

## **NATIONAL SERVICE SCHEME - NSS**

**MOTTO: 'NOT ME BUT YOU'**

2019-2020 was a fulfilling year for the NSS Unit of St. Andrew's College. Like every year we began with a congratulatory meeting with the 65 volunteers (out of enrolled 100 volunteers) who had completed NSS in the previous year i.e. 2018-2019 by putting in 120 hours of dedicated social work. Out of these 65 volunteers, 13 volunteers had successfully completed two years of 240 hours of NSS activities and would be eligible for a certificate from the Ministry of Youth Affairs & Sports, Government of India. These enthusiastic volunteers have fulfilled the cardinal principle of the programme that it is organized by the students themselves, to enhance their leadership qualities, democratic attitude, sense of civic responsibility and skills of team work & sharing responsibilities. Both the students and the Professors-In-Charge through their combined participation in social service got a sense of involvement in the tasks of community development. The activities undertaken during the current year are as follows:-

### **COMMUNITY/AREA BASED ACTIVITIES:**

**BANDRA FAIR SECURITY:** The volunteers assisted the Bandra police team with the security checking, escorting the senior citizens towards the Church, helping trace the lost children and senior citizens in the crowd, avoiding chaos outside gate by clearing the traffic and directing the devotees to follow the requirements laid down by the police for a smooth & comfortable visit to the Shrine.

**MAHIM NOVENA SECURITY:** The volunteers assisted the security officials and the Mahim police to maintain proper queue, maintain the decorum in the church, provided first aid to the devotees. The volunteers ushered the senior citizens, broke the discarded garlands to avoid it being resold and created a chaos free environment by managing the queues and traffic outside the Church.

**MISSION ADMISSION:** Assisted the NGO Vision Rescue to encourage the children to enrol and attend school regularly in the Mandala area near Mankhurd. The volunteers surveyed the houses of all the children who were absent from school, provided medical assistance to those children who were ill, conducted a Rubella free campaign, checked Body Mass Index to ensure the health of the children, taught the children Maths, Grammar and General Knowledge suitable for their age.

**BEACH CLEANING:** Assisted the NGO Khushiyaan Foundation in their Beach Warriors Project to clean up various beaches in Mumbai over the weekends.

### **UNIVERSITY & COLLEGE LEVEL ACTIVITIES:**

The following NSS activities were undertaken at the University Level and College Level:

<b>SR. NO.</b>	<b>DATE</b>	<b>NAME OF THE ACTIVITY</b>	<b>ORGANISATION</b>	<b>LEVEL OF ACTIVITY</b>
1	20 June 2019	SY Orientation	College	College
2	21 June 2019	Yoga Day	University & College	University
3	23 June 2019	School Repainting	Khushiyaan Foundation	College
4	24 June 2019	Poster Making For NSS Orientation	College	College
5	12 July 2019	Poster Making For PCGT	PCGT	College

6	18 July 2019	Seminar On Human Trafficking - 1	The Movement	College
7	21 July 2019	Big Mumbai Beach Cleaning	Khushiyaan Foundation	University
8	30 July 2019	Contemporary Slavery Seminar	Harmony Foundation	College
9	31 July 2019	Rotary Blood Donation - (Bandra Station)	Rotary Club	College
10	01 August 2019	Seminar On Human Trafficking - 2	The Movement	College
11	02 August 2019	Poster Making For Movement	The Movement	College
12	08 August 2019	AIESEC Mentoring Session	AIESEC	College
13	11 August 2019	Blood Donation(Mosaic)	College	College
14	18 August 2019	Clean-up Drive	University – Kalina Campus	University
15	20 August 2019	Stem Cell Donation	Tata Memorial Hospital	College
16	21 August 2019	Bottle For Change	Bisleri Company	University
17	23 August 2019	Street Play Traffic Rules	PCGT	College
18	27 August 2019	Traffic Awareness Session	PCGT	University
19	31 August 2019	University Level Poster Making Competitions	University	University
20	31 August 2019	Mahitidoot	University	University
21	07 September 2019	Pledge Card On Traffic Safety	PCGT	College
22	11 September 2019	Rashtra Prem Utsav	University	University
23	24 September 2019	NSS Day Theme Traffic Safety	University	University
24	10 October 2019	Matdaan Ek Utsav	University	University
25	18 October 2019	Voter-awareness Rally	University	University
26	19 October 2019	Walk For Freedom	The Movement	College
27	19 October 2019	Visit To Old-age Home	Kindness Unlimited	College
28	02 November 2019	Harmony International Conference	Harmony Foundation	College
29	13 November 2019	Kindness Jam	Kindness Unlimited	College
30	15 November 2019	Bachpan Bachao Andolan	University	University
31	21 November 2019	Hangout Session	The Movement	College
32	26 November 2019	26/11 Session	PCGT	University
33	30 November 2019	Mahawalkathon	University	University
34	2 & 3 December 2019	Book Donation Drive	The Movement	College
35	06 December 2019	Rotigarh	Khushiyaan Foundation	College
36	06 December 2019	Inizio Fest	SM Shetty Bunts College	University
37	11 & 12 December 2019	Udaan Fest	SK Somaiya College	University

