

Halloween!

The journey from All Hallows' Eve to All Soul's Day.

That time of the year when nights are longer than the days, the yearning for 31st of October begins in the hearts of the young and old alike all around the globe. What is so enthralling about this festival of mystery, magic and superstition? Let's walk it down together through the ancient lanes of history.

Origins of Halloween: Celtic, Roman and Christian influence.

The ancient Celts celebrated the festival of Samhain (sow-in) around 2000 years ago in what is now predominantly known as Ireland, northern France and the United Kingdom. Samhain was their New Year, which marked the end of the harvest and the beginning of the harsh, cold, winter days on the first of November. Winters centuries ago meant death, hunger and fear and the worlds of the living and the dead being a fine line. People with blood in their veins believed it to be possible to communicate with their dead, loved ones and lit up bonfires in their honor.



(picture credits: SzaboJanos, pixabay)

When Roman conquerors captured most of Celtic territory by 43 A.D., they carried along their own fall celebrations that intertwined with the Celtic traditions. Pomona was the Roman goddess of fruit and trees, an explanation to the modern day tradition of apple bobbing. The Medieval Christian churches Christianized the pagan festivities by associating them with a celebration honoring the saints that lay their life for martyrdom in the name of the church and God.

After a series of numerous changes over the course of 2000 years, Halloween, today as we know and celebrate it, is a secular festival that allows people of all religions and nationalities to participate in the

activities that revolve around the much downplayed versions of horror, death and superstitions and transforming them into activities of familial and neighborhood bonding that encourage being there for each other, even if it means cold, dark and unanticipated times. A great example could explain how the entire globe held hands together and stood strong against the deadliest virus in human history. Essentially, Halloween is what you make of it.



(picture credits: pixabay)

Halloween Costumes and home decorations:

It is not very difficult to see one adorn a vampire, zombie or even a movie character inspired Halloween costume. Little children frolicking about in their favorite princess or

superhero costumes going door to door Trick or Treating. Halloween costume parties are one of the most anticipated parties- spooky themed houses full of joy and good food marking the end of October. What a wonderful tradition for centuries! But historians suggest otherwise. Winters 2000 years ago meant food shortages, fear of death for one's loved ones to disease and starvation and chaos all around and to top all of that, the souls of the spirit realm at your doorstep.

People put on scary looking outfits to ward off evil spirits. The outfits were meant to represent witches, skeletons, ghosts and other paranormal entities. Now we draw inspiration from this survival instinct meant to calm one's nerves in the lonely, harsh days to dressing up for fun. Funny how times change!

Halloween decorations are pretty creative nowadays- plastic skeletons, witch brooms and coffins with one of your friends dressed up as a vampire, you name it. However, in the bygones, one had to make do with anything at hand. Folks carved faces into pumpkins to scare away evil spirits that would prey on their families.

The Irish carved faces on the potatoes, instead.

Trick or Treating and Halloween food.

Now to appease the hungry souls, one did not have many options up their sleeve. Leaving a glass of warm milk, bread or other eatables such as pie at the doorstep was common practice considered the safest by folks. Historians suggest this to be a positive practice as this allowed the hungry and the cold to enjoy a decent meal. Families and young men went door to door for food and wine. This practice has now evolved to modern day trick or treating, replacing evil spirits to little children and food to delicious sweets and good old candy bars. The Catholic church encouraged people to feed the poor and in return asked them to pray for the souls of the family before All Soul's Day. The poor were offered spiced biscuits and slices of pie. Popular Halloween food.

1. Candy Apples



Candy apples is a recipe derived from the tradition of apple bobbing. Apple bobbing is a game that includes a tub of water filled with apples. The apples float on water and one must catch them with their mouth.

In the olden days, apples were pre assigned to potential love interests and the game was meant to tell one of the fate of one's love life

2. Pumpkin Pie



(picture credits: dariayakovleva pixabay)

Pumpkin Pie is a very famous dish eaten during autumn festivals such as Halloween and Thanksgiving. It is made using milk, eggs, flour and pumpkin pulp (the insides of your jack-o-lantern). It is a symbol of harvest time, usually eaten for good luck.

Beating Superstitions:

There's no surprise that a festival like Halloween has its own fair share of superstitions tagged along its name.

1. Black cats



(picture credits: bessi pixabay)

Black cats are a symbol of Halloween or witchcraft. In most Western cultures, black cats have typically been associated as a symbol of evil omens, being the familiars or assistants of witches, or actually witches themselves. Black cats are killed every year due to ghastly superstitions, especially around Halloween. Also, many animal shelters bar one from adopting a black cat around Halloween in fear of abuse or ritualistic sacrifice.

2. The witch with the broomstick

The remains of Goddess Crone, once worshipped during Samhain are now reduced to the image of an old, cackling and calculating witch. In the olden days, elderly women walked with the help of their cane sticks, often substituted by broomsticks.



Superstitions have caused massive problems towards the elderly who are often abused due to absurd superstitions as symbols of evil omens.

