y.B.A) and Vanessa Kasare (F.Y.B.COM).

Culture and Art go hand in hand, and it is through Art that one expresses culture, their way of life. In the current pandemic times,

art becomes a tool to help a person not only find themselves, get through their troubles and overcome anxieties. Keeping this in mind, on the 3 March, 2021, the *Mandala Glass Painting Workshop* was held, using glass bottles, hosted by Esha Chemburkar of the F.Y.B.A. Mandala is used as a form of psychotherapy to find and restore a healthy mental balance through the use of geometric patterns as a form of meditation. Holding a great deal of symbolism in Hinduism and Buddhism, it evokes positive vibrations and has the power to heal. Students learnt this therapeutic technique that could help them in tackling the stress and strain of the pandemic through drawing sacred patterns on glass bottles. Following this, for the annual “*Colours of God*” event, another *Art Workshop on Madhubani Painting* was organised on the 4 March, 2021. It was hosted by Madhubani art expert, Ms. Deepali Nilekar. Madhubani, an influential art form in the Indian culture, is a traditional art characterized by intricate geometrical patterns. It consists of patterns, designs and colours.

Today, with increasing exposure to digital media, the virtual world has steadily become the new normal and given rise to matters of concern. Moreover, as the pandemic conditions persist, it has pushed us further into this virtual environment with the threat of data breaches and cyberbullying continuing to grow amidst us. Thus it was imperative to have a *presentation and guest lecture* on “*Cyber Culture: The New Culture*”. This was conducted on March 5, 2021. The presenters, Vaishnavi Chinchankar (T.Y.B.A) and Esha Chemburkar (F.Y.B.A) explored various case studies to elaborate on how detrimental it can be if one traverses

incautiously into cyberspace. Additionally, Mr. Jeevan Bhingarkar, an expert in Digital systems and Management, was invited to elaborate on the measures to deal with online threats involving minors.

A “*Cultural Voyage to Four Corners of the World*” was organised on March 6, 2021 to orient and mentor students to the plethora of career opportunities along with the cross-cultural challenges of the four countries. Four of our very own St. Andrew’s UNESCO Chair Alumni, namely, Josephine Makuden, Priya Chacko, Shabana Shaikh and Siddhant Sinha from New Zealand, Dubai, Spain and Canada respectively, were invited to get together on a common platform and share stories about the stumbling blocks that they faced in their journey towards their own career goals. It enlightened the students with the cultural aspects of each of the countries and their struggle towards acculturation, while also highlighting a more realistic image of career and job opportunities in contrast to the otherwise rosy picture that often misleads students.

Visually transformative, movies take us to places we wouldn’t usually go to. We often end up living vicariously through different movies and the movie ‘*Kaksparsha*’, the regional gem, is one such movie. Lamenting upon the regressive Maharashtrian Society, the movie presents its audiences with vivid contrasts between today’s society and the one back then. As an attempt to analyse the ways of society and its impact, the Chair organized a Movie Analysis interpreting the shots of ‘*Kaksparsha*’ which talks about themes like child marriage and widowhood prevalent in early Maharashtrian society. Hosted by Vaishnavi Chinchankar (T.Y.B.A), the analysis tried to understand the older

regressive society and question its dated customs and traditions, while trying to study the sociological problems of the society by qualitatively evaluating the smallest attributes showcased in the documentary.

At the Apex of the events conducted by the Chair, was the International Symposium, a celebrated milestone of the Chair, held since its conception in 2009. Considering all the events workshops and competitions which are held in lieu of the themes set by UNESCO, they represent a fragment of a larger component that culminates into the International Symposium.

In regards to the global pandemic the theme for the *12th International Symposium* was '*Evolving Communities for Greater Solidarity*'. The pandemic, posed a serious challenge to various extraordinary individuals ranging from a diverse set from administrators, doctors to even ordinary teachers. People evolved innovative ways to provide caring and affordable services to those in need. This year there was a plethora of eminent reputed six international and nine national speakers. The symposium graced by the presence of our chief guest His Eminence Cardinal Oswald Gracias was exceptionally educative and convivial as it spread awareness about topics ranging from health, water, education to sustainable development for the environment etc. The symposium commenced with our principal Dr. Marie Fernandes giving a welcome address. The UNESCO Chair Holder, Adv. Giuseppe Musumeci, provided his insight on the upcoming speakers and the topics they were to cover. The first guest speaker for the event was Ms. Maitre Wivine Mumba, Minister of Justice and Human Rights and a Public Enterprises, who spoke

about gender inequality during the pandemic. She was followed by an address regarding the preservation of water given by Dr. Jean-Louis Oliver, Secretary of Water Academy, Paris. Thereafter, Dr. Leonard Kinkupu Santedi, Doctor in Theology, Catholic Institute of Paris, and Doctor in History of Religions-Religious Anthropology, University of Paris-IV Sorbonne, spoke about the Centre of Mediation of Kinshasa.

Our next speaker was Professor Andrea Clapp Salvador of the PUC Rio, who chose to speak about the performance of free college entrance exam preparation courses in the times of Covid-19. Rafael Soares Gonsalves, spoke about Covid 19 and the forms of social resistance in the Rio favelas. Other speakers discussed environmental issues which had an impact on our surroundings, e.g. Dr Galina Fomina, Director of the RANEPA International Financial Diplomacy spoke about "Green economy and the culture of life". Mr. Anil Patil, Chairman, Maharashtra Vikas Kendra enlightened us on "Water resource management in drought prone areas". Dr Rajesh Tandon, who in addition to being the founder of PRIA is also the UNESCO Co-Chair of Community-based Research and Social responsibility, raised awareness about the plight of Migrant workers, based on his extensive study and research on them. Ms. Radhika Misquitta, the Principal of the Gateway School, an Institute which focuses on helping children with Learning Disabilities. She spoke about "An Inclusive Approach to Education".

The topic, 'Inter-religious collaboration to build communities and peace during the pandemic', was deliberated on by the Director of the Institute of Indian Culture (IIC), Dr. Fr S.M Michael, with special

emphasis on his project 'Hope on Wheels'. This was followed by Dr. Fr. Gilbert De Lima, Prof. of Systematic Theology, Archdiocese of Mumbai, who enlightened us about the Christian theological perspective of the Coronavirus. To provide an insight on the Buddhist response to the pandemic, Bhante Prashil Ratna Gautam, President of the SangaKhaya Foundation was invited to speak. Thereafter Professor Ajit Seshadri, a Marine Engineer with 50 years of service from Vels university, spoke about 'The adaptation in various communities post pandemic - Environmental perspective'. Ms. Kamala Ganesh, former Professor and Head of the Sociology Department at St. Xavier's college, author of various notable books, spoke about Gender Equality during the pandemic. Approaching the end, our final speaker for the symposium was the frontline warrior Dr. Rosemarie D'souza, a Professor of Medicine and in charge of the Medical Intensive Care Unit at Nair hospital, Mumbai. She shed light on 'an Inclusive Approach to Managing Healthcare and the Covid-19 Pandemic'. The Symposium was exceptionally educative as it spread awareness about health, water, education, sustainable development for the environment etc. It also had a touch of pomp as it was brightened by a show of Indian classical and folk dance and music performed beautifully by the students of St. Andrews. The symposium hosted by Atharva Mulye (F.Y.B.A) was indeed a grand success.

Diploma in Religion and Society, Peace and Dialogue 2020-21

(Ms. Janine Coelho, Course Co-ordinator)

As the academic year 2019-20 was cut short by the Covid 19 lockdown, the Diploma in

Religion And Society, Peace and Dialogue moved to an online platform in June 2020. Dr Harmeet Bhasin conducted a superbly curated module on Sikhism from 22 to 27 June while Ms. Savina Shenoy introduced the students to the core aspects of Hinduism from 9 to 13 June, 2020. Both staff designed evaluation models that the students could complete from home with their own reading and the many resources the professors provided.

In January 2021, we welcomed the new enthusiastic batch of diploma students. In February-March, we completed the Judaism module, while also participating in the Annual Inter-religious Symposium and the week-long activities organized by the Inter religious group. Our diploma students not only participated with enthusiasm, but also took an active role in the organization of these activities.

In April 2021, Dr. Meenal Katarnikar and Dr. Shilpa Chheda shared the Jainism module. Several students have also begun submitting their dissertations and we look forward to awarding their diploma certificates in the new academic year.

PG Diploma in Inter-Religious Dialogue and Water for Sustainable Development

Dr. Fr. S.M. Micheal, Course Coordinator

The THIRD BATCH of the PG Diploma in Inter-Religious Dialogue and Water for Sustainable Development began from 16th December 2020 and completed on 24th March 2021. There were 20 students who had taken this course.

During this time Paper 3: *Sustainable Development and Alternative Energy* was

covered. The main features covered in this paper were: Components of Ecosystem, Ecological Pyramids, Conservation, Impact of Human on Environment, Environmental Protection Act, Other Acts and Policy Statements related to Environment, Basic Concepts in Development, Sustainable Development, Concepts in Ecological Economics, Global Climate Change, Climate Change Mitigation and Adaption, Ecological Footprints and Renewable Energy Technologies.

Together with lectures, Paper 4 covered Project Work. Every student was asked to write a short project work. The teachers were guiding their projects.

Earlier the students had already covered various components such as a paper on Culture ; Inter-cultural skills , Conflict resolutions , Developing Cultural Intelligence , Basic and Foundational Beliefs of Different Religions and various debates on Sustainable Development .

Fifteen students were awarded the PG Diploma during this academic year 2020-2021. This programme is a collaborative venture of three Academic Centres, St. Andrew's College, Nirmal Niketan: Postgraduate Research Centre and college in social work and the Institute of Indian culture; Postgraduate Research in Anthropology and Sociology.

Hope on the Wheels

Nonformal Education in the slums of Jogeshwari and Andheri are located in the North-West Suburb of Mumbai. There are several slums located in these areas. Plenty of children roam here and there without going to school. These children do not have proper clothes and financial means to study

in formal schools. At the request of Advocate Mr. Giuseppe Musumeci, the Chairholder of UNESCO Chair at St. Andrew's College, we began to collaborate with the NGO known as Hope on the Wheels. Dr. Marimuthu, runs this NGO. He began gathering the wandering children at Jogeswari slums and began to arrange a makeshift temporary shed to educate these children by appointing a teacher to teach these children to count numbers and to learn alphabets of Hindi, Marathi and English. A lot of children responded this initiative could not be continued during rainy season. Knowing this well Dr. Marimuthu devised a long bus with educational facilities. We began to collaborate with Dr. Marimuthu to continue this mission of non-formal education in the bus during the rainy season. The bus, named "Hope on the Wheels", shifted from one slum to another at Jogeshwari and Andheri East, collecting children and giving them the basic Non-formal education. This mission continues. By this collaboration, the UNESCO activities of St. Andrew's College is involved in Non-formal education of slum children.

Profs.in charge: Ms. Sharmila Dhote, Secretary, Ms. Janine Coehlo, Course Coordinator, Andrew's College, Ms. Savina Shenoy

Student in charge: Nobel Fernando (T.Y.B.A)

Life Skills Programme for first year Students (Degree)

The Covid-19 pandemic had a few lessons to offer, such as that in the face of adversity only those with certain life-skills can bounce back and stand up on their feet. The aim of the sessions was to empower our students

with these skills which would not only help them stand strong in this pandemic, but also give them a strong footing in the face of various challenges that life throws at them. And the hope was that when life throws the sourest lemons at them, they could turn it into something resembling lemonade.

Mr. Michael Rodrigues offered the first session of the series on 'Building Resilience' on 22 February 2021. Mr. Rodrigues, a Bachelor of Engineering who is currently pursuing his Masters in Psychology also has two decades of corporate experience. He explained the role of hormones and neurotransmitters and how they consist of the physiological reactions to stressful stimuli. He went on to explain the role of emotions, and how one can begin to understand one's bodily reactions and gain control over emotions. He explained various behavioural techniques and strategies that would increase resilience.

Mr. Gavin Rego offered two sessions on 'Goal Building' and 'Time Management' on 24 and 26 February 2021, respectively. A trainer and master practitioner for NLP & Behavioural Skills, Mr. Rego is also a certified Associate Coach Core Transformation (NLP India), a trained interpreter of the Predictive Index, lead auditor for ISO 9001:2000 and a Six Sigma green belt. He has 18 years of work experience and his forte is his ability to connect with individuals of various backgrounds and bring out the best in them. He is the founder of 'Empower Minds', which is a company that offers NLP and Behavioural Skills trainings. The purpose of his two sessions was to emphasise the importance of 'Self-Discipline' as a crucial life skill. He spoke

of the importance of goals, and provided various strategic tools for setting the right goals in life. In the next session he spoke about time management, and provided for various behavioural strategies to maximise the utility of time and plan time effectively.

Ms. Priti Chopra offered three sessions on 'Managing Stress and Anxiety', 'Effective Communication' and 'Building Assertiveness' on 9, 12 and 13 March, 2021 respectively. Ms. Chopra is a Computer Engineer with an MBA degree, but decided to pursue her passion for subjects of psychology and went on to train herself in different psychotherapy tools and modalities. She is a Master NLP (Neuro-Linguistic Programming Language), Advanced Gestalt Practitioner, Life and Business Coach, to name a few. She has 17 years of experience working in different roles. The first session focused on enabling our students to manage their anxiety effectively. The second and third session were oriented towards building effective communication techniques and styles, which would help them express themselves and their needs, while also keeping in mind other people's needs and feelings.

Prof-in-charge: Mr. Samson Carvalho

Life Skill Programme First Year (Self-Finance Courses)

The term 'Life Skills' refers to the skills you need to make the most out of life. It is a form of education that focuses on cultivating personal life skills such as self-reflection, critical thinking, problem solving and interpersonal skills. Life skills are important because they give us more control to improve our lives.

On 10 February 2021, a session on Stress and Time Management was conducted by Mr. Shane Gomes, (Business Development Manager, and a youth mentor), to outline the importance and benefits of Stress and Time management. It helped students to prioritize all their work tasks and achieve their goals faster, along with managing stress, so that they can be happier, healthier, and more productive.

On 26 February 2021, a session on Conflict Management was conducted by Ms. Rohini D'Souza, (Organizational Psychologist). She outlined the importance of finding creative solutions while dealing with conflict and techniques on how to manage conflict. Life skills provide young people with a better understanding, of themselves and others, so that they can make better choices and learn to cope with changing events in the world they inhabit.

Professor In charge: Ms. Patricia Lemos

Social Outreach Programme (Degree -Aided College)

The Social Outreach Programme (SOP) in the Academic Year 2020-21 for degree college SYBA/BCOM students was conducted on an Online mode due to the Covid 19 pandemic. Our implementing partner Ms. Deepika Singh helped us in designing the modules and implementing the online mode of SOP. For this purpose an MOU was entered between Deepika Singh and the College. 18 SOP modules were designed by Ms. Deepika Singh which included themes such as Each One Teach One, Helping Aged, Covid 19 issues, Climate Change issues, Farm Laws and Anti Ragging.

An online orientation programme was held for SYBCOM students in the last week of November, 2020 and for SYBA students in the first week of December, 2020 by the Profs. in Charge. Due to examination scheduled in December, an orientation by Ms. Deepika Singh was held on January 6, 2021. At the orientation, students were informed about the SOP and detailed guidelines for completing online SOP were given to students.

After the orientation, students were asked to enroll for the SOP by selecting one theme from the modules designed by Deepika. Students were divided into groups of 15 from each division, according to the theme selected by them. A leader was appointed for each group to monitor and co-ordinate the programme.

After the SOP enrolment was completed, the actual SOP programme began by 16 January, 2021

A group leaders virtual meeting was held on Tuesday, February 23, 2021 to review the progress of SOP and to take feedback from students. Prof. Kevin Miranda organized the meeting and Prof. Janine Coelho and Ms Deepika Singh and 37 students representing various SOP groups attended the virtual meeting and gave their feedback on the SOP. Some students had difficulties in doing their SOP which were resolved by Profs. in charge and Ms Deepika Singh. The students were asked to complete their SOP by 25 March, 2021 and submit reports and documentation through email to the Profs. in Charge.

Another virtual meeting was held on 26 March, 2021 at 2 pm with students of SYBA/BCom to solve their doubts regarding

completion of SOP and submission of reports. Both Prof. Kevin Miranda and Ms Deepika Singh attended the meeting and answered various queries and doubts raised by students from completion of SOP programme to writing and submission of reports. Those students who needed time to complete and submit to SOP reports were given an extension up to 31 March, 2021.

Out of the 491 students who enrolled for SOP, 471 students have submitted their SOP reports.

Students have expressed happiness and sense of joy in doing the SOP, especially talking to senior citizens in Home for the Aged over the phone. Students have thanked the Management, Principal, Profs. in Charge and MS. Deepika for organizing the virtual SOP. Through their reports, the students have indicated their experiences as follows:

1. They have realized the hardship faced by people due to pandemic in lockdown.
2. To take care of our health and family on a priority basis
3. Lockdown has taught us to spend quality time with family which was ignored earlier. Some learned cooking
4. Importance of healthy diet and exercise.
5. It is the duty of every member of the family to take care of each other.
6. To maintain Covid Standard Operating Procedures
7. Problems faced by children of poor families in pursuing online learning
8. Respect farmers and not to waste food
9. Even in difficult times, not to lose hope, to be positive towards life and carry on our responsibilities.
10. Not to take things for granted in life and also don't take life for granted.

11. Realised the value of freedom
12. Lockdown has taught to control expenses and save for the future

Profs. In Charge of SOP Degree College (Aided): CA Kevin Miranda & Ms. Janine Coelho

Social Outreach Programme (Self Finance Courses)

True Charity requires courage: Let us overcome the fear of getting our hands dirty so as to help those in need

~ Pope Francis

The Social Outreach Program is mandatory for the Second year students who are required to complete a minimum of 20 hours of social service. At the end of the academic year, they have to submit their work record signed by the respective NGO head along with their report.

This year the SFC Social Outreach Program for BSc I.T, BMM, BBI, BAF & BMS students was conducted through an online medium due to the ongoing COVID-19 Pandemic. Our Collaborating NGO partner CSA, (Centre for Social Action), implemented by their Director, Fr. Mario Mendes, helped us in designing the SOP for this year. The college signed an MOU with the Centre for Social Action and an online orientation program was held for students on 13 & 14 January, 2021 by the Professors-In-Charge & Centre for Social Action team.

The Centre for Social Action team prepared an outline of the program, identified groups across the DI, Raigad, and Mumbai which had network connectivity. Groups like Self Help, English Language Class (ELC), Financial Empowerment Program,

Farmers Group, Domestic Workers, Bal Sabha, Gavki, Livelihood & Digital Literacy. In all, there were 66 groups with 5 students each. The online SOP programme began on 18 January 2021 with all 327 students enrolled for SOP.

Through Google meet, students were given 2 hours to complete each task such as the Plan Of Action Group type specific Orientation, Needs assessment with the CSA group and preparing sessions for the group. Other activities took up 12 hours & Report and Documentation accounted for 2 hours. A Google form and task tracker were implemented by the CSA team to keep track of the activities done by the students. Each group member at the end of the session had to enter their work completed for that particular session.

Some of the activities included Teaching Online Sessions on topics such as health & Hygiene, Mobile Addiction for the BAL SABHA group, Teaching on Topics such as Four-letter words formation with vowels "a", "e" and "i", reading & writing these words, Counting numbers from 1-50 for the English Language Class group, Working on Smart Village ideas with Digital literacy for children in Degoan for the Digital Literacy group, need assessment session with Dedhan group, explanation of business ideas, explanation of book keeping and management for the Self Help group, preparation for SHG module and money management, online teaching sessions based on Needs assessment livelihood group, conducted interactive sessions based on module study and financial planning, budgeting, banking services and money management for the Livelihood group, online sessions on importance of banking

activities for the Domestic Workers group, online sessions on Government schemes, Market Explore, Banking services, Types of Accounts, Types of Loans, Importance of saving account, KYC, Cheques and Slip, Branding, Packaging, hygiene, weight measure, Transportation for the Farmers group, online session on Banking services, Government insurance schemes, Financial Diary Planner and Ponzi SCHEME for the Financial Empowerment Program group.

Some of the student testimonials are as follows:

"It was a really good experience as we got to learn from them as well. Sharing knowledge with others always feels good. The women were very nice and paid attention carefully to everything we taught. It felt really good to teach these women and also learn from them at the same time" - Aaron Nazareth, (SYBAF)

"As a member and group leader of group 13, I had a wonderful experience interacting with the beneficiaries. I also gained a lot of knowledge regarding a few government-related schemes and insurance policies which I was unaware of earlier. It was an amazing opportunity to experience the lives of people living in the rural areas, the problems they face due to financial instability, lack of employment opportunities, etc. Overall it was a good experience and learning to interact with the beneficiaries"- Rebecca Baptista, (SYBBI)

"It was a good experience since we could also understand the problems of people who need help and we could also help them with regards to their problems in small ways. We learned a lot about

certain group members and how they struggle to make ends meet. We asked them few questions on how they are coping with the current situation”- Nikita Almeida, (SYBMS)

“Our experience as a group was great as each member of our group was so interactive and helpful. Not only were our group, but even the children from the village also very interactive and inclusive. Had we been in the village, it would have been a different experience altogether. Nevertheless owing to the conditions we are in, we are very thankful for this”. Olivia Ambrose, (SYBSc IT).

“They say every good thing comes to an end; this statement couldn’t have been any true for the past two months that we spent with the lovely children of the Bal Sabha. Every Saturday we hopped on a call with the children and we shared our insights with them on topics like Health and Hygiene, addiction to mobiles, child rights, and so on. We could agree to the fact that our group members had more to learn from them than they learned from us. After every session with the respected Bal Sabha groups there came a huge bubble of excitement from the kids as they wanted to sing and dance along with us. We had gained more knowledge compared to the children as we understood positivity and kindness are the two important keys to the doors of tough times”- Sancia Ferrao, (SYBMM)

Professors-In-Charge of SOP (Self-Finance Course): Ms. Rachel Shinde & Mr. Jordin Carvalho

Value Education (Degree College, Aided)

St. Andrew’s College has always given utmost importance to the all-round development of students and we never leave any stone unturned for them to gain knowledge and experience. We endeavour to motivate them and be a pillar of support for our students, beyond just academics. The value education sessions are another such example. Every year, the Value Education programme engages excellent speakers and students have consistently found such session to be motivating and helpful.

This year, we had three prominent speakers who covered a variety of topics, broadly based on motivation and personality development. Our first speaker, **Mr. Gavin Rego**, who is an NLP Practitioner himself, took four sessions and covered topics on **Goal setting, Interview Insights, Time Management & Introduction to NLP**. Our next speaker, **Mr. Michael Rodrigues**, conducted three sessions on the topics of **Building Resilience, Anger Management, & Care-frontation**. **Mrs. Priti Chopra** enlightened the students on topics such as **Mastering Assertiveness, Effective Communication & Managing Conflicts at the Workplace**. The speakers were consistently upbeat, positive and created an interactive environment.

