

## About the Contributors

**Tushar Gandhi:** is a prominent social activist and humanist, keeping alive his great grandfather, Mahatma Gandhi's message of justice and non-violence. He is the son of journalist Arun Manilal Gandhi, grandson of Manilal Gandhi. In March 2005, he led the re-enactment of the Dandi March and from 2007 until 2012, he was the Goodwill Ambassador of the CISRI-ISP Intergovernmental Institute for the use of Micro algae Spirulina Against Malnutrition. Having travelled widely across India, he frequently reminds urban India and the youth of the dangers of economic inequity and injustice. Through his articles and interviews, he invites us to become the voice of the voiceless in India

**Sumit Mullick:** is an IAS officer of the 1982 batch. He has served as Chief Secretary and Chief Protocol Officer, also as the Divisional Commissioner of Amravati and the Secretary of School Education. Having Studied at Indian Institute of Management, he has held various important positions from District Collector and Magistrate through to Principal Secretary in various departments including Education & Sports, Forestry & Wildlife, Rural and Urban Development, Law & Order and Land Management. He was also the Secretary to the Governor.

**Dr. Nicolas Gravel:** was born a Canadian citizen in Ghana. After securing a Bachelor's degree in Political Science and a Masters in Economics from the University of Montreal, he completed his Ph.D in Economics from the University of British Columbia. Committed to research, he served as the Director of GREQAM between 2012 and 2017, and was an expert on several evaluative boards including the French HCERES, the Belgian FNRS and the Canadian SSHRC.

**Dr. Armida Fernandez:** retired as the Dean of Lokmanya Tilak (Sion) Municipal General Hospital and College before serving as the Medical Director of Holy Family Hospital, Mumbai. She was the one time Head of the Department of Neonatology at LT Hospital and the Founder-

Trustee of SNEHA, an NGO working on health, nutrition and violence in the Mumbai slums. Her key areas of interest and expertise are the promotion of breast feeding and she began Asia's first Human Milk Bank. She has also developed numerous low-cost techniques for the survival of neonates.

**Dr. Avinash DeSousa:** is an eminent psychiatrist at the Smt. S. R. Mehta & Sir K. P. Cardiac Institute, Sion, Mumbai. He is also an Associate Professor and Secretary at the International Institute of International Faculty for UNESCO Chair in Bioethics which works in over 8 countries. He has over 500 publications in national and international journals and is the author of 6 books in the area of mental health. Besides his Psychiatry degree, he also has a Masters in Counselling & Psychotherapy, an M Phil in Applied Psychology and an MBA in Human Resource Development. He has been awarded a Doctorate in Clinical Psychology from the University of Hertfordshire UK in the year 2011. He has several years of experience and has received much appreciation for his contribution to mental health in society.

**Sidney Gonsalves:** has a B.Sc. with Chemistry and Physics from St. Xavier's College, Mumbai University and B.S in Chemical Engineering from Syracuse University USA. He spent over 20 years as part of his family chemical business, manufacturing dyestuffs. For the past 6 years he has been working with the Times of India CSR program Teach India as part of a 12 member team.

**Siddhi Shah:** is a passionate reader who dreams about books, books and more books. Currently pursuing her legal studies from KES Shri Jayantilal H.Patel Law College, she hopes to become a successful lawyer who reaches out to those in need. Deeply interested in social issues, she believes in the power of the pen to make a difference in the world.

**Namrata Bhandari:** is a Bachelor of Mass Media student, studying Journalism at H.R. College of Commerce & Economics. She was the

Mumbai Editorial Head of ZIPCODE, an intercollegiate event hosted by H.R College that emphasized global exposure, intellectual development and awareness of international affairs. Her interests include human rights, liberty, the psychological aspects of politics and economics and often compares global events with those in India to observe political trends. She enjoys travel writing and is a content and speaker curator Tedx, H.R. College. She has also specialized in content writing for the Indian International Model United Nations, (IIMUN), the largest MUN organization in the world.

**Aayush Vaid, Prathmesh Siroya** Students of N.M.College