Halloween brings many words to one's mind – joy, food, friends, pumpkins and scarecrows. Let's do our part so that everyone enjoys this festival to the fullest. Some kind deeds that could make an impact this festival!

#1 Give the poor and needy good, home cooked warm meals.

#2 Stand up for the rights of the elderly and voiceless animals if you fear for their safety.

#3 Spend time with your family or chosen family like friends and neighbours and start your own Halloween rituals like baking a pumpkin pie!

#4 Celebrate responsibly. Play dress up within the safety of your homes to avoid the spread of coronavirus.

May your Halloween this autumn be filled with an air of magic, gratitude and full of surprises with your loved ones. Happy Halloween!

–Stephanie Liban Cardoz, SYBA A.

The Great Social-Media Detox

More than 3.5 billion people were impacted and left in the dark during the social media - Facebook, Instagram, and WhatsApp, outage. While many found themselves cut off from their friends and family, many argued that it was a necessary evil as in our digitized world, people are always glued to their screens and the outage was the perfect time for a social media detox and personal development. The outage showcased that we are extremely reliant on social media in multiple ways, them being - to distract ourselves, cope with lockdown, stay connected, etc. The thing is, we all get the gist of what a major impact a Social Media Outage can have on the global economy, but has anyone questioned as to what impact does it have on our mental health? You see...

inferior, like their lives can't measure up to some celebrity or influencer. If this is the case, you might ask - Then why are we embracing this toxic culture? Here's the thing...



People have a fear of missing out on important aspects going on around them. An anxiety or panic attack could be triggered due to numerous things, them being - breaking a phone, having your phone run out of power, or a loss of connectivity. This being said, since the outage was on a global magnitude, people found a sense of relief, as everyone was experiencing it.

Studies show that low levels of social media usage are associated with better mental health. Simultaneously, heavy usage of social media and digital devices could negatively affect the quality of sleep, cause headaches and vision problems. Social media can be potentially hazardous to your mental health and the biggest reason for this is that social media can show twisted views of reality that make people feel

People didn't feel a sense of pressure, as there wasn't anything to keep up with, as a result, no one was missing out on anything. Hence, people didn't feel as left out, lonely, isolated or panicked. Now listen...



Social media initially was harmless and fun, but now it has evolved to be part of our daily lives. The content we consume off of social media influences every decision we make. Numerous people are beginning to realize this and therefore have consciously been reducing their social media use. Some have even gone all out and have deleted their profiles. Although...

You do not need to make such a massive effort to detox. A social media detox, irrespective of the time you spend far away from it, be it hours, days, weeks, or perhaps months, is

often extremely helpful to your mental health. If you're not able to take a giant step away from it, tiny steps are recommended. See however you wish it at first, then see if you'll fancy longer away from it and if it advantages your life and mental health. The thing is...

A social media detox is a conscious elimination of social media use and consumption for a set period. This set period differs from person to person, depending on how much time one wants to be away from social media. Ideally, one would eliminate the use of social media, by either deleting the app or temporarily disabling one's account, and here's why...

If you've been mentally exhausted, tired of living up to societal expectations, or just want a break from social media, you should consider a social media detox. If you feel that social media is taking over your life, preoccupies your mind or you're constantly under pressure, consider the following reasons as to why you should take a break from social media:

#1 Breaks the Comparison Cycle:

Studies have revealed that most people who use social media end up comparing themselves to other people on the platform, consciously or subconsciously, which they believe to be the standard of living. This can have a serious negative impact on one's mental health, lower one's self-esteem

and trigger depression. Breaking away from unhealthy social norms and taking a break from social media so that you can reconnect with your emotions is something numerous psychologists recommend.

#2 Breaks the Toxic Competitive Environment:

Many people aren't aware of this, but social media evokes one's competitive side. This is because the main idea of social media is to attract attention to your network. Each interaction is a measure of how popular one is believed to be in society, which can make you strive to outperform others and set unrealistic and unhealthy expectations for yourself.

#3 Reduces Anxiety:

Social media can be extremely anxiety-inducing. What will happen next week? What are all these trends? These kinds of questions will no longer be able to bother you. After adjusting to the detox, you'll find yourself being more positive and productive. This will help lower your anxiety significantly. There's ample evidence that in modern times, the increasing amount of anxiety is directly related to the amount of time spent on social media.

#4 More Mindfulness:

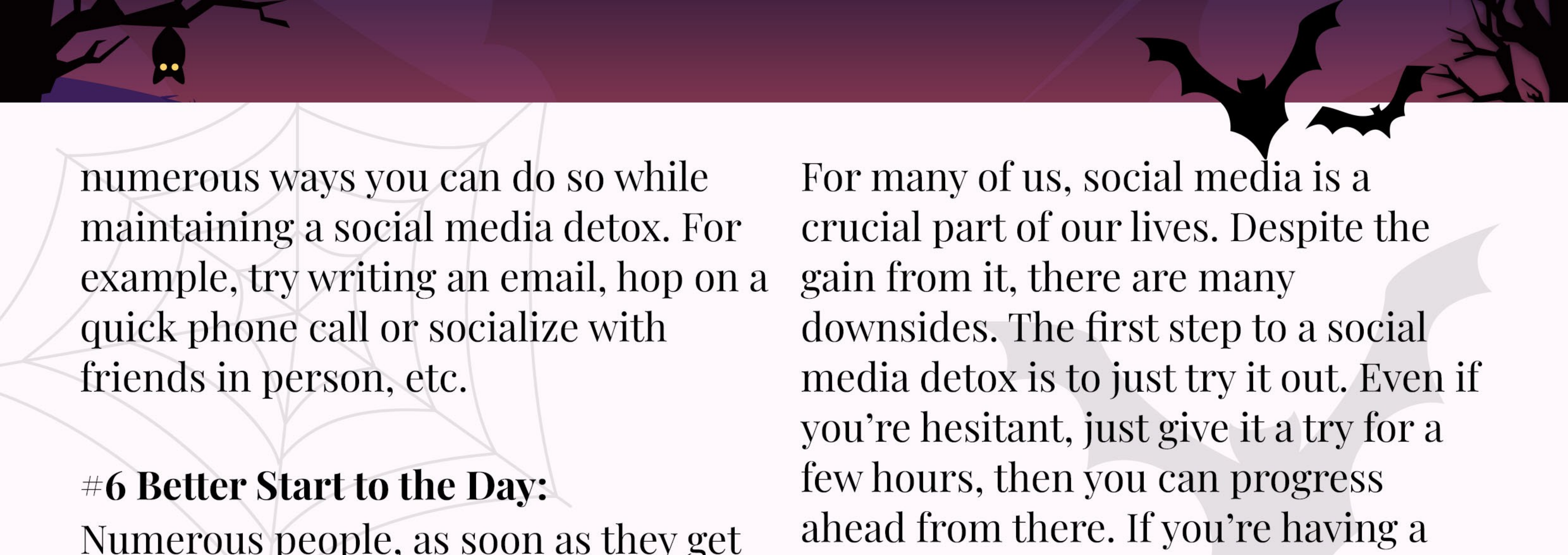
Once you take a break from social media, you'll start to realize how mindful you have become concerning

your device usage. You'll start to realize how much mental real estate was being juiced out of you, without you even realizing it. A social media detox will help you to be more mindful of daily activities, your routine and will force you to live in the moment.



#5 Dealing with FOMO:

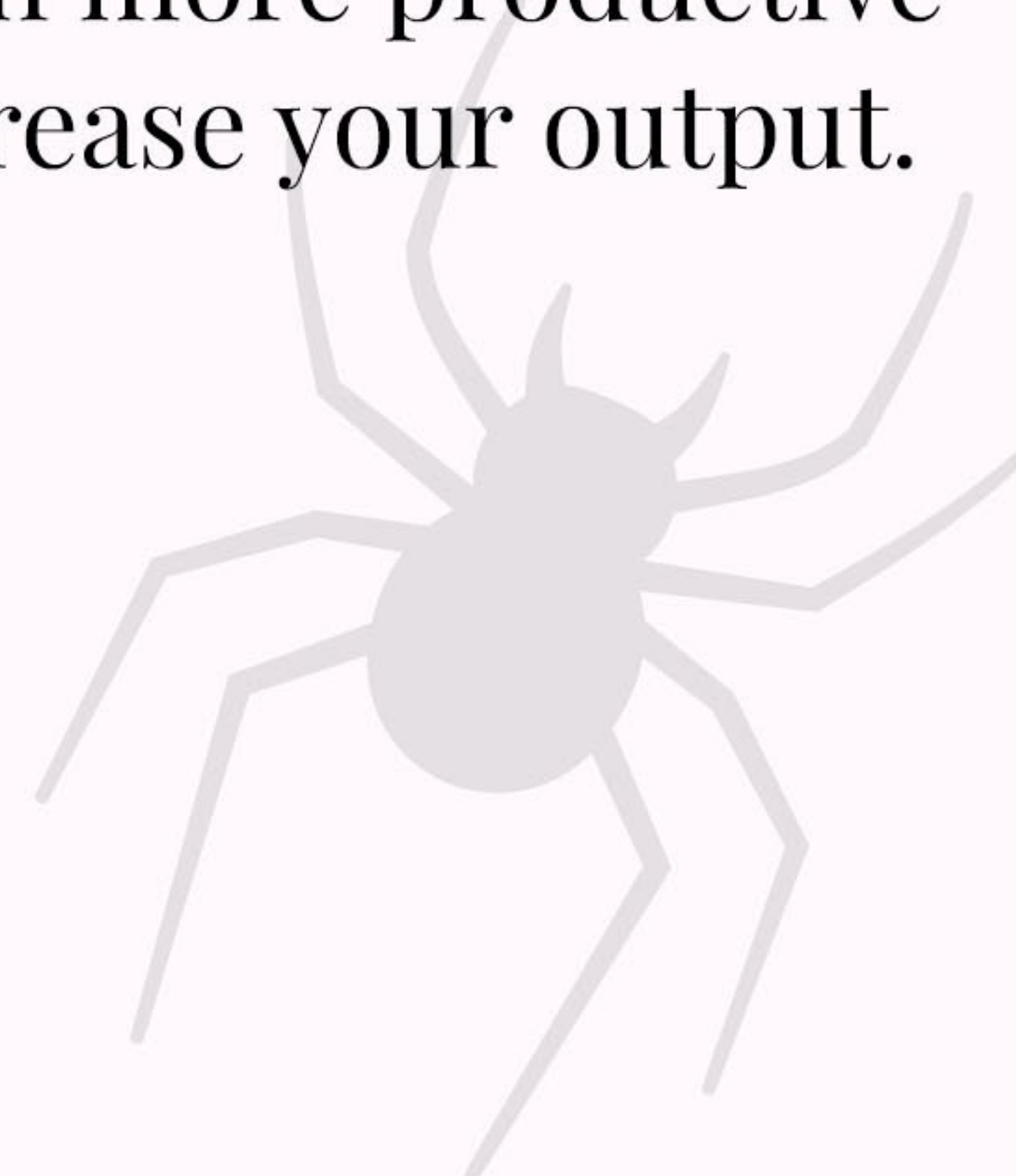
FOMO – Fear Of Missing Out, is one of the most prominent objections to taking a social media detox. For some social media is a means of communicating with friends and family. While for others it is a means to consume information. In both these circumstances, people what the underlining fear of missing out on important moments or information. But if one goes to think about it, information can be consumed through newspapers, radio, and even television. Whereas keeping in touch with family and friends, there are