Mr. Gavin Rego, session on **Goal Setting** included how goal setting is important in our path to success and how it makes it easier to achieve our goals. His fun, informative and interactive session included many videos, open-ended discussion about the difference between dreams and goals and student

shares about their understanding of goals and dreams. He talked about how the goals need to be SMART - Specific, Measurable, Achievable, Relevant and Time bound. He also mentioned how Ecology check and Resources are also very important and this makes the goals SMARTER.

Mr. Michael Rodrigues encouraged students to look at the topic from various angles. Resilience is an abstract and a motivational concept, which if built properly, can show us great results. He also mentioned how emotions, thoughts and triggers affect our relations with others and result in subjective, expressive and physiological outcomes. He stressed on the fact that in order to grow, we sometimes need to go through some episodes of failure in life, learning from failures is the best way to build resilience.

Our next session was on **Mastering assertiveness** held by Mrs. Priti Chopra. She made sure to first explain the concept of assertiveness and the line between being passive and being aggressive, either while being vocal about our opinions, making a decision or addressing the needs of others. She explained how we need to set healthy boundaries for ourselves and for the people involved in various life situations. These boundaries must take into consideration the qualities of basic respect, privacy, time and personal freedom. She explained our rights and responsibilities and the need to stand up for our rights and respect the rights of others, to be heard and acknowledged. Students' queries on how to start an interview, how to answer questions mindfully, etc. were cleared by Mr. Gavin Rego in his next session on **Interview Insights**. The session was divided into four

parts- Before the Interview, On the Interview Day, In the Interview Room and After the Interview. He also explained that the resume is your first tool to market yourself. Your skills are your product, your resume is the print ad and your interview is the television commercial.

The next session was on **Effective communication**, and was conducted by Mrs. Priti Chopra. The topic covered various aspects related to communication and its importance. She also talked about how communication is not just the words that we speak out, but it's much more than that. In fact, words only make up 7% of the communication, along with body language (55%) and voice or tonality (38%). She talked how rapport building is very important in order to carry out an effective communication. She also mentioned that we must not defend, but describe our feelings using effective communication. The next session was on **Anger management** by Mr. Michael Rodrigues where he talked about how anger as a feeling is experienced by everyone and we shall learn how to become aware of one's anger, understand its physiological effect on the body, techniques to manage anger and use it in a constructive way. The goal of anger management is to reduce both your emotional feelings and the physiological arousal that causes anger. You can't get rid of, or avoid, the things or the people that enrage you, nor can you change them, but you can learn to control your anger and can use it in a constructive way as it pushes us towards achieving our goals without resting.

The next session was on **Mastering conflicts at workplace** by Mrs. Priti Chopra. She talked about how a workplace is an

organization with many people and thus conflicts tend to take place. Difference in opinion, misunderstandings etc. can be few of the many reasons why conflicts would take place. In order to avoid such situations at workplace, one must always consider their colleagues' opinions and respect everyone at whatever position the person is. Cooperation and effective communication are the tools to running an organisation smoothly. The **Care-frontation session** was conducted by Mr. Michael Rodrigues. This promotes the idea that one must confront what they feel, but in a caring way, so the person we are confronting to is not hurt or doesn't misunderstand us. Our second last session was on **Time management** and Mr. Rego spoke about the 80/20 rule. 20% efforts give out 80% result and how 80% efforts result in 20% results. He spoke about the urgent/important matrix, nine ways to overcome procrastination and how to create a 'to-do' list every Sunday. He also explained to us how it is important to have goals, otherwise why are we Managing our time?

The last session also conducted by Mr Gavin was an **Introduction to NLP**. He explained the concept of Neuro Linguistic Programming, how it is a simple, yet skilful method for studying what goes on inside an individual, the processes people use to build their unique, distinctive maps or models of the world. How we see the world, whether it is a bed of roses or just thorns. He explained how the conscious mind is the gardener and the unconscious mind is the garden. The power comes from the conscious, so everything depends on what we feed our mind.

As it is said that wisdom is the reward of experience and should be shared, we are very fortunate that we have such eminent

speakers who share their wisdom and experience with us. These sessions were very interactive, interesting and ideal as we prepare to look ahead after college. The students were very thankful to the prominent and amazing speakers who shared so many of their experiences and imparted their knowledge onto us.

Professor in-charge: Dr. Charmaine Braganza, Vice Principal, Degree College

Students-in-charge: Melissa Patel (TYB Com) & Ria Khamkar (TYBA)

Value Education Third Year (Self-Finance Courses)

According to C. V. Good - "Value-education is the aggregate of all the process by means of which a person develops abilities, attitudes and other forms of behaviour of the positive values in the society in which he lives." The main objective is to create and develop awareness about values, its significance and role. It helps the students understand that, character building is equally important as career building.

A series of sessions were conducted during this academic year. On 28 January 2021, a session on Resilience was conducted by Dr. Sukhmeet Kalsi, (CEO and Founder Aspen Life Coaching, Counselling Psychologist, Goal Setting Coach and Mind Crafting Coach), who summarized the science of resilience and helped the students understand the art of supportive relationships and enhanced active skill building to adjust to change. On 11 February 2021, a session on Stress Management was conducted by Mr. Job Cornelius, (Entrepreneur and founder of Trinity Global Services), who helped the students to

understand the importance of stress management and suggested measures which can help them in managing stress, increase concentration and decrease anxiety.

On 25 February 2021, a session on “Education and Comprehensive Career Guidance” was conducted by Dr. Jinesh Shah (practicing Chartered Accountant, Academician, Mentor, Counsellor and an Author) who inspired and guided the students in terms of career opportunities in various fields. It gave the students an insight on profile building and enhancement, and a clear vision of the roadmap ahead.

Value based education shapes the future of the students and adds purpose to their life. It helps them to learn the right way to live their life.

Professor In charge- Dr. Shirley Pillai

Theology Course

The Theology sessions were conducted online under the guidance of Rev. Fr. Ashwin Castellino, a renowned priest in our diocese and a champion of the youth.

The sessions began on 22 January 2021 and the topic for the first session was the Sacrament of the Holy Eucharist. The importance of the Holy Eucharist and a step wise explanation of the Mass was given to us. The necessity to believe in the real presence of Jesus in the Eucharist, the miracles that can take place in the Eucharist, how important it is to frequent the Eucharist and how we should prepare our hearts for the Eucharist were all conveyed to us.

The Second Session on 5 February, focused on Faith. How important it is to understand our faith, to nurture it and make it stronger. Why is that persecution occurs and how do

we overcome the same. The best example of faith was Mother Mary who stood firm and overcame many sufferings as she had strong faith in God. This session also touched on aspects to remain rooted in Christ.

The Third, Fourth and Fifth session conducted on 12 February, 26 February and 12 March were on Understanding Dating and Relationships from the Catholic perspective. The misconception that dating is a Sin or should not be accepted in our society, was cleared. We discussed what the church has to say about dating and relationships. We got to know that it is good to know a person and make new friends, develop new relationships, but to keep in mind the boundary line. In many cases it is essential to undergo the process of dating as is important to know the person well before getting into a committed relationship. Relationships need not always mean having Physical intimacy but understanding the other person's perspective and to develop one's character. We, who are still students, should focus on studying and finding our way as young people. Fr Ashwin further addressed three aspects that we should keep in mind while dating, viz. what is our purpose, our calling and where do we see ourselves in the next few years? We analyzed a few case studies to ascertain what one can do in different situations.

The last session, held on 26 March, was on Confessions. We discussed the importance of Confession, how important it is to frequent the sacrament, to believe that Jesus takes the place of the priest when in the confession and that the Sins revealed to the priest once absolved, are forgiven and forgotten. The priest will

and should not disclose one's sins to another individual. Priests and the Pope themselves must receive the sacrament through the help of other priests. True healing may take place only after a genuine confession.

Prof in charge: Dr Charmaine Braganza, Vice Principal, Degree College

Students in charge: Ernest Dias (TYBCom) & Roshan Dias (TYBCom)

The Andrean Students' League

The Andrean Students' League commenced its activities with # *Spread The Light* in November 2020, a Diwali-based event that was conceived of and implemented by the core working team in just under 48 hours immediately after the formation of the League. ASL members Shivangi Poddar, Natasha Nakorn, Maitri Bangera and Jonathan D'penha, led by Ashley Rego, organised this competition in collaboration with the PR team of our college. Spread across 5 days (13th to 17th November), the event was designed to create awareness about the need to celebrate Diwali in a manner that was sustainable, eco-friendly and safe. Certificates were handed out to the winners: 1st Place - Crystal Rodricks, 2nd Place - Sarah Khan, and 3rd Place (tie) - Sakshi Kumar & Shivangi Poddar.

The same team then organised and conducted multiple webinars throughout the year celebrating and spreading awareness about various International World Days. We began with a webinar on Cancer Awareness to commemorate **World Cancer Day** (4th February 2021). Our resource person, Ms. Villie Daruvala, (Trustee of the NK Dhabhar Cancer Foundation, Mumbai), enlightened the attendees on various forms

of cancer and methods of early detection. Her talk was followed by a students' presentations. The students who presented were Aashish Jain (FYBAF) & Anjal Kumar Verma on "Cancer Awareness, Oral, & Lung Cancer"; Aisha Kurlawala (FYBA-A) on "Cancer Awareness & its Treatments"; and Abigail Albian Fernandes (FYBA-A) on "Breast Cancer & Awareness".

The second webinar, titled '*Social Injustice Today*,' was organised on the occasion of World Day of Social Injustice (22nd February 2021) and featured two speakers, Dr. Frazer Mascarenhas (Former Principal - St. Xavier's College, Mumbai and current Parish Priest at St. Peter's Church, Bandra) and Ms. Liny Babu. (CAO-Rescue Trust & NGO). While Fr. Mascarenhas stressed the need for greater involvement in social issues, he also provided a critical perspective on matters of concern such as the National Education Policy 2020 and the farmers protests. Ms. Babu turned the lens on topics like female foeticide, abortions, pornography and violence against women and children.

International Women's Day (8th March 2021) was celebrated through a webinar featuring four speakers. The first of our three speakers was our ex-student, Ms. Ashmi Sheth (Co-founder @thecolourfulgrey). Next, we had Ms. Rita Rego (Director at Aesthesis Foundation for Visually Impaired, Mumbai), and Dr. Urvi Jangam (First Visually Impaired Indian female to get a PhD in German Studies & Co-Founder at Aesthesis Foundation for Visually Impaired, Mumbai). Ms. Jangam inspired her listeners with her passion for learning, something that her visual impairment could not prevent or diminish. Ms. Hasina Khan (General Secretary at Bebaak Collective - Voices of the Fearless) then gave

an impassioned account of her work with women struggling to face challenges in a patriarchal system that continued to flourish even in the 21st century. The talks were followed by a *Student Presentation Competition* which featured presentations on pressing topics that are very relevant in today's day and age. The winners of the contest were as follows: 1st Place - Chresaan D'souza (SYBA-A), David Jayaprakash (SYBA-A), and Diya Rajput (TYBA-English) for their presentation on "Pseudo Feminists are a threat to Feminism"; 2nd Place - Brenelsa Pereira (SYBMS) for her presentation on "Women Entrepreneurs / CEOs"; and 3rd Place - Jaeel Panchal (FYBA-B) and Eshani Chemburkar (FYBA-B) for a presentation on "Women Filmmakers".

The final webinar was held on the occasion of World Poetry Day 2021 (22nd of March 2021). Titled 'Poetry In Motion,' this webinar featured Ms. Yashasvi Vachhani (Poet, Writer and Educator) who challenged the myth that poetry was difficult and boring. She gave several examples to convince her listeners that poetry was not only accessible but that it should be a part of our daily lives. This was followed by the declaration of results of the *Andrean Poetry Competition*.

Each of these webinars, that saw a combined attendance of over 350 participants, was highly interactive in nature and gave our students an invaluable opportunity to interact with prominent individuals who were as knowledgeable about ground realities in our country as they were driven and passionate about doing their bit to bring about much needed change.

ASL members Enoch Chakrawarti, Merisa Patricio and Simran Butola hosted "*Hot*

Drinks, Hot Topics", an open forum for discussion on topics like 'Online Education', 'LGBTQ Rights' and 'Covid-19 in India'. The live discussions on 'hot' topics at these sessions saw some heated debates between the participants, while it gave them a platform to express their views on some very contemporary and controversial issues. The most active speakers on the forum were presented with a cash prize.

Mental health is yet another area that has generated much concern in recent times, especially in the light of the ongoing pandemic. Sahil Jadhav organized an online session on *Mental Health* to raise awareness about what it really means and how best to combat it. Mr. Joshua James Tivade, our speaker for the day, shared his insights about what one could do to fight this silent killer disease.

Sahil also headed *Game Hour*, a fun event organized for the students to have some time off and take a much needed break from their daily routine of attending online lectures. This virtual event gave our student attendees an opportunity to 'meet' new people while playing interactive games.

'*Open Mic*', an event the ASL has been organising for the last two years, was usually conducted on campus in front of a cheering crowd of students, and teachers too. Like everything else this year, the Open Mic was also converted into an online event. Organised by Marc Mendonca and Vernon Pinto, this year's Open Mic could not prevent our students from singing, dancing, beat boxing and even performing Stand Up comedy acts with as much enthusiasm as we have seen for all our Open Mic events, real or virtual.

To conclude activities for 2020-21, Ashley Rego and his team organised the *Andrean Poetry Competition 2021* as a part of the celebration of World Poetry Day. Andreans as well as to students from other colleges were invited to write poems in English or in any other language of their choice. We received more than 80 entries, some from other colleges as well. The competition was a huge success and was the perfect way to end all the activities planned for the academic year 2020-21 and added to an already very successful year for the ASL as a whole given the limitations due to the ongoing COVID situation. The winners of the poetry were as follows:

Consolation prizes (in no particular order)

- “From Reader to Leader” by Venisha Pinto (St. Francis Institute of Management and Research - SYMMS)
- “Ek bekaabu ishk” by Noor Shaba munshi (SYJC)
- “Love Date” by Jeffia Kumar (SYBA)
- “Dreamcatcher” by Rhea Tauro (SYBA) from School of Social Work Roshni Nilaya.
- “Born in the 21st Century” by Venesa Kasare (FYB.Com)

3rd Place / Second Runner-up

- “Ecstasy of Letter Writing” by Pearl Fernandes (TYBA - Economics)

2nd Place / Runner-up

- “Them” by Carlton Rodriguez (TYBMM)

1st Place / Winner

- “Stranger” by Christelle Fernandes. (TYBA)

On 21 March 2021, the iCARE (a non-profit initiative) team from Holy Family Hospital, Mumbai, comprising Ms Sumaiya Raghavan (Operations Head) and Mr

Anand Shrivastav (Project Director) conducted a training session on what a sudden cardiac arrest is and how to save a person experiencing it. Qualified trainers on *First Aid Heart* saving and CPR, certified by the American Heart Association have trained over 20,000 people which include the general public, police personnel, railway and fire fighters on Cardiac Arrest Resuscitation. The training session was conducted free of cost. It included the following topics: Recognising Cardiac Arrest, Learning how to perform CPR, and Using the AED (Shock machine). All the Trainings were provided by them are completely Free of cost.

In addition to the variety of events the League organised, we also tried our best to keep in touch with students and bring issues and problems to light at the meetings or through the Professor in charge. It was an important part of the League’s initiative to ensure that our representatives kept the college informed about the students’ thoughts during these difficult times.

None of this would have been possible without the constant guidance of the Principal, and the able leadership of the General Secretary of the ASL, Ms. Priyanka Valles, who made sure that all the activities planned for the academic year were carried out with success. Thanks also goes out to every member of the Andrean Students’ League for their committed and enthusiastic service to the college and the students they represent.

Prof-in-charge: Dr. Susan Lobo

Student-in-charge: Priyanka Valles (TYBMS)

National Service Scheme - NSS

Motto: 'Not Me But You'

2020-2021 was a challenging year for the whole world & also for the NSS Unit of St. Andrew's College. Like every year, we began with a congratulatory meeting, albeit online, with the 69 volunteers (out of enrolled 100 volunteers) who had completed NSS in the previous year i.e. 2019-2020, by putting in 120 hours of dedicated social work. Out of these 69 volunteers, 33 volunteers had successfully completed two years of 240 hours of NSS activities and would be eligible for a certificate from the Ministry of Youth Affairs & Sports, Government of India. These enthusiastic volunteers have fulfilled the cardinal principle of the programme that it is organized by the students themselves, to enhance their leadership qualities, democratic attitude, sense of civic responsibility and skills of team work & sharing responsibilities. Both the students and the Professors-In-Charge through their combined participation in social service got a sense of involvement in the tasks of community development. The activities undertaken during the current year are as follows:-

Community/Area Based Activities:

Feeding Animals During Covid-19 Lockdown: The volunteers collaborated

with the NGO Khushiyaan Foundation in their Roti Ghar Animals Project by taking care of four-legged animals near their respective residences by feeding them with food and water and if required, providing minor medical care. This activity was performed over a period of more than two months. The lockdown was hard on everyone especially stray animals due to non-availability of food.

Society And Surrounding Beneficial Activities: Due to the lockdown restrictions on travel, the volunteers carried out beneficial activities in their respective societies and surrounding areas by helping out with medical support, purchasing things required by senior citizens or families under home quarantine, maintaining cleanliness and covid protocols.

Beach Cleaning And Beach Cleaning Awareness & Survey: The volunteers assisted the NGO Khushiyaan Foundation in their Beach Warriors Project to clean up various beaches in Mumbai over the weekends. They also conducted a beach cleaning survey and awareness drive.

University & College Level Activities:

The following NSS activities were undertaken at the University Level and College Level:

ANDRANNUAL 2020-2021

Sr. No.	Date Of The Activity	Activity Name	Organisation	Level
1	08 August 2020	SY Orientation	College	College
2	10 August 2020	Mental Health Webinar	The Movement	College
3	13 August 2020	Organ Donation Webinar	University	University
4	14 August 2020	International Youth Day	College	College
5	15 August 2020	"The Indian Armed Forces An Insight" Webinar	Sophia College	University
6	28 August 2020	Why Civil Services Is A Dream Career? Webinar	PCGT	University
7	31 August 2020	Digital Tutor	The Movement	College
8	15 September 2020	FY Orientation	College	College
9	17 September 2020	Yoga Session By Kush Panchal	College & Kush Panchal' Team	College
10	24 September 2020	NSS Day	College	University
11	25 September 2020	Odisha Culture & Contribution To Peace Webinar	KJ Somaiya College	University
12	29 September 2020	Poster Making Heart Day	College	College
13	03 October 2020	Service To Nation Service To Self Webinar	Patuck-Gala College	University
14	05 October 2020	Human Trafficking Webinar	The Movement	College
15	06 October 2020	Substance Abuse Webinar	PCGT & College	University
16	10 October 2020	My Act Freedom Webinar	The Movement	College
17	17 October 2020	Global Freedom Webinar	The Movement	College
18	22 October 2020	Ethical Values For Joy And Success Webinar	SIES College & PCGT	University
19	25 October 2020	2nd UNESCO Conference	UNESCO	College
20	31 October 2020	Vigilance Awareness Week Webinar	University	University
21	03 November 2020	Breast And Cervical Cancer Webinar	Nagindas Khandwala College Malad West	University
22	04 November 2020	National Unity Day Quiz	University	University
23	26 November 2020	The Constitutional Day Webinar	University	University

ANDRANNUAL 2020-2021

24	28 November 2020	Vegan Outreach Webinar	Vegan Outreach	College
25	01 December 2020	1st Bootcamp Webinar	The Movement	College
26	02 December 2020	International Abolition Slavery Day Video Making	The Movement	College
27	08 December 2020	Teaching BMC School Students (Vision Rescue)	The Movement	College
28	10 December 2020	Human Rights Day India Webinar	KPB Hinduja College	University
29	12 December 2020	Score Sheet Filling	The Movement	College
30	29 December 2020	Human Trafficking A Form Of Slavery Webinar	KPB Hinduja College	University
31	08 January 2021	Protection Of Mobile Form Phishing Scam	RJC College	University
32	12 January 2021	Yuva Din Program	University	University
33	14 January 2021	Digital Flyer Making On Army Day	College	College
34	15 January 2021	Indian Army Day Webinar	KPB Hinduja College	University
35	20 January 2021	Dialogues For Democracy Lessons Form Diversity Webinar	R A Podar College	University
36	23 January 2021	Parakram Din Photo Collage Making	College	University
37	25 January 2021	Republic Day Creative Activities	College	College
38	26 January 2021	Constitutional Government Webinar	KPB Hinduja College & PCGT	University
39	01 February 2021	E-Waste Dry Waste Management Webinar	University	University
40	12 February 2021	Awareness About Platelet Donation Webinar	KC College & Tata Memorial Hospital	University
41	15 February 2021	Beach Cleaning Awareness Poster's	Beach Warriors	College
42	18 February 2021	Importance Of Youth Parliament Webinar	UPG College	University

ANDRANNUAL 2020-2021

43	19 February 2021	Rayatecha Raja Shivjayanti Webinar	University	University
44	23 February 2021	Being The Juice Of Life Webinar	PCGT	University
45	03 March 2021	Sudden Cardiac Arrest Resuscitation Webinar	College & Holy Family Hospital	College
46	04 March 2021	Webinar On Farmer Movement	SIES College	University
47	05 March 2021	Effects Of Cyber Bullying Webinar	UNESCO	College
48	06 March 2021	From The Four Corners Of The Globe Webinar	UNESCO	College
49	08 March 2021	Second Score Sheet filling	Movement	College
50	10 March 2021	Panvel Donation Activity	College	College
51	13 March 2021	Mask Painting And Donation	College	College
52	15 March 2021	Small Vendors Or Business Survey Activity	Andrean E-Cell	College
53	16 March 2021	Webinar On LGBTQ Community	UPG College	University
54	18 March 2021	2021 Under Standing Basics of our Legal System Webinar	Movement	College
55	20 March 2021	PCGT - POSCO Act Activity	PCGT	College
56	21 March 2021	Webinar On Rejection And Failure	UPG College	University
57	22 March 2021	Webinar On Critical Thinking And Decision Making	UPG College	University
58	23 March 2021	Webinar On Public Speaking & How To Influence People	UPG College	University
59	31 March 2021	2nd Boot Camp Webinar	Movement	College
60	10 April 2021	The Genlead Summit Webinar On LGBTQ	AIESEC	College
61	14 April 2021	3rd Boot Camp Webinar	Movement	College
62	24 April 2021	Webinar On Vaccination Awareness	UPG College	University

Unfortunately the annual Residential Leadership Training Camp and Residential Rural Special Camp could not be held this year due to the prevailing Covid-19 pandemic and lockdown restrictions.

