NATIONAL SERVICE SCHEME - NSS MOTTO: 'NOT ME BUT YOU'

2018-19 was a fulfilling year for the NSS Unit of St. Andrew's College. Like every year we began with a congratulatory meeting of the 46 volunteers (out of enrolled 100 volunteers) who successfully completed the previous year with NSS by putting in 120 hours of dedicated social work and out of these 46 volunteers, 16 volunteers have completed two years of 240 hours of NSS activities. These enthusiastic volunteers have fulfilled the cardinal principle of the programme that it is organized by the students themselves, to enhance their leadership qualities, democratic attitude, sense of civic responsibility and skills of team work & sharing responsibilities. Both the students and the Professors-In-Charge through their combined participation in social service got a sense of involvement in the tasks of community development. The activities undertaken during the current year are as follows:-

COMMUNITY/AREA BASED ACTIVITIES:

BANDRA FAIR SECURITY: Escorted the senior citizens towards the Church, helped in tracing the lost children and senior citizens in the crowd, avoided chaos outside gate by clearing the traffic, helped the Bandra police team to manage the crowd.

BANDRA POLICE STATION (BPS) ACTIVITY:

The police taught us how to file missing reports and the different types of stamps used in the police station. They explained us which legal documents should be taken to the Director General of Police and for what purpose. They also explained us which legal documents were required for different permission. We assisted the police by registering the names in the report book of all the people who entered the police station. We helped the police understand the problems faced by the victims. They also told us which documents are required for passport verification and job verification. They guided us throughout the activity and were very co-operative and supportive of our social work. All in all, the police station activity was a very enriching experience. We became aware of all the challenges and difficulties faced by the police which made us appreciative and grateful for the work that they are doing.

MAHIM NOVENA SECURITY: The volunteers helped to maintain proper queue, maintain the decorum in the church, assisted security officials and the Mahim police team, provided first aid to the devotees.

MISSION ADMISSION: Assisted the NGO Vision Rescue to encourage the children to enrol and attend school regularly in the Mandale area near Mankhurd. The volunteers surveyed the houses of all the children who were absent from school, provided medical assistance to those children who were ill, conducted a Rubella free campaign, checked Body Mass Index to ensure the health of the children, taught the children Maths, Grammar and General Knowledge suitable for their age.

UNIVERSITY & COLLEGE LEVEL ACTIVITIES:

The following NSS activities were undertaken at the University Level and College Level:

Sr. No.	Date	Particulars	Type of Activity Level
1	16-Jul-2018	NSS Orientation	College Level
2	19-Jul-2018	Tree Plantation	University Level
3	20-Jul-2018	Interaction on careers in competitive exams	University Level
4	24-Jul-2019	Stem cell donation drive	College Level

5	31-Jul-2018	Posters for promotion	College Level
6	11-Aug-2018	Poster Making for organ donation	University Level
7	13-Aug-2018	NSS Orientation (FY)	College Level
8	20-Aug-2018	Posters for Anti-Slavery	College Level
9	21-Aug-2018	Interaction on students obeying traffic laws	University Level
10	23-Aug-2018	Seminar on Anti- Human Trafficking	College Level
11	24-Aug-2018	Donation Drive for Kerala flood	University Level
12	29-Aug-2018	Security for MOSAIC fest	College Level
13	31-Aug-2018	Self Defence workshop	College Level
14	02-Sep-2018	Irla Security	College Level
15	11-Sep-2018	Utkarsh	University Level
16	24-Sep-2018	NSS Day	University Level
17	26-Sep-2018	Human chain against trafficking	College Level
18	02-Oct-2018	Bhajan Sandhya	University Level
19	02-Oct-2018	Daan Utsav Bus Campaign	University Level
20	07-Oct-2018	Daan Utsav Bus Campaign	University Level
21	13-Oct-2018	Palliative Care Awareness	College Level
22	20-Oct-2018	Walk for freedom	College Level
23	31-Oct-2018	Run for unity	University Level
24	22-Nov-2018	Rural Sensitization	College Level
25	26-Nov-2018	Together as one 26/11	University Level
26	28-Nov-2018	Pledge for communal harmony	University Level
27	10-Dec-2018	Posters for Blood Donation	College Level
28	12-Dec-2018	Promotion for Blood Donation	College Level
29	14-Dec-2018	Seminar for Hope Tour	College Level
30	17-Dec-2018	Blood Donation Drive	College Level
31	23-Dec-2018	HOSH Walkathon	University Level
32	08-Jan-2019	Dialogue on Right to Service with students	University Level
33	22-Jan-2019	Symposium security	College Level
34	26-Jan-2019	Republic Day security	University Level
35	31-Jan-2019	The Movement –Hangout - Talk on Depression	College Level
36	02-Feb-2019	Visit to Mani Bhavan	University Level
37	04-Feb-2019	Road Safety week	University Level
38	08-Feb-2019	Voice of Youth	University Level
39	12-Feb-2019	Upliftment of weaker sections through reservations	University Level
40	23-Feb-2019	The Movement –Hangout - Team Spirit	College Level
41	24-Feb-2019	Beach Cleaning (Dadar Beach)	University Level