numerous ways you can do so while maintaining a social media detox. For example, try writing an email, hop on a quick phone call or socialize with friends in person, etc.

#6 Better Start to the Day:

Numerous people, as soon as they get up, the first thing they do is – check their phone, some of these people instantly open social media and see what others are doing. This usually sets the tone for the rest of the morning and sometimes for the rest of the day. Intentionally staying away from social media will force you to focus your time on more productive practices and increase your output.



For many of us, social media is a crucial part of our lives. Despite the gain from it, there are many downsides. The first step to a social media detox is to just try it out. Even if you're hesitant, just give it a try for a few hours, then you can progress ahead from there. If you're having a difficult time distancing yourself from social media, try reading a book. There are numerous benefits of reading books, one of them being, they can enrich your personal and professional lives.

– Written By: Cliff Coutinho, FYBA.



Featured Photograph



Photograph by: Joshua Pereira

Movie Review: Get Out

Just because you're invited doesn't mean you're welcome

Get Out (2017) is a thought-provoking observation on the insidiousness of racism with brilliant plot construction. The movie revolves around the fears of a young black American man, Chris Washington (played by Daniel Kaluuya) on a trip to the country to meet the wealthy family of his girlfriend, Rose Armitage (played by Allison Williams) on a celebration weekend.

Not only does this movie have a unique plot but it plays out to be one gigantic twist from start to finish. It has a good pace and no scenes feel out of place and unnecessary. Even minute details like the dialogues uttered by every character become a retrospective clue. It is a fairly easy-to-understand movie with no complicated plotlines.

You can feel the discomfort of the main character right from the beginning. The way the shots are filmed makes you feel unsafe even in scenes that seem calm and innocent. It gives you a deeper sense of Chris' uneasiness around his girlfriend's family. Daniel Kaluuya does an outstanding job at hypnotizing the



GET OUT

WRITTEN AND DIRECTED BY JORDAN PEELE

viewers while conveying the feelings that a person would undergo if faced with such a situation.

Allison Williams perfectly portrays a sweet yet chilling vibe which I can only describe as a Venus flytrap type behaviour. At the beginning of the movie, you wouldn't suspect one red flag in her behaviour but once the big twist has unfolded her entire demeanour changes and just gives you chills down your spine. Her character is so void of emotion yet manages to perfectly pretend the exact opposite when needed. It makes you second guess your views on her.

Something dark about the behaviour of Roses' family is their desperation to make you believe that they are not racist. In a messed-up way, they don't believe that what they do is racist and it becomes even more shocking because of how obvious it is. At first, the family's overly accommodating



Throughout the length of the movie, the cultural divide between Chris and Rose is beautifully highlighted. The makers of the movie are not afraid to touch on such a sensitive topic which makes most people uncomfortable which is good because even today when people in a relationship belong to different ethnic groups, they are often faced with criticism and backlash. This film changed my perspective on what racism is, making it both a chilling thriller and also a thought-provoking film.

- Written By: Jazlynn Mathias, TYBAF.