Our volunteers displayed great enthusiasm and a sense of involvement to extend their services for the community development. They worked hard and actively participated in each and every activity and fulfilled the NSS motto 'NOT ME, BUT YOU'. This year 60 volunteers, out of 100 enrolled volunteers, successfully completed the NSS activities by putting in 120 hours of dedicated social work. 30 of these volunteers have also completed two years of 240 hours of NSS activities.

Students-in-charge: The true pillars of NSS are the student leaders who have toiled much beyond their call of duty to make the NSS Unit of St. Andrew's College excel in all the activities undertaken. For the year 2020-21 the 9 leaders were: Yesha Mehta, Main Leader (S.Y.B.A.), Xavier Muniz, Assistant Leader (T.Y.B.Com.), and 7 Leaders - Arya More (S.Y.B.Com.), Sneha Singh (S.Y.B.A.), Shannice Passanha (S.Y.B.A.), Joel Fernandes (S.Y.B.Com.), Stebin Nadar (S.Y.B.Com.) and Christopher Gonsalves (S.Y. B.Com.). Rajat John (S.Y.B.A.) was the NSS representative on the Students' Council. Arya More (S.Y.B.Com.) has been selected for the award for the best NSS leader which will be received by her at the College Annual Day function.

Professors-in-charge: CA Rachel George - Programme Officer, Dr. Preeti Oza, Mr. Neeraj Shukla and Mr. Abhishek Sood.

College Women Development Cell (CWDC)

The University of Mumbai set up the University Women Development Cell (UWDC) in 2001, in response to the Vishaka judgment passed by the Supreme Court in 1997. The main objective of this cell is to make the University gender sensitive. The College Women Development Cell (CWDC) of the college is constituted as per the directive of University of Mumbai. Its main objective is to sensitise students to the issues related to gender.

St. Andrew's College Women Development Cell organised a series of webinars and workshops to help students gain insight on the intricacies of gender. A one-Day National webinar was organised in collaboration with the University Women's Development Cell on 10 June 2020, on 'Impact and Role of Religious Minorities', part of a three-day National Webinar Series, 'Gender Equity and COVID-19': Perspective from the Margins. Dr. Christine Nathan was invited as the resource person and she shared her expertise on how the current Covid 19 pandemic has disrupted normalcy in society, while subtly exposing the inequalities faced by religious minorities and women who are at the extreme end of protection. The resource person asserted that in times of crisis, when resources are strained and institutional capacity is limited, women and girls face a disproportionate impact with far reaching consequences that are only further amplified in contexts of fragility, conflict, and emergencies. An inclusive model will help in setting a foot-print, based on equality and respect for the next generation. The session was an eye opener

for many participants as the topic dealt with the contemporary situation of people who are struggling to survive during the pandemic stage.

The CWDC in collaboration with the Red Dot Foundation conducted a workshop on 'Be a Cyber Saathi' on 28 November 2020. Ms Marissa Borges, (Head, Red Dot Foundation), and Ms. NoelleAnn Park, (Advocate, Bombay High Court), were invited as the resource persons. The objective of the workshop was to sensitise students to topics such as Gender Sensitivity, gender roles, biases and stereotypes and how they influence behaviour in the online space. The resource persons also addressed the various types of online cybercrimes affecting children and young adults, as well as the remedies available to victims of cybercrimes. The workshop allowed students to understand the intensity of cybercrime and the legal implications that protect the rights of victims of cybercrime.

A Two-Day National Webinar in collaboration with the Department of Sociology was organised under the series 'Crossroad Identity', titled 'Demystifying Identity Praxis', on 28 & 29 January 2021. Adv. Kamayani, a Human Rights lawyer and activist on the farmer's protest was invited as the resource person. Advo. Kamayani shared her expertise on identity crisis of the marginalised and vulnerable groups, the violation of their basic human rights especially during the time of the pandemic. The webinar also included student's presentations on topics like Toxic Masculinity, Harassment against Men, Identity crisis among the Youth and Marital Rape. The objective of the presentations was to provide the students a platform to

voice their opinion on the social evils of gender inequality and the various legal mechanisms to combat the social problem in the society.

Prof-in-Charge: Dr. Vatika Sibal

Students-in-Charge: Nida Parvez (SYBA) & Ritik Lalan (SYBA)

Department of Lifelong Learning & Extension (DLLE)

An orientation programme was conducted on 22 October, 2020, for the registered students of the Department of Lifelong Learning and Extension (DLLE) unit. The students were briefed about DLLE and its objectives i.e., 'reach the unreached.' They were informed about the rules and regulations of DLLE and the importance of their participation in the assignments and activities. The participants were introduced to their respective faculty and student managers, followed by the list of activities that were conducted in previous years. They then received details about the Extension Work Projects for the academic year 2020-21.

An online workshop was conducted on the Google Meet platform, by MGNCRE, on the topic "Social Entrepreneurship, Swachata and Rural Engagement" on 23 October. The session discussed the evolution of social entrepreneurship, explained the concept of social entrepreneurs and listed a few reputed social entrepreneurs. Several videos regarding the topic were also shown. Later, on 9 November, First Term Training was conducted by the Department of Lifelong Learning and Extension, University of Mumbai. The session covered the guidelines relating to the extension work such as directions on how the teachers in

charge and the student managers should work in relation to the DLLE activities and the list of activities to be performed. On 28 November 2020, an online session via Zoom was conducted for the DLLE participants on the topic, "Failure is the Building Block to Success". The speaker for the session was Mr. Sharat Sharma. He taught the audience how to develop an achiever's mindset and learn from every failure to succeed in life.

On 5 January, 2021, Every Nation Leadership conducted a Webinar entitled- "Session on Identity". The session began with an Every Nation Leadership's volunteer asking a few general questions and playing a small quiz. Later during the session, the participants were put into break-out rooms to discuss the general perception of our identity. The session was ended with a volunteer of Every Nation India sharing their contact details for the participants to get in touch with the organization, in case of any queries or guidance. On 8 January 2021, the students attended a Webinar, on the Zoom platform, on the topic "Social Responsibility and the Role of the Youth". The speaker of the Webinar was Mr. Ameya Mahajan. He asked the participants to be actively involved in doing the activities that invoke our social responsibility as youth towards society. A Webinar was conducted on the Zoom platform on "Convert Your Dreams into Reality", by Mr. Anand Kumar on 9 January, 2021. He explained in detail the relationship between our thinking pattern and our achievement of goals. He spoke about the importance of having a vision board for achieving our goals. On 11 January 2021, an online session on the Zoom platform was organized on "Personality Development" which was conducted by Professor Sahil Naik. He guided the participants on how

important it is to make a good first impression, body postures and their interpretations.

On the occasion of Road Safety Week, on 13 January 2021, the students participated in a digital poster making activity to bring awareness about road safety. Later, Chef Akshata Shenoy conducted a live session on Zoom on "Basic Bakery Skills" for the students on 19 January 2021. In the two-hour session, she taught us how to bake brownies and chocolate chip cookies. The DLLE students attended an online session on 4 February, 2021, on the topic "Password Cracking and Preventions". The speaker for the session was Mr. Rizwan Shaikh. The students were shown how to use strong passwords and ways and means to protect these passwords. To mark the occasion of International Women's Day, on 8 March, 2021, the DLLE students took part in an activity named "Flavours of Sweetness" by preparing a dessert and sharing it with the women in their family. Prof. Savina Shenoy conducted a Webinar, "Session on Women Entrepreneurship", on 9 March, 2021. She showed videos of different famous women personalities like M. Kamalathal, Uppma Virdi, and Sudha Murthy, among others, and encouraged the students to become Entrepreneurs. On 14 March 2021, an activity on CSR, in Collaboration with the E-Cell and NSS unit of the college, was conducted. Students learnt about the difficulties and achievements of small business owners and helped them promote their business on social media platforms.

On 15 March 2021, the students participated in the Plant - A - Plant activity. The idea behind this activity is for students to imbibe the importance of plants and nature and to help

the environment heal by doing our bit. On 17 March 2021, students participated in a Content Creative Writing workshop. The participants could select a topic from a few suggested ones and had to submit their creative work in PDF format or a Word file. This activity helped the students to enhance their content writing skills. On 18 March, 2021, an activity named “Mindful Art”, based on Mandala, was conducted for the DLLE students. The students submitted their work through PNG/JPEG format. The DLLE students also participated in an activity named “Art on A Mask” on 19 March 2021. The theme for the activity was nature and the environment. On 20 March, they participated in a “Reel the Creativity” activity, on the best out of waste. To celebrate Earth Day, a poem writing activity was conducted.

On 14 April 2021, an activity was organised for the DLLE students on the topic “Earth Day Awareness - Your Views Matter”. The students were sent videos about the earth and related topics prior to the event and later during the session, they spoke about their videos and expressed their views on how one can help save our Earth for the current and future generations. On 15 April, 2021, the students took part in a “World Heritage Day” event by making an infographic poster of their native place or any other destination of their choice. On 15 and 16 April, 2021, an online workshop was conducted for the DLLE students on the topic “Advanced Excel”. Prof. Prashant Tari and Dr. Priya Shahi helped students to gain knowledge about the various functions of Excel. Prof. Prashant Tari spoke about the various equations and functions of Excel while Dr. Priya Shahi taught the VLOOKUP function, HLOOKUP function and the Pivot Table.

To mark the occasion of International Workers Day, the students participated in a poster making activity on 20 April, 2021. The topic for poster making activity was Covid19: Frontline Workforce.

Professors in Charge: Dr. Priya Shahi, Ms. Savina Shenoy, Ms. Savita Giri and Mr. Ritesh Sheth.

Andrean Counselling Unit

“ It wasn’t burnout- we still had energy. It wasn’t depression-we didn’t feel hopeless. We just felt somewhat joyless and aimless”. It turns out there’s a name for that: languishing! It is a sense of stagnation and emptiness. It feels as if you’re muddling through your days, looking at your life through a foggy windshield. And it might be the dominant emotion in 2021.” - These words of Adam Grant, bestselling author and Psychology guru, very well explains the dominant cognition, feelings and thoughts most people have faced during this period of the pandemic.

The pandemic has pushed us into new ways of doing things. It made us change the way we conduct counseling, from in person sessions to telephonic counseling sessions. There were 14 students/adults who used the services this year. We were happy to help them on their journey to discovering newer versions of themselves. A total of 62 sessions were conducted. The students approached the Unit for both their personal & academic/ career related issues. The Unit uses Client- Centered therapy as a base along with a range of other therapies and techniques depending on an individual’s need.

It is our constant endeavour to continue to help our students through counseling. Achieving academic goals and being well balanced individuals by managing emotions, feelings and thoughts thereby, ensure that they evolve as the most sort after people in their respective fields.

Finding creative ways of doing things, setting quiet time to give us freedom to focus and having hope and developing skills appear to be the trend setters and coping tools we need ahead.

“The curious paradox is that when I accept myself just as I am, then I can change”. - Carl Rogers

Prof-in-charge : Ms. Shubda Malhotra, Head of Department (Psychology)

Counselor : Ms. Rovita D'Costa

St. Andrew's Model United Nations

The SMUN Conference began with an Opening Ceremony in which our Vice-Principal Dr. Charmaine Braganza provided an insight about SAMUN. Our Secretary General, Sanjay Prajapa, then welcomed all the Executive Board members and the delegates to the conference. The First Session of the UNSC started at 10:00 am with the delegate of Pakistan accusing India of illegally acquiring Kashmir and denying the people human rights. Pakistan believed that if they controlled Kashmir, they would be able to do better things for the people. The delegate of Germany raised the Indo-China border issue and defended USA sending troops to Middle East to curb terrorism, while China accused it of the same. The delegate of the UK made a suggestion to replace US troops with UN troops. China

believed that investing in the Middle East would help them economically while Germany opposed it, saying that China only wanted to exploit its resources. China also proposed a treaty to Asian countries to form an Asian Union to have better understanding and co-operation among them. Germany believed that China would only use this to emerge as a superpower, which was denied by China. A motion was put forward for the GSL i.e General Speaker List, by China to “Discuss the current agenda of the committee”. Vietnam came up with the issue of the South-China sea, where China claimed it to be theirs and thus, had increased military security near it. Palestine highlighted the border issue between Israel and itself and hoped that the UN would take up this issue and include them in the discussions.

The motion of the second module was put forth by Germany regarding the illegal entry of refugees in Germany. The fourth session began with the delegates presenting their working papers. The delegate of China explained the working paper to the executive board and the other delegates. The second paper was presented by the delegates of the UK and Vietnam. After that, the voting for resolutions began. After voting, the resolution was passed in favour of Working Paper 1.1.

The 1st session of UNHRC began by a motion raised by the delegate of the USA on-“Guiding the security of the country while accepting refugees”. This animated discussions saw the USA explaining that their country goes through a process of screenings and other procedures for security, and preserving rights. This was followed by energetic cross-questioning but the

delegate of the USA was articulate and confident with her views and points. The Somalia delegate raised a great point that, “Youth is a major part, ignoring them is not favorable”. The same delegate also threw some light on the difference between migrants and refugees and stated, “We believe in enhancing skills and giving a ray of hope to refugees”.

A question was put up by the Executive board to the delegate of the USA countering her stance that there is no discrimination in their country, but still it was visible in the case of GEORGE FLOYD.

The other sessions also took interesting turns on topics such as “Creating awareness for Citizenship Rights to Refugees, making them aware of their rights.”

The 3rd session was started by the delegate of DRC putting forward the motion, “Resolution to develop policies allowing refugees an alternative means to attain citizenship for refugees”. This created some friction between the USA and CONGO delegates. Saudi Arabia took charge of the discussion, his country from the accusation of promoting cruelty, having cruel and inhuman laws. The last motion was by the USA on “REFUGEE WOMEN”. All the nations’ delegates were sensitive and practical. The Executive offered many views regarding refugees and affirmative action. Before the final session ended, the Executive board members emphasized the importance of, “living in a peaceful world, having comprehensive brotherhood”.

The SMUN conference enabled the delegates to learn new things about the world and expand their world-view. Although the conference happened virtually, it was an

important step toward becoming global citizens. The wonderful EB members generously and patiently handled the meet and their immense knowledge provided a steady stream of interesting facts for the delegates. Dr. Preeti Oza gave the concluding speech at closing ceremony. The Executive board also spoke a few words, the winners for all the committees were declared and the session officially ended with a closing declaration.

Professors In-Charge: Dr. Charmaine Braganza, Vice Principal Degree College, Dr. Preeti Oza

Students In-Charge: Sanjay Prajapat (SYBBI), Christina D’souza (SYBA) & Kevin Joe Praveen (SY-BBI)

Placement Cell Report

“In the middle of difficulty, lies opportunity”

- Albert Einstein

As the pandemic took over the world, business came to a sudden standstill, corporations began to work-from-home and many people found themselves unemployed. At this time, the final year students were worried about the uncertain job market that awaited them post their graduation. Thus the Placement Cell, under the guidance of Mr. Alroy Dias, the Training and Placement Officer, and the team of student representatives from each department, worked to the best of their abilities to find suitable companies for our students.

Since most students are freshers, the placement cell conducted national webinars to enhance their skillset for the job market post-Covid. Seminars included ‘The New

Normal Post COVID-19: A Job's Perspective', conducted by Mr. Royston Braganza, (CEO of Grameen Capital India), and 'Preparation for an Aptitude Test: A Job's Perspective', conducted by Mr. Vishesh Nadiyana, (Managing Director of CPLC).

This year, the Placement Cell introduced CALYXPOD, which is a centralised placement management platform to help make the application for placement opportunities easier for our students. Since all our placement drives were conducted online due to Covid 19, Calyxpod made it easy for us to centralise offline placement processes and provide students opportunities directly.

During this academic year of 2020-21, the placement cell brought in reputed companies like Morgan Stanley, Accenture, Newfold Digital, (formerly known as Endurance International), Ikea, Media.Net, BYJU'S, Bank of America and ICICI Lombard for full time opportunities.

The Placement Cell also provided multiple paid work-from-home internships for students of the final & second year to help them gain relevant work experience in companies like Morgan Stanley, Savage & Palmer, Times Group, Neem Tree, Media Mad Hawk, Silver Tree and Brego.

Placement Officer: Mr. Alroy Dias

Student Representative: Johanna Shruti Bhalla (TYBBI)

Certified Courses

The objective behind the certified courses is to help Andreans to get part time jobs, gain practical industrial knowledge, build network with business professionals and make them industry ready. Due to current pandemic situation, certified courses for academic year 2020-21 were conducted online on digital platforms. Since the courses were online, the fee structure for the same was also reduced as compared to previous years so that maximum students could take advantage of the same. The service providers recorded each session in case any student missed out lectures due to technical problems. The courses offered were uploaded on the college website with an online payment option. All courses were done by signing a memorandum of understanding between college and the service provider. Each course duration was 30 hours or more and they were conducted online after the regular college lectures. The details of these courses are as follows:

ANDRANNUAL 2020-2021

Sr. No.	Name of the Course	Duration	Start Date	End Date	Total Registrations
1	Tally Accounting Master (Including GST)	30 Hours	16/10/2020	26/02/2021	28
2	Certified Excel Expert	30 Hours	15/10/2020	11/02/2021	34
3	Stock Trading Bootcamp (Technical Analysis)	30 Hours	17/10/2020	13/02/2021	28
4	RGM - Communication Skills	30 Hours	23/10/2020	05/02/2021	17
5	Financial Modelling & Valuation	30 Hours	15/10/2020	17/01/2021	25
6	One Intellect - French Course	30 Hours	19/10/2020	1/01/2021	22
7	Advance Web Designing & Development	42 Hours	17/10/2020	24/03/2021	18
8	Bridge Course in Psychology	30 Hours	05/10/2020	30/01/2021	40
9	Certificate Course in GST	30 Hours	04/02/2021	05/03/2021	40
Total No. of Students					252

All courses were completed by March 2021. The students were awarded with a soft copy certificate upon course completion. The hard copy of these certificates will be provided to all the students when regular college resumes. This whole exercise was a great success and we have received a very positive response from students. 96.7% students would recommend our courses to other students and most students rated the course above satisfactory level.

Profs-in-Charge: Mr. Ritesh Sheth, Dr. Priya Shahi and Ms. Asha Mohan.

Students-in-Charge: Rebecca Pereira (SYBAF), Calvin Soares (TYBcom) and Mary Robert (SYBMS)

Avishkar Research Convention

The Avishkar Research Convention was initiated by the Hon'ble Governor of Maharashtra and the Chancellor of the Universities in the State of Maharashtra in the academic year 2007-2008. The convention is designed with the intention to develop a research culture and scientific temper among the students, scholars and teachers from under-graduate to doctoral level in the state of Maharashtra.

In this year, it was not possible to organize Avishkar Research Convention in the regular mode. Thus to keep the temperament of the research, the Board of Students' Development, University of Mumbai, decided to conduct this research activity on

a Virtual Platform. In the selection round the research proposals were invited online. 7 teams participated from St. Andrew's College in the selection round in the categories of Humanities, Commerce and Management.

To encourage the students to participate in research activities at inter-collegiate, district, university and state levels, an online orientation session was conducted on 10 November 2020 by Dr. Madhu Rai. To promote the interaction among the students for the exchange of various aspects of research, a power point presentation round was organised for the participants via Zoom platform on 4 March 2021.

Profs-in-charge: Dr. Priya Shahi, Dr. Shirly Pillai, Dr. Sharon G. Durham and Ms. Samira Nadkarni.

Socio-History Student Seminar

The Annual Socio- History Student Seminar was held on 10 March, 2021 based on the topic, Bombay to Mumbai. 4 Groups or a total of 6 degree college students participated including Sasha Gonsalves (SYBA), Gaurav Tiwari & Abuzaid PC (FYBA), Annanya Jain & Stency Samson (FYBA) and Erica Menezes (TYBA). For the first time this year, we were joined by our Junior college students, viz. Rajesh Nadar, Harsh Nadar, Romit Kader, Kunnath Mathew and Karishma Yadav. Topics included communities of Mumbai such as the Parsees and Bene Israeli Jews, Religious Architecture, VT station and the Spirit of Mumbai. In spite of having to switch to an online mode for their presentation, the students wowed us with their short films, well-curated slides and poise. We are grateful to our colleagues in the Junior college, Ms. Elcy Pinto, Ms. Sharmilla

Menon, Ms. Tanya Donald & Ms. Eleatha Pinto for their support.

Prof-In-Charge: Dr. Shirly Abraham, Dr. Vatika Sibal, Ms. Janine Coelho, Mr. Hadley Quadros

Research Committee Report

Research committee in collaboration with Library committee conducted a webinar titled 'Publication Ethics and Research Visibility' on 19 March 2021. More than 130 participants from all over India participated in the conference. The participants included teachers, librarians, research scholars, and students from various parts of India.

The session conducted by Dr. Subhasree Nag of Clarivate, Bangalore was on the topic 'Take your Research to the Next Level - Web of Science'. She deliberated on the relevance of journal impact factor and how to select a good journal for publication. Further, she displayed the Web of science master journal list and urged participants to use this list for the selection of journals for publication.

Dr. Sushama Powdwal, former University Librarian of SNDT Women's University, Mumbai, discussed the importance of Ethics in Research and Publication in her session on 'Publication Ethics and UGC CARE list. The former part of her session focussed on plagiarism, (types of plagiarism including self-plagiarism), importance of academic integrity and informed consent in research and publication misconduct. The latter part included a detailed explanation on the genesis of UGC CARE list, registration on the UGC CARE list site, and listing of journals and how to search in the list.

Dr. Sarika Sawant, Assistant Professor, SHPT School of Library Science, SNDT Women's University, Mumbai discussed the importance of research visibility for scholars. Her session was titled 'Build Your Academic Presence: Importance of Research Visibility in the Online Era'. She suggested different online avenues where one can register and display their research contribution. She also reiterated about the ways to increase citations to the published work. Dr. Sawant, urged participants to make registration on online platforms like ORCID and SCOPUS so that they can increase his/her research visibility in an online era.

Profs-in-charge: Dr. Shirly Abraham, Dr. Sharon Durham, Dr. Priya Shahi, Dr. Shirly Gladwin, Ms. Samira Nadkarni and Dr. Sujata Rajpurkar.

Staff Advancement Committee

The Staff Advancement Committee is dedicated to enhancing the physical and mental well-being of the staff and to enable us to continually upgrade our skills as teachers in a digital and media-driven world. Keeping in mind the need to rise up to the challenge of being educators in a pandemic affected universe, the Staff Advancement Committee organised a five-day Faculty Development Programme (online) from 4- 8 January 2021. Titled "Empower and Enrich: A Faculty Development Programme for New Age Educators," the programme aimed at teaching participants a wide range of skills for professional and personal success. The first two days were dedicated to understanding the law of attraction, the importance of visualisation and such other philosophical concepts as well as hands-on

activities to emphasise the importance of positivity and conviction in all we do. In his session titled, "Transformational Workshop for 20 the century Educators," International Success Coach, Mind Expert and Motivational Speaker Mr. Anand Kumar demonstrated how the power of conscious positive thinking can be life-affirming and uplifting for those who practise it every day.