38	16 December 2019	NSS Annual Blood Donation	MGM Blood Bank, Holy Family Hospital & HDFC Bank	College
39	19 December 2020	Water Conservation	University	University
40	6 & 7 January 2020	NDRF Workshop	University	University
41	09 January 2020	Symposium	College	College
42	12 January 2020	Human Chain For Safety	University	University
43	26 January 2020	Khushiyaan Annual Day	Khushiyaan Foundation	College
44	03 February 2020	Avishkar	University	University
45	04 February 2020	PCGT Annual Event	PCGT	University
46	06 February 2020	Dialogue With Police And Youth	PCGT	College

### **VARIOUS CAMPS DURING THE YEAR:**

**RESIDENTIAL LEADERSHIP TRAINING CAMP – 5 Days – 10 to 14 August 2019:** The National Service Scheme Cell of the University of Mumbai organized a residential Leadership Training Camp at Shri Gagangiri Maharaj Ashram, Manori Dongar, Manori, Mumbai. One of our volunteers Mr. Rajat John (F.Y.B.A.) attended this camp. He had a great experience for 5 days with various informative sessions about NSS and general issues and many team building activities.

**RESIDENTIAL SPECIAL RURAL CAMP – 7 Days – 10 to 16 January 2020:** The much awaited residential rural special camp was held at Yusuf Meherally Centre, Tara Village, Panvel Taluka. Our adopted village, Korlwaldi is located across a mountain and is a kilometre away from this campsite. 49 volunteers participated in the camp assisted by at least two professors at any point of time.

Our volunteers woke up early every morning for an exercise schedule. Post breakfast, some of the volunteers helped out in the kitchen with the cleaning and cutting of vegetables and preparation of food. Swachh Bharat Abhiyaan was carried out at the adopted village, campsite & dormitories. The students provided community service by clearing the weeds growing along the highway where tree plantation had been done earlier. This act received appreciation in the local newspaper. Few artistic students painted the picture of Gandhiji along with his message on one of the dormitories' wall at the Yusuf Meherally Centre to commemorate his 150<sup>th</sup> birth anniversary. The Trustees of the Centre were very happy with our volunteers' workmanship.

Volunteers performed street plays for the residents of the near-by villages on various social issues such as plastic ban, misuse of technology, menstrual hygiene and waste management. Three guest sessions were held on topics such as healthy & respectful relationships by NGO PCGT, leadership & personality development by Prof. Samson Carvalho and anti-superstition & animal bonding with regular and exotic animals by Prof. Sunil Kadam. The last session was held at the Yusuf Meherally School to enable the students there to also benefit from the session. Books, stationery and sanitary items were distributed to the students at the YM School by our volunteers after this session. Prof. Samson Carvalho organized many interesting and enjoyable team building games for our volunteers during the camp. On the second last day of the camp, a nature trek was organized to Karnala Bird Sanctuary and Fort guided by the professional adventurer, Mr. Andre Morris from Outbound Adventure. The last evening at camp ended with feedback session and a late night campfire.

Away from our home and families for 7 days during the camp and also through the past one year, we created a new supportive family with our NSS team members and learnt qualities of professional commitment, time management, empathy, tackling minor health issues, group-living, sharing our resources and talents selflessly, communication skills, etc.