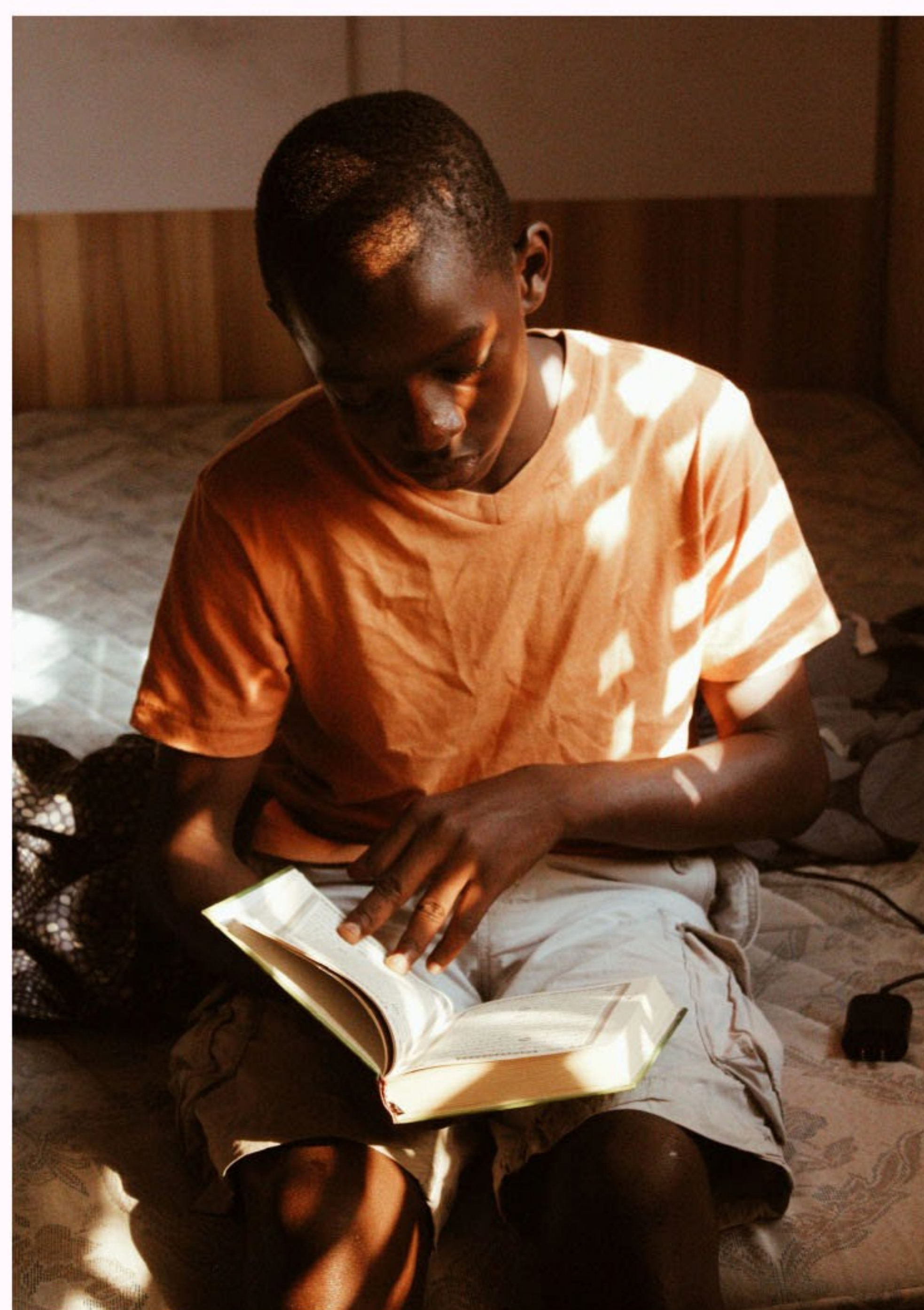
behaviour reads as them overcompensating to deal with their daughter's interracial relationship, but as the movie soon begins, you realize most of their statements directed at Chris have heavy racial undertones. It might even make you realize how even some innocent comments can make people from different ethnicities uncomfortable. In the darkest sense, the Armitage family is intrigued by black people, which unfortunately they don't understand how to express and inadvertently portray in an extreme way.

The Lost Art of Reading

There has been a great decline in people who read for pleasure/entertainment over the past 30 years. About 45% of individuals today claim to read by choice only once or twice a year. The decline in reading for fun can easily be explained due to technological advances, but education also plays a major role in this decline. Over the past 30 years, the amount of homework, assignments, and projects have increased tremendously, thus decreasing the amount of free time students have in their day. Reading books is known to stimulate minds of all ages, but many argue that reading is overrated and not a big deal, as people have found other ways of stimulating their minds. But what does science have to say about this? Here's the thing...

Consider reading to be an investment that generates passive income through cash flow. In other words, it's a skill that keeps on giving. Reading not only gives the reader vital skills and literary enjoyment but also heightened intellectual abilities and the ability to develop the brain. Not reading

can result in decreased brain function and a lower span of attention and retention. As you read, you stimulate the areas of your brain responsible for empathy, emotions, decision-making, and autobiographical memory. Interacting with your brain will keep you alert and help reduce your risk of dementia and cognitive decline.