On 6 January 2021, Mr. Sharat Sharma (Author, Professional Speaker and High-Performance Coach) conducted a session on "Video Editing for Teachers." He explained at length the processes involved in video editing and demonstrated how even amateurs could execute basic video editing tools, a skill much needed in view of the move from offline to online teaching in this academic year. On the same day, Prof. Hargopal, (Visiting Professor, NSLIU, Bangalore), delivered a lecture on the National Education Policy. Touted as a radical policy designed to change the future of education in India, the National Education Policy has been in the spotlight in academia since its introduction. Prof. Hargopal imparted a critical perspective on the National Education Policy, highlighting its many strengths but also drawing attention to the areas in which he felt it had not done justice to the poorer sections of society.

Mr. Ashley Vinil, (Visual Communicator, Story Coach and Experiential Facilitator), conducted an intriguing session on Usage of Storytelling and Visual Communication in the Teaching World 7 January 2021. He explained how doodling could be used as a pedagogical tool to enliven online lectures and even gave the staff an opportunity to display their doodling skills by making us draw the content we teach in our respective

classes. On the same day, Ms. Ritu Paithankar demonstrated how yoga operated as an important form of both relaxation and physical fitness. Her session on Yoga and Fitness was more practical and required the staff to perform in the comfort of our homes the different asanas she demonstrated on the screen.

Dr. Radhakrishnan Pillai, (Author, Trainer, Mentor and Certified Management Consultant), an expert of Chanakya's philosophy, provided a perspective on the implications of the National Education Policy for higher education on 8 January 2021 in his talk titled "Chanakya Neeti on Modern Education and Change in Structure due to NEP". He drew parallels between the National Education Policy and the wisdom of the ancient Indian scholar Chanakya to highlight the advantages the NEP offered for higher education in India. The same day, Ms. Archana Thakran (Founder and CEO, Skills Mitra Academy, Strategic Leadership Consultant to Saylor Academy) delivered a lecture on "Mastering Online Teaching through Open Education Resources," in which she gave the staff the benefit of her extensive knowledge and expertise with regard to digital resources they could access to amplify their efforts in the field of academic research. She also enlightened us about intellectual property rights, plagiarism, and the nuances of open access portals for research.

The Faculty Development Programme was extended to the junior college staff as well to ensure that they too could benefit from it. Taken together, the varied sessions offered at the Faculty Development Programme provided participants a wide range of life-skills for their personal well-

being as well as new and innovative techniques to draw upon to enhance their teaching and research skills as educators in an increasingly digitised academic world.

Profs-in-charge: Dr. Shirley Abraham, Dr. Susan Lobo, Ms. Savina Shenoy and Ms. Asha Mohan.

Equal Opportunity Cell

The Equal Opportunity Cell worked towards sensitising and promoting equal rights through a number of activities in 2020-21 in order to fulfil the objective of providing a disability-friendly, queer friendly, anti-caste and gender-sensitive environment for our students.

The EOC conducted a session in collaboration with the Department of Psychology on problems faced by the Nomadic and Denotified Tribes in India on 27 August 2020. The resource person was Ms. Deepa Pawar, a member of the Gadiya Lohar nomadic tribe herself and founder of Anubhuti Trust. Ms. Pawar spoke about the history of abuse and the ostracization faced by Denotified tribes in India since pre-independence times. She also spoke about the challenges faced by nomadic tribes with reference to her own example. She stressed the need for change in thinking, educational literature and social perceptions towards these communities.

With the purpose of creating accessible and 'user-friendly' services and support systems for our students and staff, the cell provided an ISL (Indian Sign Language) interpreter for the English Department International Conference on 'The Possible and Impossible Worlds of Science Fiction' held on 11-12 September 2020 and for a guest lecture on 'Kpop as Transcultural Media Industry' on 26

November 2020. Ms. Tincy Makson Benjamin was our ISL interpreter on both occasions, and helped us initiate our first step towards building a more inclusive space for the disabled. A group of student volunteers also provided an access document for any d/Deaf or Hard of Hearing (HoH) attendees by providing summaries of the papers presented as well as the question-and-answer session that followed the presentations.

Dr. Sam Taraporevala from Xavier's Resource Centre for the Visually Challenged (XRCVC) contacted the EOC to conduct the third year of Antarchakshu 2.0 on campus. On account of the covid situation, the workshop was held online on Zoom. The workshops helped to address commonly held misconceptions about visual disabilities, to normalise access, and to raise awareness around support systems. Our FYBA students attended this workshop and found it to be an eye-opening workshop.

Two SYBA students, Mr. Hritik Lalan and Ms. Rashika Jain were offered to intern with Bebaak collective, a Campaign group that focuses on women's issues. Both the students worked closely with Ms. Hasina Khan who is one of the main voices behind the collective. Another initiative of the EOC was to compile a list of student volunteers to act as writers during exams. A google form was drafted for the same but it could not be implemented as this academic year's examinations were conducted online and there was no need for exam writers. Keeping in mind the online style of education this year, the EOC also prepared a document supplying guidelines for creating inclusive presentations.

Profs-in-charge: Prof. Samira Nadkarni, Dr. Vatika Sibal, Dr. Sujata Rajpurkar, Ms. Rachel George, Ms. Elcy Pinto, Mr. Samson Carvalho, and Ms. Nida Parvez (Student Representative).

The Andrean Entrepreneurship Cell and The Incubation Cell

The Andrean Entrepreneurship Cell was established in 2016 with a view to bring out the Entrepreneurship skills of students and encouraging them to transform their skills into businesses. The events and activities, all conducted virtually by the E-Cell this year, created a fantastic impression in St. Andrew's. Some of these activities are listed below.

Webinars

Mr. Harshit Shah, Co Founder of LeapUpEduTech, conducted a webinar entitled, Entrepreneurship - Idea to Execution, on 30 May, 2020. Students from different colleges were guided how to execute their entrepreneurial ideas flawlessly. This webinar was live streamed on the YouTube Channel of Team LeapUpEduTech and it was held in collaboration with the Public Relations Team & the Certified Courses Cell of our college. Prof. Poonam Mishra held a webinar on Careers in Fashion on 13 October, 2020, and on the same day, ISDI held a session on the World of Fashion. Students were given real time examples on how one can get into this career, how one should go about having one's own label, and much more. ISDI, which is an institute for Designing and Fashion, also promoted their Curriculum of Parsons, (which they follow) and the Institute overall. This webinar was in collaboration with the PR Team as well.

Failure is the building block of Success was conducted by Sharat Sharma, a TedEx Speaker and Co Founder of IAM Human Capital Consulting on 28 November 2020. He spoke about how one should understand the importance of Failure as a natural process and not a deliberate one. In addition, he discussed how to prioritize things at the right time and place, what entrepreneurship is all about, and much more. He is also the author of 'One Invisible Code', which teaches us to break the barriers of Mediocrity, rekindle the inner potential and deliver world - class results. On 25 February, 2021, Dr. KarishmaDesai held a webinar, How to suit up before venture Capitalists? Dr. Desai, Associate Professor @ NMIMS School of Law, guided the students on how to convince Venture Capitalists to invest their time and money into a Start Up, by ensuring the planning, presentation, execution, returns, etc. are well curated. In addition, she too shared guidance on Communication Skills and Relationships of Employers and Employees in the Firm. How to Promote yourself on LinkedIn & build a Pitching Profile? was held by Prof. Jinal Shah, associate professor at NMIMS College on 12 March, 2021. This session helped the students to understand the importance of having a LinkedIn Account, improvising professional and personal skills, and carefulness while using LinkedIn. Prof. Jinal Shah provided guidance on how to create an effective LinkedIn profile for a successful career. On 17 March, Mr. Joseph D'souza held a webinar on Practical Analysis of Factory Business. The event helped students understand the practical part of starting a business and encouraged them to attempt a Startup and take a risk.

There were 120 students who attended the webinar.

Workshops

In conjunction with ISDI, a Decode Design workshop was held Prof. Bulbul Choudhry on 13 October, 2020. It focused on the Significance of 'Design' in Products, Brands, Marketing, Sales, etc. Students were dazzled by the real time examples the resource person shared. This workshop was in collaboration with the PR Team. Workshop : DIY Websites & Blogs : Ms. Jenecia Rodrigues, a Java and Python programmer & IT Trainer, conducted a Workshop, DIY Websites & Blogs on 8 & 9 March, 2021 for students who wished to create their own Websites and/or Blogs. It had a live - first-hand experience of learning and creating these so that in the future, the students wouldn't have to rely on anyone else for the same. In addition, they were also made aware about the pros and cons of website and blogs.

Events and Competitions

A Quiz competition, BizWhizz was held on 13 March, 2021, with the use of Kahoot. About 20 students participated in the Business Quiz that was held, to test their knowledge & familiarity on Business, CSR and Current Affairs. The first place was bagged by Saikrishna Naidu, (S.Y.B.M.S.-A), followed by Brenelsa Pereira (S.Y.B.M.S.-A) and Reema Maryanne D'souza, (F.Y.B.Com- B), in the second and third places respectively. An Analysis and Presentation of Case Studies of the Business World was held on 19 March, 2021. There were 6 participants in this competition. Round 1 was an individual participation round, where each participant was given 2 case studies to

analyze. Round 2 was a group participation round where each team was divided into 2 groups, of three members each. These case studies were purely related to the Business World in Real Time. They learnt how to analyze various case studies and present different solutions to these case studies. Zenia D'souza, S.Y.BMS, Vivica D'souza, T.Y.BAMMC and Aashish Jain, F.Y.BAF secured the first, second and third prizes, respectively.

A Presentation Event, entitled Tips on investing in Lister Companies or Crypto-Currency, was conducted on 23 March, 2021. Students presented their views, opinions and tips on investing in Companies, while at the same time they gained knowledge and experience from their fellow participants. The winner of this event was Aashish Jain of the F.Y.BAF. On 8 April, 2021, Business Ideas (Pitch Up Round) allowed students to pitch their business idea in front of judges in 10 minutes. The 1st prize went to Rohan Ashok Thorat of the S.Y.M.Com. and Armaan Rizvi also of S.Y.M.Com. secured the consolation prize.

A Poster Making Competition provided Students with a vivid imagination, creativity and talent the opportunity to make posters on the topics such as Artificial Intelligence in Business. Simran Milton Dabre, F.Y.B.Com came first, followed by Flora Felix Sutari, F.Y.BMS, in second place and Shawn Noronha, F.Y.BAF, standing third. Last, but not least, a CSR event, Promotion of Roadside Vendors & Small Businesses, gave students the opportunity to interview someone, which would help them develop their communication skills.

They also learnt about experiences and the difficulties faced by the vendors in their businesses.

Incubation Cell Official Andrean Merchandise

The Official Andrean Merchandise of St. Andrew's College, Bandra, was inaugurated on 11 December, 2019. The Merchandise is the Venture - Segment by The Andrean Entrepreneurship -Incubation cell. Immense love and support was received from the College Management and Professors, Current and former Andreans. The main aim of launching the Merchandise, was to promote "Brand Andrew's" and our College as a Brand of its own to create an image and goodwill of the College, to bring out the nostalgia of our former students and the love for their college among current students, through the souvenirs. The souvenirs offered by Incubation Cell -Official Merchandise section include *Polo Neck and Round Neck T Shirts in 5 colours, Caps in 6 different colours, Classic and Design Badges, a 100-page Diary, a Multipurpose Pen*, which serves to write, as a holder for smartphones / tablets, and a stylus for smartphones/tablets. It is available in Red and Black. Black and White Mugs, a *750 ml Black Steel Flask and black Bag tags*, with quotes on one side. There are also *Vehicle Stickers* with Funky messages related to travelling, available in black, red and white and Hoodies.

In March 2019, as the exams for the First and Second Year students almost came to an end, the COVID 19 Pandemic struck the country and Lockdown began. Thus the merchandise functioning was halted but constant updates given through WhatsApp

and the Official Instagram. As the situation eased in October-November 2020, placing and delivery of orders were started. As a precautionary measure, the home delivery system was initiated with **green packaging** i.e. recycling old newspapers into paper bags/wrapper, use of environmental friendly materials for packaging. To facilitate safe, remote order placement, **Online Order Services** were started through a **Google Form**. **WhatsApp messages** and the **Instagram Handle of E-Cell** were also utilized.

A catalogue was added to the form, payments were done, once the order was confirmed, through UPI Platforms such as **Paytm and Google Pay**. Accordingly, the advance sales made through these services amounted to a good sum while our customers were informed that due to the ongoing situation, the processing, completion and delivery of products would take time.

‘Andrapreneurs’(Current Entrepreneurs of our college) and their Business Ventures

We are particularly proud of our Andraprenuers Ian Almeida, (Jinxed Network), Denver Nazareth, (Craft Buzz), Raelle Daniels, (Little Lili), Vishal Gohil, (Artomization), Alethea Alphanso and Alexis Alphanso, (Twingredients), David Jayaprakash, (Character and Colour), Haile Henriques and Titus D'souza, (The Social Stamp) and Ashbelle Rozario, (ArtisticBlueRoz).

Andrepreneurs Speak:

Network-Ian Almedia, (TYBMS)

Hey! I'm Ian Almeida, a 20 year-old design entrepreneur based in Mumbai. I

founded Jinxed Network, a small start-up, that helps businesses conceptualize their vision through design, technology, and innovative marketing solutions. I founded this company during the FYJC in college group of friends. It has expanded from a 5-person team in 2018 to an eighteen-person team in three years. I've always been fascinated by design and technology, and as a child I was constantly curious about how technology has aided in our advancement in this world. As a freelance designer, I have worked with over 75 clients in India and around the world, ranging from small business owners to large corporations. I stumbled into design through "Photoshop" in order to create a banner for my YouTube channel. Additionally, I assist in the management and marketing of my family's company by managing and marketing our filming site. My Freelance Portfolio is available at <http://www.ianalmeida.com>. **JINXED™** is a *community-based creative branding studio* powered by a collective of like-minded individuals. Our services include **graphic design, content creation, website design and development, video production**, and blogging.

Jinxed's central philosophy is to collaborate with like-minded individuals who are actively generating ideas, sharing their perspectives, and assisting us in achieving shared goals and objectives by using the tools available to us today. Learn more at www.jinxed.in | www.jinxednetwork.com

Craft Buzz: Denver Nazareth, (FYBSC IT)

I always loved creating new things and this made me consider trying to sell the things I love creating. This motivated me to start a resin business. I started by selling resin keychains/pendants/earrings and

scrunchies but I'm always adding new products to my business. Resin products are hard/durable and can withstand several conditions without losing their beauty. That's what I showcase to people. My business strategy revolves around learning what my customers want and adapting my products accordingly. Owning a small business has its challenges, e.g. some days you will be packed with orders, some days you won't have any. But it's the thrill and excitement to make new products that keeps me going.

Little lili -Raelle Daniels

Staying at home during the lockdown, watching Netflix, listening to music and playing indoor games wasn't enough for me so I decided to try a different DIY everyday. After scrolling through Pinterest, the idea of making jewellery plates interested me but I knew I wanted to try something different. So I did.

I posted my idea of making jewellery plates on Instagram and all my friends asked if they could buy from me. That's how Little Lili started on 26 September 2020. The main goal of my business is to provide cute, trendy stuff at really affordable prices. From making jewellery plates to making crop tops, it's been quite a journey. I try to make sure I post regularly and interact with my followers.

Artomization: Vishal Gohil, (TYBMM)

Before I had started my small business, I had initially made as many artworks as I could, ranging from sketches and doodles to paintings. At first I was a bit hesitant to share my work but after much deliberation, I began posting my work online on Instagram and Facebook. My first order for three

paintings for a good friend in my first year in BMM, and encouragement from friends and family helped me rediscover a love for Speed Painting, (Painting live in minutes to music).

For me Social Media has been very handy not just to attract clients, but also to post tutorials. I have learnt to trust the process and find the right audience if you yourself believe in your work.

Twingredients: Alethea Alphanso and Alexis Alphanso, (FYBA)

Hi everyone we're home bakers, teenage twins who have learned baking from our Mum and through trying out our family favourite recipes and recipes from the Internet. Twingredients was born out of our sheer love & passion for baking and our love for strays animals. Not only do we get to bake, but our profits go towards feeding, neutering and medical expenses of the strays on our streets and in shelters.

All our products are made to order with the best ingredients. We also customize our orders as per our clients' requirements. We promote our products through our Instagram page and through word of mouth. Our business strategy is to be up to date with baking the trends and constantly updating our skills.

Character and Colour: David Jayaprakash, (SYBA)

My journey started as a hobby. I enjoyed drawing, painting and sketching and eventually I began selling my work to people and accepting small commissions, along with my mother who has also contributed greatly to this endeavour. Both of us are passionate about art, we work with several materials and mediums and we are always looking for opportunities to learn new

techniques. Our business is still in its initial stages, and we have a community that appreciates our artwork. You can find us on Instagram under @character_and_colour who works in partnership with @liz_latalentodeditos.

The Social Stamp: Haile Henriques, (SYBMS B) and **Titus D'souza,** (TYBMM-Journalism)

Hello there! We're The Social Stamp.. 'The Social Stamp' was founded by us in August 2020. The intention to begin our very own social media management start-up for small businesses was ignited by Haile's vision to help budding businesses that began during the pandemic. To help them navigate through the complex and often-intimidating world of social media. Our motivation has always been to provide organic solutions to the media needs of those running small businesses at prices that are affordable. We also provide a host of other services including content creation, poster design, photography, video production and general consultancy. The Social Stamp has helped several businesses-ranging from handicraft start-ups to baking businesses to educational ventures-express themselves on social media platforms with catchy captions, attractive high-quality photography, enticing and informative posters and banners.

We believe our biggest USP's is our dynamism, our ability to understand the current climate on social media platforms with regards to trends and what works and what doesn't. As we grow with time, we hope to keep learning and evolving in our approach to fulfill our goals of making social media more approachable and user-friendly, especially for those who are unfamiliar with the latest trends.

Artistic Blue Roz :Ashbelle Rozario, (SYBA)

"You want to be Unique, Reach out to the ABR Boutique!" Art, craft, sewing and designing has been a blessing to me throughout my life. Initially, converting an appreciated talent into a small business seemed daunting but now, with the positive response from friends and family, the encouragement and support from buyers and the experience, I have made an idea a reality. In a fledging stage, ArtisticBlueRoz is all about keeping art alive, be it on garments, earrings, masks, shoes or bags, the ultimate product speaks for itself. I am confident that ArtisticBlueRoz will continue to grow and be an inspiration to others.

Below are a few Budding Andrapreneurs in the process of pitching their ideas to venture capitalist and other investors.

Anthony Fernandes & Vivek Yadav, (Sy BSc IT).

Are planning to start an E-commerce business related to fashion mainly focused on Shoes.

Our vision is to create an online platform where our customers can buy a hand painted customized shoes, at a reasonable price. We will engage a student designer as an intern providing a stipend and experience. We intend to advertise through social media and follow up with our own website.

Supriya Purohit, (SY BSc IT)

My idea is begin a service based Startup in IT. I will team up many young minds in IT, (Branding in IT, Android developers, Web developers), to solve entrepreneurs' problems by providing our services. My strategy would be to help students in their projects which would indirectly help us to solve business problems.

Aldrin Periera, (SY BSc IT)

I have started this as a small scale business which could help my mother who recently began her hooby-business in Baking. My strategy is to rope in housewives helping them to kick start thier hobby-businesses too. I aim to market their products to the highest level, using social media platforms.

Reuben Fernandes, (T.Y.B.COM)

I undertake digital artwork, illustrations and paintings under the banner paininpainting. As of now I sell soft copies and hope to move into actual hardcopy art work once the pandemic situation improves. My USP is out-of-the-box ideas.

Calvin Fernandes, (F.Y.B.COM)

Chocolicious is my business which produces chocolates of different varieties, flavours, and occasions. I also roped in my friend to help deliveries as he too required a source of income during the pandemic. I aim to attract more customers by the way of WhatsApp groups and Instagram.

The E-cell helped me to understand how to go about a business and it made me confident to begin my own business with little investment.

Professors In-Charge : Dr. Harmeet Kaur Bhasin, Ms. Savina Shenoy

Student In-Charge (Term Over And Handover Given To New Current Students) : Swedal Patel, Reuben Fernandes

Name Of Students In-Charge (New Appointees): Sayan Samantha, Chaitanya Calvin Fernandes

St Andrew's Public Relations Team

What started as a small project for a bunch of enthusiastic students has now turned into a big family of 54 members. The PR team not only caters to the students, but also the faculty. It has been building a brand for the college while assisting students and organising events to keep up their spirits. Some of the events conducted for the academic year 2020-2021 are as follows.

A Mental Health Panel was organised on 12 September, 2020 and published on our YouTube channel. The panellists, Dr Cicilia Chettiar, Dr Shreya Rangwani, Dr Wilona Annunciation and Ms Hamida Rashid focused on expert solutions to anonymously asked questions regarding mental health. With this online campaign, the team attempted to deconstruct and de-stigmatise the preconceived notions of mental health and educate the students at our college about the importance of Mental Health.

The team partnered with Kindness Unlimited to help them with a Digital Media Campaign for World Kindness Week. It helped to spread awareness about Kindness Unlimited's motto on the importance of kindness and compassion in the world. As a team we developed a campaign wherein students recorded a video of a kind act, sometimes as simple as giving someone a cup of tea, and called the campaign "Share A Cup of Kindness."

A Careers in Fashion workshop was conducted in association with ISDI - School of Design & Innovation, Mumbai, to help students understand design careers of future designers and learn more about this multi-billion dollar industry. A workshop by

Snapchat, a popular social media app, was held on the 27 September 2020. This was attended by 185 students who learnt about its different features and also learnt how to create different types of lenses for the media sharing app. An open letter event, 'The Unsented Letter', was held wherein graduates of the Class of 2020 expressed their gratitude and love for our college with open letters which were shared on our social media pages.

'Talentine', an online competition, was conducted by the PR team in collaboration with the Andrean Talent Hub. It was designed to display Andreans' immeasurable potential and capabilities, while being secure in their own homes. On 2 August 2020, a promotional event was held called 'COWID.' Followed by the main event on 9 August 2020. This comprised of creative writing, singing, dance and plays, the recordings of which were published in two successive phases. All of this took place on our social media platforms-Instagram and YouTube. The event was conducted by the PR team along with the help of our sponsors, Heritage Infraspace Pvt. Ltd., media partner Bandra Buzz and Glenn Saldanha, Glenmark Pharmaceuticals.

