

NATIONAL SERVICE SCHEME - NSS

MOTTO: 'NOT ME BUT YOU'

2017-18 was yet another fulfilling year for the NSS Unit of St. Andrew's College. Like every year we began with a congratulatory meeting of the volunteers who successfully completed one year with NSS in the previous year 2016-17 by putting in 120 hours of dedicated social work. These enthusiastic volunteers have played the role of the leaders and volunteers and fulfilled the cardinal principle of the programme that it is organized by the students themselves to enhance their leadership qualities, democratic attitude, sense of civic responsibility and skills of team work & sharing responsibilities. Both the students and the Professors-In-Charge through their combined participation in social service get a sense of involvement in the tasks of community development. The activities undertaken during 2017-18 are as follows:-

COMMUNITY/AREA BASED ACTIVITIES

TEACHING AT A MUNICIPAL SCHOOL AT MIRA ROAD: After an initial orientation in our college regarding the teaching activity, our volunteers were introduced to the Principal, teaching staff and non-teaching staff of the municipal school on the first day of their visit to the school. We were taken to each of the class room where we were supposed to teach; as there were some physically challenged students they explained how to take care of them. We helped the teachers in preparing the teaching aid, craft, art making, and even gave an idea of digital teaching in all the class rooms. We taught them English and even prepared some activities to make their learning easier. We tried to make them more active in the activities done in the class/school. We prepared the children for the Christmas day celebration as we taught them Carols with actions .On the last day we helped the teachers in preparing for the Christmas day for the children and enjoyed a lot with the members of the organization. This activity made us aware about the importance of the right of education. We are grateful to have this beautiful opportunity to spread joy and cheer in the lives of young children.

Leaders-in-charge: Ms. Angel Varghese (S.Y.B.Com.), Mr. Glen Gonsalves (S.Y.B.A.), Mr. Victor D'souza (S.Y.B.A.)

BANDRA POLICE STATION (BPS) ACTIVITY: This activity was started in 2017 by the NSS Unit after the conclusion of the Bandra Fair Security Activity mentioned above. The Bandra Police noticed the excellent work done by our volunteers during the Bandra Fair and approached the NSS Unit through the Principal of our college for enlisting the volunteers' assistance at the BPS.

The police taught us how to file missing reports and the different types of stamps used in the police station. They explained us which legal documents should be taken to the Director General of Police and for what purpose. They also explained us which legal documents were required for different permission. We assisted the police by registering the names in the report book of all the people who entered the police station. We helped the police understand the problems faced by the victims. They also told us which documents are required for passport verification and job verification. They guided us throughout the activity and were very co-operative and supportive of our social work.

All in all, the police station activity was a very enriching experience. We became aware of all the challenges and difficulties faced by the police which made us appreciative and grateful for the work that they are doing.

Leaders-in-charge: Ms. Jordana Quadros (T.Y.B.A.), Mr. Felix Rodrigues (S.Y.B.Com.)

MAHIM NOVENA SECURITY: This was an activity started this year and we have to thank Mr. Jude for coordinating to commence this activity. The volunteers helped to maintain proper queue, maintain the decorum in the church, assisted security officials, provided first aid to the devotees.

Leader in charge: Mr. Aaron Nar (S.Y.B.Com.)

MY GREEN SOCIETY: This was a project jointly undertaken by BMC and the NSS Unit of the University of Mumbai to spread awareness about segregating waste into dry and wet and to compost the wet waste. The volunteers identified the localities for the project, visited the various societies in the localities and explained about the project, demonstrated how to segregate waste through power point presentation, collected the feedback forms from the societies, re-visited the societies to examine & check the implementation.

Leader in charge: Ms. Seneca Kinny (S.Y.B.Com.)

WALL PAINTING ACTIVITY: We again have to thank Mr. Jude for coordinating to commence this activity. The walls of St. Joseph Home & Nursery at Agripada were scraped and white washed, various pictures depicting a variety of social issues were selected, these pictures were sketched on the wall, painted and finally the finishing touches were given. The local people and the Sisters managing the home were very happy with the volunteers' creativity and well-co-ordinated effort in completing the paintings.

Leader in charge: Ms. Ramona Rodrigues (S.Y.B.Com.)

UNIVERSITY & COLLEGE LEVEL ACTIVITIES

The following NSS activities were undertaken at the University and College Level:

1	NSS orientation	College	9-Jun-17
2	Tree plantation	University	17-Jun-17
3	NSS orientation (First Year)	College	19-Jun-17
4	Yoga day	College	21-Jun-17
5	Anti-drug day (Street play)	University	27-Jun-17
6	Anti-drug session (Worli)	University	28-Jun-17
7	Blood donation (Rotary Club)	College	1-Jul-17
8	Anti-narcotic session	University	3-Jul-17
9	University foundation day	University	17-Jul-17
10	Environmental protection	University	21-Jul-17
11	IIFA	University	28-Jul-17
12	Cyber welfare	College	5-Aug-17
13	Swachh bearcat(cleanliness drive)	University	7-Aug-17
14	Waste segregation	University	9-Aug-17
15	Jhankaar security	College	10-Aug-17
16	Ollo security	College	11-Aug-17
17	Flag picking	College	16-Aug-17
18	Self defence session	College	22-Aug-17
19	Rally for rivers	College	23-Aug-17
20	Talk on indo-pak –china dosti	University	4-Sep-17
21	World suicide prevention day	University	10-Sep-17
22	Brim session	College	14-Sep-17
23	Crowd management for college procession	College	15-Sep-17
24	Mahim beach cleaning	College	17-Sep-17
25	Yeh India ka time hai	University	23-Sep-17
26	NSS day celebration	College	25-Sep-17
27	Essay writing competition	University	26-Sep-17
28	Swachhgrah rally	University	2-Oct-17