Here are a few generic and well-known benefits of reading. Lifelong mental stimulation will help prevent mental aging. Reading can also help you live longer. People who read books tend to have greater imaginations, more knowledge, and more vocabulary. This being said, there are many more benefits one could derive from reading, and here are a few of them:

#1 Exercise for your Mind:

One of the major benefits of reading is that it stimulates multiple parts of your brain at the same time. It sharpens one's perception, analytical and rational thinking. It promotes imagination and stimulates one's memory centers of one's mind. In other words, it strengthens one's mental aptitude. Reading is the best mental exercise one can perform without much effort. Regular mental stimulation has been found to slow down and possibly even prevent diseases like Alzheimer's and dementia. It keeps the mind agile and young.

#2 Reveal's One's Identity:

Books act as a portal between the known and the unknown. They have the potential to broaden your perspective, develop your approach towards others and to life, and open you to new ways of thinking in everyday life. As you read, you choose who you want to be. You borrow fragments of fictional characters you cherish. For example, reading Shakespeare might help you become more emphatic, attentive, and approachable.

#3 Escape from Reality:

Many of us have several things that stress us out in our hectic lives and we are always looking for new and accurate ways to deal with these fears. Well, believe it or not, reading

can help you relieve stress as it acts as an escape from reality. One doesn't need a ton of money, professional resources, or effort. Reading a good book can solve numerous problems, including anxiety, and calming one's nerves down. A recent study found that reading a book for just 6 minutes reduced muscle tension and also slowed the readers' heart rates. Overall, reading has proven to reduce stress by approximately 68%.

#4 Promotes Innovation:

When you read, you are exposed to a plethora of new ideas. This stimulates your imagination relative to creativity and innovation. By reading, you create mental images of those pictures of the story in your mind. By reading, a person can mentally be anywhere, in the world or even beyond it! The possibilities are endless for your creativity and non-readers miss out on this experience.

#5 Improves Concentration:

Short attention spans are quite common in our digitized world. You are expected to juggle multiple things at the same time to 'keep up', but multitasking is known to reduce productivity by 40%. But when you read a book, all your attention is focused, as you are concentrating on one thing. The importance of reading in our digital age cannot be overstated. It is perhaps the only

way left to improve focus and attention.



#6 Catalyst for Socialization:

Books can be an extremely effective conversation starter and can help you connect with numerous like-minded people. Readers have multiple thoughts, ideas, and stories to share. Their knowledge can easily make them the center of attention and their ability to analyze and criticize topics can also make them stand out.

In general, reading not only makes us smarter, but it also has several other advantages, which have been proven by various studies. It is safe to say that reading can change your life for the better, and the importance of reading is

undeniable. If you think you hate reading books then you may still have to find the genre for your style, but keep trying and keep looking for what's right for you. A book is one of the most powerful things in the world, and it gives you new ways to learn, grow, and inspire yourself.

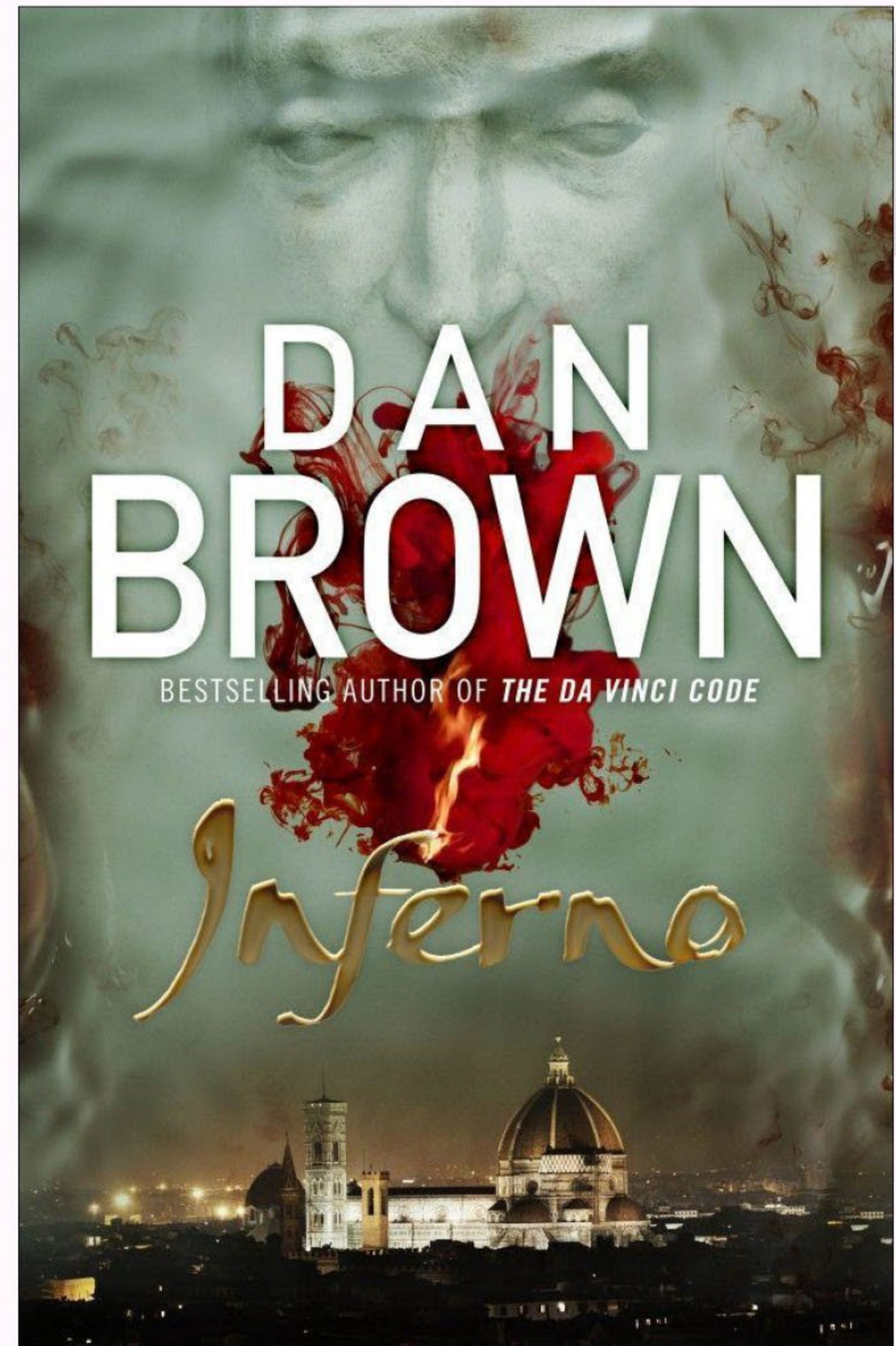
- Written By: Cliff Coutinho, FYBA.