The St. Andrew's PR team collaborated with the Shiamak Davar Institute for Performing Arts to conduct a Hip-Hop Dance Workshop for students on 19 June 2020. The event was conducted online and was completely free of cost. It helped the students learn the basics of hip hop dance. To mark the Republic Day of India, the day when the Constitution of India came into effect, a post was created on Instagram, aiming at raising awareness of our nation's heritage and encouraging participation of students.

'12 Days Until Christmas' was an online games event conducted by the team where we shared tasks for 12 days to motivate and engage students with Christmas related activities during their time spent within their homes due to the pandemic. It began on 14 December 2020 and continued through 26 December 2020. Through our social media platforms, we held games like Guess the Christmas Carols, Write a Micro Tale on Christmas wishes, share craft ideas, answer questions based on Christmas films, share makeup and outfits ideas for Christmas, (in line with stipulated clothing codes), Christmas bingo, and photographing Christmas trees. Some of the other tasks included the Hospitality students sending in recipes of Christmas themed dishes and the students of junior and degree college singing a mashup of well-known Christmas carols. A narration of the Christmas story by our FOC was also featured on our official college Instagram page to spread not only the core message of Christmas but also the season's spirit.

The official newsletter of St. Andrew's College of Arts, Science, and Commerce, Andrean Times, was initiated in the month of January 2021. This new venture initiated by the PR Team featured exclusive articles such as Mental Health, Book Reviews, Photography, Recipes, etc. The monthly newsletter features numerous write-ups from professors, students, and departments. We also feature numerous cells, making students aware of these in the college. The newsletter is curated by Rhea Dsouza, Editor-in-Chief, and Rhys Coutinho, Chief Designer, along with their team members, Pearl Dsouza, David Jayaprakash, Cliff Coutinho, Jessica Dmello, Stephanie Cardoz, Jazlynn Mathias, Glynnis Fernandes, Malcum Benjamin, and Justin Fernandes.

Andrean Attic, an Online flea market, was organised for the students on 21 March 2020. It was an online convention for small businesses to cater to all their needs and give them a platform. Student entrepreneurs and college alumni were given a space to sell their products and services. From baking their ancestor's secret recipes to making candles, all were involved.

St Andrew's College PR team held 10 events, including virtual game nights and challenge days between departments, during the academic year.

Profs-in-Charge: Dr Harmeet Kaur Bhasin, Ms Belinda Jones

Students-in-charge: Administrative head: Sakshi Kumar (TYBMSA)

Asst Administrative head: Mary Robert (SYBMSA)

Content Team Head: Rhea D'souza (SYBAA)

External PR Head: Jahnvi Mukherjee (SYBCOM C)

Internal PR Head: Yogikrishnan Pillai (SYBAA)

Design Team Head: Rhys Coutinho (SYJC)

Photography Team Head: Brandon Pinto (SYBMM)

Social Media Team Head: Alisha Andrade (SYBAB)

Web Development Head: Ian Almedia (TYBMSA)

Mosaic 2020: Focus, Capture, Impress

Mosaic 2020 was a virtual roller-coaster that showcased not just the talents of the students of St. Andrew's College, but also the love and appreciation we have for fests. This year, Mosaic was conducted as an intra collegiate festival with the theme Focus,

Capture and Impress. We intended to focus on every character, to capture every story told and to leave a lasting impression on both our young and old audiences.

There were eleven events in total consisting of Dance, Music, Fashion, Writing, Art, Photography, Makeup, Open Category, Pageant, Stand Up Comedy and Gaming. Throughout the course of this new online endeavor, we held enlightening workshops such as the SIEC webinar for career guidance and higher learning abroad and the Furtados Strum Along guitar session. PR activities were hosted on our social media accounts such as the Lockdown Reflections and Memories that left an Impression on our childhood.

The main days of Fest Mosaic 2020 were premiered on YouTube on December 8, 9 and 10 at 4pm. It kicked off on 8 December with our Makeup Event, namely Contour Strike, and we ended with a bang on December 10 with Homemade Glamour, our Fashion Event, garnering around 1.2+ thousand views. Over 125 enthusiastic participants, three key sponsors (Furtados, Case Khazanna, SIEC Education), 23 hard-working crew members, 12 encouraging judges and the entire support of the management and staff of St. Andrew's College collaborated to make the fest a success. Mosaic'20 was a wholesome experience that also encouraged the all round development of those participatin. Through this fest, we kept the spirit of our college alive and we are committed to continue to do so in the years to come.

Prof in charge: Dr Charmaine Braganza, Vice Principal Degree College

Student in charge: Tanvi Bailore (TYBMS)

Inter-college Cultural Committee

The cultural committee of St. Andrew's College provides a platform for our students to showcase their talent in diverse fields like literary and performing arts. Due to the current Covid-19 Pandemic, the cultural activities were conducted digitally by various colleges.

Sr.No	Student's Name	Name of the College	Event Participated	Place Won
1.	Kevin Fernandes	Mithibai College	Short Film Making	2nd
2.	Shivangi Harish Vyas	Mithibai College	Short Film Making	2nd
3.	Gaurangi Harish Vyas	Mithibai College	Short Film Making	2nd
4.	Kevin Fernandes	Mithibai College	Call Of Duty	—
5.	Keith Fernandes	Mithibai College	Call Of Duty	—
6.	Craig Pereira	Mithibai College	Call Of Duty	—
7.	Ridge Riberio	Mithibai College	Call Of Duty	—
8.	Fernandes Chris Francis	Mithibai College	Panache, solo dance, Mr Kshitij	—
9.	Aiden Ashley Fernandes	Mithibai College	FIFA event	—
10.	Zaid Shaikh	Indian school of design and innovation	CL Meet	—
11.	Kevin Mathew	Mithibai College / Indian school of design and innovation	ACL Meet	—
12.	Jipal Pathak	Mithibai College	Renade	—
13.	Bhumishtha Bhadsavle	Indian school of design and innovation	Inferno 2.0	

Prof-in-charge: Ms. Rachel Shinde

Students-in-charge: Cultural Head: Kevin Fernandes

ACL: Kevin Mathew

Department of Environmental Studies (Nature Club)

Due to the pandemic, all our activities were virtual. Many online quizzes were conducted by different organisations on days of environmental significance and our students participated with great enthusiasm in each of them. On 16 September, three students participated in a national level e-Poster competition organised by Shri Shivaji Science & Arts College, Buldhana, Maharashtra. 13 Students participated in an online quiz on International Ozone Day organised by Koyna Education Society's Balasaheb Desai College, Maharashtra.

On the occasion of World Tourism Day, 17 students participated in Tourism Quiz organised by the Department of Geography, Krishna Mahavidhyalaya, Rethare. In an online quiz organised on the occasion of

World Food Day by Malda Krishi Vigyan Kendra, 25 students participated.

On 5 November, 2020 the Nature Club initiated an activity "Compost in a Bottle" in which students were taught how to compost wet waste generated at home, a practice that many of our students initiated in their homes after the session.

On 21 November 2020, students joined an online Night Sky Observation from 7.00-8.00 p.m. organised by the Nehru Science centre, Mumbai. On 6 February, 2021, students made presentations at an event "Wetlands and Water: Inseparable and Vital for Life" as a part of a celebration of World Wetlands Day. Sustainable Development Goal 14, Life below water was also reflected upon.

Profs-in-charge: Ms. Vineetha Nair, Ms. Belinda Jones, Mr. Allan Fernandes.

Congratulations



Dr. Charmaine Braganza



Dr. Sharon Gonsalves Durham

Congratulations to Dr. Charmaine Braganza, Head of the Commerce Department, and Dr. Sharon Gonsalves Durham, Head of the BMS, on being appointed the Vice Principals of the Degree College and Self-financed courses respectively.

Au Revoir



Dr. Desiree Gonsalves

We bade a fond farewell to our Vice Principal (Degree College), Dr. Desiree Gonsalves as she retired from service in September 2020. We thank her for her dedicated service of 32 and a half years and we wish her all the very best ahead.

Dr. Tavares In April 2021 we bade a fond farewell to Dr. G. Tavares: Head of the Department Business Economics, as she retired from 36 years of dedicated service to St. Andrew's College. We wish her all the very best ahead.

JUNIOR COLLEGE

Staff News

Department of Commerce

Prof. Dr. Sunny Fernandes

- Attended and actively participated in the "Webinar on Socio - Economic Factors during the Pandemic" conducted on 15th May 2020 by St. Xavier's College (Autonomous), Department of Commerce (Arts Section).
- Participated in the National Level Webinar on "How to be secure Online" held on Wednesday, May 20, 2020 organised by Internal Quality Assurance Cell (IQAC) and Department of Bachelor of Computer Application of Shri. M. D. Shah Mahila College of Arts and Commerce.
- Participated in 3 days Online Webinar held on 23rd May , 27th May and 2nd June 2020 on " Financial Markets, Personal Investing & Career Options " organised by Department of Accountancy of Nagindas Khandwala College of Commerce, Arts & Management Studies.
- Participated in the Online "Covid Awareness Program" organised during April / May 2020 by H(S) NCB's Dr. L. H. Hiranandani College of Pharmacy, Ulhasnagar.
- Participated in the Online Webinar on "Writing a Winning Resume" held on 29th May 2020 organised by the Department of Commerce, Maniben Nanavati Women's College and Smt. B.M. Ruia

Girl's College in association with Board of Industry - Academia Partnerships.

- Participated in the Webinar titled "Pandemic through the Lens of Finance: Impact of Covid - 19 on the Banking and Investment Arenas " conducted on 2nd August 2020 by St. Xavier's College (Autonomous), Department of Commerce (Arts Section).
- Participated in the Online Webinar on "Emerging Trends Post Covid - 19" held on 16th May 2020 organised by Don Bosco Institute of Technology, Mumbai.
- Participated in the Online Webinar on "Critical Media Literacy" held on 27th May 2020 organised by Don Bosco Institute of Technology, Mumbai.
- Participated in International Level Online Webinar on "Pandemic: A Personal, Educational and Economic Revolution" held on 10th June 2020 by P.U. Educational Service, Mumbai.
- Participated in the Online National Level Webinar on "Future Technologies in Cyber Space and the Law" held on 20th June 2020 by P.U. Educational Service, Mumbai.
- Participated in the Online National Level Webinar on "Survive & Thrive - Emotional Well Being" held on 4th July 2020 by P.U. Educational Service, Mumbai.
- Participated in Online National Level Webinar on "Understanding NET / SET

Preparations" held on 11th July 2020 by P. U. Educational Service, Mumbai.

- Participated in Online National Level Webinar on "Investor Awareness Program" held on 14th July 2020 conducted by SIES College of Commerce and Economics, Sion, Mumbai.
- Participated in Online National Level Webinar on "Cricket And Management Saga With Shishir Hattangadi" held on 19th July 2020 by P.U. Educational Service, Mumbai.
- Participated in International Level Online Webinar on "Atmanirbhar Bharat - Need of an Hour" held on 25th July 2020 by P.U. Educational Service, Mumbai.
- Participated in Online National Level Webinar on "Bloom's Revised Taxonomy" held on 9th September 2020 organised by N. G. Acharya and D. K. Marathe College of Arts, Science & Commerce, Chembur, Mumbai.
- Participated in the Online Teacher's Conference on "Empowering Educators" held on 10th September 2020 by the Institute of Company Secretaries of India (ICSI).
- Participated in e - Test on Teachers' Day in September 2020 organised by MKCL.
- Participated in Online State Level Webinar on "Challenges in Online Teaching with Special reference to new syllabus of Book - keeping & Accountancy" held on 26th September 2020 by N. G. Acharya and D. K. Marathe College of Arts, Science & Commerce, Chembur, Mumbai.

Prof. Bosco Fernandes:

- Participated in 3-day online National Level Workshop on 'Faculty Development Programme' on 30 April, 1 May & 2 May 2020 by Lala Lajpat Rai College of Commerce & Economics and University of Mumbai in association with North Storm Academy.
- Participated in 3 day online National Level Webinar on 'Faculty Development Programme' on 13 May & 14 May 2020 by North Storm Academy.
- Participated in 2-day online National Webinar on 'Education Gen Next: Perspectives, Opportunities & Challenges' organised by St. Theresa's College of Education, Santacruz (West) on 19 & 20 May 2020.
- Participated in 5-day online National workshop on 'Empowering Teachers for Online Teaching' organised by St. Theresa's College of Education, Santacruz (West) from May 26, 2020 to May 30, 2020.
- Participated in 5 day online Faculty Development Programme on 'Evolution from Offline to Online Teaching' conducted by Satish Pradhan Dyanasadhana College, Thane in Association with Department of Information Technology, University of Mumbai and Microsoft, from May 30, 2020 to June 3, 2020.

Prof. Dr. Dipti Menezes

- Successfully completed her Ph.D. from the JJT University, Rajasthan in the subject- Commerce & Mgmt, Thesis titled 'A Study of Consumer Experience and Satisfaction Towards Online

Shopping with Reference to Mumbai Suburb', the duration being from June 2016 to Dec 2019.

Department of English

Prof. Sweetie Fernandes

- Attended Online National Level Webinar on "Bloom's Revised Taxonomy" held on 9th September 2020 organised by N. G. Acharya and D. K. Marathe College of Arts, Science & Commerce, Chembur, Mumbai.
- Attended RUSA-sponsored International Webinar on 'Revisiting Children's Literature' on June 27, 2020, organised by the Department of English of Chikitsak Samuha's S.S. & L.S. Patkar College of Arts & Science And V.P. Varde College of Commerce & Economics, Goregaon, Mumbai.
- Attended a three-day National Level Online Workshop on 'Exploring Mobile phone as an Effective Tool for Online Teaching & learning' from June 16 to 18, 2021, organised by Lala Lajpatrai College of Commerce & Economics, Mumbai and R. A. Podar College of Commerce & Economics, Mumbai, in association with Maha Bridge Organization.

Prof. Kajali Raina

- Completed M.A. in Education with specialisation in Educational Management from IGNOU, Delhi.

Department of Hindi

Prof. Elcy Pinto

- **Professional Development:-**

1. One week Faculty Development

Program on-"ICT Tools for Effective Teaching Learning", organized by Swami Ramnand Teerth Marathwada University, Nanded on May 11th to 16th, 2020.

2. "Two Weeks Faculty Development Programme on "Empowerment Through Digital Technology and E-Learning" organized by SNTD Women's University from 18th - 30th May, 2020
3. One week Faculty Development Programme (National level) on "Evolution from Offline to Online Teaching" from May 30 to June 3, 2020 organised by Satish Pradhan Dnyanasadhana College Thane-Dept. of IT, University of Mumbai, YCM Open University and Microsoft
4. Three day National level online workshop on "Exploring Mobile phone as an Effective Tool for Online Teaching & learning" dated June 16 to 18, 2021, organised by R. A. Podar College of Commerce in association with Maha Bridge Organization.
5. Participated and successfully completed the Maharashtra State Advance Certificate Course in Information Technology for Teachers (MS-ACIT) in September, 2020.
6. Two-day National webinar on 'Demystifying Identity Praxis'-organized by the department of Sociology in collaboration with the St. Andrew's College, Women Development Cell on January, 28 & 29, 2021.

- **Research Domain Development**

1. One day national level webinar on June 10th, 2020 on- "How to Publish and

succeed with open access publications” organized by Taylor and Francis and IIT Delhi

2. Three days online workshop on “Development & standardization of tools for Research in social sciences”, dated June 16 to 18, 2020, organised by School of Education-Central University of Jammu under the scheme of Pandit Madan Mohan Malviya National Mission on Teachers and Teaching.
3. Two Day National level online workshop on “Making Online Learning Inclusive for students with Disabilities”.- A skill building workshop for Teachers on June 23 & 24, 2020, organised by St. Xavier’s College (Autonomous), Mumbai, Xavier’s Resources Centre for Visually Challenged in collaboration with IQAC Organization.
4. One day online state level webinar on- “Open Access E-Resources” dated January 23, 2021 organised by S. S. & L. S. Patkar college of Arts and Science and V. P. Varde College of Commerce and Economics.

Department of Sociology

Prof. Tania Donald

- Participated in the Maharashtra Certificate Course in Information Technology and has been awarded the Maharashtra State Advanced Certificate Course in Information technology - MS - ACIT for Teachers.
- Attended a workshop on Teacher Training program based on New HSC syllabus, and HSC Paper Pattern conducted by Sophia Junior College Sociology Department, on Sunday September 27, 2020.

- Attended a Sociology Teacher Training Workshop conducted by Prof. Roland Lewis of Thomas Baptist Junior College, Vasai and Prof. Ivan John of Sophia College, Mumbai on November 4, 2020.
- Attended workshop ‘How to Construct Sociology Question Paper Blue Print’ according to board guidelines conducted by Sophia Junior College Sociology Department, on November 22, 2020.

Department of Psychology

Prof. Sharmilla Menon

- Participated in the Maharashtra Certificate Course in Information Technology and has been awarded the Maharashtra State Advanced Certificate Course in Information technology - MS - ACIT for Teachers.

Department of Chemistry

Prof. Joanna Leons

- Successfully completed the Maharashtra Certificate Course in Information Technology and has been awarded the Maharashtra State Advanced Certificate Course in Information technology - MS - ACIT for Teachers.

Physics Department

Prof. Frederick Arland:

- Participated in 3-day National Level Faculty Development Programme Organized by North Strom Academy, held from 30 April to 2 May 2020.
Participated in 3-day National Level Faculty Development Programme Organized by North Strom Academy, held from 15 May to 17 May 2020.

Prof. Archana Patil

- Participated in 3-day National Level Faculty Development Programme Organized by North Strom Academy, held from 15 May to 17 May 2020.
- Participated in 3-day National Level Faculty Development Programme Organized by North Strom Academy, held from 30 April to 2 May 2020.
- Successfully completed the Two weeks Faculty Development Programme on 'Empowerment Through Digital Technology and E-Learning' Organized by SNDT Women's University, Churchgate Campus During 18 May - 30 May, 2020.
- Participated in a Two Day Online National Level Faculty Development Program Organized by Malla Reddy Institute of Engineering and Technology Affiliated to JNTU, Hyderabad on "Virtual Physics Labs" from 4th to 5th June 2020.
- Participated and successfully completed the Maharashtra State Advance Certificate Course in Information Technology for teachers (MS-ACIT) in November 2020.

Prof. Ashwini Gonsalves

- Participated in 3-day National Level Faculty Development Programme Organized by North Strom Academy, held from 30 April to 2 May 2020.
- Participated in 3-day National Level Faculty Development Programme Organized by North Strom Academy, held from 15 May to 17 May 2020.

Department Of Mathematics

Payal Meghani

- Participated in the National Webinar on 'Covid 19: Challenges in Mathematical Modelling' organized by Department of Mathematics, N. R. Swamy College of Commerce and Economics & Smt. Thirumalai College of Science, Mumbai, on 8 June 2020

Faculty Development Programmes attended by all the Junior College Staff:

1. The FDP on "E-learning tools" organized by the Staff Advancement Committee from 21 May 2020 to 28 May 2020.
2. Participated in the online training programmes organised by Maharashtra State Secondary & Higher Secondary Shikshan Mandal, Pune State weaver Training Council, Maharashtra, Pune, in the different subjects of SYJC Arts, Science & Commerce, for Re-Curriculum, Textbooks, Evaluation Plan, Component-wise Merit Division, etc.
3. The FDP on "Empower and Enrich: A Faculty Development Program for New Age Educators" from 4 Jan 2021 to 8 Jan 2021.
4. A one day National Webinar on "Publication Ethics and Research Visibility" organized by Library and Research Committee and IQAC of St. Andrew's College of Arts, Science and Commerce on 19 March 2021.

Department Reports

Department of English

Covid-19 introduced us to a never before medium of conducting lectures. Our classrooms went online. The department of English made their lectures interesting and engaging using various technologies like Online Quiz and PPT. The lectures were made interactive through question answer sessions and reading extracts of novels, which were part of the curriculum. Special lectures were dedicated to revise the syllabus and for clarification of doubts. Notes and practice or activity sheets were made available to students through Edfly.

Profs-in-charge: Ms. Ruby James Moses Jecord, Ms. Sweetie Fernandes, Ms. Kajali Raina & Ms. Elaine Almeida

Department of Hindi

The Covid-19 pandemic has presented both challenges and opportunities to the education system. The challenges were keeping the students engaged in big online classrooms where a single teacher was able to connect with large number of students. Digital platforms enabled teachers to reach out to students more efficiently and effectively through chat groups, video meetings, documents sharing etc. With the aim of providing new experiences and to complete educational commitments, the Hindi department also organised a few online activities for students of FYJC & SYJC Arts, Science & Commerce. The activities were based on syllabus and on day-to-day life experiences.

Profs-in-charge: Ms. Swati Sawant & Ms. Elcy Pinto

Department of French

Unlike the previous years the academic life all over the country went on a topsy-turvy situation due to the COVID-19 pandemic which almost shut everything. St. Andrews College also moved into online situation successfully adopting and adapting available and new technologies.

The French department successfully conducted online classes and covered the assigned portions within time. Examinations were also conducted. Online games and quizzes were arranged at periodic intervals.

The French department also celebrated France “La France en Fete” which is the annual French Day programme. It was the first online event of our College which was conducted with a variety of cultural programmes including dance, song, fun facts and much more. It also took the spectators on a virtual tour of famous and historic places in France.

Prof-in-charge: Ms. Lynette Noel Jeethil

Department of Sociology

This academic year since teaching-learning was online, the students of FYJC and SYJC Arts presented videos and PPTs during the online lectures.

The students of SYJC Arts showcased their talents by creating their own videos. Students created videos on topics like Women Empowerment and Women’s Movements in India.

For the FYJC Arts the topic for PPT presentation was - ‘Culture A Way of Life’. These presentations took the class on a

virtual journey of India and the world, whereby the cultures of different countries, religious groups and tribes were showcased in a vivid manner.

Prof-in-charge: Ms. Tania Donald

Department of Psychology

With the teaching-learning going online, the department of Psychology conducted lectures using PPTs. An informative and interactive session was also organized by Prof. Sharmilla Menon where eminent Psychiatrist Dr. Kersi Chavda, gave a talk to the SYJC Arts students, on various topics such as Mental Health, Depression, Social Anxiety, Suicide and other problems related to teenagers.

Prof-in-charge: Ms. Sharmilla Menon

Department of Economics

The academic year 2020-21 saw a sudden shift from offline to online classroom required acquiring new digital skills. Every topic in the economics syllabus of FYJC and SYJC Arts & Commerce classes was covered with PPTs followed by classroom discussions through the medium of the chat. Live classroom experiences were brought into a virtual classroom. The students were shown PPTs on global issues covering topics like poverty, unemployment and population. The students were also shown video clips on other issues like illiteracy, social exclusion, inequality, technological unemployment, caste system, importance of female education and right to education. In light of these video clips discussions were held on the current situation in India and the measures taken

by the government to resolve these issues.