*Our volunteers displayed great enthusiasm and a sense of involvement to extend their services for the community development. They worked hard and actively participated in each and every activity and fulfilled the NSS motto 'NOT ME, BUT YOU'. This year 69 volunteers (out of 100 enrolled volunteers) successfully completed the NSS activities by putting in 120 hours of dedicated social work and out of these 69 volunteers, 34 volunteers have completed two years of 240 hours of NSS activities.*

**Students-in-charge:** The true pillars of NSS are the student leaders who have toiled much beyond their call of duty to make the NSS Unit of St. Andrew's College excel in all the activities undertaken. For the year 2019-20 the 8 leaders were: Cleophas Sampai, Main Leader (S.Y.B.Com.), Shruti Singh, Assistant Leader (S.Y.B.A.), and 6 Leaders – Vinisha Sanctis (S.Y.B.Com.), Amanda Fernandes (S.Y.B.Com.), Kajal Singh (S.Y.B.Com.), Sarah Almeida (S.Y.B.A.), Jonathan Patel (S.Y.B.Com.) and Mayank Pandey (S.Y. B.Com.). Saloni Shinde (S.Y.B.Com.) was the NSS representative of the Students' Council. Mayank Pandey (S.Y.B.Com) won the best NSS leader award at the College Annual Day function held on 27 January 2020.