Book Review -Inferno by Dan Brown

The decisions of our past are the architects of our present. —
Dan Brown, *Inferno*

Inferno is a sensational mystery and thriller novel created by Dan Brown and it is the fourth book in Dan Brown's Robert Langdon series following *Angels and Demons*, *The Da Vinci Code*, and *The Lost Symbol*. It is not mandatory to read the previous books in order to understand this one, each book has a distinct story to tell, focusing more on art and history. The book was published in 2013 and later adapted into a film produced in 2016 starring Tom Hanks, Felicity Jones, and Irrfan Khan.

The book begins with Harvard professor Robert Langdon (the protagonist) waking up in a hospital in the city of Florence, Italy with a head injury he remembers nothing about. The last thing he recollects is walking through Harvard's campus, but then is in a hospital recovering from his head injury. Soon after he is being chased by upskilled killers and government agencies. Robert



finds a cylinder with a biohazard sign which was hidden in his jacket. On opening the cylinder, he finds that it is fitted with a hi-tech projector that exhibits a modified version of Botticelli's Map of Hell which was in turn inspired by Dante's *Inferno*. He teams up with one of the doctors in the hospital named Sienna Brooks, to protect the world from the clutches and plans of a mad scientist. Things take a drastic turn when a female assassin tries to murder him. Robert and Sienna start off on a mission to find the assassin, as they search for the assassin they face many dangers that could have them killed. However, to their surprise, most of these challenges have codes that focus on Dante's *Inferno*.

Dan Brown has investigated and focused on the theme of human nature, the future, and the issue of overpopulation showing us the possibility of how the world would look in a few generations with problems such as lack of resources and a rise in population.

History and art play an important role in this book. As the story is situated in Florence, Italy, many aspects of art, architecture, culture, and philosophy related to the place are brought into the light. Robert happens to stop at noteworthy sculptures and paintings explaining their importance and talking about the artists that created them. This book is a great way to learn about exceptional historical artists like Michelangelo, Leonardo Da Vinci, Sandro Botticelli, and many more who are mentioned throughout the book, learning about their creations and the significance of their contributions in Florence.



Hell in Dante's Inferno is depicted as nine concentric circles of torment located within the Earth. Aka Botticelli's map of hell

The title of the book is significant to the works of Italian writer Dante Alighieri's 14th-century epic poem Divine Comedy. Inferno happens to be the first part followed by Purgatorio and Paradiso. The Inferno describes Dante's journey through hell guided by the spirit of the ancient Roman poet, Virgil. It remains one of the most influential pieces of literature in exploring the origins of evil

The most interesting part of this book is that Brown makes use of twists & turns in the book to keep the readers guessing. Every time you thought you had it figured out, something new came in that completely baffles you. You don't quite get the whole picture until you finished the book. Themes like science, history, artwork, sociological, philosophy, religion all make this book really fascinating read. It really makes for a great informative, fun, mystery, conspiracy kind of novel. Dan Brown knows how to smartly incorporate art, literature, and history into an exhilarating story of suspense and danger.

I would rate this book a 4/5. It is definitely one of those books that keeps you on the edge of your seat trying to figure out what could happen next.

- Glynis. A. Fernandes. SYBAMMC A.