Prof-in-charge: Dr. (Ms.) Sylvia Pinto and Ms. Nikita Lopes

Department of History

The study of history entails an acknowledgement of the idea that it is far more than just a collection of facts, and is rather a critical discipline and a process of enquiry that delves into the past and informs the present. This idea is the principal tenant of the Department of History, and it was therefore only appropriate and pertinent to introduce our new students of FYJC Arts during their initial online lectures to it, aided by the use of a PowerPoint Presentation. The FYJC syllabus reveals the epic history of India, right from ancient and medieval times. A plethora of these topics such as the Indus Valley Civilization, the origin of Jainism and Buddhism, the rise and fall of the Persian Empire, Alexander the Great, the Mauryan and Post-Mauryan Empires, the Gupta Empire, the Delhi Sultanate, the Mughal Period and the Maratha rule were presented to the students through the use of educational videos and documentaries that focused on important developments in different spheres-political, social, cultural and economic and took the students beyond the realms of the textbook. The students were also presented with videos and documentaries on topics such as 'The History and the Impact of the Panama Canal on the world' that are influential in shaping global politics and world history.

The study of history cannot be static and isolated, and can only be undertaken by delving into its dynamic nature. The SYJC

Arts syllabus was an amalgamation of a detailed study of ancient, medieval and modern world history, as well as Indian history. Online lectures were supplemented and enriched by a number of documentaries and educational videos on topics like European Colonialism, the World Wars, Cold War, Communist and Capitalist Ideologies and many more, that aimed to help students develop skills to comprehend, analyse, interpret, evaluate historical evidence and understand contemporary issues which have occurred because of developments in the past.

Prof-in-charge: Ms. Eleatha Pinto

Department of Physics

As COVID Pandemic took the world by storm, the education industry switched to online teaching and learning platforms. The transition to a virtual college was not easy for teachers and students at St. Andrew's college as Physics is a practical subject, which requires more concentration than any other subject because it deals with the Natural Sciences

The rapid switch to online teaching earlier last year was a huge and stressful adjustment, but we physics teachers also learned valuable new tools and practices eg. Edfly, Zoom, Google Classroom, Google Forms etc. with the help of our Vice Principal and HOD of Physics Department Mr. Frederick Arland.

Students of FYJC & SYJC Science were taught through interactive PPTs and the method applied was breaking into interactive sessions through Quiz. By showing various videos related to the

concepts, asking them questions made the teaching- learning process more interesting and interactive.

Profs-in-charge: Mr. Frederick Arland (Vice Principal), Ms. Archana Patil and Ms. Ashwini Gonsalves

Department of Chemistry

The Covid-19 pandemic led to a number of changes in the teaching-learning process. The chemistry department has also adapted to the use of new technology for conducting online lectures in the subject.

Through the use of most interesting PPT presentations and videos, we put across to our students of FYJC & SYJC Science the theory portion, reactions, nomenclature, numerical, various laws and other important concepts. We have also made learning fun for the students by incorporating quizzes and other questionnaires. Also a number of assignments and study matter was uploaded from time to time. To check how much the students have actually understood tests were conducted through the Testmoz app, both for FYJC & SYJC Science classes. The enthusiasm of our FYJC students towards the Testmoz was noteworthy. Due to this a clone of the test had to be created to enable all students to appear.

We also conducted more than 60 percent of the Chemistry practicals in Chemistry laboratory for the SYJC students.

In a special way we thank our vice-principal for all the efforts in initiating us step by step to this on-line teaching process.

Profs-in-charge: Ms. Joanna B. Leons, Mr. Deepaksingh Deshmukh, Ms. Rajani Patil and Ms. Preethi Sequeira

Department of Biology

In the midst of the lockdown, the education system had to face drastic changes not only in India but across the globe. It is the virtual classrooms and other online tools which have proved effective and gained popularity in shifting educational landscape. Teachers have upgraded their skills with the help of faculty development programs and training sessions for using online resources and learning platforms. The Principal of our college, Dr. Marie Fernandes and the Vice-principal, Prof. Frederick Arland encouraged staff members to learn and deliver online classes with ease. Biology concepts were taught on zoom classroom in the form of PowerPoint presentations, recorded animated videos and audio lectures. The progress of students was constantly monitored by assignments, their study material and notes were uploaded regularly on the Edfly-learn college study portal. At the end of each topic/chapters, teachers regularly uploaded additional questions and quiz to get an overview of teaching-learning outcome. The shift from conventional teaching to unconventional classes was exciting, providing new learning experience for teachers as well as students in the confines to their homes.

Profs-in-charge: Ms. Manisha Chabukswar, Ms. Deepaxi Patankar and Ms. Jessica Gonsalves

Department of Information Technology

The I.T. department undertakes initiatives for the overall development of students and gives them a practical orientation to inculcate skills that will help them to face

this competitive world. The department activities conducted focused on imparting technical knowledge along with its application in the practical world. The HSC board revised the FYJC & SYJC syllabus from the academic year 2020-2021 and online lectures were conducted using Zoom software. During the online I.T. lectures of FYJC & SYJC Arts/Science/Commerce, the subject topics were explained with the help of PPT Presentations.

For I.T. Science students, a live demonstration of typing and executing HTML, Javascript and PHP codes, was given to the students. The students were also given a demonstration for installing a PHP server such as XAMPP.

For the I.T. Arts stream, students were introduced to topics such as Audio and Video Editing, 3D printing, Augmented reality and virtual reality. Various video tutorials related to how a 3D printer works and its types, the rise of technology-Augmented reality (AR), Virtual reality (VR) were shown to the students that gave them an insight into the latest innovations and trends in the field of technology. The students were given in-hand experience in using audio and video editing software by showing them a live demonstration of the software. The students also actively participated and presented excellent sound stories and video animations during the online lectures.

For the I.T Commerce stream, students were introduced to computerized accounting software Tally ERP9 which helped them to understand effective and efficient financial handlings. Also, various video tutorials were shown to students for a better understanding of topics such as E-commerce. The students were given a fun

activity of participating in an online quiz which helped them to analyze their progress. An activity based on every chapter was uploaded on the Edfly learning platform & students were encouraged to solve the same.

Profs-in-charge: Mr. Samir Ankalikar and Ms. Rosel Rodrigues

Department of Computer Science

During the ongoing crises of the pandemic, the Computer Science department has adapted and evolved to make the best of online lectures. Since the Higher Level Languages like C++ and Assembly Language Programming like 8085 are mandatory for pursuing a career in fields of Computer Science and Information Technology, the students of FYJC & SYJC Science were introduced to these via quizzes. The students were motivated to learn about the development in these specific fields through newspaper clippings, PPTs, etc. The newspaper clippings based on topics like Cloud computing, Cyber security and hacking, AI and machine learning, Block chain technology, IOT, Web Designing and

Web Development were used with the aim that our students be able to decide on different specializations that they can achieve after a degree in CS or IT.

Profs-in-charge: Ms. Joan D'mello and Ms. Nisha D'mello

Department of Environmental Education and Water Security

Covid-19 has restricted us to the four walls of our house. The study and awareness of our environment too had to be conducted through online lectures. The SYJC students worked on assignments and a project as prescribed by the board. The students even prepared a notebook on various environmental issues and topics in their vicinity. Guidance was provided to the students through online lectures and notes on Edfly. The FYJC students worked on an assignment. The SYJC assignments and project were submitted through a journal while the FYJC assignment was submitted by the students through an online medium, i.e., the Google classroom.

Profs-in-charge: Ms. Elaine Almeida, Ms. Preeti Sequeira, Dr. (Ms.) Dipti Menezes & Ms. Nisha D'mello

Co-Curricular Activities

Department of Psychology

An informative and interactive session was organized by Prof. Sharmilla Menon (Dept. of Psychology) via Zoom platform, on 17 December 2021, where eminent Psychiatrist Dr. Kersi Chavda, gave a talk to the SYJC Arts students, on various topics such as Mental Health, Depression, Social Anxiety, Suicide and other problems related to teenagers.

The talk was held on Zoom from 1.45 to 3.10. It was attended by approximately 165 students.

Prof-in-charge: Ms. Sharmilla Menon

Department of French

The French department celebrated France “La France en Fete” which is the annual French Day programme. It was the first online event of our College which was conducted with a variety of cultural programmes including dance, song, fun facts and much more. It also took the spectators on a virtual tour of famous and historic places in France. Our Chief Guest on that occasion was Mr Balavignesh French professor from Chennai and Ms Milita Ganguli, HOD of the French Department of HR College. The online French Day event was much appreciated by the Chief Guests.

Prof-in-charge: Ms. Lynette Noel Jeethil

Department of Hindi

To provide new experiences and complete educational commitments, the Hindi department conducted few online activities for students. Some activities were based on syllabus and some on day-to-day life experiences. Following are the activities conducted in the SYJC & FYJC classes of Arts, Science & Commerce:

1. 26th August, 2020 - Mother Teresa Birth Anniversary.
2. 14th September, 2020 - Hindi Diwas
3. 16th September, 2020 - International Ozone Day- PPT presentation
4. 8th October, 2020 - Indian Air Force Day- PPT presentation
5. 15th October, 2020- Reading Day (Dr. Abdul Kalam Birth Anniversary)
6. 31st October, 2020- Halloween Day (Face/Hand painting competition)
7. 14th November, 2020- Bal Diwas- Essay and Video preparation competition.
8. 26th Feb, 2021- Marathi Day- PPT presentation.

Profs-in-charge: Ms. Swati Sawant & Ms. Elcy Pinto

Department of Commerce

The Commerce Department conducted the following activities for the students of FYJC and SYJC Commerce:

Sr.No	Activity	Date	Guest Speaker	Prof. In Charge
1.	CS Seminar on Career in Company Secretary	18 Sept. 2020	Ms. Vimala Jogadiya, The Institute of Company Secretaries of India (ICSI)	Prof. Dr. Sunny Fernandes
2.	Quiz on Company Secretary	19 Sept. 2020	The Institute of Company Secretaries Of India (ICSI)	Prof. Dr. Sunny Fernandes
3.	Webinar on "Introduction to Securities Market"	15 Oct. 2020	Mr. Miheer Moghe. Bombay Stock Exchange (BSE)	Prof. Dr. Sunny Fernandes and Prof. Bosco Fernandes

Bal Diwas

An Essay Writing Competition was organised to celebrate Bal Divas. There were 65 Entries.

As assessed by Kajali Raina of the English Department, St. Andrew's College, the winners were :

- First Rank** : Rhea Abigail Lobo (SYJC Commerce)
- Topic** : The Role of Nehru in the freedom struggle
- Second Rank** : Elisha Ann Jayawardana (SYJC Arts)
- Topic** : Nehru - Science & Technology
- Third Rank** : Clint D'Souza (SYJC Science)
- Topic** : Nehru - Science & Technology
- Fourth Rank** : Fleur Rodrigues (SYJC Arts)

- Topic** : Pandit Jawaharlal Nehru's role in independence
- Fifth Rank** : Ariana Pinto (SYJC Commerce)
- Topic** : Nehru and Freedom Struggle
- Sixth Rank** : Ginelle Menezes (SYJC Commerce)
- Topic** : Nehru's role in Independence
- Seventh Rank** : Sarah D'souza (SYJC Commerce)
- Topic** : Nehru Founder of Industrial Development
- Eighth Rank** : Anita Shrestha (SYJC Science)
- Topic** : Role of Nehru in Independence struggle
- Nineth Rank** : Maryann Barretto (SYJC Commerce)

Topic : Nehru founder of Industrial Development.

Tenth Rank : Sanskriti Singh (SYJC Science)

Topic : Nehru- Science & Technology

Prof-in-charge: Ms. Kajali Raina

Independence Day

On August 15, 2020 the Junior College staff and students, celebrated the country's 74th Independence Day. The function was organized and conducted online due to the pandemic. The programme began with a motivating speech by the Principal of our college, Dr. (Ms.) Marie Fernandes. The Tricolor was hoisted in the college premises by our Vice Principal, Prof. Frederick Arland. The event was telecast live via Zoom and all our teachers as well as students could participate virtually in this visual treat.

Our students of SYJC Arts, Science & Commerce classes put up inspiring speeches, patriotic songs and energetic dance performances through video clips which added up to the colourful festivity of the day. The programme concluded by wishing each other online 'Happy Independence Day'.

Organizers: Prof. Bosco Fernandes, Prof. Deepak Deshmukh & Prof. Lynette Jethil.

Report by: Prof. Bosco Fernandes

Teachers' Day

"Teaching is more than imparting knowledge, it is inspiring change"

- William Arthur Ward

St. Andrew's Junior College celebrated 'Online Teachers' Day' with great gusto and

joy on 5 September 2020. The SYJC students Arts, Science & Commerce performed a scintillating online cultural show to denote their love, respect, acknowledgement and recognition of the hard work put in by the teachers towards their development. The programme commenced with a Prayer for Teachers through a Power-point presentation by our respected Principal Dr. (Ms.) Marie Fernandes. It was followed by an inspirational speech and poem for teachers by our Student Council members Nicole Murzello and Noorshaba Munshi. The cultural online show incorporated speeches, poems, songs and dance performances by our Junior College students through effective and meaningful video presentations. The highlight of the day was a very motivating speech on Teachers by our Vice-Principal, Prof. Frederick Arland.

Through our student's video presentations, it was evident that our Teachers at St. Andrew's Junior College play a vital role in making their pupil accountable citizens of tomorrow and wonderful human beings, through their selfless service and commitment. Our Principal and Vice-Principal extended their heartiest thanks to all students on behalf of the staff.

Organisers: Prof. Anju Verma, Prof. Bosco Fernandes, Prof. Archana Patil, Prof. Deepak Deshmukh, Prof. Dipti Menezes & Prof. Lynette Jethil.

Report by: Prof. Bosco Fernandes

Republic Day

On 26 January, 2021, St. Andrew's Junior College celebrated India's 72nd Republic Day online with great élat. The staff and students took pride in glorifying and celebrating the spirit of unity. The online

programme commenced at 8:15 a.m. with the unfurling of the National Flag by our Vice-Principal, Prof. Frederick Arland in our college campus. This was accompanied by the rendition of the National Anthem by our Principal, Vice-Principal, staff and students. The event was telecast live via Zoom and all our teachers as well as students could participate virtually in this visual treat. The Principal, Vice-Principal, staff and students saluted the National flag and pledged to uphold its honour and integrity. Our Principal, Dr. (Ms.) Marie Fernandes then emphasized the importance and significance of the Constitution and the need for quality education which would help in the development of the State and our Country at large. The Vice-Principal then addressed the staff and students and urged them to do their best during these troubled times of the pandemic and feel proud to be Indian. The students virtually brought the stage alive with their passion and love of the motherland through their speech, documentaries, song and patriotic dances through video presentations. Every performance by our students reverberated with patriotic fervour and enthusiasm. The online programme ended with a vote of thanks by the Staff Secretary (Jr. College), Prof. Dr. Dipti Menezes.

Organisers: Prof. Bosco Fernandes, Prof. Deepak Deshmukh, Prof. Nisha D'Mello and Prof. Nikita Colaco

Report by: Prof. Bosco Fernandes

International Yoga Day

The International Yoga Day was celebrated online on 21st June 2020 for the staff members of Junior College. It was a 30-minute morning online session conducted by

Prof. Anju Verma. The session comprised of breathing exercises, stretching exercises and a few basic asanas. The health benefits of performing yoga were also highlighted during the session.

Prof-in-charge: Ms. Anju Verma

Inter-Collegiate Activities

International Science Activity - NASA Space Camp 2020-21

Every year we are taking part at ward level, zone level, state level and national level science activity. Under the motivation and inspiration of our respected Principal Prof. Dr. Marie Fernandes and under the guidance and leadership of our respected Vice-Principal Prof. Mr. Frederick Arland, this year St. Andrew's College is participating in INTERNATIONAL SCIENCE ACTIVITY-NASA SPACE CAMP.

The benefits of the program:

- It is an Opportunity for our students to participate in NASA space camp and interact with globally renowned tutors.
- Space Camp programs bring key concepts alive with experiences like space missions, weightlessness, moonwalks, rocket building, robotics, and simulator training.
- Space Camp, however, means so much more than just space flight training.
- More than 80 countries students are participating in NASA space camp.
- Each applicant must qualify the examination conducted by Shakti Chariot and student shall participate through Essay or project.

NASA SPACE CAMP - A GATEWAY TO NASA.

From St. Andrew's Junior College Total 62 students participated in the first stage of the event.

For Essay Competition -22 Students Only PPT -34 Students, PPT with Working Model- 3 Students and PPT with Non-Working Model- 3 Students respectively.

Out of which total 36 students got selected and qualified for the second stage of the event by the committee of NASA.

For Essay Competition -11 Students Only PPT -22 Students, PPT with Working Model- 01 Student and PPT with Non-Working Model-02 Students respectively.

All these students will appear for written test on their selected topics in August 2021, the Qualifying students will be given opportunity to attend NASA SPACE CAMP at NASA, USA in November 2021 for 15 days. All the expenses will be borne by the NASA.

We wish Our Students All the Very Best For their Future progress.

Profs-in-charge: Ms. Archana Patil and Mr. Dipaksing Deshmukh

Luminescence 2021

On March 20, 2021 the Mithibai College sponsored event-Luminescence 2021- was held which focused on the talent of the students from colleges all over Maharashtra. Approximately, students from 43 colleges participated in this event including college St. Andrew's College. The event was held online on Microsoft Teams due to the pandemic. The theme of the event was "Voyage To The Rising Dawn".

The event consisted 6 sub-competitions: Quizeption [Quiz], Maskcape [Mask

Painting], Elysian [E-Poster Making], Cruise Past The Blues [Open Mic-included Music, Singing, Poetry, Mono-Act], Once Upon A Time [Story Telling] and, Survival Of The Fittest [Escape Room]

Winners of the Events:

1. Criselle Rodrigues (FYJC Science): 1st Prize in Maskcape
2. Steve Pillai (SYJC Science): 2nd Prize in Elysian
3. Chetna Singh (SYJC Science): 3rd in Elysian
4. Sarah Dias (SYJC Science): Consolation in Music [Cruise Past The Blues] and was appreciated by the judges.

Total 21 students participated in the event under the motivation and inspiration of our Principal Prof. Dr. Marie Fernandes and Vice-Principal Prof. Mr. Frederick Arland.

Profs-in-charge: Ms. Archana Patil and Mr. Dipaksing Deshmukh

Cultural Activities:

1. An Online Inter - Collegiate Debate Competition was held against IIT Bombay in the month of November 2020. St. Andrew's College secured the First Place by winning the Best Team & Best Speaker Awards.
Best Speaker was Sneha Jere from SYJC Arts.
2. An online Group Discussion Competition was organised by Vedutrain Institute in the month of January 2021 where St. Andrew's College was the Second Runner-up.
3. A talk on 'Artificial Intelligence' was conducted in May 2021 by Ms. Bhavana Raina who has qualified in AI from Oxford

University, London. 30 students from FYJC & SYJC Science participated in this interactive session.

4. An 'All India Just A Minute Speech' was organised by Vedutrain in May 2021, where two students from St. Andrew's brought laurels to the College by securing the 3rd position at the National level: Dev Kyawal from FYJC ARTS and Amaan Ojha from FYBBI.

Cultural Head: Ms. Kajali Raina

Children's Day (Bal Diwas) November 2020- State Level Online Competition

Maharashtra Government through its Education and Sports Department had planned the literary activities for week starting from November 8 to 14, 2020. This was to celebrate the 'Bal Diwas' in memory of freedom fighter and India's first Prime Minister, Pandit Jawaharlal Nehru. The activities had to be based on the life

of Pandit Nehru with specific focus on his contribution to the nation building. The competitions were to be conducted at three different levels i.e. Taluka, District and State Level. The activities planned were essay competitions in various languages, video documentaries and others.

St. Andrews College also organized many activities at the college level and the selected students who participated at district and state level. From St. Andrew's Junior College, 65 students participated in essay writing competition in English language, 10 students participated in Marathi language and 10 students in Hindi. Additional 20 students participated in documentary-making competition. There was an enthusiastic response from student community. The expert committee selected best winners and send them for State level competition.

COLLEGE LEVEL WINNERS:

English Essay competition Winners

Sr.No	Name	Class	Roll No.
1	Steve Fernandes	12 A SCI	2318
2	Kareena D'souza	12 B COM	2816
3	George Arikkat	12 A COM	2629

State Level English Essay Competition Winner

Sr.No	Name	Class	Roll No.
1	Steve Fernandes	12 A SCI	2318
2	Kareena D'souza	12 B COM	2816
3	George Arikkat	12 A COM	2629

Prof-in-charge: Prof. Fredrick Arland

Committee Members: Dr. Sunny Fernandes, Prof. Kajali Raina, Prof. Rajni Patil, Prof. Rosel Rodrigues, Prof. Swati Sawant and Prof. Elcy Pinto.

Bonjour French Classroom

Bonjour French Classroom organised a Music, Art & Cuisine competition for the French learners.