29	Bhajan sandhya	University	2-Oct-17
30	Blind walk	University	12-Oct-17
31	Pct. (youth's role in fighting corruption)	University	13-Oct-17
32	Walk for freedom	University	14-Oct-17
33	Run for university	University	29-Oct-17
34	Poster making (aids week)	University	4-Dec-17
35	T-shirt painting (aids week)	University	4-Dec-17
36	Dialogue for communal harmony	University	8-Dec-17
37	Aurathon	College	9-Dec-17
38	Session for thalassemia	College	15-Dec-17
39	The NSS unit of St Andrews College organized a blood donation drive where Mahatma Gandhi Blood Bank and Holy Family Hospital were called for collecting the blood units. Along with the blood donation, thalassemia tests too were conducted. The drive witnessed the students willingly come forward to donate blood with the intention of saving another life. Students, teaching staff and non-teaching staff came whole heartedly to donate blood. The tireless work of the NSS volunteers and mainly the support of the students helped the NSS unit to collect 167 units of blood out of the 245 participants. Hard work by the volunteers finally paid off in making the event a successful one.	College	19-Dec-17
40	Human chain (aids week)	University	6-Jan-18
41	Pledge (aids)	University	6-Jan-18
42	Disaster management workshop	University	30-Jan-18
43	Disaster management workshop	University	31-Jan-18

VARIOUS CAMPS DURING THE YEAR

LEADERSHIP TRAINING CAMP 2017 – 5 Days Residential Camp- 17 August 2017 to 21 August 2017: The University of Mumbai, National Service Scheme Cell organized a residential Leadership Training Camp at the teachers' training academy, University of Mumbai, Kalina Campus. Two of our F.Y. volunteers Mr. Abhishek Lotlikar (F.Y.B.A.) and Ms. Bethia Dsouza (F.Y.B.Com.) attended this camp. They had a great experience for 5 days with various informative sessions about NSS and general issues and many team building activities.

SPECIAL RESIDENTIAL RURAL CAMP – 7 Days – 17 January 2018 to 23 January

2018: The much awaited NSS rural residential camp was held at Yusuf Meherally Centre, Tara Village, Panvel Taluka. Our adopted village, Koralwadi is located across a mountain and is a kilometre away from this campsite. 32 volunteers participated in the camp assisted by at least two/three professors at any point of time.

Our volunteers woke up early every morning for an exercise schedule and after breakfast some of the volunteers helped out daily in the kitchen with the cleaning and cutting of vegetables and preparation of food. Swachh Bharat Abhiyan was carried out at the campsite. The students provided community service in the adopted village such as cleaning the village, cleaning and painting the school building, cleaning the area in front of the school. Educational materials were also gifted to the children in the adopted village. A tribal girls' hostel was visited by our female volunteers who gifted them some educational materials and personal hygiene products. This interaction enriched each and every one's life who were present there. Volunteers performed street plays for the residents of the near-by villages on social issues such as save water,

eradication of corruption, overuse of mobile phones, superstitions, etc. Three guest sessions were held on topics such as theatre skills, personality development, importance of yoga. We also had a competition on best out of waste.

Away from our home and our families for 7 days during the camp and also throughout the past one year, we created a new supportive family with our NSS team members and learnt qualities of professional commitment, time management, empathy, tackling minor health issues, group-living, sharing our resources and talents selflessly, communications skills, etc.

Our volunteers displayed great enthusiasm and a sense of involvement to extend their services for the community development. They worked hard and actively participated in each and every activity and fulfilled the NSS motto 'NOT ME, BUT YOU'.

Students-in-charge: The true pillars of NSS are the student leaders who have toiled much beyond their call of duty to make the NSS Unit of St. Andrew's College excel in all the activities undertaken. For the year 2017-18 the leaders were: Aaron Nar (Main Leader, S.Y.B.Com.), Angel Varghese (Assistant Leader, S.Y.B.Com.), and 6 Leaders – Jordana Quadros (T.Y.B.A.) Glen Gonsalves (S.Y.B.A.), Victor D'souza (S.Y.B.A.), Felix Rodrigues (S.Y.B.Com.), Ramona Rodrigues (S.Y.B.Com.), Seneca Kinny (S.Y.B.Com.).

Professors-in-charge: Rachel George - Programme Officer, Vineetha Nair, Neeraj Shukla, Vidhyadhar Dhamapurkar, Januarita D'souza.



NSS TEAM 2017-18



AIDS WEEK (POSTERS)



CLEANLINESS DRIVE



BLOOD DONATION (OFFICE STAFF)



BLOOD DONATION



DISASTER MANAGEMENT SESSION



NSS DAY CELEBRATION



RURAL CAMP



TREE PLANTATION



WALL PAINTING