VARIOUS CAMPS DURING THE YEAR:

LEADERSHIP TRAINING CAMP 20178– 5 Days Residential Camp- 26 September 2018 to 30 September 2018: The University of Mumbai, National Service Scheme Cell organized a residential Leadership Training Camp at the teachers' training academy, University of Mumbai, Kalina Campus. One of our F.Y. volunteers Mr. Crimson Rebello (F.Y.B.A.) attended this camp. He had a great experience for 5 days with various informative sessions about NSS and general issues and many team building activities.

SPECIAL RESIDENTIAL RURAL CAMP – 7 Days – 08 January 2019 to 14 January 2019: The much awaited NSS rural residential camp was held at Yusuf Meherally Centre, Tara Village, Panvel Taluka. Our adopted village, Koralwadi is located across a mountain and is a kilometre away from this campsite. 50 volunteers participated in the camp assisted by at least two professors at any point of time.

Our volunteers woke up early every morning for an exercise schedule and after breakfast some of the volunteers helped out daily in the kitchen with the cleaning and cutting of vegetables and preparation of food. Swachh Bharat Abhiyan was carried out at the campsite, dormitory. The students provided community service in the adopted village such as making loose boulder structure (LBS) or water bunds, cleaning the village, cleaning and painting the school building, cleaning the area in front of the school, levelling the ground, etc. Educational materials were also gifted to the children in the adopted village. A tribal girls' hostel was visited by our female volunteers who gifted them some educational materials and personal hygiene products. This interaction enriched each and every one's life that was present there. Volunteers performed street plays for the residents of the near-by villages on social issues such as overcoming substance addiction, knowhow & making use of various government schemes to help the economically weaker sections of society, love should go beyond caste & creed, benefits of family planning & population control, etc. Three guest sessions were held on topics such as animal bonding with regular and exotic animals, personality development and team & leadership building. We also had a competition on best out of waste and fancy dress competition using only old newspapers. Away from our home and our families for 7 days during the camp and also throughout the past one year, we created a new supportive family with our NSS team members and learnt qualities of professional commitment, time management, empathy, tackling minor health issues, groupliving, sharing our resources and talents selflessly, communications skills, etc.

Our volunteers displayed great enthusiasm and a sense of involvement to extend their services for the community development. They worked hard and actively participated in each and every activity and fulfilled the NSS motto 'NOT ME, BUT YOU'. This year 65 volunteers out of 100 enrolled volunteers successfully completed the NSS activities by putting in 120 hours of dedicated social work and out of these 65 volunteers, 12 volunteers have completed two years of 240 hours of NSS activities.

Students-in-charge: The true pillars of NSS are the student leaders who have toiled much beyond their call of duty to make the NSS Unit of St. Andrew's College excel in all the activities undertaken. For the year 2018-19 the 8 leaders were: Abhishek Lotlikar, Main Leader (S.Y.B.A.), Cinella Correa, Assistant Leader (S.Y.B.A.), and 6 Leaders – Joseph Dcosta (T.Y.B.Com.), Astelina Gonsalves (S.Y.B.Com), Saloni Malya (S.Y.B.Com), Lerissa Dsouza (S.Y.B.Com), Helston Dsouza (S.Y.B.Com) and Samson Baptista (S.Y. BSc, IT). Daisy Lewis (S.Y.B.A.F.) was the NSS representative to the Students' Council. Ms. Astelina Gonsalves (S.Y.B.Com) won the best NSS leader award at the College Annual Day function held on 28 January 2019.

Professors-in-charge: Rachel George - Programme Officer, Preeti Oza, Neeraj Shukla and Abhishek Sood.

Professors who assisted during the Special Residential Rural Camp: Ram More



NSS CORE TEAM & UNIT



UNIVERSITY ACTIVITIES



COMMUNITY ACTIVITIES



COLLEGE ACTIVITIES









BLOOD DONATION



RURAL CAMP - CAMPSITE ACTIVITIES



RURAL CAMP - ANIMAL BONDING SESSION



RURAL CAMP - ADOPTED VILLAGE ACTIVITIES