Nicole Murzello (SYJC Commerce) participated in the online cuisine event. She baked a Charlotte Russe - A French Delicacy and won her a spot in the top 10. She also attended French Trainings:

1. "Teaching and Learning of French in India" - Trainer Prof Pannirselvame S., Organised by Dept of French, Providence College for Women, Connoor on 12th May 2020
2. 'Evaluation en Ligne' - Trainer Ms Jahnvi

Mehta, organised by Indo-French Hub on 16th August 2020

3. 'Divergent Thinking - The non linear method in identifying the gender of French Nouns' - Trainer: Dr. Arunkumar Santhalingam, Organised by AIFPRO on 16th October 2020.
4. Quels Jeux en Ligne pour animer les cours par visioconference - Trainer - ELODIE VINCENT - Organised by Indo-French Hub (18th October 2020)
5. Preparer vos eleves au DELF A1,A2,B1 - Trainer - VINCENT BOUEN -Organised by Indo-French Hub (7th and 8th November 2020)

Prof-in-charge: Ms. Lynette Jeethil

Congratulations



Dr. (Ms.) Dipti Menezes

- Successfully completed her Ph.D. from the JJT University, Rajasthan.
- Subject- Commerce & Mgmt.
- Thesis title: 'A Study of Consumer Experience and Satisfaction Towards Online Shopping with Reference to Mumbai Suburb'
- Duration: June 2016 to Dec 2019

JUNIOR COLLEGE TOPPERS H.S.C. EXAMINATION 2020

Arts



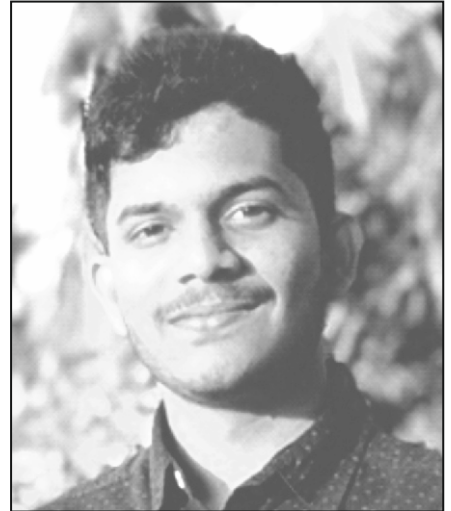
Asher John Sequeira
89.69%

Science



Sasha Wilbert D'Silva
93.38%

Commerce



Regan Salu D'Cunha
92.77%

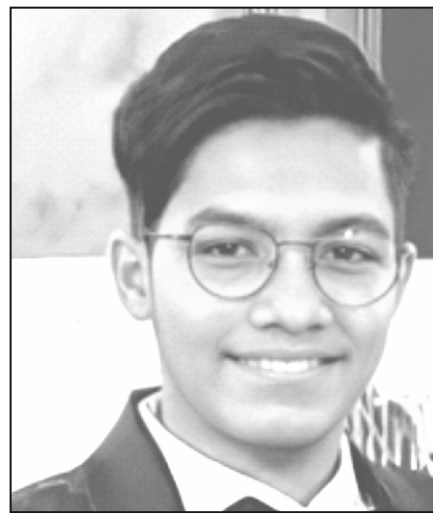
BEST STUDENT OF THE YEAR 2019-2020

Best Girl



Danica A. Pereira

Best Boy



Reiner Rakesh Jadhav

Voices in Prose

Think and Grow Rich - A Book Review

Think and Grow Rich is a book written by author Napoleon Hill, an American author specialising in self-help. This book is the author's understanding of the secret behind the success of rich and wealthy men and women and is a top-selling book.

This book aims to teach its readers methods of how to grow rich and it does that in thirteen steps! The author gives us a very important secret hidden in these thirteen steps. In every chapter, one discovers or comes closer to discovering that secret. One may wonder how Napoleon Hill managed to get rich people to reveal their secrets. The truth is that the author interviewed over 10,000 applicants to understand their secrets by their behaviour and body language. One special aspect about this book is the fact that it generates interest in knowing more about the secrets that the author offers. Before beginning the first chapter, the author has added a preface called "What do you want the most?". In this section, the author points out that many people want success, money, wealth, etc., but what people should want is happiness

and to enjoy their life and job. A few things that people do not realise is that failure is necessary for success. Unfortunately, once someone fails, they do not persist in their efforts to succeed.

The author has provided the readers with a lot of examples and real-life situations. He also explains how people make money and become successful. Some other topics that the book includes are how faith and imagination are essential steps to earn riches. Apart from teaching readers the steps, the book also informs them about the obstacles they could face on their way to success. For example, procrastination, fear of poverty, ill health, loss of love, old age, etc., and ways to protect themselves from negative influences and evil thoughts.

This book deserves a spot on every person's reading list as it makes one realise that it is not always about the success or money one possesses but the happiness and joy one feels along the way.

Trichelle Rodrigues
F.Y.B.M.S. (A)

***Animal Farm* by George Orwell - A Book Review**

Animal Farm by George Orwell is an allegorical novel based on the Russian Revolution of 1917. Orwell's purpose in writing this novel was to help us understand the Revolution in a simple manner, whether the reader is a child or an adult. A brief knowledge of the event does help in identifying the historical persons the characters were based on, the different events and ideas that are showcased throughout the plot. By the end of the novel, the reader learns how the Russian Revolution came to be.

The story of *Animal Farm* unfolds in the heart of the countryside, at a farm, named Manor Farm, handled by Mr. Jones and his men. Despite being the owner, Mr. Jones is far from responsible or gentle with the animals. This creates strong resentment amongst the animals towards Mr. Jones and his indifferent ways. Before passing away, Old Major, a wise and old boar, proposes a version of 'The Animal Dream' and a set of 'Commandments' for the animals to abide by. The animals live by the motto, "Four legs good, two legs bad" which is set as the primary commandment of "Animalism". Old Major gives them hope, and a dream of living freely in an equal society which sparks a flame amongst them, a flame that is finally set ablaze by Mr. Jones' mistreatment of them. Throughout their period of freshly found independence from their human abusers, the animals create and follow a fairly democratic system. The importance of their roles is dependent on their level of intelligence, making the pigs in charge of the management. For a while, this utopian *Animal Farm* was one that the

other animals could only dream of. But that was only a façade put forth by the supposed leaders of the farm, Napoleon and Snowball. Under the pretence of undergoing extreme hard work to create an equal society, the pigs steal milk, apples, young puppies from their mothers and find comfort in the once banned farmhouse. The rest of the animals fall victim to this misfortune due to the pigs being able to outsmart them by simple knowledge, manipulation and lies.

However, this is not the only shortcoming that the animals face over time at the farm. Napoleon and Snowball eventually develop a power struggle, making this a turning point in the plot. With his tactics Napoleon drives out his only opponent, Snowball. Free to now govern the farm in the manner he wishes to, Napoleon restricts the liberties of the animals. His right hand pig, Squealer, manages to manipulate the animals into thinking that everything is for their own good. This continues day by day, and the animals continue to work in miserable conditions. A clear example of this would be how a horse, Boxer, and the rest of the animals work to near-death situations in order to prove their loyalty to Napoleon. In the end, Boxer is not rewarded for his loyalty. Napoleon had managed to successfully create fear, use power and manipulation to let a once free and innocent dream burn down in the flames of corruption and selfishness. The primary commandment was no longer the same, now it was "all animals are created equal, but some more than others." The novel ends with the image of the dumbfounded animals, who cannot

tell the difference between the pigs and the humans they once deemed evil.

Orwell manages to highlight human behaviour, bringing to life themes of power struggle, manipulation, and corruption throughout the novel. Although the Russian Revolution might take a considerable amount of time to research and fully understand, Orwell has written *Animal Farm* in a manner for people of all ages to enjoy. He accomplishes this by using simple, known ideas like the Ten Commandments. Even though it was published in 1945, the themes are still relevant. Corruption and manipulation, for example, take place in many countries, including India, and to some degree the animals of the farm represent the citizens of these countries. The most

interesting part of the novel was definitely the end where the animals could not tell the pigs from humans. Most often, humans may set out towards a good, common goal, but with power comes greediness, which is what Orwell depicts very well through Napoleon's story. The end leaves a lasting impression on the reader, provoking further thought.

Overall, *Animal Farm* by George Orwell is an eye-opening and thought-provoking novel from which one can draw and apply several lessons to human behaviour and the real world. It is an opportunity to experience the history of the Russian Revolution in 135 pages.

Bianca Rodrigues
F.Y.B.M.S. (B)

Environment and the Pandemic

Over the last few decades, humankind has switched to an industrialised approach. We have simplified our work in so many ways that without machines we cannot do most of our work. But this advantage comes with its own disadvantages. We have damaged our environment intentionally and unintentionally. Our environment has gone for a toss in today's era. We have been overdependent on technology. From travelling in air-conditioned cars, to heavy use of disposable goods, to irresponsible water consumption - our natural resources are getting depleted by the minute.

Last year the entire world was hit by the deadly Coronavirus known as COVID-19. This virus started spreading in cities, countries and gradually throughout the world in no time. Government bodies were left with no other option but to put their countries on hold. We were locked inside our homes; we turned our homes into our workplaces. We switched to operating almost everything through gadgets. However, this quarantine has proved to be good for the environment. Many reporters say that 2020 was the year for the earth to heal. The damage that we had done over the years gradually started reversing.

Due to decreased use of transportation, the air quality improved to a great extent. The levels of pollutant nitric dioxide were reduced by 20-40% in countries like the US

and China. Not only the air quality, but also the water quality and maritime environment benefited due to the pandemic. The amount of trash getting dumped into river bodies were drastically reduced. Since there were travel restrictions, Sea Turtles were spotted laying eggs on the beaches that they once avoided.

Though such positive changes were seen in the environment during the pandemic, some negative changes have also taken place. The use of plastic, medical waste, and the burden of untreated waste is constantly increasing. These issues need to be tackled by making people aware about reusable mask options and other alternatives.

Irrespective of all these pros and cons, we can agree to the fact that this pandemic has brought about a positive change. Mother Nature is healing in its own way. We witness this positive change in the glaciers, water bodies, air quality, and wildlife conservation. Operating from home might or might not be a permanent option, but this pandemic has made people aware about the impact that can be made on the environment. This is going to be a lesson to many of the environmentalists and governments bodies to bring about greater change.

Eshani Chemburkar
F.Y.B.A. (B)

My Final Year Class

Being in your Final Year during the time of the pandemic and seemingly eternal lockdowns was unfortunate. That was my thought while finalising my admission for this academic year. After all, what good could come out of this without in-person events?

All my college life, I was awaiting the intelligent and close-knit company of my final year class. So when it was announced that our whole academic year would be online, I had my doubts if my wish would be fulfilled.

The online space can be cold and scary. Personal touch is lost as we cannot connect with people very well in virtually. The casual soft chatters during class, hanging out after lectures and those colourful extra-circular events held on the various stages of St. Andrew's was no more part of our Final Year agenda, and that was disappointing for us.

But somehow, as this academic year unfolded in front of us, there were many pleasant surprises that came with it.

When online lectures first started, it felt so alien to me. I didn't get the feeling that I was sitting in class with all my friends. Overtime, our class group which was used for announcements for important events and classes, forwarded class notes from professors, absent notices of professors,

and notices of tests and assignments. Slowly and surely it became a space to talk about our personal struggles, our difficulty in understanding certain subjects, discussing our opinions over extended lockdowns and rumours of offline lectures/exams, and so on.

I really felt all of us grow closer to each other this year. In fact, I even made more friends this year. We all helped one another: whenever someone faced internet issues we would send them the link and if anyone needed help with their PowerPoint Presentation, someone would promptly offer their support.

Maybe this amazing story of friendship between us final year students would have been better if we had in-person lectures or maybe not. But for all I know it was good enough for me to enjoy this academic year. I really felt the power of friendship this year despite the lockdown or maybe because of it.

In a few more days, we will be having our online class group photo with all our lovely professors. I hope to see that photo in the future and always remember this time spent with all these amazing people in my college life, my classmates, and professors.

Pearl Fernandes
T.Y.B.A. (Economics)

Economics E-Symposium - An Overview

On 27 March 2021 the Departments of Economics and Business Economics organised their first Economics e-symposium. It was conducted on the Zoom call platform. The symposium was inaugurated by our Principal Dr. Marie Fernandes and hosted by Dr. Kashmira Mody.

The first speaker of the day was Prof. Ajit Karnik, a professor in Economics at Middlesex University, Dubai who spoke about 'The Indian Macro-economy Today'.

Prof. Karnik started his presentation with insights on condition of the Indian macroeconomy, and the different types of policy shocks like, demonetisation, GST, strict lockdown, that the Indian economy has experienced in recent

Karniktimes. He also spoke about the changes in the trends in GVA/GDP, and the post-Covid performance.

Prof. Karnik also covered the impact of Covid on poverty, education, unemployment and how it has caused a loss in GDP. He provided an understanding of the need for a safety net and continuing income support for those thrown into poverty and provision of support for the survival of the MSME sector. After a very informative and graphic illustration of the trends in GDP and unemployment, he gave a critical review of the Budget for 2021-22. He also emphasized how education has become the matter of concern for many students since the Covid-19 lockdown, especially for those living in remote areas leading to many students dropping out, majority of them being girls.

Other than the conclusion on the entire presentation, Prof. Ajit also shared with us an enlightening note of his personal opinion on the entire COVID-19 situation, its effects and future prospects of the Indian economy. The first session ended with a Q&A session which included some really intriguing questions not only from our fellow classmates but also from our Principal and Dr. Mody. It had soon turned from a Q&A session to more of a healthy discussion.

The second session was based on behavioural economics, in particular 'Behavioural Insights into Public Policy.' This session was conducted by Prof. Shagata Mukherjee, an associate professor at Meghnad Desai Academy of Economics. "The difference between behavioural economics and traditional economics is that the former teaches us how people behave in the real



Prof. Ajit Karnik



Prof. Shagata Mukherjee

world, versus how people behave in textbooks.” This riveting theme was the introductory statement with which Prof. Mukherjee began his address.

Prof. Mukherjee started off the presentation with a gist of what is behavioural economics and the key insights on the same. He moved on to explain a case study conducted by Herb Simon in 1955 on behavioural model of rational choice. Prof. Mukherjee later introduced the two modern gurus of behavioural economics: Daniel Kahneman and Amos Tversky who introduced the concept of heuristics. He also explained heuristics and its biases with very informative examples.

The next topic which was discussed was the concept of nudge which led to the introduction to the rockstar of behavioural economics: Richard Thaler, winner of the 2017 Nobel Prize in Economics. Not only did

Prof. Mukherjee introduce the concept of nudge but also spoke about Libertarian Paternalism, when does an individual require a nudge and what is behavioural economics when it is put into action. Prof. Mukherjee explained the concept of a 'nudge' and its impact on changing the ways public policy is formulated. People require a nudge, a kind of push in certain situations, and it tries to guide them towards their best, optimum decisions, without forcing them to act in a certain way.

After a tantalizing presentation with amazing insights into Behavioural Economics Prof. Mukherjee suggested a number of books, we could read to gain more knowledge about behavioural economics, proceeding with an informative questions and answers session. Prof. Mukherjee's address on this occasion was a prime example of the sharp lines between disciplines blurring, as aptly expressed by Principal Marie Fernandes. It made everyone present think about a future in which an interdisciplinary system of education exists. The way forward would be to use innovative concepts and technologies to modify human behaviour and contribute to the betterment of society.

Following this enlightening session, Dr. Mody presented an informative documentary on Nobel Prize winners in economics. It gave a year-wise account of all the Nobel Prize winners in economics along with their contributions in the field of economics and the reason why they were awarded the Nobel Prize.

After the documentary, a fun online quiz (on Kahoot) was organized. It had 25 multiple choice questions with a time limit of 20 seconds. Three participants went on to win the Kahoot game after a very closely fought

contest with the same score of 19/25 but with a difference in response time. After the fun quiz segment, we had the third session on An Introduction to Big Data and Machine Learning.

The third session was led by Prof. Sandhya Krishnan from Meghnad Desai Academy of Economics. Prof. Krishnan started an interactive session with questions. The questions included, does big data include large amounts of data? Does it lead to better accuracy in results? And lastly, can a machine be taught how to think like humans? All the students answered enthusiastically. She informed us, that big data means a large volume of data, but it does not necessarily mean more accurate results nor can a machine be taught to think like human beings.

Prof. Krishnan defined big data as a storehouse which contains large amounts of



Prof. Sandhya Krishnan

data. Then she explained big data and machine learning are complementary to each other. Machine learning cannot happen unless you have a large volume of data. Machine learning uses a lot of algorithms and based on these algorithms we get our results. In simple words we ask the machine to perform algorithms, which help us in getting mathematical results (data).

She gave a current and relevant example of Gmail in which she talked about the feature of spam. Another wonderful example given by Prof. Krishnan was of the auto-correct feature on the MS Word.

Then Prof. Krishnan went on to say, with more data, the prediction becomes better. To support her statement, she gave daily life examples of recommendations given to us by Amazon, Google and Netflix. She further elaborated on those examples and added that digitization in data collection has increased from almost 20% to almost 100 % in the past thirteen years. Then, she explained in detail about the advantages and disadvantages of Big Data and Machine learning.

She also spoke about the use of data analytics to understand Covid 19 and did a comparative study of the regression analysis and the machine learning method. Machine learning focused more on correlation part whereas regression analysis focused on causation.

Prof. Krishnan concluded on this note that though Big Data has vast scope. There is less room for privacy. and if companies use the consumer data wisely, it can have a huge positive impact.

After an illuminating session, Prof. Sandhya ended with a question answer session which powerfully brought out that the knowledge of computer languages is a must. The most

popular computer languages are Python and R which are also free. Coding is an integral part in collecting and analyzing content using big data or machine learning. She urged the students to do online courses on computer languages.

After the amazing third session, Prof. Alka Parikh, a Professor at Dhirubhai Ambani Institute of Information and Communication Technology (DAIICT), Gandhinagar walked us through the many intricacies of the issue which has sparked conflicts and protests across India, 'Amendment to Farm Laws.' Prof. Parikh started by talking about the emerging need of the farm laws. Then she spoke about the amendment in three laws which included, Farmer's Produce Trade and Commerce (Promotion and Facilitation) Law, Farmers (Empowerment and Protection) agreement to the price law and farm services law 2020 and the Essential Commodities (Amendment) Law 2020. These



Prof. Alka Parikh

amendments created havoc and were viewed negatively by the farmers. Farmers protested on streets in large numbers against the amendment these laws and they were covered by every news and TV Channel.

Only 6% percent of farmers get MSP to grow crops. Except India every other nation in the world has declared MSP as the most important price or income insurance. Instead of abolishing it we need to implement them everywhere.

The FPTC Act gives farmers the freedom to sell their produce to anyone, anywhere, without restrictions. The concern of farmers was about at what price would they be able to sell their produce and who would decide the price. A helpful change to this law would be to extend the reach and implementation of Minimum Support Price to more agricultural produce.

The 2nd Act provided a framework for contract farming in India and a clause for dispute settlement. The farmer's concerns regarding it were that only large farm owners benefit from contract farming and that poor farmers can't afford expensive lawyers in court to fight their cases. The suggested improvement of this law would be to give farmers the power to design the terms and conditions of these contracts to prevent themselves from being exploited.

The 3rd Act withdraws stock limits of traders for agricultural produce, except in cases of dire situations. The motivation was to support farmers who get rejected by traders when they try to sell their harvest while there is a stock limit imposed. The issue that arises due to this amendment is that now, prices can be easily manipulated by traders who would artificially inflate prices by

withholding agricultural stock from the market collectively. This price inflation would hurt consumer prices. A better alternative would be to abolish seasonal impositions of stock limits, stock limits if farm gate prices are low for two years and prevent random export bans, thus safeguarding farmers and consumers from oligopolists.

Prof. Parikh also gave a critical evaluation of all three farm laws that have been subject to amendment. She highlighted the major concerns namely, increased vulnerability of farmers, no grievance redressal for small farmers and wholesale removal of the stock limits. After critically evaluating the amended farm laws, she suggested some changes in them like the government could have continued to sell the produce to traders through APMCs at minimum support price. There is a need for a grievance redressal mechanism, institutions that

encourage meaningful contract farming and arbitrary impositions of export bans.

After the fourth session, we had a lively Q&A session which included some thought provoking questions from the participants. Dr. Mody then thanked all the participants, the speakers, Principal Dr. Marie Fernandes, subject representatives, volunteers and colleagues. She further added, "I hope the symposium gave new insights, enhanced scholarship, ideas and motivation for future research, and also instilled in the students a sense of learning". After the official vote of thanks, many students gave their positive feedback for the symposium and thanked the college for organizing such a wonderful and informative symposium.

Jahnavi Shahani S.Y.B.A. (B) and Samridhi Thukral S.Y.B.A. (B) with inputs from Nancy Mohanty S.Y.B.A. (B), Christalle Fernandes T.Y.B.A. Economics Major and Pearl Fernandes T.Y.B.A. Economics Major

Online Learning vs. YouTube Learning

Advancement of technology has led to immense growth in the field of education through interactive mediums particularly the internet. Due to the coronavirus pandemic, a series of lockdowns were declared in India and all over the world, compelling schools and colleges to remain closed. This gave way and momentum to online learning. Covid-19 has incorporated online learning into students' lives. Online learning allows learners to manage their time more efficiently. It helps to save their time of a student as they can access the classes anywhere and anytime. Online lectures can be recorded, archived, and shared for future reference. Due to this feature learners can refer to the content as and when required.

When the pandemic accelerated, educational institutions were shut down to prevent the spread of the virus. This gave an impetus to online learning. Online learning can take place on different social platforms such as Zoom, Google Classroom, Google Meet, YouTube etc. YouTube, an online video platform that enables millions of users to watch and learn from the content provided, is one of the most preferred and accepted platforms for online learning. It is an informative platform that has several educational videos where the subject matter is explained in a clear and simple

manner. It also allows the user to select videos from the list of recommended videos as per their choice and convenience. A single topic can be explained by many YouTubers which helps learners evaluate the usefulness of the video based on their needs. However, YouTube lacks the personal touch. A student can post his /her query in the comment section, but the YouTuber will reply to that query only as per his / her convenience. In case of online learning, a student can see or communicate with his/her instructor. Doubts can be cleared on the spot, and it provides a personal approach to learning.

Given the current scenario both YouTube and online learning can go hand in hand and facilitate the learning process. E-learning can help a student learn better, provide a dynamic approach towards learning, and instil a positive attitude amongst students.

We can conclude that although YouTube is an excellent source for online learning or self-paced learning, online teaching conducted by schools and colleges is more beneficial for students. Though online learning has its pros and cons, it is universally accepted today due to the current situation of the pandemic and students are inspired to explore the new digital way of learning.

Maria Thomas
M.Com. (Part II)

Making Life's Challenges a Game Level

"Life is a challenge, meet it! Life is a dream, realise it! Life is a game, play it! Life is love, enjoy it!" A phrase rightly said by Mr. Satya Sai Baba, an Indian guru and philanthropist. How often do we complain about life? How often do we appreciate it? Do we hate challenges and bad days? I certainly did. Until the pandemic hit and changed my life, or you could say still changing my life. Well, how I perceived these challenges is interesting and probably something you can try out too. Want to know how I thought of it? I just perceived each challenge as levels of a game. Sort of fancy, isn't it?

It's more than a year now since the deadly disease took the world by surprise. On March 11, 2020 COVID-19 was declared as a global pandemic. For me, it was more like a dictator virus imposing its rule over people's lives, and we humans as the oppressed, trapped and hidden in our homes for the fear of being killed by the virus.

Now the dilemma was - should we wait for 'Normalcy'? Or maybe just create it? This novel virus did give my life a 180-degree turn and I had to start adjusting to the 'New Normal' life turned out to be like a roller coaster with tons of challenges, each challenge a level to me: clear one level to move on to the next.

To begin with my Level One - 'Food'. Yes, Food! I have been suffering from an eating disorder (ED) for more than two years now. This reminds me of many people going through the same struggle as me who don't wish to open up and end up suffering on their own. An eating disorder can be really hard to deal with. It drains your mental and physical

energy affecting a person on many levels. The pandemic gave me time to research this disease and improve my overall mental wellbeing. Ever since then I have been recovering. I am proud of myself for choosing to recover, which I wouldn't if it wasn't for the pandemic. I connected to many youth of my age regarding this problem, and it really changed my life. I was so overwhelmed by the love and support these groups provided. I learnt that my life is not defined by my sickness but who I am from within. This realisation was half the battle achieved for me. I wish to reach out to many more people with my story and to give them my support.