**Professors-in-charge:** Rachel George - Programme Officer, Preeti Oza, Neeraj Shukla and Abhishek Sood.

**Professor who assisted during the Special Residential Rural Camp:** Samson Carvalho



**NSS Team**



**Bandra Fair - Full Team**



**Bandra Fair - Security Check**



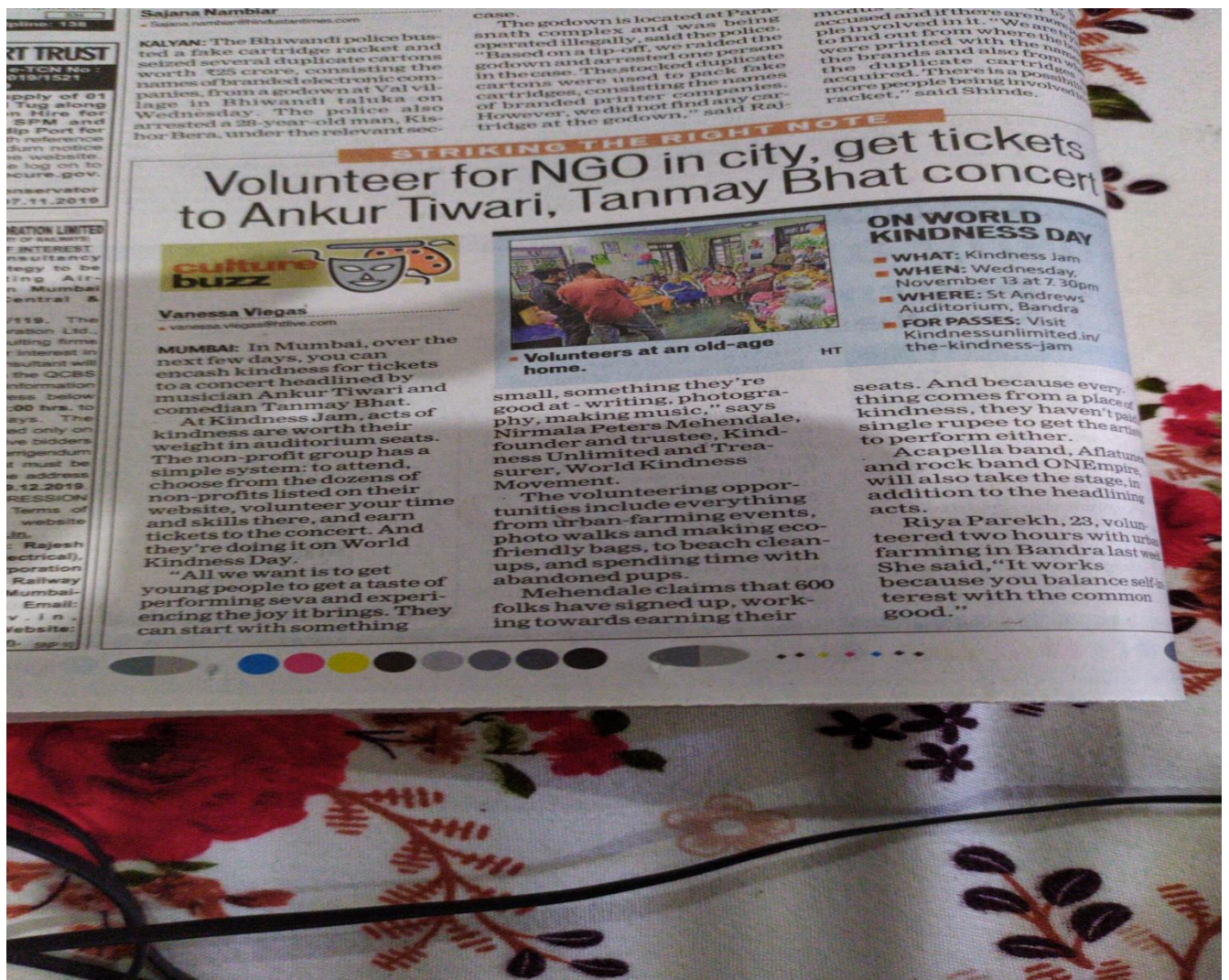
**Beach Cleaning – Team**



**Beach Cleaning - Where it belongs**



**Blood Donation - Encouraging & Thanking Donors**



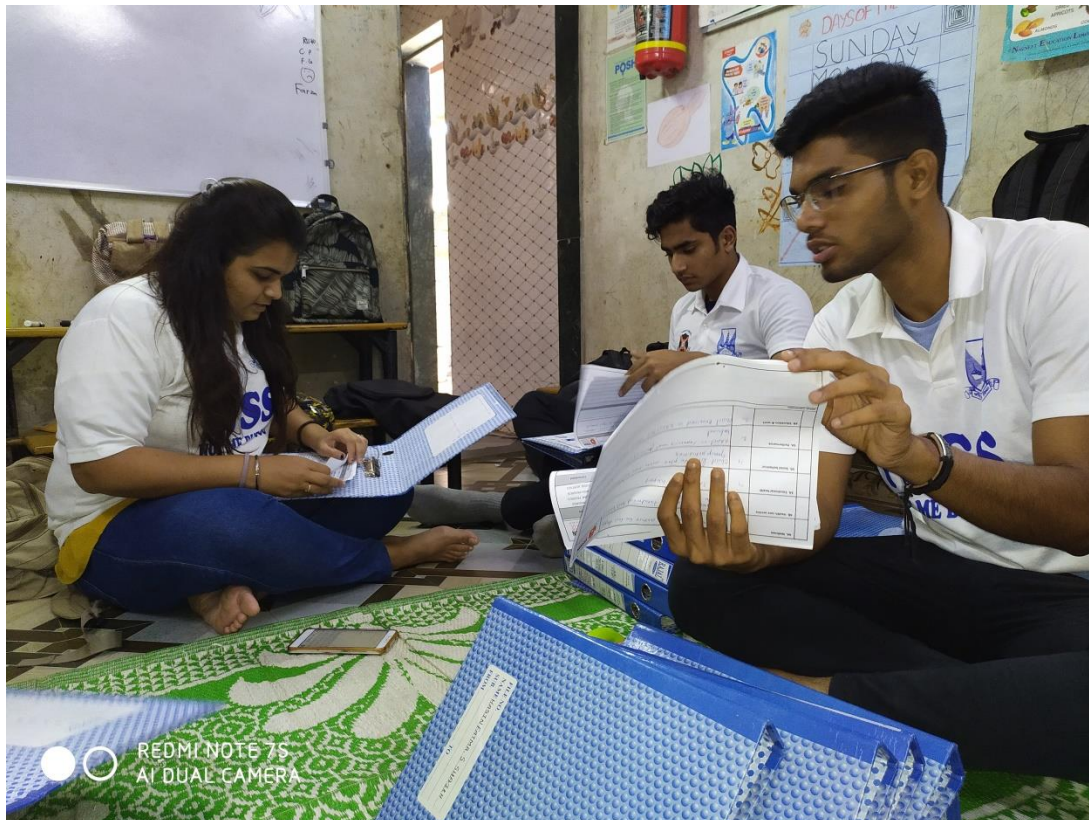
**Kindness Activity - Appreciation in print media**



**Mahim Novena - breaking used garlands to ensure it is not sold again**



**Mahim Novena - Crowd control**



**Mission Admission – Enrollment**



**Mission Admission - Teaching kids**



**Road Safety Awareness - Street Play & Pledge**



**Walk For Freedom - Against Human Trafficking**



**Rural Camp - Appreciation from local newspaper for road work done**



**Rural Camp - Nature Trek - Karnala Summit**



**Rural Camp - Painting done by volunteers at Yusuf Meherally Centre**



**Rural Camp - Smiles Post Street Play Performance in the Village**



**School Repainting**



**Voter Awareness Rally**