Recipe- Halloween Cakesicles

Ingredients for sponge cake

100 grams Powdered Sugar
50 ml room temperature Milk
1 Egg (room temperature)
1/2 tsp Vanilla Essence
25 ml Oil
125 gms Refined Flour
50 gms Cocoa Powder
1/4 tsp Baking Soda
3/4 tsp Baking Powder

Method

In a bowl add all the dry ingredients and sieve it well

Take another bowl and sieve the sugar. Then add oil to it and give it a good mix.

Add egg and milk to the mixture and whisk it until the sugar dissolves, later add vanilla essence to the wet mixture. Mix it well.

Now add the dry ingredients to the wet mixture into 2 batches and mix it slowly to make sure there are no air bubbles and lumps.

Grease a 6-inch baking mould and then add the batter into the baking mould, tap it slowly to remove any air bubbles.

Now place the tin into a preheated oven at 180 degrees and bake it for 20 to 25 min. Once the cake is baked let it sit at room temperature until it cools down.

Now for the cakesicles

Crumble the cake and add melted chocolate to it and mix it well so it becomes like a dough and holds its shape.

In a bowl melt some white chocolate or dark chocolate.

You can add any colour to the white chocolate by using candy colour.

Then pour it in the cakesicles mould, make sure all the sides of





the mould gets covered with the chocolate and then remove the excess.

Insert the ice cream stick into the mould and then place it in the refrigerator to set for 5 to 10 mins once again, apply a second coat of melted chocolate to the cakesicles and place it in the refrigerator again for 5 to 10 min.

Once the chocolate is set add the crumbled cake into the cakesicles, let it set in the refrigerator for 5 min.

Once set again apply a coat of melted chocolate and with an offset spatula, scrape off the excess and place it in the refrigerator until it sets. Once set, demould the cakesicles Now decorate your cakesicles as per your wish.

By Pearl Dsouza in collaboration with Lianne Carol Sanctis, TYBAF @bake.n.flakes_



The Pattern of Time

Among the regular mundane circle of waking up, sitting for lectures and trying to get assignments done in time while still staying sane, brewed an insane, chaotic burst of life in the form of Mosaic – St. Andrew’s annual festival. With Citizen Credit Co-operative Bank as their fiscal sponsor, Satishchandra Makharia Charitable Trust as fest sponsor, a Core team that is always thinking 3 steps ahead and a Crew of St. Andrew’s most creative and enthusiastic students, the 3-day event was bound to be an absolute treat! Following the theme of “Time” the Crew got going with 9 action-packed online events which were streamed on YouTube on the 21st, 22nd and 23rd of September.

The Crew took its first steps arranging their first workshop of the year– the dance workshop, followed by the MMA workshop and leaving us with the Hosting event, all orchestrated beautifully by the departments and finally ending it with a bunch of PR events like the Comic Strip Design, Cosplay and



Instagram Reels as well as 2 Pop Quizzes, a Mobile Photography event and a Cake Decoration event organised to perfection. This was just the Crew of 2021 warming up and giving the crowd a taste of what's in store for the 3 main days in September.

Once September struck, it was finally showtime. All the departments worked in perfect harmony led by the CP, the VCPs and HoDs to give their audience a Mosaic to remember. Feeling nostalgic all around, the first day started with 'The Past' as the theme. With fresh and exciting names like Jukebox Jubilee– the dance event that will compel everyone to get on their feet and break a leg, followed by aspiring Robert Frost’s and Sylvia Plath’s penning their thoughts in the form of poetry in Mosaic’s very first poetry event Pracheen Rangmanch, and ending the day with a mix of the past and giving a small taste of the present in

Arcadian Age where gamers from all over India came together for a high-spirited battle royale in the game BGMI. The enthusiastic participants started pouring in eagerly to show their talents via a 3-minute video that graced Mosaic's YouTube channel.



Keeping it more current to the timeline, 'The Present' was the theme for day 2. The audience was in for quite a treat with the second day, seeing the talent of the budding singers of India in Wireless Groove, beatboxers spitting bars in Battle of the Beat, and ending the day welcoming magicians, instrumentalists and talents of all kinds in Show the World, the open category event. Day two concluded with everyone on the edge of their seats and bopping to the tunes of Mosaic 2021.

Moving on to our last and final day, the time that everyone anticipates; 'The Future'. A day that proves that art does not need to be restricted to the canvas with opportunities for fashionistas and designers in Neo-Couture, makeup artists in Foreshadow, as well as crowning Mosaic Royalty in Mosaic's Future Figures. Day 3 left everyone



mesmerised with the creativity and thought that went into the preparation of all the looks for each event. Nevertheless, as they say, "All good things must come to an end", so with a heavy heart and a smile on the Crew's faces, it was time to bid farewell to our beloved college festival. Over these few months, the Crew has done their finest to put up the best possible version of the fest, even with the restrictions of the pandemic. Mosaic this year has emphasised living in the moment and experiencing it to the fullest by making every second count. With more stories yet to unfold and more talent yet to be discovered, Mosaic promises to be back very soon with even bigger opportunities and a grander experience with collages of talent and crazier memories to be made.

-Sara Budhabhatti, SYBAMMC.

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