Now, let's move to Level Two - 'Money'. This was an obvious one. My dad was the sole earner in my family. Because of the pandemic his income had drastically reduced. This created a lot of problems since I needed money for my fees and other essentials, not forgetting the doctor visits for my ED recovery. I overcame this situation by taking up new internships in my free time, learning new ways to save money, and started my journey of becoming financially independent. Something good out of an unexpected situation, right? Never thought I would be doing something like this!

Lastly, Level Three - 'Academics'. The most crucial one, as my mom would say. Well, this was a tough one for me. Being in a class physically was why I enjoyed my classes and lectures. To an extent, I was disappointed with having virtual online classes. My focus and concentration levels had gone down drastically. However, like with every other

challenge, I had to find a solution for this too. I tried connecting with my friends on WhatsApp groups and discussed doubts and tried new activities to get back into the online learning mode. Slowly and steadily, I got used to the system and it feels great now. Believe it or not, it made everything much more interesting! The amount of time you get to try out new things and trying new tactics to learn a certain thing differently surely put the 'creative *keeda*' in me.

Well, this is certainly not the end, there are going to be more levels to this game.

However, I'm really happy to have played the game and enjoyed it in the process. Probably the virus is a better version of a dictator, throwing challenges at us only to make us better at the game of life. So, will you adopt my gaming style? That's up to you to decide. Challenges are opportunities, and we need to learn from these opportunities. You never lose, you either win or learn! So don't give up during this pandemic and make the most out of it!

Trensie Edwards
S.Y.B.M.S. (A)

Drive by Daniel H. Pink - A Book Review

The author of the book *Drive*, Daniel H. Pink, has written several books including a few New York Times best sellers. This book is a masterpiece. The word 'drive' here points to a lesson on driving, not a car, but your life. People say motivation is the driving force that leads us to our goals. But the question is, how do we get motivated? If asked, a manager would most probably say use the 'carrot and stick' method, which in essence is using rewards for good performance and punishments for dissuading bad behaviour, but is this method always a success? What are the short-term and long-term effects of using this method? A human being is a complex creature. Will we simply be motivated by the idea of gaining rewards or avoiding threats? This book answers many such questions. It talks about breaking stereotypes surrounding the concept of motivation and helps readers learn about a motivation that arises internally, also known as intrinsic motivation.

Drive is a rare book that will get you to think and inspire you to act. The book begins with the history of motivation and the different methods developed by various philosophers. It tells us the importance of the inner drive. The latter part of the book helps us seek that inner drive. It also tells managers to clear their assumptions about the nature of their employees. The end of the book serves as a toolkit for Type I Motivation (where 'I' stands for intrinsic). This book is recommended for everyone who wants to know the surprising truth about what motivates us. I end with a quote from the book, "External motivation is like a coal- cheapest, easiest at first but difficult and expensive each passing year, where is internal motivation is like sun- clean energy and endlessly renewable".

Khushi Mehta
F.Y.B.M.S. (A)

THE REAL MEANING OF HEALTH AND FITNESS

The common public have perceived the concept of health in their own way. In today's world a "muscular" or a "lean" body is considered healthy, which is true in some sense but that is not how it should be. Health is more of ability than appearance. Health and fitness have many factors included in it- e.g. strength, agility, flexibility, endurance, cardiovascular health, mobility, etc. If a person is able to perform accordingly in these fields, then he or she can be considered fit.

The world of fitness is quite fascinating. There are instances where even a person with a heavy body can perform a handstand. By exercising regularly and by maintaining a balanced diet, one can live their lives smoothly and disease-free. No one wants to waste their time and money on medical expenditure. So by making a few minor changes in our lives we can prevent that from happening. Now what does a balanced diet exactly mean? 80% healthy food and 20% junk food. This ratio will help you to maintain a healthy lifestyle.

The human body requires physical activity. It really doesn't matter what kind of activity you do. Just keep moving. Many of us can't

really manage our schedule to squeeze in a quick workout as such. So what can be done is that we can opt for some physical activity e.g. climbing the stairs in the building or walking to places whenever possible. Do not always choose the lazier option even though it's comfortable for us. We can't really achieve anything if we stay in our comfort zone all the time. Along with these aspects, sleep is also very important. If the body doesn't get enough rest it shows in our performance in whatever tasks we do throughout the day.

In recent times we've become familiar with the concept of "mental health" and its seriousness. Mental illnesses and disorders are no joke. It is important that we take good care of our emotional well-being. Walking in a quiet garden or staying away from electronic devices for some time helps to some extent. Mindful eating is also a good practice. But if anyone faces a mental illness he/she must visit a doctor for professional guidance.

Let's make the world a better place by taking care of ourselves and others too!

Nambiar Arvind
SYJC Arts

Voices in Verse

A reason to LIVE

"Give me a reason", the man said.

"A reason for what?", said the woman.

"A reason to LIVE", said the man.

A reason to live? A reason to live? A reason to live? thinks the woman.

The woman draws a blank.

"Exactly. There isn't one. So, leave me alone and let me do what I have to do."

Dumbfounded, the woman stays frozen in place, mouth agape, no words coming out.

Seeing her, the man takes pity on her.

"Do not worry darlin'. No one's going to miss me anyway. No one cares. I'm just another person."

Finally, regaining her voice, she says, "But, I care! I know you! I have seen you... in the flesh. And I'm going to have this scene etched into my memory for as long as I live...", she trails off quietly.

The man looks at her, really looks at her, for the first time since the beginning of their interaction

He looks at her, sees her brand-new police uniform, the badge on her chest, the gun at her hip and her stature.

At last, he glances at her face and stops when he sees the eyes.

The eyes tell all.

"Tell you what darlin', how about I get you a cup of coffee?", says the man

"Huh?"

"A cup of coffee? A good ol' cup of joe? To calm your nerves. Would you like that?"

"Um...um...um...sure", stammering, the policewoman agrees.

The man climbs over the railing (that he was about to jump off), jumps down and walks towards her.

Putting his hand out, he introduces himself. "The name's Tom. And yours I see is, 'Ms. Gonzalez.'"

"Uh...yes, yes, it is", says the policewoman, shaking his hand.

The man puts his arm, comfortably around her shoulders and turns her in the direction of the nearest coffee shop.

"Let's head over there before rush hour."

Both walk towards it and see the sun rising over the horizon.

Dawn.

First light.

Sunrise.

A new day.

"Another reason to LIVE", they both mumble to themselves.

Sasha Gonsalves
S.Y.B.A. (A)

The time triggers 1.11 am

The favourite time of the night...

Where you hear the silent.

Where breaths are heard louder than the words.

Where the honk of a car won't be a problem, but the cry of a baby surely will.

Everything pauses to be one.

Someone's weeping to be one while someone's happy to break the one relationship they have,

One's dreaming to be the one, while the other take the one for granted.

Where one shivers in the darkness and the other breaks barricades,

Where one sleeps soundly and the other prays for the same.

Where one sneaks to the fridge for more food and the other sleeps hungry.

Where one dreams about a lavish tomorrow and the other would rather not.

Where some are happily inviting someone new, while some are sadly bidding goodbye to one they loved.

Where someone's crying from happiness and someone is smiling in pain.

Where one is trembling in anger and the other is quivering in peace.

Everything seems confusing as

The time triggers.

Marushka Fernandes
F.Y.B.M.S. (A)

Lost Stars

I see you hurting
Somebody blind me
I'll always be praying
To see you happy
Please let me in
Tell me your story
For my soul's burning
To set you free.

Just say the word
I'll come find you
And don't be afraid
For we'll get through
I'll fight this world
To see you bloom
In a garden of hope
We'll make our tomb

For,
We are lost stars
Who found each other
We have hidden scars
That we always cover
Built up our walls
No one can enter
Gave each other our hearts
Slowly getting better

Don't be afraid
For we'll get through
Just say the word
And I'll come find you
I'll come find you

Shemchui Ningsheng
S.Y.B.AA

Stranger

I fell in love with a stranger,
Like a poem disappearing in the air.
Grasping so firmly for the words,
Which I knew existed somewhere.
A brief moment of eye-contact,
Across the rain-splashed road.
Just then, the sun came out shyly,
As if to self-consciously say "Hello."
A single moment,
Retained for a thousand lifetimes.
Never crossing the brink,
Of vague hellos and goodbyes.
Oh, will you remember me,
Mr. Mysterious passer-by?
Because in a sudden moment of madness,
I almost came over to say "Hi."
Hide away in your memory,
All the things we could have been.
'Almost' is better than 'never'
A fragment of reality in a dream.
Like threads that tie but break,
An illusory, transient bond,
The roads of life diverged,
And yours isn't the path I'm on.
Only poets can fall in love,
And pretend to live a thousand lives.
The sun's fading is only temporary
The rain returns to the skies.

Christalle Fernandes
T.Y.B.A. (Economics)

Them

We lay them out on tables,
Where each one wants a share
And when our knives slice through their tongues
We smile at their despair.

As meek and frail we see them,
Our power begins to grow
We crush their dreams to great extremes
Leaving cracks for ours to sow.

Their bodies and mind belong seldom to them,
For what goes in and out we decide.
Against resistance, we use force, causing unnerving pain
For nothing but fragile, redundant pride.

We feel their skin with bestial eyes,
And with words, we tear them down
Be it a toddler or a mother,
Be it in a burqa or a wedding gown.

With fences, we bless them thoroughly,
Like cattle, we live to tame.
Whilst silent spectators amongst us then say,
“Not all men are the same.”

Carlton Rodrigues
T.Y.B.M.M.

The Ecstasy of Letter Writing

With the letters that I wrote
I put heartfelt words in a quote
Dear friends and family, near and dear,
I hope these letters bring you good cheer.

From stickers and cut outs of magazines,
I create art with ribbons in between
Folding it, I place it in an envelope,
Wishing this also helps you'll cope.

I think of the journey this letter will take,
Perhaps across stress, vehicles and lakes.
I scribble on the addresses
And forget all of my stresses.

Finally, the stamp I then place
Thinking of the smile on your face
I take a long walk to the post office,
Giving the letters, I feel so glad that I'm delirious.

Pearl Fernandes
T.Y.B.A. (Economics)

A Pilgrimage

Lord, as I walked a 100 miles for you today,
I met a poor little boy who was parched I could say.
I had more than enough of water to offer,
But didn't want to be distracted on my way.

Lord, as I walked 200 miles for you today,
I saw an old woman shivering in the cold.
I had two blankets, I could lend her one,
But walking my way to you was more important, I was told.

Lord, as I walked 300 miles for you today,
A bruised traveller who needed urgent care I met.
I had enough supplies to help him out,
But still didn't delay the journey to you I'd set.

Lord, as I walked 400 miles for you today,
A little girl looked at me with eyes filled with dread.
I could have enquired and comforted her,
But I didn't want to pause on the path I'd tread.

Lord, as I walked 500 miles for you today,
A child beside her father's corpse I had seen.
I wished to help her give him a funeral,
But on reaching to you early I was keen.

Finally, now I've reached your temple Lord,
Yet, somehow it feels I'm so far away from you.
My heart is heavy, my mind confused,
It does not feel like I've made it through.

When I look back on the journey I made,
I realize as I walked closer to your temple, Lord,
my soul was going farther astray.
Maybe I could have met you long ago,
through the people I abandoned on the way.

So, now I'm going to correct this pilgrimage,
Because my life is one too.
I will make sure I'm compassionate to others,
And lead myself closer to you.

Sheryl Andrade
F.Y.B.M.S.

Dr Susan's Cat

When my human, Susan, said she'd be working from home,
I expected more food and treats, scratches and belly rubs.
Instead, she's glued to the computer all day,
Dealing with 20-year-old pests, and technological bugs.

I've tried to take the lecture myself sometimes!
Discuss Marxist criticism, and it's base and superstructure,
But all I get is hushed, shushed and swatted away,
And taken into another room so as not to be a "bother".

If humans could understand cats, they'd learn so much more.
But since they understand Dr Susan better, I'll let her take the lead.
I'm keeping her in check though, ensuring she completes the syllabus,
And making sure that she gives the students whatever they need.

But what I, as a cat, cannot comprehend, is why she goes above and beyond:
She keeps herself free for her students, ignoring my need for attention!
She works extra hard to make sure they understand using notes and Power Points
and extra lectures to help their comprehension.

I simply do not understand why she would do so much.
I shall ponder these strange things
While I go claw some furniture.

Ruth Quadros
T.Y.B.A.

Walk

I just want to take a walk,
Alone, late at night.
I just want to walk,
When the moon is bright.

You just want to walk,
So you go for a stroll,
You whistle, you stare,
It's beyond your control.

You just have to talk,
Your hands come onto me-
Please, I don't know you,
I just want to walk, quietly.

Thoughts of rape and murder
Run through my mind
I want to run
How can I,
When I can't even walk?

I just want to walk.

Ruth Quadros
T.Y.B.A.

Universe - Myth or Reality

We live in a world
With mysteries galore,
We are the by-products of the universe
Dispersed between the mountains and the shore.

Could all this be an illusion,
Everything just a simulation?
Are we characters in a video game?
Our perceptions all in vain?

Is there a greater mystery after all?
Another universe yet to be installed?
Fights and disasters just program errors,
Probably just an experiment for someone's thrill?

Is death really the end of it all,
Or just the beginning of something tall?
Our existence a big question mark?
All our secrets buried in the dark?

How well do we know our reality?
Too late before we end it with cruelty.
So much information to download and process,
Wondering if we will ever get access...

Trensie Edwards
S.Y.B.M.S. (A)

Those eyes

There is a spark in those eyes,
A hope for change,
A storm of happiness.
and a sea of tears.

Those eyes have seen pain,
And also some joy,
A touch of sadness,
And a life to enjoy.

Those eyes have been strong,
All the time,
In hiding the pain,
And acting out a mime.

Those eyes hid tears,
And always had happiness,
people were good enough,
To not notice the sadness.

Glynis Fernandes
F.Y.B.M.M.

सरहद पार कर जो हवा दाखिल हुई,

सरहद पार कर जो हवा दाखिल हुई,
नजरोँ में गुलजार मुसाफिर बन गई,
खुशबू हवासे बेवफाई कर,
सीने की फर्श पर फैली मौसिकी बन गई,
चाँदनी नजरोँ चुराए शाम से,
बेहिफाजत रूह की परवरदिगार बन गई,
धूप दबेपाँव जो चली आई मेरे आँगन में,
लबों की चैखट पर इंतजार कर रही प्यास बन गई,
परछाई जो शर्मा गई शीशे से,
मुस्कान की आँचल में छिपी नजाकत बन गई,
सरहद पार कर जो हवा दाखिल हुई,
रूह के पन्नो पर लिखी एक दास्ताँ बन गई।

Noorshaba Munshi
XII-C Commerce

ये ठहरना आसमाना का, ये बादलों का धुआँ हो जाना ।

ये ठहरना आसमाना का,
ये बादलों का धुआँ हो जाना ।
ये सन्नाटे से लिपटी फिजा,
ये सड़को का गुमनाम हो जाना,
ये बे महक बे रंगीन फूल,
ये सूरज की किरणों का लकीरें बन जाना,
गीली मिट्टी बंजर जमीं बन गयी,
ये बारिस का सीने को चीर जाना,
ये हजार बार करवटें ले रही शाम,
ये चाँद को सिर्फ एक बे नूर गोला बन जाना,
ये तड़पना रगों का,
लहू का दिल के नसों में सूख जाना,
ये बेकरार रूह, ये जहन का लापता हो जाना,
ये भटकना तेरी यादों के शहर में,
ये रूह का एक प्यास फकीर बन जाना ।

Noorshaba Munshi
XII-C Commerce

एक बे काबू इश्क का मौसम रंग रहा।

एक बिजली सी कड़क रही,
एक भीनी मीठी खुशबू सा पल रहा,
एक मुलायम गजल बन पिघल रही,
एक नर्म तूफान सुकून पुकार रहा,
एक नमकीन बारिश सी उतर रही,
एक फीका लाल रंग लबों से फिसल रहा,
एक बे मकसद जुनून की तरह भटक रही,
एक सूखे स्याही सा बीमार हो रहा,
एक लापता चिट्ठी बन टहल रही,
एक कबूल कर्ज का बोझ चढ रहा,
एक खुदगर्ज चाहत बन लिपट रही,
एक बे काबू इश्क का मौसम रंग रहा।

Noorshaba Munshi
XII-C Commerce

यू हवा का एक गजल बन जाना ।

यू शर्माना बरसात का,
यू हवा का एक गजल बन जाना,
सादगी का पनाह लेना बादलों में,
आसमाँ का गुलाल स ड़े रूबरू हो जाना,
यू अचानक चले आना तेरा,
यदी नादान फितूर का तेरे पीछे चले आना,
ओस का आराम करना पत्तों पर,
.यूँही इश्क की हल्की सुगंध का मिट्टी की
बाँहों से मिल जाना,
ये धुँधली मीठी इन की खुशबू,
यू रास्तों पर एक नादान फितूर का चढ़ जाना,
यही आरजू थी तेरी ? या कोई दूसरी ख्वाहिश साथ लायी थी ?
इस गजल का निर्माण तूने ही किया है,
या फिर कोई और दास्ताँ तू लिख आयी थी ।

Noorshaba Munshi
XII-C Commerce

कुणीतरी असलच पाहिजे

कुणीतरी असलच पाहिजे
विश्वासाने डोकं ठेवण्यासाठी,
आभाळ गच्च भरून आलेलं असताना
त्याला मोकळं करण्यासाठी,
अन् बोलता ही मनातल्या भावनांना
समजून घेण्यासाठी.

कुणीतरी असलच पाहिजे
चुकल्यावर बोलण्यासाठी.
आनंदाच्या हिंदोळ्यावर असताना
गच्च मिठी मारण्यासाठी,
अन् कधीतरी
मनातलं गुपित सांगण्यासाठी.

कुणीतरी असलच पाहिजे
हक्काने आपलं समजण्यासाठी.
कितीही चिडलेल असताना
समजून घेण्यासाठी.
अन् सारी दुनिया विरूद्ध झाली तरी
कर्णासारखी साथ देण्यासाठी,

कुणीतरी असलच पाहिजे
कुणीतरी असलच पाहिजे

वर्तमानात सर्व काही मिळतंय फक्त विश्वासाचं
नात हरवून गेलंय. आपलं म्हणून अस नात
तयारच व्हायला तयार नाही. मित्र मैत्रीण हे नात
व्यवहाराच्या गुंत्यात हरवून गेलंय.
विश्वास नावाच्या नात्याला हरवू देऊ नका, त्याला जपा.

दिपाक्षी पाटणकर

आमच्या आजीची
तऱ्हाच वेगळी
कटरला म्हणते विळी
आणि स्पूनला पळी

ओट्यावरचा गॅस
त्याला म्हणते चूल
एव्हढ मोठी आजी
कशी करते भूल

पाटा आणि वरवंटा
खल आणि बत्ता
आता सांगा यांचा
कुठे लावायचा पत्ता

ग्राइंडर घरात तरी
तिला हवे उखळ
बरणी काढून म्हणते
यात ताक घुसळ

घरात सुंदर शोपीस
पण तिला हवं शिंकाळं
किचनमध्ये टांगण्यासाठी
मस्त काळं काळं

घरघंटी नको म्हणते
जातं म्हणजे नक्की काय
ओव्या आणि आजीचं
या बरोबर नातं काय

निठवं,आधोली, शेर
पायली,मण,खंडी
आजीची हीं मापं ऐकून
मलाच वाजते थंडी

प्लेटपेक्षा केळीचेपान
तिला खूप आवडते
पिवळाधम्मक वरणभात
माझ्यासाठी कालवते

श्रीमती दिपाक्षी पाटणकर

नशीब

क्षणात होती कोणी रंक
क्षणात होती राव,
सारा नशिबाचा खेळ वेड्या
सांग कोणास कळला राव
मित्रा
कोणास कळला राव

नसे जन्म तो आपुल्या हाती
जीवन दोरी त्याच्या पाशी
का धरीशी मिथ्याभिमान
रे वेड्या
कोणास कळला राव
मित्रा
सांग कोणास कळला राव

गाडी, बंगला शेतीवाडी
करशील कुठवर तू धडपडी
आला एकला तू जाशील एकला
रे वेड्या
कोणास कळला राव
मित्रा
सांग कोणास कळला राव

जैसी करणी वैसी भरणी
सांगुनी गेले संतसज्जनी
वागू नको रे फाटका
रे वेड्या
कोणास कळला राव
मित्रा
सांग कोणास कळला राव
मित्रा कोणास कळला राव

सातत्याने १० दिवस कोव्हिड वार्ड मध्ये थांबल्याने निरिक्षनातुन एका कोरोना पेशंटला सुचलेली एक समर्पक कोरोना

बरं झाल देवा...
मला कोरोना झाला।
आयुष्याचा आलेला
सगळा माज निघून गेला।।
म्हनीत होतो नेहमीच मी,
माझी गाडी, आनं माझा बंगला।
पन जवा बसलो आम्बुलन्समधी
आख्या जीव उशाला टांगला।।
गाडी राहिली, बंगल्याम्होरं...
आन रस्ता दिसेनासा झाला,
बरं झाल देवा...मला कोरोना झाला

प्रत्येक खोकल्याच्या उबळीनिशी
केली कर्म आठवत होती...।
प्रत्येक अडकनारया श्वासासंगे,
माणुसकीची जान साठवत होती
पुण्यसंचय आला संपत...
आणि ऑक्सीजन शॉर्ट झाला,
तेव्हां कुठ देवा तुझ्यावर भरोसा आला।।
बरं झाल देवा... मला कोरोना झाला

होती पैशांची मस्ती...
आनं पदचीबी गुरमी।
सगळं संपल देवा आता
आलीया पुरती नरमी।।
जवा आता मिळालाय,
गरिबा शेजारी खाट।

तवाच माझा जिरलाय
आता समदा थाट ।
सगळ आठवुन आता ।
जीव घाबरा झालां ।
बरं झाल देवा... मला कोरोना झाला ।।

नाही दिली कोणा गरिबा कधी,
रूपया आणीक दमडी...
इथं सुयांच्या भोकानी,
थकून गेलीया चमडी ।।
पै-पै कमावलेला, पैसा ना कामी आला ।
बरं झाल देवा... मला कोरोना झाला ।।

खर सांगतो... मित्रांनो आता,
पैसा, पद आणि खोटी प्रतिष्ठा
यात काही दम नाही... ।
कोरोनाच्या बेडवर मात्र फक्त,
प्रेमाचं व्हेंटीलेटरच कामी येई ।।
नात्यांमधील ऑक्सीजन कधी,
कमी होऊ देऊ नका ।
मैत्रीच्या ऑक्सीमिटर मधले,
बोट कधी सोडवु नका ।।

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